

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

Track and Field Championships
Amador Valley High School, Pleasanton CA
Results - NCS Tri-Valley Championships

Event 1 Girls 4x100 Meter Relay

7 fastest times qualify to MOC

NCS TV: R 47.59 2011 Antioch, Antioch
 T Wilson, L McGrath, L Evans, K Suleman

MOC At Large: @ 49.45

CIF At Large: \$ 47.53

School	Finals	H#
Finals		
1 Deer Valley 'A'	48.06@	3
2 Monte Vista 'A'	49.05@	3
3 Heritage 'A'	49.39@	3
4 Foothill 'A'	49.62	3
5 San Ramon Valley 'A'	49.93	3
6 Amador Valley 'A'	50.03	3
7 Clayton Valley Charter 'A'	50.06	2
8 Freedom 'A'	50.24	2
9 Dublin 'A'	50.29	3
10 Liberty (Brentwood) 'A'	51.37	2
11 Las Lomas 'A'	51.45	2
12 Acalanes 'A'	51.48	2
13 Livermore 'A'	51.82	2
14 California 'A'	52.40	1
15 Dougherty Valley 'A'	52.42	2
16 Campolindo 'A'	52.87	1
17 Concord 'A'	54.26	1
18 Pittsburg 'A'	60.36	1
-- Miramonte 'A'	DNF	3

Event 2 Boys 4x100 Meter Relay

7 fastest times qualify to MOC

NCS TV: R 41.80 1995 Berkeley

MOC At Large: @ 44.09

CIF At Large: \$ 41.92

School	Finals	H#
Finals		
1 Deer Valley 'A'	42.03@	3
2 Amador Valley 'A'	42.21@	3
3 DeLaSalle 'A'	42.59@	3
4 Heritage 'A'	42.81@	2
5 Monte Vista 'A'	42.96@	3
6 Acalanes 'A'	43.16@	3
7 Las Lomas 'A'	43.31@	3
8 Campolindo 'A'	43.68@	2
9 Pittsburg 'A'	44.00@	2
10 California 'A'	44.14	2
11 Miramonte 'A'	44.24	2
12 Alhambra 'A'	44.31	2
13 Foothill 'A'	44.46	1
14 Livermore 'A'	44.53	2
15 Dublin 'A'	44.92	1
16 Liberty (Brentwood) 'A'	47.44	1
-- Freedom 'A'	DQ	3 Zone 3 violation
-- San Ramon Valley 'A'	DQ	3 Zone 1 violation

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....Event 2 Boys 4x100 Meter Relay

-- Concord 'A' DQ 1 Zone 1 violation
 -- Clayton Valley Charter 'A' DQ 2 Zone 3 violation

Event 3 Girls 1600 Meter Run

7 fastest times qualify to MOC

NCS TV: R 4:49.70 1996 Kristen Gordon, Carondelet

MOC At Large: @ 5:13.66

CIF At Large: \$ 4:55.15

Name	Year	School	Finals	H#
1 Starn, Brooke	10	Monte Vista	4:54.34\$	2
2 Hansel, Chloe	10	Las Lomas	4:54.50\$	2
3 Leach, Brighie	11	Campolindo	4:54.80\$	2
4 McCandless, Megan	10	Granada	4:58.21@	2
5 Hernandez, Alexandra	12	Livermore	5:00.59@	2
6 Orders, Mary	11	Campolindo	5:04.64@	2
7 Bohannon, Kai	9	Liberty (Brentwood)	5:06.94@	2
8 Lutz, Carly	12	San Ramon Valley	5:09.38@	2
9 Lawsen, Taylor	10	Granada	5:09.74@	2
10 Corda, Meredith	9	Monte Vista	5:13.32@	2
11 Sun, Hana	10	Campolindo	5:13.77	2
12 Johnson, Rachel	11	Campolindo	5:18.81	1
13 Pecknold, Brianna	9	Heritage	5:19.18	1
14 Busby, Jamie		College Park	5:23.11	1
15 Mundrane, Caitlyn		Northgate	5:23.32	1
16 Coyle, Megan		Northgate	5:24.36	1
17 Fishlow, Hannah	9	Miramonte	5:28.86	2
18 Blough, Kelsey		Northgate	5:32.68	1
19 Dowey, Emily		College Park	5:33.45	1
20 Duignan, Skylar	9	Heritage	5:39.23	1
21 Hannigan, Colleen	12	Heritage	5:45.38	1
22 Ruzicka, Natalie		Clayton Valley	5:46.14	1
23 Barney, Hydeia	11	Pittsburg	5:50.02	1

Event 4 Boys 1600 Meter Run

7 fastest times qualify to MOC

NCS TV: R 4:15.26 1996 Micheil Jones, Livermore

MOC At Large: @ 4:21.53

CIF At Large: \$ 4:14.24

Name	Year	School	Finals	H#
1 Olson, Tyler	12	Livermore	4:07.99\$	2
2 Hurlock, Blair	12	DeLaSalle	4:08.33\$	2
3 Goltra, Aidan	12	Campolindo	4:18.12@	2
4 Wang, Michael	12	Acalanes	4:19.76@	2
5 Beston, Zach	11	Amador Valley	4:20.10@	2
6 Demeko-Ousman, Solomon	12	Heritage	4:20.14@	2
7 Johnson, Roc	11	DeLaSalle	4:21.00@	2
8 Condon, Danny		Clayton Valley	4:21.08@	2
9 Braganza, Neil	9	Dougherty Valley	4:22.20	2
10 Davis, Keeson	11	Las Lomas	4:27.78	1
11 Comar, Nathaniel		College Park	4:28.84	2

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....Event 4 Boys 1600 Meter Run

12 Phair, David	College Park	4:29.18	1
13 Sheehan, Benjamin	10 Heritage	4:30.27	1
14 Egley, Jake	Northgate	4:30.43	2
15 Grovhoug, Nathan	11 Heritage	4:32.99	1
16 Colaco, Ryan	San Ramon Valley	4:33.76	2
17 Williams, Brennan	College Park	4:33.90	1
18 Lewis, Andrew	11 Miramonte	4:35.04	1
19 McKenzie, Shane	College Park	4:35.13	1
20 Skellenger, Leo	10 Granada	4:37.87	1
21 Bennett, Benjamin	11 Liberty (Brentwood)	4:38.32	1
22 Brennan, Walter	12 Campolindo	4:40.57	1
23 Orantes, Juan Carlos	11 Heritage	4:41.34	1
24 Schaefer, Logan	9 Heritage	4:59.03	1

Event 5 Girls 100 Meter Hurdles

7 fastest times qualify to MOC

NCS TV: R 14.32 2013

Mecca McGlaston, Dublin

MOC At Large: @ 15.84

CIF At Large: \$ 14.23

Name	Year	School	Finals	Wind	H#
1 McGlaston, Mecca	10	Dublin	14.42@	-0.4	3
2 Coffey, Arterarra	10	Deer Valley	14.92@	-0.4	3
3 Newman, Sasha	12	Deer Valley	15.03@	-0.4	3
4 Thompson, Michelle	11	Dougherty Valley	15.38@	-0.4	3
5 Biekert, Sydney	12	San Ramon Valley	15.61@	-0.4	3
6 Topielski, Emily	11	Foothill	16.09	-0.4	3
7 Margerum, Windy	9	Acalanes	16.13	-0.4	3
8 Villareal, Amanda	12	Heritage	16.60	-0.4	3
9 Christensen, Kim		Northgate	16.68	-0.8	2
10 Bernardo, Ashley	12	Campolindo	16.94	-0.8	2
11 McCarthy, Rebekah	12	Liberty (Brentwood)	17.00	-0.8	2
12 Ho, Joyce	11	California	17.03	-0.8	2
13 Garcia, Raleigna	12	Deer Valley	17.46	-0.8	2
14 Dukes, Cassie	12	Livermore	17.97	-1.4	1
15 Grobeck, Devin	9	Acalanes	18.49	-0.8	2
16 Ibrahim, Aria		Concord	18.63	-1.4	1
17 Tuemmler, Andrea	12	Miramonte	18.88	-1.4	1
18 Davis, Jade		Clayton Valley	19.29	-1.4	1
19 Schweitzer, Amanda	12	Freedom	20.35	-1.4	1
-- Porter, Alexia	12	Livermore	DQ	-0.8	2 False Start

Event 6 Boys 110 Meter Hurdles

7 fastest times qualify to MOC

NCS TV: R 13.85 2006

David Klech, California

MOC At Large: @ 15.63

CIF At Large: \$ 14.42

Name	Year	School	Finals	Wind	H#
1 Morris, Marquis	12	DeLaSalle	14.29\$	-0.7	3
2 Adams, Ralieggh	11	Alhambra	15.20@	-0.7	3
3 Harland-Dunaway, Marcus	12	Campolindo	15.25@	-0.7	3

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....Event 6 Boys 110 Meter Hurdles

4	Mandich, Ryan	Northgate	15.26@	-0.7	2	
5	Petrovykh, Dmitriy	Northgate	15.28@	-0.7	2	
6	Olender, Jack	11 Heritage	15.37@	-0.7	3	
7	Godkin, Sean	11 DeLaSalle	15.62@	-0.7	3	
8	Chiba, Taiki	12 Acalanes	15.65	-0.7	3	
9	Ernest, Simeon	11 Heritage	15.77	-0.7	3	
10	Hurtado, Francisco	12 Pittsburg	16.17	-0.7	2	
11	Stuertzt, Ian	11 California	16.26	-0.7	2	16.253
12	Hamlin, James	12 Deer Valley	16.26	-0.7	2	16.257
13	Obodo, Isaac	12 Heritage	16.26	-0.7	2	16.258
14	Brown, Landon	12 Heritage	16.43	-1.5	1	
15	Webster, Austin	12 San Ramon Valley	16.58	-0.7	2	
16	Rein, Scott	12 Miramonte	16.59	-0.7	2	
17	Coyle, Matt	Northgate	16.66	-1.5	1	
18	Locke, Andrew	Northgate	16.86	-1.5	1	
19	McDonald, Garrett	11 Granada	16.90	-1.5	1	
20	Khaderi, Tahir	9 Dublin	17.90	-1.5	1	
21	Baros, Mark	Concord	17.97	-1.5	1	
22	Shaw, Johnathan	9 Dublin	18.57	-1.5	1	
--	Foote, Drake	12 Livermore	DQ	-0.7	3	Uniform Violation
--	Barrios, Joaquin	Northgate	DQ	-1.5	1	Intentional push of

Event 7 Girls 400 Meter Dash

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7 fastest times qualify to MOC

NCS TV: R 54.80 2010

Chizoba Okodogbe, Deer Valley

MOC At Large: @ 58.46

CIF At Large: \$ 55.94

Name	Year	School	Finals	H#	
1	Chenault, Christina	11 Carondelet	56.35@	3	
2	Alexander, Anaya	10 Las Lomas	56.90@	3	
3	Ruotolo, Julianna	10 Carondelet	57.61@	3	
4	Barrett, Emily	11 Foothill	57.77@	3	
5	Boggan, Imani	9 Acalanes	58.11@	2	
6	Winn, Chloe	12 Monte Vista	58.54	3	
7	Fagalar, J'Ley	10 Deer Valley	58.90	2	58.900
8	Lillard, Ronjane	12 Freedom	58.91	3	58.902
9	Carr, Tyler	11 California	58.95	3	
10	Mehta, Marina	11 Heritage	59.08	2	
11	Gebhart, Mattingly	11 Monte Vista	59.22	2	
12	Booth, Amber	Clayton Valley	59.41	2	
13	Hilburn, Mariama	11 Deer Valley	60.00	3	
14	Olabode, Lola	9 Miramonte	61.74	2	
15	Ray, Olivia	College Park	61.82	1	
16	Hyatt, Julie	9 Campolindo	62.08	1	
17	Dong, Jessica	Northgate	62.36	2	
18	Woon, Makena	11 Dougherty Valley	62.37	1	
19	Creson, Arden	9 Miramonte	62.55	2	
20	Holley, Ariana	11 Antioch	63.76	1	
21	Patterson, Aleeyha	10 Pittsburg	64.45	1	
22	Howell, Kia	Ygnacio Valley	65.00	1	
23	Regelbrugge, Lani	Clayton Valley	65.22	1	
--	Highland, Bridget	Clayton Valley	DQ	1	False Start

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Event 8 Boys 400 Meter Dash

7 fastest times qualify to MOC

NCS TV: R 47.64 2006

David Klech, California

MOC At Large: @ 50.05

CIF At Large: \$ 48.29

Name	Year	School	Finals	H#
1 Kurtz, Frank	12	Heritage	47.72\$	3
2 Taylor, Robert	12	Deer Valley	48.00\$	3
3 Hennies, Alex	12	Acalanes	49.43@	3
4 Comly, Nick	11	Acalanes	49.85@	3
5 Bayley, Chris	11	Amador Valley	49.88@	3
6 Evers-Threatt, Jamari	12	Deer Valley	50.51	2
7 Spencer, James	11	Dougherty Valley	50.51	3
8 Griffith, David	12	San Ramon Valley	50.59	3
9 La Shon III, Michael	11	Pittsburg	50.61	1
10 Mortensen, Justin	12	Freedom	50.98	2
11 Lowe, Anthony	9	Deer Valley	50.99	1
12 Valenton, Gabe	12	Livermore	51.21	2
13 Walker, Djamani	12	Las Lomas	51.38	2
14 Petagara, Matt	10	San Ramon Valley	51.55	2
15 Hughes, Jonathan	10	Campolindo	51.81	1
16 Lewis, Joey	11	DeLaSalle	52.00	2
17 Reynoso, Andres		Concord	52.05	2
18 Strange, Doug		College Park	52.17	2
19 Randall, Tyler	12	California	52.20	3
20 kane, jack	10	Las Lomas	52.31	1
21 Master, Peter		Northgate	52.65	1
22 Villages, Johnathon		Ygnacio Valley	53.44	1

Event 9 Girls 100 Meter Dash

7 fastest times qualify to MOC

NCS TV: R 11.91 2000

Aishia Margain, Berkeley

MOC At Large: @ 12.73

CIF At Large: \$ 11.92

Name	Year	School	Finals	Wind	H#
1 Guillory, Briana	11	Deer Valley	12.13@	0.3	3
2 White, Pamela	10	Granada	12.57@	0.3	3
3 Dickerson, Kayla		Northgate	12.64@	0.3	3
4 Holt, Sara		Clayton Valley	12.65@	0.3	3
5 Dukes, Samantha	9	Livermore	12.68@	0.3	3 12.674
6 Berry, Sydney	12	Heritage	12.68@	0.3	3 12.679
7 LaPierre, Madison	11	Freedom	12.69@	-0.3	2
8 Williams, Brittany	10	Monte Vista	12.80	0.3	3
9 Forrester, Jessica		Clayton Valley	12.83	-1.9	1
10 Holland, Donjhai	9	Liberty (Brentwood)	12.85	-0.3	2
11 Lukas, Haley	12	Foothill	12.96	0.3	3
12 Revell, Adria	12	Foothill	13.09	-0.3	2
13 Brown, Brittany	11	Pittsburg	13.11	-1.9	1
14 Bernardo, Ashley	12	Campolindo	13.14	-0.3	2
15 Hall, Alexis	10	Las Lomas	13.16	-0.3	2
16 Alexander, Nicole	12	Monte Vista	13.18	-1.9	1
17 Tse-McKeown, Philadelphi	10	Miramonte	13.26	-0.3	2

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....Event 9 Girls 100 Meter Dash

18 Olson, Cordelia	9 Las Lomas	13.28	-0.3	2
19 Lee, Casey	12 Acalanes	13.38	-0.3	2
20 Tolliver- King, Lauren	12 Deer Valley	13.44	-1.9	1
21 Esco, Diwa	Clayton Valley	13.45	-1.9	1
22 Bouchard, Jessica	10 Dublin	13.57	-1.9	1
23 Johnson, Jessica	Clayton Valley	13.88	-1.9	1

Event 10 Boys 100 Meter Dash

7 fastest times qualify to MOC

NCS TV: R 10.64 2008 Taiwan Jones, Deer Valley

MOC At Large: @ 11.19

CIF At Large: \$ 10.69

Name	Year School	Finals	Wind	H#
1 Charles, JaMaun	11 Amador Valley	10.86@	-2.0	3
2 Crawford, Xavier	Clayton Valley	11.06@	-2.0	3
3 Mixon, Joe	12 Freedom	11.12@	-2.0	3
4 White, Michael	12 Amador Valley	11.19@	-2.0	3
5 Quarles, Nkosi	12 Freedom	11.22	-1.9	2
6 Lokula, Bennie	12 Livermore	11.25	-2.0	3
7 Koski, JJ	11 San Ramon Valley	11.29	-2.0	3
8 Mensendiek, Erik	12 Monte Vista	11.31	-2.0	3
9 Kiragu, Lincoln	11 Las Lomas	11.37	-1.9	2
10 Johnson, Kameron	11 Granada	11.46	-2.0	3
11 Webster, Nzuzi	12 Deer Valley	11.47	-1.8	1
12 Hughes, Harrison	12 Campolindo	11.54	-1.9	2
13 burnett, nigel	12 Las Lomas	11.57	-1.9	2
14 Do, Aaron	12 Dougherty Valley	11.66	-1.9	2
15 Tarrance, Devonte	12 Pittsburg	11.70	-1.9	2
16 Gonsalves, James	11 Alhambra	11.71	-1.9	2
17 DelPrado, Cristian	12 Freedom	11.72	-1.8	1
18 Ewing, Nate	Clayton Valley	11.73	-1.9	2
19 Kendrix, Darryl	Concord	11.79	-1.8	1
20 Abdurrohman, Harits	12 Alhambra	11.83	-1.8	1
21 Miner, Harris	College Park	12.34	-1.8	1
22 Carranza, Edgar	Concord	12.49	-1.8	1
-- Turner, Isaiah	10 Pittsburg	DQ	-1.8	1 False Start

Event 11 Girls 800 Meter Run

7 fastest times qualify to MOC

NCS TV: R 2:13.03 2004 Lindsay Allen, College Park

MOC At Large: @ 2:20.29

CIF At Large: \$ 2:11.80

Name	Year School	Finals	H#
1 Cella, Sarah	10 Campolindo	2:16.64@	2
2 Ricks, Madison	12 California	2:17.56@	2
3 Roden, Georgia	11 Miramonte	2:18.93@	2
4 Burney, Kourtney	12 Deer Valley	2:20.67	2
5 Wylie, Emily	10 Liberty (Brentwood)	2:20.76	1
6 Green, Annaka	10 Amador Valley	2:20.80	2
7 Eklem, Kaitlyn	11 San Ramon Valley	2:20.94	2

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....Event 11 Girls 800 Meter Run

8 Laffer, Karly	9 Amador Valley	2:21.77	2
9 Tanaka, Aino	Northgate	2:22.86	1
10 Nubla, Ann Jellica	11 Heritage	2:23.23	1
11 Guo, Helen	10 Dougherty Valley	2:23.35	2
12 Franklin, Sarah	12 Granada	2:26.38	2
13 hight, madi	12 Las Lomas	2:26.58	1
14 Hardman, Jesse	9 Liberty (Brentwood)	2:27.45	1
15 McCabe, Megan	10 Monte Vista	2:27.46	2
16 Ray, Olivia	College Park	2:29.52	1
17 Pecknold, Brianna	9 Heritage	2:29.96	1
18 Busby, Jamie	College Park	2:30.53	2
19 Vanderheid-Nye, Alex	12 Heritage	2:31.00	1
20 Mondlach, Lindsay	Clayton Valley	2:32.46	1
21 Gamboa, Gabrielle	10 Dublin	2:33.73	2
22 Carlin, Jessica	9 Acalanes	2:35.40	1
23 Wardle, Lauren	Clayton Valley	2:37.50	1

Event 12 Boys 800 Meter Run

7 fastest times qualify to MOC

NCS TV: R 1:53.80 2010 Kevin Griffith, San Ramon Vall

MOC At Large: @ 1:57.42

CIF At Large: \$ 1:52.98

Name	Year	School	Finals	H#
1 McKinnon, Conner	12	Amador Valley	1:54.99@	2
2 Mayer, Cody	12	Liberty (Brentwood)	1:57.36@	2
3 Marson, Parker		College Park	1:58.36	2
4 Phair, David		College Park	1:58.46	1
5 DeMartini, Frank	11	DeLaSalle	1:59.13	2
6 Lothamer, Parker	11	Campolindo	1:59.17	2
7 Aldana, Christian	11	California	1:59.28	2
8 Buck, Andy	11	Amador Valley	1:59.51	2
9 Fuentes, Anthony		Clayton Valley	1:59.72	1
10 Williams, Luke	12	DeLaSalle	1:59.81	2
11 swain, kailen	12	Las Lomas	2:00.29	1
12 O'Brien, Charles	11	Miramonte	2:01.04	1
13 Do, Austin	12	Dougherty Valley	2:01.15	1
14 Natt, Nishan	11	Livermore	2:01.24	2
15 Cardiff, Dan	12	Acalanes	2:01.29	2
16 Lyons, Ryland	12	Dublin	2:03.40	2
17 Demeko-Ousman, Solomon	12	Heritage	2:03.96	2
18 Bennett, Benjamin	11	Liberty (Brentwood)	2:04.02	1
19 Lim, Max	12	Heritage	2:04.41	1
20 Thomas, Randy	12	Antioch	2:06.21	1
21 Sheehan, Benjamin	10	Heritage	2:07.27	1
22 McKenzie, Shane		College Park	2:08.34	1
23 Ramesh, Adi		Northgate	2:08.56	1
24 Cogo, Patrick		Clayton Valley	2:08.80	1

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Event 13 Girls 300 Meter Hurdles

7 fastest times qualify to MOC

NCS TV: R 44.22 2013 Sasha Newman, Deer Valley

MOC At Large: @ 46.77

CIF At Large: \$ 43.54

Name	Year	School	Finals	H#
1 Coffey, Artearra	10	Deer Valley	44.73@	3
2 Thompson, Michelle	11	Dougherty Valley	44.82@	3
3 Strand, Kelly	11	Monte Vista	45.87@	3
4 Villanueva, Brookey	10	Amador Valley	46.66@	3
5 Newman, Sasha	12	Deer Valley	47.22	3
6 LaPierre, Madison	11	Freedom	47.28	2
7 Brown, Kristy	9	Amador Valley	47.32	3
8 Garcia, Raleigna	12	Deer Valley	47.38	2
9 Topielski, Emily	11	Foothill	49.10	2
10 Brown, Mariah	9	Campolindo	49.67	2
11 Margerum, Windy	9	Acalanes	50.59	2 50.581
12 Tuemmler, Andrea	12	Miramonte	50.59	2 50.582
13 Arnswald, Juliet	9	Campolindo	51.13	2
14 Sweeney, Abigail	12	Dublin	51.96	1
15 Davis, Jade		Clayton Valley	52.79	2
16 Taylor, Kiara	10	Heritage	55.20	1

Event 14 Boys 300 Meter Hurdles

7 fastest times qualify to MOC

NCS TV: R 36.18 2005 David Klech, California

MOC At Large: @ 40.78

CIF At Large: \$ 38.19

Name	Year	School	Finals	H#
1 Morris, Marquis	12	DeLaSalle	39.09@	3
2 Harvey, Jonathan	10	DeLaSalle	39.62@	3
3 Hurtado, Francisco	12	Pittsburg	39.79@	3
4 Downey, Nathan	12	Miramonte	39.96@	3
5 Olender, Jack	11	Heritage	40.03@	3
6 Griffith, David	12	San Ramon Valley	40.50@	2
7 Harland-Dunaway, Marcus	12	Campolindo	40.59@	3
8 Chiba, Taiki	12	Acalanes	40.90	3
9 Mandich, Ryan		Northgate	40.91	2
10 Godkin, Sean	11	DeLaSalle	40.99	3
11 Rein, Scott	12	Miramonte	41.39	2
12 Petrovykh, Dmitriy		Northgate	41.49	2
13 Tang, Michael	12	Foothill	41.56	2
14 Ernest, Simeon	11	Heritage	41.77	1
15 Colcol, Franz	12	Amador Valley	42.14	2
16 Hamlin, James	12	Deer Valley	42.66	1
17 Adams, Ralieggh	11	Alhambra	42.87	2
18 Jimenez, Jesus	11	Dublin	43.32	2
19 Hanible, Aaron	9	Heritage	43.85	1
20 King, Alex		Clayton Valley	44.79	1
21 Barrios, Joaquin		Northgate	44.82	1
22 Linzey, Ben		Clayton Valley	45.73	1
23 Kameny, Brandon	11	Heritage	45.80	1

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Event 15 Girls 200 Meter Dash

7 fastest times qualify to MOC

NCS TV: R 24.10 2000 Aishia Margain, Berkeley

MOC At Large: @ 26.00

CIF At Large: \$ 24.50

Name	Year	School	Finals	Wind	H#
1 McGlaston, Mecca	10	Dublin	24.62@	-3.2	3
2 Guillory, Briana	11	Deer Valley	24.85@	-3.2	3
3 Fagalar, J'Ley	10	Deer Valley	25.91@	-3.2	3
4 Dukes, Samantha	9	Livermore	25.94@	-3.2	3
5 White, Pamela	10	Granada	26.01	-3.2	3
6 Hilburn, Mariama	11	Deer Valley	26.22	-2.9	2
7 Chenault, Christina	11	Carondelet	26.28	-3.2	3
8 Lillard, Ronjane	12	Freedom	26.38	-3.2	3
9 Alexander, Anaya	10	Las Lomas	26.40	-2.9	2
10 Dickerson, Kayla		Northgate	26.71	-2.9	2
11 Holland, Donjhai	9	Liberty (Brentwood)	26.74	-2.9	2
12 Lukas, Haley	12	Foothill	26.89	-3.2	3
13 Creson, Arden	9	Miramonte	26.99	-2.9	2
14 Revell, Adria	12	Foothill	27.11	-2.9	2
15 Glavee, Kristen	11	Dougherty Valley	27.16	-2.2	1
16 Booth, Amber		Clayton Valley	27.20	-2.9	2
17 Esco, Diwa		Clayton Valley	27.51	-2.2	1
18 Bouchard, Jessica	10	Dublin	27.53	-2.2	1
19 Flenoid, Kiara	9	Pittsburg	27.55	-2.9	2
20 Hall, Alexis	10	Las Lomas	28.02	-2.2	1
21 Johnson, Jessica		Clayton Valley	28.33	-2.2	1

Event 16 Boys 200 Meter Dash

7 fastest times qualify to MOC

NCS TV: R 21.58 2001 Chris Costa, California

MOC At Large: @ 22.66

CIF At Large: \$ 21.75

Name	Year	School	Finals	Wind	H#
1 Charles, JaMaun	11	Amador Valley	21.94@	-4.3	3
2 Crawford, Xavier		Clayton Valley	22.24@	-1.8	2
3 Kurtz, Frank	12	Heritage	22.60@	-4.3	3
4 Wilson, Wade	12	San Ramon Valley	22.66@	-1.8	2
5 Lokula, Bennie	12	Livermore	22.74	-4.3	3
6 Koski, JJ	11	San Ramon Valley	22.77	-4.3	3
7 Mensendiek, Erik	12	Monte Vista	22.89	-1.8	2
8 Hurtado, Francisco	12	Pittsburg	22.93	-4.3	3
9 Kiragu, Lincoln	11	Las Lomas	22.98	-4.3	3
10 Jones, Ryan	11	Dublin	23.19	-1.8	2
11 Johnson, Dean	12	Dougherty Valley	23.35	-1.8	2
12 burnett, nigel	12	Las Lomas	23.37	-1.8	2
13 DeMaio, Jacob	12	Monte Vista	23.39	-4.3	3
14 Safi, Mousawer	11	Deer Valley	23.42	-1.8	2
15 Ewing, Nate		Clayton Valley	23.47	-3.2	1
16 Austin, Diallo	11	Pittsburg	23.55	-3.2	1
17 Kendrix, Darryl		Concord	23.73	-3.2	1
18 Huggins, Alexander	12	Dublin	23.74	-4.3	3

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....Event 16 Boys 200 Meter Dash

19 Spencer, James	11 Dougherty Valley	23.84	-1.8	2
20 Hernandez, Edgar	College Park	24.42	-3.2	1

Event 17 Girls 3200 Meter Run

7 fastest times qualify to MOC

NCS TV: R 10:29.43 1996 Kristen Gordon, Carondelet

MOC At Large: @ 11:12.73

CIF At Large: \$ 10:35.79

Name	Year	School	Finals
1 Starn, Brooke	10	Monte Vista	10:58.61@
2 McCandless, Megan	10	Granada	11:00.16@
3 Leach, Brighie	11	Campolindo	11:02.20@
4 Hernandez, Alexandra	12	Livermore	11:09.50@
5 Hansel, Chloe	10	Las Lomas	11:14.66
6 Orders, Mary	11	Campolindo	11:16.28
7 Bayliss, Christine	11	San Ramon Valley	11:18.50
8 Taketa, Samantha	10	Acalanes	11:20.63
9 Lutz, Carly	12	San Ramon Valley	11:28.80
10 Bohannon, Kai	9	Liberty (Brentwood)	11:33.51
11 Sun, Hana	10	Campolindo	11:48.75
12 Leroudier, Melodie	10	Amador Valley	12:02.19
13 Johnson, Rachel	11	Campolindo	12:07.47
14 Dowey, Emily		College Park	12:23.13
15 Tanaka, Aino		Northgate	12:35.77
16 Duignan, Skylar	9	Heritage	12:41.42
17 Dempster, Gina		Concord	12:49.24
18 Ortiz, Kyra		Clayton Valley	13:01.35
19 Paulson, Leigha	12	Freedom	13:10.36
20 Saliba, Selina		College Park	13:10.46
21 Pontius, Kelsey	10	Freedom	13:17.89
22 Garcia, Diana	11	Freedom	13:21.88
23 Romero, Isabella		Ygnacio Valley	13:23.56
24 Truhe, Miranda	9	Liberty (Brentwood)	13:24.35

Event 18 Boys 3200 Meter Run

7 fastest times qualify to MOC

NCS TV: R 9:20.81 2004 Scott Bauhs, San Ramon Vall

MOC At Large: @ 9:31.13

CIF At Large: \$ 9:08.64

Name	Year	School	Finals
1 Hurlock, Blair	12	DeLaSalle	9:13.71R
2 Olson, Tyler	12	Livermore	9:18.96R
3 Goltra, Aidan	12	Campolindo	9:21.00@
4 Olson, Todd	12	Livermore	9:26.20@
5 Crose, Jackson	11	Livermore	9:28.05@
6 Schumann, Matt	11	DeLaSalle	9:29.23@
7 Sanchez, Austin	11	DeLaSalle	9:35.70
8 Schmidt, Zachary	11	Dublin	9:41.85
9 Gaskell, Cameron	10	Acalanes	9:49.98
10 Robey, Tom	10	Las Lomas	9:55.39

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....Event 18 Boys 3200 Meter Run

11 Moran, Will	12 Campolindo	10:01.04
12 Drees, Jacob	11 Heritage	10:04.32
13 Williams, Brennan	College Park	10:11.19
14 Egley, Jake	Northgate	10:11.29
15 Openany, Sayed	Clayton Valley	10:21.49
16 Condon, Danny	Clayton Valley	10:28.21
17 Gonzalez, Carlos	10 Pittsburg	10:29.96
18 Hodgson, Robert	10 Liberty (Brentwood)	10:31.37
19 Townsend, Chris	11 Heritage	10:40.40
20 Zamanian, Charlie	12 Miramonte	10:43.53
21 Givens, Sam	Clayton Valley	10:44.56
22 Grovhoug, Nathan	11 Heritage	10:47.11
23 Maldonado, Mateo	11 Freedom	11:04.50

Event 19 Girls 4x400 Meter Relay

7 fastest times qualify to MOC

NCS TV: R 3:51.31 2000 Berkeley

MOC At Large: @ 4:02.99

CIF At Large: \$ 3:51.27

School	Finals	H#
1 Carondelet 'A'	3:52.13@	3
2 Deer Valley 'A'	3:56.19@	3
3 Monte Vista 'A'	4:00.20@	3
4 Foothill 'A'	4:01.32@	3
5 San Ramon Valley 'A'	4:01.86@	3
6 Amador Valley 'A'	4:06.28	3
7 Freedom 'A'	4:08.62	2
8 Miramonte 'A'	4:09.05	3
9 Campolindo 'A'	4:12.64	2
10 Clayton Valley Charter 'A'	4:14.19	2
11 Heritage 'A'	4:14.72	2
12 California 'A'	4:15.25	3
13 Dougherty Valley 'A'	4:17.78	2
14 Las Lomas 'A'	4:19.14	1
15 College Park 'A'	4:19.15	1
16 Dublin 'A'	4:20.41	2
17 Pittsburg 'A'	4:23.53	2
18 Concord 'A'	4:43.56	1
19 Ygnacio Valley 'A'	4:45.49	1

Event 20 Boys 4x400 Meter Relay

7 fastest times qualify to MOC

NCS TV: R 3:19.39 2011 Amador Valley, Amador Valley
 J Chen, J Slaton, D Roberson, N Bayley

MOC At Large: @ 3:24.00

CIF At Large: \$ 3:18.31

School	Finals	H#
1 Amador Valley 'A'	3:17.44\$	3
2 San Ramon Valley 'A'	3:17.95\$	3
3 Heritage 'A'	3:21.30@	3

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....Event 20 Boys 4x400 Meter Relay

4	Acalanes 'A'	3:21.51@	3
5	DeLaSalle 'A'	3:22.13@	2
6	Deer Valley 'A'	3:22.98@	3
7	Miramonte 'A'	3:23.35@	3
8	Pittsburg 'A'	3:24.70	3
9	Campolindo 'A'	3:24.93	2
10	Las Lomas 'A'	3:25.65	2
11	Liberty (Brentwood) 'A'	3:27.67	3
12	Livermore 'A'	3:30.37	1
13	College Park 'A'	3:30.98	2
14	California 'A'	3:31.33	2
15	Freedom 'A'	3:32.54	2
16	Foothill 'A'	3:34.21	2
17	Dublin 'A'	3:41.11	1
18	Ygnacio Valley 'A'	4:05.35	1
--	Clayton Valley Charter 'A'	DQ	2 Out of Zone
--	Dougherty Valley 'A'	DQ	1 Interference

Event 21 Girls High Jump

=====
 Top seven qualify to NCS MOC

Opening height: 4-08, 2" increments to 5-02, then 1" increments

NCS TV: R 5-08 2008 Adrienne Johnson, Carondelet

MOC At Large: @ 5-02

CIF At Large: \$ 5-05

Name	Year School	Finals
1	Mork, Kirsten	12 Granada 5-08.00R
2	Hebert, Lillianna	11 California 5-06.00\$
3	Reichenbach, Rachel	12 Foothill J5-06.00\$
4	Kurtz, Jennifer	10 California J5-06.00\$
5	Olabode, Lola	9 Miramonte 5-03.00@
6	Dryer, Brittany	11 Heritage J5-03.00@
7	Millington, Xhosha	12 Heritage 5-00.00
8	Biekert, Sydney	12 San Ramon Valley J5-00.00
9	Onwuzulike, ljemma	11 Heritage J5-00.00
9	Mbeledogu, Nma	11 Las Lomas J5-00.00
11	Pearson, Rylie	Concord 4-10.00
11	Bruce, Ashley	11 Dublin J4-08.00
12	O'Malley, Katie	10 Dougherty Valley 4-08.00
--	Arnswald, Juliet	9 Campolindo NH
--	Cox, Claire	College Park NH
--	Holland, Donjhai	9 Liberty (Brentwood) NH
--	Reynoso, Natalya	Concord NH
--	Yang, Erin	11 Dougherty Valley NH
--	Perez, Marianna	College Park NH
--	Mehta, Marina	11 Heritage NH
--	Almassey, Kelsey	11 Freedom NH

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Event 22 Girls Pole Vault

Top seven qualify to NCS MOC

Opening height 8-00, 6" increments to 10-00, then 3" increments

NCS TV: R 12-05 5/19/2012 Cimran Virdi, Las Lomas

MOC At Large: @ 10-06

CIF At Large: \$ 11-07

Name	Year	School	Finals
1 Larson, Lauren	12	San Ramon Valley	11-06.00@
2 Sutton, Haley		Northgate	10-06.00@
3 Butterfield, Mayuko		College Park	J10-06.00@
4 Hatter, Lauren	11	San Ramon Valley	10-00.00
5 Sebaugh, Sierra	12	Pittsburg	J10-00.00
6 Trimble, Carolina	10	Las Lomas	J10-00.00
7 Wieser, Savannah	11	Dublin	9-06.00
8 Meyer, Emily	11	Carondelet	J9-06.00
8 Kern, Katie	11	Carondelet	J9-06.00
10 Craig, Jillian	12	Amador Valley	J9-06.00
11 Lee, Noelani	9	Dougherty Valley	J9-06.00
12 McNamara, Lauren	10	Foothill	9-00.00
13 Tucci, Anna	12	Miramonte	J9-00.00
14 Freeman, Jessica	11	Liberty (Brentwood)	J9-00.00
14 Yangorin, Elizabeth	11	Pittsburg	J9-00.00
16 Chestnutt, Sonya		Northgate	8-06.00
16 Dong, Rebecca		Northgate	8-06.00
18 Millington, Xhoshia	12	Heritage	J8-06.00
19 Protzen, Miranda	11	Campolindo	J8-06.00
19 Mitchell, Casey		Clayton Valley	J8-06.00
21 Roos, Nikki	10	Acalanes	8-00.00
22 Jorgensen, Chloe	10	Liberty (Brentwood)	J8-00.00
-- Sinsel, Natalia	10	Pittsburg	NH
-- Mullins, Ella		Clayton Valley	NH

Event 23 Girls Long Jump

Top seven qualify to NCS MOC

After 3 jumps, top 8 receive 3 more jumps

NCS TV: R 19-03 1996 Pia McAllister, Clayton Valley

MOC At Large: @ 17-06

CIF At Large: \$ 18-04

Name	Year	School	Finals	Wind
1 Reichenbach, Rachel	12	Foothill	17-08.50@	NWI
2 Coffey, Arterarra	10	Deer Valley	17-07.50@	NWI
3 Berry, Sydney	12	Heritage	17-07.00@	NWI
4 Dukes, Samantha	9	Livermore	17-01.50	NWI
5 Creson, Arden	9	Miramonte	16-08.75	NWI
6 Margerum, Windy	9	Acalanes	16-05.25	NWI
7 Thomas, Anyel	12	San Ramon Valley	16-03.25	NWI
8 Topielski, Emily	11	Foothill	16-02.50	NWI
9 Brown, Brittany	11	Pittsburg	15-09.25	NWI
10 Biekert, Sydney	12	San Ramon Valley	15-08.50	NWI
11 Tucci, Anna	12	Miramonte	15-07.25	NWI
12 Butterfield, Mayuko		College Park	15-04.50	NWI
13 Bernardo, Ashley	12	Campolindo	15-01.25	NWI

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....Event 23 Girls Long Jump

14	McCarthy, Rebekah	12	Liberty (Brentwood)	15-00.00	NWI
15	Yang, Erin	11	Dougherty Valley	14-07.25	NWI
16	Rodriguez, Trish		Clayton Valley	14-03.50	NWI
17	Boehm, Andrea	12	Amador Valley	13-11.00	NWI
18	Daynes, Jessica		Concord	13-10.00	NWI
19	Freeman, Jacquelyn	12	Liberty (Brentwood)	13-09.25	NWI
20	Griffin, Nicole	11	Liberty (Brentwood)	13-09.00	NWI
21	Carroll, Jenna		College Park	13-07.00	NWI
22	Abad, Kelisha		College Park	13-06.25	NWI
22	Casillas, Cassandra	12	Freedom	13-06.25	NWI

Event 24 Girls Triple Jump

Top seven qualify to NCS MOC

After 3 jumps, top 8 receive 3 more jumps

NCS TV: R 38-03.75 2008 Ese Ntekume, Deer Valley

MOC At Large: @ 35-11.50

CIF At Large: \$ 38-04

Name	Year	School	Finals	Wind
1	Chenault, Christina	11	Carondelet	38-00.50@ NWI
2	Hebert, Lillianna	11	California	37-02.75@ NWI
3	Butterfield, Mayuko		College Park	35-09.00 NWI
4	Reichenbach, Rachel	12	Foothill	35-08.50 NWI
5	Berry, Sydney	12	Heritage	35-03.75 NWI
6	Biekert, Sydney	12	San Ramon Valley	34-07.75 NWI
7	McCarthy, Rebekah	12	Liberty (Brentwood)	33-11.00 NWI
8	Tran, Mikayla	9	Foothill	33-06.00 NWI
9	Bouri, Tatiana	11	Dublin	32-08.50 NWI
10	Newell, Brianne		Clayton Valley	32-05.75 NWI
11	Haubert, Karissa	10	Dublin	32-05.00 NWI
12	Lorenzana, Brittney	10	Dublin	31-08.50 NWI
13	Tuemmler, Andrea	12	Miramonte	31-04.50 NWI
14	Bernardo, Ashley	12	Campolindo	31-00.00 NWI
15	Griffin, Nicole	11	Liberty (Brentwood)	30-03.25 NWI
16	Freeman, Jacquelyn	12	Liberty (Brentwood)	30-01.25 NWI
17	Carroll, Jenna		College Park	29-07.00 NWI
18	Yang, Erin	11	Dougherty Valley	29-06.00 NWI
19	Almassey, Kelsey	11	Freedom	28-06.75 NWI
20	Fuller, Kennedy		Concord	28-04.75 NWI

Event 25 Girls Shot Put

Top seven qualify to NCS MOC

After 3 throws, top 8 receive 3 more throws

NCS TV: R 44-11.50 2000 Amada Garcia, Carondelet

MOC At Large: @ 35-11.50

CIF At Large: \$ 41-02

Name	Year	School	Finals
1	Jones, Jelaia	11	Pittsburg 38-11.50@
2	Lassair, Tyra	12	Pittsburg 38-06.75@
3	Canty, Kyra	12	Deer Valley 38-03.25@
4	Kimber, Helen	11	California 36-09.75@

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....Event 25 Girls Shot Put

5	Tasini, Kisaea	12	Pittsburg	35-06.50
6	Alatini, Tisi		Clayton Valley	35-01.00
7	Aha, Yvonne	12	Monte Vista	34-08.25
8	Smith, Leelin	12	Deer Valley	33-01.00
9	Frost, McKenzie	11	Granada	32-10.00
10	Haefke, Selina	12	Alhambra	32-08.50
11	Vernoy, Megan	11	Heritage	32-06.00
12	Palma, Tori	10	Amador Valley	30-06.25
13	Grisson, Pamela	9	Dougherty Valley	30-01.00
14	Long, Jaclyn	11	Foothill	29-10.50
15	Blaney, Isabella		Northgate	29-03.25
16	Cunningham, Lauren	11	Dublin	28-09.00
17	Butler, Cassie	12	Las Lomas	28-02.00
18	Rexhepi, Vjollca		Northgate	27-10.00
19	Masukawa, Renee	10	Monte Vista	27-07.75
20	Olson, Veronika	10	Alhambra	27-07.25
21	Theidi, Hannah	12	Dougherty Valley	26-10.00
22	Lopez-Tapia, Victoria		Concord	26-08.25
23	Clugston, Abigail		College Park	22-11.50

Event 26 Girls Discus Throw

Top seven qualify to NCS MOC

After 3 throws, top 8 receive 3 more throws

NCS TV: R 141-03 2003 Alexaraee Toeaina, Pittsburg

MOC At Large: @ 112-10

CIF At Large: \$ 134-03

Name	Year	School	Finals	
1	Hingano, Sisileti	11	California	125-00@
2	Butler, Cassie	12	Las Lomas	117-08@
3	Canty, Kyra	12	Deer Valley	111-05
4	Vernoy, Megan	11	Heritage	109-06
5	Smith, Leelin	12	Deer Valley	109-00
6	Kimber, Helen	11	California	107-08
7	Hingano, Mata	10	California	105-11
8	Alatini, Tisi		Clayton Valley	102-05
9	Lassair, Tyra	12	Pittsburg	99-07
10	Irwin, Jessica	12	Granada	98-06
11	Frost, McKenzie	11	Granada	93-03
12	Novell, Sara	12	Granada	91-04
13	Daum, Maddy	11	Campolindo	91-02
14	Woo, Taylor	11	Dougherty Valley	90-08
15	Malig, Kara		Concord	90-02
16	Cunningham, Lauren	11	Dublin	88-01
17	Moore, Angela	12	Pittsburg	85-10
18	Haefke, Selina	12	Alhambra	84-08
19	Lopez-Tapia, Victoria		Concord	83-02
20	Forrester, Gabbrielle		Clayton Valley	82-06
21	Schneiderman, Lea	11	Antioch	80-03
22	Muonekwu, Bianca		Concord	72-05
23	Oenyany, Hosna		Clayton Valley	71-08
24	Larsen, Rachel	10	Acalanes	71-07

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Event 27 Boys High Jump

Top seven qualify to NCS MOC

Opening height 5-08, 2" increments to 6-02, then 1" increments

NCS TV: R 6-10 5/19/2012 Noel Frazier, California

MOC At Large: @ 6-03

CIF At Large: \$ 6-07

Name	Year	School	Finals
1 Williams, Jeremy	12	Granada	6-06.00@
2 Thexton, Jaron	11	Foothill	6-05.00@
3 Barnett, Brian	11	Granada	6-03.00@
4 Foote, Drake	12	Livermore	6-02.00
5 Burnes, Daniel	11	Heritage	J6-02.00
6 Bell, Ryan	11	Deer Valley	J6-02.00
7 Pfaff, Justin	10	Campolindo	J6-02.00
8 Kumar, Nish	12	Amador Valley	6-00.00
9 Chaffee, Stokley	11	Amador Valley	J6-00.00
10 Foote, Brad	12	Liberty (Brentwood)	J6-00.00
11 Obodo, Isaac	12	Heritage	5-10.00
12 Mace, Parker	11	Heritage	J5-10.00
13 Barney, Nathan	10	Dougherty Valley	5-08.00
14 Makrakis, Nick		Northgate	J5-08.00
15 Westemeier, Ethan	9	Acalanes	J5-08.00
-- Johnson, Taylor		College Park	NH
-- Hurley, Noah		College Park	NH
-- Schmidt, Clayton	12	Freedom	NH
-- Hanible, Aaron	9	Heritage	NH
-- Bone, Christian		Clayton Valley	NH
-- Robinson, Jack	12	Alhambra	NH
-- adelson, elliott	11	Las Lomas	NH
-- Tang, Sonny	11	Dougherty Valley	NH

Event 28 Boys Pole Vault

Top seven qualify to NCS MOC

Opening height 10-00, 6" increments to 13-00, then 3" increment

NCS TV: R 17-00 2008 Justin Miller, California

MOC At Large: @ 13-03

CIF At Large: \$ 15-02

Name	Year	School	Finals
1 O'Brien, Sean	12	San Ramon Valley	14-09.00@
2 Fancey, Michael	11	Liberty (Brentwood)	J14-09.00@
3 Downey, Nathan	12	Miramonte	14-06.00@
4 Smith, Louis	11	San Ramon Valley	J14-06.00@
5 Pisenti, Justin	11	San Ramon Valley	14-00.00@
6 Yau, Martin	12	Dublin	13-07.00@
7 Foote, Drake	12	Livermore	13-03.00@
8 Bertics, Andrew	12	Acalanes	J13-03.00@
9 Bagatelos, John	11	Granada	J13-03.00@
10 Tamura, TJ		College Park	12-06.00
10 Tang, Michael	12	Foothill	12-06.00
12 Drake, Tim	11	Liberty (Brentwood)	12-00.00
13 Katzman, Peter	12	Campolindo	11-06.00
14 Mace, Parker	11	Heritage	11-00.00

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....Event 28 Boys Pole Vault

14	Bricklin, Jared	Northgate	11-00.00
14	Shimotake, Alex	11 Acalanes	11-00.00
14	Martin, Daniel	11 Heritage	11-00.00
14	Toledo, Andrew	10 Pittsburg	11-00.00
14	Hurley, Noah	College Park	11-00.00
14	Mitchell, Mason	Northgate	11-00.00
21	Whiting, Sam	10 Miramonte	10-06.00
22	Deweese, CJ	11 Freedom	10-00.00
22	Rogers, Jason	Clayton Valley	10-00.00
22	Vasquez, Tony	College Park	10-00.00

Event 29 Boys Long Jump

Top seven qualify to NCS MOC

After 3 jumps, top 8 receive 3 more jumps

NCS TV: R 23-05.25 5/19/2012 Damariay Drew, Livermore

MOC At Large: @ 21-10

CIF At Large: \$ 22-10

Name	Year	School	Finals	Wind
1	Webster, Nsimba	12 Deer Valley	22-09.25@	NWI
2	White, Michael	12 Amador Valley	22-06.50@	NWI
3	Johnson, Adonis	12 Deer Valley	21-09.50	NWI
4	Webster, Nzuzi	12 Deer Valley	20-11.00	NWI
5	Beasley, Jonathan	12 Granada	20-06.00	NWI
6	Ernest, Simeon	11 Heritage	20-05.25	NWI
7	Jaggers, Nathan	Clayton Valley	20-04.00	NWI
8	Kwong, Harrison	11 Dougherty Valley	20-02.25	NWI
9	Veal, Frankie	12 Liberty (Brentwood)	20-01.50	NWI
10	Saribay, Calvin	11 Acalanes	20-00.00	NWI
11	Johnson, Kameron	11 Granada	19-11.50	NWI
11	Robinson, Tremar	12 DeLaSalle	19-11.50	NWI
13	Millinder, Darrell	11 Dublin	19-07.00	NWI
14	Byun, Ryan	11 Dougherty Valley	19-06.75	NWI
15	Ramsey, Kyler	12 Foothill	19-05.00	NWI
16	Makrakis, Nick	Northgate	19-00.25	NWI
16	Petagara, Matt	10 San Ramon Valley	19-00.25	NWI
18	Winding, Adam	10 Heritage	18-08.50	NWI
19	Fulks, Zack	11 Las Lomas	18-03.25	NWI
20	Knight, Mason	Concord	17-09.50	NWI
21	Jefferson, Jabari	11 Dublin	17-05.25	NWI
22	Bergen, Eli	Concord	16-11.00	NWI
23	Mitchell, Mason	Northgate	10-09.75	NWI

Event 30 Boys Triple Jump

Top seven qualify to NCS MOC

After 3 jumps, top 8 receive 3 more jumps

NCS TV: R 49-00 2009 Hammed Suleman, Deer Valley

MOC At Large: @ 44-08.25

CIF At Large: \$ 46-10

Name	Year	School	Finals	Wind
1	Webster, Nsimba	12 Deer Valley	48-04.50\$	0.7

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

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Amador Valley High School, Pleasanton CA
Results - NCS Tri-Valley Championships

....Event 30 Boys Triple Jump

2 Davis, Christopher	12 Liberty (Brentwood)	45-02.50@	+0.0
3 Webster, Nzuzi	12 Deer Valley	43-04.00	1.1
4 Foote, Drake	12 Livermore	42-03.50	+0.0
5 Saribay, Calvin	11 Acalanes	42-02.75	0.5
6 Whitmire, Devin	10 Heritage	41-11.50	0.8
7 Makrakis, Nick	Northgate	41-10.00	-0.6
8 Millinder, Darrell	11 Dublin	41-03.50	0.2
9 Veal, Frankie	12 Liberty (Brentwood)	41-00.50	0.1
10 Mortensen, Justin	12 Freedom	40-11.50	0.2
11 Kwong, Harrison	11 Dougherty Valley	39-11.25	+0.0
12 Byun, Ryan	11 Dougherty Valley	39-06.50	0.3
13 McDonald, Garrett	11 Granada	39-05.00	0.7
14 French, Scott	12 Monte Vista	39-03.00	0.7
15 Louwen, Charlie	12 DeLaSalle	39-02.25	0.7
16 Lundstrom, Luke	12 Miramonte	39-01.00	+0.0
17 Gil, Sean	College Park	38-11.00	-0.2
18 Pressler, Kimo	12 Monte Vista	38-03.25	-1.4
19 Bergen, Eli	Concord	37-03.00	0.8
20 Bone, Christian	Clayton Valley	36-08.25	1.3
21 Shaw, Johnathan	9 Dublin	35-05.75	-0.1
22 Tetzloff, Gus	Northgate	33-05.25	1.5
23 Su, Nathan	Clayton Valley	31-02.75	0.7

Event 31 Boys Shot Put

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 Top seven qualify to NCS MOC

After 3 throws, top 8 receive 3 more throws

NCS TV: R 62-11 2008

Chris Krychev, Monte Vista

MOC At Large: @ 48-04.25

CIF At Large: \$ 57-09

Name	Year School	Finals
1 Thomas, Matt	12 Acalanes	57-01.00@
2 Mckenzie, Kahlil	11 DeLaSalle	55-07.25@
3 Esparza, Nathan	10 Amador Valley	52-11.00@
4 Fifita, Oleni	12 Heritage	51-01.50@
5 Mostafavi, Amir	12 Heritage	50-00.00@
6 DeFlores, Griffin	11 Heritage	49-01.50@
7 Rood, Matthew	12 Monte Vista	48-11.00@
8 Dalton, Cody	12 Monte Vista	48-03.50
9 Dalton, Dylan	11 Monte Vista	46-07.75
10 Shurtz, Jack	11 Campolindo	45-05.00
11 Chatman, Michael	11 Pittsburg	44-06.75
12 Powell, De'Angelo	12 Pittsburg	44-01.75
13 Simonds, James	10 Amador Valley	44-01.50
14 Waddell, Anthony	12 Freedom	44-00.50
15 Rowland, Jonathan	12 Campolindo	42-09.50
16 D'Tiole, Mikale	Clayton Valley	40-05.50
17 Brydon, John	10 Acalanes	40-03.50
18 Buchman, Cal	12 Acalanes	37-09.50
19 Asberry, Isaiah	Northgate	36-00.00
20 King, Jake	Clayton Valley	32-08.00
-- Williams, Jeff	Clayton Valley	FOUL

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/24/2014

Track and Field Championships
Amador Valley High School, Pleasanton CA
Results - NCS Tri-Valley Championships

Event 32 Boys Discus Throw

Top seven qualify to NCS MOC

After 3 throws, top 8 receive 3 more throws

NCS TV: R 186-00 2010 Zach Coniglio, Alhambra

MOC At Large: @ 147-09

CIF At Large: \$ 171-05

Name	Year	School	Finals
1 Esparza, Nathan	10	Amador Valley	164-04@
2 Thomas, Matt	12	Acalanes	156-07@
3 Kerstetter, Frankie	12	Livermore	152-04@
4 DeFlores, Griffin	11	Heritage	149-00@
5 Shurtz, Jack	11	Campolindo	148-10@
6 Grisby, Namontte	10	Pittsburg	140-11
7 Paniagua, Antonio	12	Heritage	138-08
8 Mostafavi, Amir	12	Heritage	137-11
9 Williams, Jeff		Clayton Valley	137-04
10 Fosbery, Peter	12	DeLaSalle	136-04
11 Ogee, Sam	12	Livermore	135-05
12 Buchman, Cal	12	Acalanes	134-01
13 Asberry, Isaiah		Northgate	133-11
14 Lassair, Tyrell	12	Pittsburg	124-06
15 Powell, De'Angelo	12	Pittsburg	121-07
15 Dalton, Dylan	11	Monte Vista	121-07
17 Matsuda, Jonahan		Campolindo	113-09
18 King, Jake		Clayton Valley	109-03
19 Ihejeto, Mike		Northgate	106-08
20 Fitzpatrick, Kyle	10	Alhambra	99-06

Women - Team Rankings - 16 Events Scored

1) Deer Valley	95	2) California	43
3) Monte Vista	41	4) Carondelet	36
5) Foothill	33	6) Granada	32
7) Las Lomas	27	8) Campolindo	24
9) Pittsburg	22	10) San Ramon Valley	21
11) Dublin	20	11) Heritage	20
13) Livermore	16	14) Northgate	14
15) College Park	12	15) Dougherty Valley	12
17) Miramonte	10	18) Amador Valley	7
19) Clayton Valley Charter	5	20) Acalanes	3
21) Liberty (Brentwood)	2	22) Freedom	1

Men - Team Rankings - 16 Events Scored

1) Amador Valley	80	2) DeLaSalle	65
3) Deer Valley	57	4) Heritage	46
5) Acalanes	41	6) Livermore	37
7) San Ramon Valley	30	8) Liberty (Brentwood)	24
9) Campolindo	21	10) Granada	18
11) Clayton Valley Charter	16	12) College Park	10
12) Miramonte	10	14) Foothill	8
14) Alhambra	8	14) Freedom	8
17) Pittsburg	7	17) Northgate	7
19) Monte Vista	2	20) Dublin	1