

# FROSH-SOPH TOP 3 LIST

## BOYS

**100**

#	Name	Year	Mark
1	Karris Johnson	2010	11.44
2	Dru Evans	2015	11.50
3	Jzelun Johnson	2013	11.56

**200**

#	Name	Year	Mark
1	Brandon McRae-Selph	2017	23.83
2	Ryan Kwong	2016	23.93
3	Brett Weidner	2002	23.95

**400**

#	Name	Year	Mark
1	Max Matey	2015	52.32
2	Joseph Mosquera	2015	52.33
3	Michael Matey	2018	52.75

**100H/110H**

#	Name	Year	Mark
1	Annes El Adimi	2018	16.73
2	Charlie Schmitt	2017	16.88
3	Colin Ruh	2009	17.27

**300H**

#	Name	Year	Mark
1	Annes El Adimi	2018	42.32
2	Quincy Poynter	2018	42.63
3	Charlie Schmitt	2017	43.37

## GIRLS

#	Name	Year	Mark
1	Imani Martin	2018	12.91
2	Kaelyn Selvy-Blackwell	2017	13.07
3	LaJolie Beugre	2017	13.10

#	Name	Year	Mark
1	LaJolie Beugre	2017	26.60
2	Imani Martin	2017	26.86
3	Sanjana Somepalli	2018	27.68

#	Name	Year	Mark
1	Casey Tuoto	2005	63.39
2	Leila Rendich	2016	63.66
3	Kaelin Delaney	2012	63.77

#	Name	Year	Mark
1	Jenn Cook	2002	17.93
2	Alexandria Alvarez	2007	17.97
3	Ashley Diestel	2002	18.14

#	Name	Year	Mark
1	Alyssa Holsworth	2010	48.95
2	Aishwarya Rajan	2017	50.40
3	Bridget Koch	2014	51.00

# FROSH-SOPH TOP 3 LIST

## BOYS

800

#	Name	Year	Mark
1	Mike Leonard	2015	2:01.60
2	Christian Aldana	2012	2:02.92
3	Alex Castillo	2015	2:03.38

## GIRLS

#	Name	Year	Mark
1	Lauren Sebastiani	2016	2:26.70
2	Lauren Flom	2014	2:27.44
3	Madison Wilson	2017	2:27.97

1600

#	Name	Year	Mark
1	Eric Perez	2014	4:32.6
2	Derrek Driggs	2009	4:37.8
3	Sameer Patel	2010	4:38.2

#	Name	Year	Mark
1	Kayla Neumann	2015	5:32.6
2	Mary Swisher	2015	5:37.5
3	Rana Koussa	2012	5:39.0

3200

#	Name	Year	Mark
1	Eric Perez	2014	10:00.7
2	Brian Paniagua	2011	10:07.3
3	Sameer Patel	2010	10:15.5

#	Name	Year	Mark
1	Kayla Neumann	2015	12:01.4
2	Mia Marsh	2017	12:25.2
3	Faith Johnson	2018	12:38.9

4x100

#	Name	Year	Mark
1	Matey, Kwong, Mosquera, Evans	2015	45.30
2	Anderson, Fruin, Lewis, Johnson	2010	45.39
3	McRae-Selph, Bush, Smith, Atta	2017	45.52

#	Name	Year	Mark
1	Ignacio, Clarke, Martin, Beugre	2017	50.84
2	Clarke, Rendich, Merchant, Wilson	2016	51.51
3	Martin, Somepalli, Freitas, Foster	2018	52.14

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## BOYS

### 4x400

#	Name	Year	Mark
1	Mosquera, Sadhanala, Leonard, Matey	2015	3:35.52
2	Bush, Smith, Collins, Schmitt	2017	3:36.43
3	Matey, El Adimi, Poynter, Muller	2018	3:40.93

## GIRLS

#	Name	Year	Mark
1	Somepalli, Freitas, Wetzel, Martin	2018	4:15.43
2	Merchant, Rendich, Rogers-Lemke, Sebastiani	2016	4:19.78
3	Freitas, Rajan, Nwankwo, Wilson	2017	4:23.45

### Long Jump

#	Name	Year	Mark
1	Cole Muller	2018	20' 2.5"
2	Annes El Adimi	2018	19' 9"
2	Hasani Savage	2018	19' 2"

#	Name	Year	Mark
1	Courtney Glickman	2011	15' 10"
2	Kaidyn McClure	2012	15' 7"
3	Casey Tuoto	2005	15' 4.25"

### Triple Jump

#	Name	Year	Mark
1	Joel Puthankalam	2018	39' 3"
2	Travis Tsang	2006	38' 6"
3	Quincy Poynter	2018	38' 2.5"

#	Name	Year	Mark
1	Nora Allata	2017	33' 1.25"
2	Renee Medina	2002	32' 0"
3	Lauren Christensen	2002	31' 6"

### High Jump

#	Name	Year	Mark
1	Marshall Lott	2016	5' 8"
2	Grigg Shaw	2013	5' 6"
3	Numerous		5' 4"

#	Name	Year	Mark
1	Lauren Flom	2014	4' 10"
2	Olson/Zamakhovskaya	2002/2006	4' 6"
3	Juliana Craig	2008	4' 6"

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## BOYS

**Shot Put**  
(10 lb.)

#	Name	Year	Mark
1	Jeffrey Ferrier	2007	45' 3.5"
2	Tim Santos	2002	44' 8"
3	Dwight Pratt	2002	42' 3"

## GIRLS

#	Name	Year	Mark
1	Kayla Stewart	2017	30' 4"
2	Samantha Weinhagen	2014	29' 0.5"
2	Annika Lister	2017	29' 0.5"

**Discus**

#	Name	Year	Mark
1	Dalton Ricks	2010	113' 1"
2	Tim Santos	2002	112' 3"
3	Mark Kimoto	2004	112' 0"

#	Name	Year	Mark
1	Annika Lister	2017	88' 8.5"
2	Anissa Fernandez	2018	86' 10"
3	Christina Vasconcellos	2009	84' 8"

**Pole Vault**

#	Name	Year	Mark
1	Ilyaas Arsala	2016	11' 6"
2	Kasey Addiego	2006	11' 4"
3	Brandon Johnson	2007	11' 0"

#	Name	Year	Mark
1	Jenna Langseth	2006	9' 0"
2	Kaitlin Piening	2007	8' 6"
3	Alvarez/Stang/Bandeale	06/09/17	8' 0"