

California High School
All Time Top 10

100 meters

#	Name	Year	Time
1	Karris Johnson	13	10.73
2	Justin Hawkins	99	10.86
2	Chris Costa	01	10.88
4	Sam Stephenson	02	10.93
5	Lorenzo King	97	10.95
6	Michael Hern	09	11.07
7	Bobby Poynter	17	11.09
8	Joe Cantu	79	11.14
9	Ben Heckenlively	18	11.16
10	Jzelun Johnson	16	11.17

y,h

y=converted from yards

h=converted from hand time

200 meters

#	Name	Year	Time
1	Chris Costa	01	21.48
2	Jzelun Johnson	16	21.94
3	Will Downer	97	22.04
4	Ricco Brown	99	22.07
5	Justin Hawkins	99	22.36
6	Bobby Poynter	18	22.42
7	Joseph Mosquera	18	22.50
8	Andrew Mobley	05	22.53
9	Kyle Diestel	01	22.68
10	Michael Hern	09	22.70

h

y=converted from yards

h=converted from hand time

400 meters

#	Name	Year	Time
1	David Klech	06	47.64
2	Will Downer	97	48.50
3	Ricco Brown	99	48.54
4	Bobby Poynter	18	48.95
5	Joseph Mosquera	17	49.33
6	Michael Elbogen	03	49.35
7	Anthony Mulesky	09	49.56
8	Jzelun Johnson	16	49.93
9	Chris Nordman	01	50.43
10	Max Matey	16	50.48

y=converted from yards

h=converted from hand time

California High School
All Time Top 10

800 meters

#	Name	Year	Time
1	Bobby Poynter	18	1:51.85
2	David Klech	06	1:53.1
3	Troy Smith	97	1:55.98
4	Dmitry Kislyuk	08	1:56.0
5	Travis Fleming	16	1:57.01
6	Michael Leonard	17	1:58.52
7	Sandy LaBeaux	78	1:58.8
8	John Lindner	01	1:58.88
9	Eric Perez	16	1:58.96
10	Cory Chew	11	1:58.99

y=converted from yards

1600 meters

#	Name	Year	Time
1	Dmitry Kislyuk	08	4:14.8
2	Christian Aldana	15	4:22.3
3	Jeff Aschbrenner	90	4:22.5
4	Eric Perez	16	4:22.9
5	Peter Gottwald	03	4:24.9
6	Travis Fleming	16	4:27.9
6	Jacob Millen	18	4:27.9
8	Cameron Reyes	18	4:29.6
9	Brian Paniagua	13	4:34.7
10	Chris Paynter	77	4:36.2

y=converted from yards

3200 meters

#	Name	Year	Time
1	Dmitry Kislyuk	08	9:14.7
2	Jeff Aschbrenner	89	9:22.6
3	Brian Paniagua	13	9:45.3
4	Cameron Reyes	18	9:51.2
5	Matt Pearson	01	9:53.1
6	Eric Perez	15	9:55.3
7	Alex Castillo	17	9:56.7
8	Christian Aldana	15	9:57.0
9	Jacob Millen	18	9:57.1
10	Sameer Patel	11	9:58.2

y=converted from yards

California High School
All Time Top 10

110 meter HH

#	Name	Year	Time
1	David Klech	06	13.69
2	Nicholas Cassell	04	14.80
3	Shawn Tsai	17	14.94
4	Scott Speroni	86	14.96
5	Nino Kolyouthapong	03	14.97
6	Jason Escamilla	90	15.19
7	Colin Ruh	11	15.39
8	Ryan Matthern	93	15.47
9	David Mai	18	15.64
10	Ken McNeill	81	15.77

y,h

y=converted from yards

h=converted from hand time

300 meter IH

#	Name	Year	Time
1	David Klech	06	35.45
2	Nicholas Cassell	04	38.69
3	Nino Kolyouthapong	03	38.80
4	Mike McGregor	85	39.30
5	Kevin Diestel	01	39.68
6	Colin Ruh	11	40.11
7	David Mai	18	40.45
8	Shawn Tsai	17	40.54
9	Grant Kinnee	12	40.65
10	Mark Elbogen	05	40.79

y=converted from yards

h=converted from hand time

400 meter IH

#	Name	Year	Time
1	David Klech	06	50.35
2	Nino Kolyouthapong	03	56.59
3	Jason Escamilla	90	58.03
4	Nicholas Cassell	03	59.19
5	Mark Elbogen	05	59.56
6	Colin Ruh	11	60.78
7			
8			
9			
10			

h

y=converted from yards

h=converted from hand time

400 meter relay

#	Names	Year	Time
1	Ricco Brown	97	42.43
	Lorenzo King		
	Will Downer		
	Jay Jones		
2	Mark McLain	01	42.58
	Kyle Diestel		
	Chris Costa		
	Sam Stephenson		
2	David Pray	11	42.58
	Kyle Alvarez		
	Steven Morelli		
	Karris Johnson		
4	Nino Kolyouthapong	03	42.78
	Nicholas Cassell		
	Chris Medeiros		
	Evan Fernandez		
5	Bobby Poynter	16	42.81
	Jzelun Johnson		
	Elliott Allison		
	Alex Chubb		
6	Nino Kolyouthapong	02	43.01
	Kyle Diestel		
	Chris Medeiros		
	Sam Stephenson		
7	Mark McLain	00	43.02
	Kyle Diestel		
	Chris Costa		
	Sam Stephenson		
8	Ben Heckenlively	18	43.03
	Ryan Kwong		
	Adrian Atta		
	Bobby Poynter		
9	Nicholas Cassell	04	43.12
	Evan Fernandez		
	Andrew Mobley		
	Paris Farr		
10	Nick Zwarg	09	43.18
	Michael Hern		
	Matt Goodman		
	Anthony Mulesky		

y=converted from yards

h=converted from hand time

1600 meter relay

#	Names	Year	Time
1	Ricco Brown (48.70)	97	3:17.34
	Troy Smith (50.06)		
	Curtis Cogdill (49.98)		
	Will Downer (48.60)		
2	Nino Kolyouthapong (49.98)	03	3:20.44
	Chris Medeiros (51.35)		
	David Klech (50.32)		
	Michael Elbogen (48.79)		
3	Max Matey (51.37)	17	3:21.37
	Joseph Mosquera (49.75)		
	Krishna Sadhanala (51.46)		
	Bobby Poynter (48.79)		
4	Bobby Poynter (50.89)	16	3:21.51
	Elliott Allison (50.51)		
	Joseph Mosquera (49.99)		
	Max Matey (50.12)		
5	Tyler Bush (51.99)	18	3:22.75
	Joseph Mosquera (50.14)		
	Carson Skillman (52.00)		
	Bobby Poynter (48.62)		
6	Kevin Diestel (51.38)	01	3:23.16
	Kyle Diestel (51.82)		
	Chris Nordman (50.68)		
	Chris Costa (49.28)		
7	Nicholas Cassell (49.77)	04	3:23.68
	Ryan Swindell (53.70)		
	Michael Augello (51.36)		
	David Klech (48.85)		
8	Bobby Poynter (51.15)	15	3:24.76
	Elliott Allison (52.06)		
	Travis Fleming (51.95)		
	Jzelun Johnson (49.60)		
8	Justin Singer (50.81)	98	3:25.60
	Troy Smith (51.61)		
	Andrew Sale (53.11)		
	Ricco Brown (50.07)		
10	Kevin Diestel (51.54)	02	3:25.60
	Kyle Diestel (51.83)		
	Michael King (52.33)		
	Michael Elbogen (49.90)		

y=converted from yards

California High School
All Time Top 10

Long Jump

#	Name	Year	Distance
1	David Klech	05	24-07.75
2	Chris Costa	01	22-08.00
3	Evan Fernandez	04	22-02.25
4	Karris Johnson	11	22-01.00
5	Chris Nordman	01	21-11.00
6	Mike Walker	90	21-09.75
7	Andre Rawls	10	21-09.50
8	Marshall Lott	18	21-08.50
9	Mark McLain	00	21-07.75
10	Craig Cline	77	21-06.75

Triple Jump

#	Name	Year	Distance
1	Mike Walker	90	49-03.75
2	David Klech	05	46-10.50
3	Nicholas Cassell	04	45-11.75
4	Travis Tsang	09	45-01.75
5	Andre Rawls	10	44-11.00
6	Marshall Lott	18	44-08.75
7	Evan Fernandez	03	43-02.25
8	Michael Augello	05	43-00.00
9	Troy Smith	97	42-11.75
10	Mark McLain	01	42-09.75

High Jump

#	Name	Year	Height
1	David Klech	05	7-00.75
2	Brian Davidson	92	6-11.00
2	Noel Frazier	11	6-11.00
4	Joshua Frazier	16	6-08.00
5	Marshall Lott	18	6-06.00
6	Andre Rawls	10	6-05.00
7	Jake Swann	99	6-04.00
8	Mike Walker	90	6-03.00
8	Chris Nordman	01	6-03.00
10	Robert Gendron/John Lane	93/02	6-02.00

California High School
All Time Top 10

Shot Put

#	Name	Year	Distance
1	Ryan Lockner	00	56-04.00
2	Chris Robinette	88	56-01.00
3	Tim Santos	05	54-01.25
4	DJ Frommoethelydo	04	53-07.00
5	Keyshawn Norfleet	15	53-00.50
6	John Zukoski	94	52-08.25
7	Garrett Adame	03	52-06.50
8	Joe Valdes	05	52-01.50
9	Kurt Johnson	78	51-04.00
10	Mark Marshall	87	47-01.00

Discus

#	Name	Year	Distance
1	Chris Robinette	87	168-09.00
2	Garrett Adame	03	161-03.00
3	Ryan Lockner	00	156-11.50
4	Joseph Valdes	05	154-00.00
5	Tim Santos	05	153-11.00
6	Ian Anderson	13	153-06.00
7	DJ Frommoethelydo	03	152-07.00
8	Adam Newman	18	148-05.00
9	John Zukoski	93	147-01.00
10	Eric Anderson	92	143-09.00

Pole Vault

#	Name	Year	Height
1	Justin Miller	08	17-00
2	Ilyaas Arsala	18	14-01
3	Eric Wyne	08	14-00
4	Michael King	02	13-06
4	Kasey Addiego	08	13-06
4	Cameron Barr	17	13-06
7	Ben Yorkey	11	13-02
8	Chad Messer	91	13-00
8	Scott Little	05	13-00
10	Dawson Hayfield	17	12-07

Boys

California High School
All Time Top 10

800 meter relay

#	Names	Year	Time
1	Bobby Poynter	16	1:30.23
	Jzelun Johnson		
	Elliott Allison		
	Alex Chubb		
2	Mark McLain	01	1:31.77
	Kyle Diestel		
	Chris Nordman		
	Chris Costa		
3	Nick Zwarg	09	1:33.50
	Michael Hern		
	Matt Goodman		
	Anthony Mulesky		
4			
5			
6			
7			
8			
9			
10			

Boys

California High School
All Time Top 10

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1 Mile Run

Dmitry Kislyuk

08

4:16.61

All freshmen 4x100

Nino Kolyouthapong	00	45.63
Matt Chin		
Jeff Corbett		
Chris Medeiros		

Sprint Medley
100-100-200-400

Nick Zwarg
Matt Goodman
Mike Hern
Anthony Mulesky

1:36.61

Sprint Medley
200-200-400-800

Joseph Mosquera
Alex Chubb
Max Matey
Travis Fleming

3:36.35

Girls

California High School
All Time Top 10

100 meters

#	Name	Year	Time
1	Christi Barefield	93	12.24
2	Chelsey Kamson	08	12.30
3	Marisa Rodrigues	10	12.43
4	Kat Hupke	12	12.45
5	Carla Kendrix	79	12.56
6	Claire Hollcraft	78	12.67
7	Irene Guzman	00	12.69
7	Alyssa Brewer	16	12.69
9	Tyler Carr	15	12.79
10	Kaitlin Groleau	15	12.87

y=converted from yards

h=converted from hand time

200 meters

#	Name	Year	Time
1	Chelsey Kamson	07	24.80
2	Christi Barefield	93	25.42
3	Alyssa Brewer	17	25.50
4	Kat Hupke	12	25.63
5	Carla Kendrix	80	25.74
6	Tyler Carr	14	26.00
7	Rachal Buckner	88	26.03
8	Marisa Rodrigues	10	26.07
9	LaJolie Beugre	18	26.39
10	Claire Hollcraft	78	26.64

y=converted from yards

h=converted from hand time

400 meters

#	Name	Year	Time
1	Alyssa Brewer	16	55.05
2	Brienne Doan	04	57.72
3	Tyler Carr	14	57.88
4	Madison Ricks	12	58.21
5	Marisa Rodrigues	10	59.24
6	Michelle Fabian	77	59.44
7	Julianna Levy	07	59.81
8	Kat Hupke	10	60.72
9	LaJolie Beugre	18	61.50
10	Piersten Gaines	04	61.66

y=converted from yards

h=converted from hand time

Girls

California High School
All Time Top 10

800 meters

#	Name	Year	Time
1	Alyssa Brewer	16	2:06.86
2	Madison Ricks	12	2:09.52
3	Heather Donner	10	2:16.58
4	Colleen Lillig	10	2:16.80
5	Cristina Owre	09	2:17.88
6	Julianna Levy	08	2:17.96
7	Jenna Gailey	04	2:18.52
8	Melissa Freeburg	91	2:19.9
9	Suzie Ellison	90	2:20.9
10	Lindsay Briner	05	2:22.62

y=converted from yards

1600 meters

#	Name	Year	Time
1	Melissa Freeburg	91	4:51.8
2	Alyssa Brewer	18	4:56.9
3	Suzie Ames	80	4:59.3
3	Madison Ricks	12	4:59.3
5	Colleen Lillig	09	4:59.5
6	Elaine McVay	11	5:10.0
7	Cristina Owre	09	5:13.3
8	Kayla Neumann	18	5:13.9
9	Becky Pierce	82	5:14.5
10	Heather Donner	10	5:15.1

y=converted from yards

3200 meters

#	Name	Year	Time
1	Colleen Lillig	10	10:41.9
2	Elaine McVay	11	10:48.5
3	Suzie Ames	82	11:03.2
4	Madison Ricks	14	11:04.2
5	Kayla Neumann	18	11:18.7
6	Holly Babcock	07	11:38.1
7	Missi Hurlow	89	11:44.2
8	Sarah Richmond	04	11:51.2
9	Jean Zhu	09	11:52.5
10	Jennifer Erhart	01	11:53.2

y=converted from yards

California High School
All Time Top 10

100 meter IH

#	Name	Year	Time
1	Chelsey Kamson	08	14.85
2	Elise Ruark	05	15.54
3	Tara Didyk	89	15.76
4	Tori Edwards	12	15.84
5	Kelly Calaway	96	16.00
6	Bella Villafuerte	15	16.20
7	Brienne Doan	06	16.28
8	Joyce Ho	15	16.49
9	Disa Rifkin	90	16.54
10	Cathy Ragusano	84	17.04

y=converted from yards

h=converted from hand time

300 meter LH

#	Name	Year	Time
1	Tori Edwards	12	44.68
2	Brienne Doan	06	45.32
3	Chelsey Kamson	08	46.41
4	Courtney Glickman	13	47.03
5	Kelly Calaway	96	47.23
6	Bella Villafuerte	15	48.07
7	Megan Hoang	18	48.73
8	Alyssa Holsworth	10	48.95
9	Lauren Slaughter	08	49.20
10	Julianna Levy	08	49.43

y=converted from yards

h=converted from hand time

400 meter LH

#	Name	Year	Time
1	Courtney Glickman	13	1:08.17
2	Brienne Doan	06	1:08.18
3	Julianna Levy	08	1:10.40
4	Tori Edwards	11	1:11.82
5			
6			
7			
8			
9			
10			

y=converted from yards

h=converted from hand time

Girls

California High School
All Time Top 10

400 meter relay

#	Names	Year	Time
1	Rachel Gai	08	48.95
	Julianna Levy		
	Stephanie Burg		
	Chelsey Kamson		
2	Brandy Bondoc	13	49.24
	Tyler Carr		
	Amanda Alfaro		
	Kat Hupke		
3	Angel Ruark	09	49.35
	Julianna Levy		
	Tori Edwards		
	Chelsey Kamson		
4	Brandy Bondoc	11	49.49
	Marisa Rodrigues		
	Tracy Hong		
	Kat Hupke		
4	Courtney Glickman	12	49.49
	Marisa Rodrigues		
	Amanda Alfaro		
	Kat Hupke		
6	Angel Ruark	10	49.67
	Marisa Rodrigues		
	Amanda Alfaro		
	Kat Hupke		
7	Alyssa Brewer	15	49.79
	Tyler Carr		
	Sarah Stallings		
	Kaitlin Groleau		
7	Sarah Stallings	16	49.79
	Alyssa Brewer		
	Courtney Clarke		
	Lucy Allison		
9	Tramica Peggins	04	50.24
	Brienne Doan		
	Brittany Boehm		
	Rachel Ehsan		
10	Rachel Ehsan	06	50.27
	Brienne Doan		
	Rachel Gai		
	Chelsey Kamson		

y=converted from yards

h=converted from hand time

1600 meter relay

#	Names	Year	Time
1	Tyler Carr (58.03)	15	3:53.90
	Kaitlin Groleau (60.21)		
	Bella Villafuerte (60.59)		
	Alyssa Brewer (55.07)		
2	Marisa Rodrigues (58.57)	10	4:01.39
	Heather Donner (61.53)		
	Amanda Alfaro (63.05)		
	Kat Hupke (58.24)		
3	Heather Donner (61.15)	13	4:01.69
	Madison Ricks (59.74)		
	Stephanie Karbo (62.27)		
	Tyler Carr (58.53)		
4	Chelsey Kamson (60.46)	07	4:02.26
	Vanessa Shaw (61.72)		
	Julianna Levy (60.24)		
	Brienne Doan (59.84)		
5	LaJolie Beugre (61.43)	18	4:03.63
	Sarah Van Loon (64.26)		
	Megan Hoang (63.51)		
	Alyssa Brewer (54.43)		
6	Jessica Merchant (62.20)	16	4:03.74
	Sarah Stallings (63.84)		
	Leila Rendich (61.69)		
	Alyssa Brewer (56.01)		
7	Kat Hupke (62.65)	11	4:04.24
	Marisa Rodrigues (60.61)		
	Amanda Alfaro (62.40)		
	Madison Ricks (58.58)		
8	Chelsey Kamson (60.26)	06	4:04.64
	Jenna Gailey (63.32)		
	Julianna Levy (62.89)		
	Brienne Doan (58.17)		
9	Sarah Stallings (62.07)	17	4:05.15
	Lauren Sebastiani (63.87)		
	Marina Fernandez (63.90)		
	Alyssa Brewer (55.31)		
10	Kat Hupke (62.82)	12	4:06.26
	Heather Donner (63.74)		
	Tori Edwards (60.21)		
	Madison Ricks (59.49)		

y=converted from yards

Girls

California High School
All Time Top 10

Long Jump

#	Name	Year	Distance
1	Debbie Dimino	83	18-04.50
2	Courtney Glickman	13	17-11.25
3	Tara Didyk	89	17-10.50
4	Lillianna Hebert	15	17-04.50
5	Kaitlin Groleau	15	16-10.50
6	Vanessa Shaw	09	16-10.00
7	Chelsey Kamson	07	16-09.25
8	Lucy Allison	18	16-07.50
9	Kelly Calaway	96	16-07.00
10	Tori Edwards	11	16-06.50

Triple Jump

#	Name	Year	Distance
1	Lillianna Hebert	15	39-02.25
2	Tara Didyk	89	36-08.75
3	Sarah Van Loon	18	35-09.00
4	Elise Ruark	05	35-08.00
5	Nora Allata	18	35-06.75
6	Vanessa Shaw	10	35-03.75
7	Rachel Ehsan	07	35-03.50
8	Jillian Weber	17	34-01.25
9	Debbie Dimino	83	34-00.50
10	Suzy Korzick	88	33-11.00

High Jump

#	Name	Year	Height
1	Lillianna Hebert	14	5-07
1	Jennifer Kurtz	16	5-07
3	Debbie Dimino	83	5-04
4	Sarah Soroken	98	5-03
5	Becky D'Aoust	79	5-02
5	Lauren Flom	17	5-02
7	Vanessa Shaw	09	5-01
8	Cheri Steensma	82	5-00
8	Loree Trammell	04	5-00
8	Jessica Williams/Delaney Davis	12/18	5-00

Girls

California High School
All Time Top 10

Shot Put

#	Name	Year	Distance
1	Vosa Hingano	11	39-11.25
2	Helen Kimber	15	39-02.50
3	Jennifer Greenspan	05	38-08.25
4	Sisileti Hingano	15	38-02.00
5	Elizabeth Ross	96	38-00.00
6	Megan Valdes	02	37-03.75
7	Mata Hingano	15	36-01.25
8	Jennifer Ladouceur	01	36-01.00
9	Torey Bearquiver	89	34-06.50
10	Kelly Fullwood	86	34-05.50

Discus

#	Name	Year	Distance
1	Jennifer Ladouceur	01	141-00
2	Sisileti Hingano	15	133-08
3	Megan Valdes	02	129-01
4	Kate Valdes	00	126-04
5	Elizabeth Ross	96	117-08
6	Katie Lodato	03	116-07
7	Mata Hingano	14	115-05
8	Kelly Fullwood	87	114-06
9	Vosa Hingano	11	112-04
10	Helen Kimber	13	112-03

Pole Vault

#	Name	Year	Height
1	Jenna Langseth	07	10-04
2	Melissa Nylander	04	10-03
3	Makenzie Stang	12	10-02
4	Courtney Rascano	07	10-00
4	Kaley Burg	17	10-00
6	Kate Emerson	16	09-11
7	Kaitlin Piening	09	09-10
8	Kellie Taylor	09	09-06
8	Chloe Bari	15	09-06
8	Gabrielle Lacobie	17	09-06

Girls

California High School
All Time Top 10

DMR

2010 12:15.01

Elaine McVay
Kathleen Hupke
Heather Donner
Colleen Lillig

2009 12:24.26

Cristina Owre
Erika Emmanuel
Julianna Levy
Colleen Lillig

3:53.6
1:02.6
2:20.6
5:07.6

Kaelin Delaney (62.36)	13	4:03.59
Madison Ricks (61.29)		
Stephanie Karbo (61.34)		
Tyler Carr (58.60)		

Boys

California High School
All Time Top 10

100 meters

#	Name	Year	Time
1	Karris Johnson	13	10.73
2	Justin Hawkins	99	10.86
2	Chris Costa	01	10.88
4	Sam Stephenson	02	10.93
5	Lorenzo King	97	10.95
6	Michael Hern	09	11.07
7	Bobby Poynter	17	11.09
8	Joe Cantu	79	11.14
9	Ben Heckenlively	18	11.16
10	Jzelun Johnson	16	11.17

y,h

y=converted from yards; h=hand time conv.

200 meters

#	Name	Year	Time
1	Chris Costa	01	21.48
2	Jzelun Johnson	16	21.94
3	Will Downer	97	22.04
4	Ricco Brown	99	22.07
5	Justin Hawkins	99	22.36
6	Bobby Poynter	18	22.42
7	Joseph Mosquera	18	22.50
8	Andrew Mobley	05	22.53
9	Kyle Diestel	01	22.68
10	Michael Hern	09	22.70

h

y=converted from yards; h=hand time conv.

400 meters

#	Name	Year	Time
1	David Klech	06	47.64
2	Will Downer	97	48.50
3	Ricco Brown	99	48.54
4	Bobby Poynter	18	48.95
5	Joseph Mosquera	17	49.33
6	Michael Elbogen	03	49.35
7	Anthony Mulesky	09	49.56
8	Jzelun Johnson	16	49.93
9	Chris Nordman	01	50.43
10	Max Matey	16	50.48

800 meters

#	Name	Year	Time
1	Bobby Poynter	18	1:51.85
2	David Klech	06	1:53.1
3	Troy Smith	97	1:55.98
4	Dmitry Kislyuk	08	1:56.0
5	Travis Fleming	16	1:57.01
6	Michael Leonard	17	1:58.52
7	Sandy LaBeaux	78	1:58.8
8	John Lindner	01	1:58.88
9	Eric Perez	16	1:58.96
10	Cory Chew	11	1:58.99

y

y=converted from yards

Boys

California High School
All Time Top 10

1600 meters

#	Name	Year	Time
1	Dmitry Kislyuk	08	4:14.8
2	Christian Aldana	15	4:22.3
3	Jeff Aschbrenner	90	4:22.5
4	Eric Perez	16	4:22.9
5	Peter Gottwald	03	4:24.9
6	Travis Fleming	16	4:27.9
6	Jacob Millen	18	4:27.9
8	Cameron Reyes	18	4:29.6
9	Brian Paniagua	13	4:34.7
10	Chris Paynter	77	4:36.2

y=converted from yards

3200 meters

#	Name	Year	Time
1	Dmitry Kislyuk	08	9:14.7
2	Jeff Aschbrenner	89	9:22.6
3	Brian Paniagua	13	9:45.3
4	Cameron Reyes	18	9:51.2
5	Matt Pearson	01	9:53.1
6	Eric Perez	15	9:55.3
7	Alex Castillo	17	9:56.7
8	Christian Aldana	15	9:57.0
9	Jacob Millen	18	9:57.1
10	Sameer Patel	11	9:58.2

110 meter HH

#	Name	Year	Time
1	David Klech	06	13.69
2	Nicholas Cassell	04	14.80
3	Shawn Tsai	17	14.94
4	Scott Speroni	86	14.96
5	Nino Kolyouthapong	03	14.97
6	Jason Escamilla	90	15.19
7	Colin Ruh	11	15.39
8	Ryan Matthern	93	15.47
9	David Mai	18	15.64
10	Ken McNeill	81	15.77

y=converted from yards; h=hand time conv.

300 meter IH

#	Name	Year	Time
1	David Klech	06	35.45
2	Nicholas Cassell	04	38.69
3	Nino Kolyouthapong	03	38.80
4	Mike McGregor	85	39.30
5	Kevin Diestel	01	39.68
6	Colin Ruh	11	40.11
7	David Mai	18	40.45
8	Shawn Tsai	17	40.54
9	Grant Kinnee	12	40.65
10	Mark Elbogen	05	40.79

Boys

California High School
All Time Top 10

400 meter relay

#	Names	Year	Time
1	Brown, King, Downer, Jones	97	42.43
2	McLain, Diestel, Costa, Stephenson	01	42.58
2	Pray, Alvarez, Morelli, Johnson	11	42.58
4	Kolyouthapong, Cassell, Medeiros, Fernandez	03	42.78
5	Poynter, Johnson, Allison, Chubb	16	42.81
6	Kolyouthapong, Diestel, Medeiros, Stephenson	02	43.01
7	McLain, Diestel, Costa, Stephenson	00	43.02
8	Heckenlively, Kwong, Atta, Poynter	18	43.03
9	Cassell, Fernandez, Mobley, Farr	04	43.12
10	Zwarg, Hern, Goodman, Mulesky	09	43.18

1600 meter relay

#	Names	Year	Time
1	Brown, Smith, Cogdill, Downer	97	3:17.34
2	Kolyouthapong, Medeiros, Klech, Elbogen	03	3:20.44
3	Matey, Mosquera, Sadhanala, Poynter	17	3:21.37
4	Poynter, Allison, Mosquera, Matey	16	3:21.51
5	Bush, Mosquera, Skillman, Poynter	18	3:22.75
6	Diestel, Diestel, Nordman, Costa	01	3:23.16
7	Cassell, Swindell, Augello, Klech	04	3:23.68
8	Poynter, Allison, Fleming, Johnson	15	3:24.76
9	Singer, Smith, Sale, Brown	98	3:25.60
9	Diestel, Diestel, King, Elbogen	02	3:25.60

Long Jump

#	Name	Year	Distance
1	David Klech	05	24-07.75
2	Chris Costa	01	22-08.00
3	Evan Fernandez	04	22-02.25
4	Karris Johnson	11	22-01.00
5	Chris Nordman	01	21-11.00
6	Mike Walker	90	21-09.75
7	Andre Rawls	10	21-09.50
8	Marshall Lott	18	21-08.50
9	Mark McLain	00	21-07.75
10	Craig Cline	77	21-06.75

Triple Jump

#	Name	Year	Distance
1	Mike Walker	90	49-03.75
2	David Klech	05	46-10.50
3	Nicholas Cassell	04	45-11.75
4	Travis Tsang	09	45-01.75
5	Andre Rawls	10	44-11.00
6	Marshall Lott	18	44-08.75
7	Evan Fernandez	03	43-02.25
8	Michael Augello	05	43-00.00
9	Troy Smith	97	42-11.75
10	Mark McLain	01	42-09.75

Boys

California High School
All Time Top 10

High Jump

#	Name	Year	Height
1	David Klech	05	7-00.75
2	Brian Davidson	92	6-11
2	Noel Frazier	11	6-11
4	Joshua Frazier	16	6-08
5	Marshall Lott	18	6-06
6	Andre Rawls	10	6-05
7	Jake Swann	99	6-04
8	Mike Walker	90	6-03
8	Chris Nordman	01	6-03
10	Robert Gendron/John Lane	93/02	6-02

Shot Put

#	Name	Year	Distance
1	Ryan Lockner	00	56-04.00
2	Chris Robinette	88	56-01.00
3	Tim Santos	05	54-01.25
4	DJ Frommoethelydo	04	53-07.00
5	Keyshawn Norfleet	15	53-00.50
6	John Zukoski	94	52-08.25
7	Garrett Adame	03	52-06.50
8	Joe Valdes	05	52-01.50
9	Kurt Johnson	78	51-04.00
10	Mark Marshall	87	47-01.00

Discus

#	Name	Year	Distance
1	Chris Robinette	87	168-09.00
2	Garrett Adame	03	161-03.00
3	Ryan Lockner	00	156-11.50
4	Joseph Valdes	05	154-00.00
5	Tim Santos	05	153-11.00
6	Ian Anderson	13	153-06.00
7	DJ Frommoethelydo	03	152-07.00
8	Adam Newman	18	148-05.00
9	John Zukoski	93	147-01.00
10	Eric Anderson	92	143-09.00

Pole Vault

#	Name	Year	Height
1	Justin Miller	08	17-00
2	Ilyas Arsala	18	14-01
3	Eric Wyne	08	14-00
4	Michael King	02	13-06
4	Kasey Addiego	08	13-06
4	Cameron Barr	17	13-06
7	Ben Yorkey	11	13-02
8	Chad Messer	91	13-00
8	Scott Little	05	13-00
10	Dawson Hayfield	17	12-07

Girls

California High School
All Time Top 10

100 meters

#	Name	Year	Time
1	Christi Barefield	93	12.24
2	Chelsey Kamson	08	12.30
3	Marisa Rodrigues	10	12.43
4	Kat Hupke	12	12.45
5	Carla Kendrix	79	12.56
6	Claire Hollcraft	78	12.67
7	Irene Guzman	00	12.69
7	Alyssa Brewer	16	12.69
9	Tyler Carr	15	12.79
10	Kaitlin Groleau	15	12.87

y=converted from yards; h=hand time conv.

200 meters

#	Name	Year	Time
1	Chelsey Kamson	07	24.80
2	Christi Barefield	93	25.42
3	Alyssa Brewer	17	25.50
4	Kat Hupke	12	25.63
5	Carla Kendrix	80	25.74
6	Tyler Carr	14	26.00
7	Rachal Buckner	88	26.03
8	Marisa Rodrigues	10	26.07
9	LaJolie Beugre	18	26.39
10	Claire Hollcraft	78	26.64

y=converted from yards; h=hand time conv.

400 meters

#	Name	Year	Time
1	Alyssa Brewer	16	55.05
2	Brienne Doan	04	57.72
3	Tyler Carr	14	57.88
4	Madison Ricks	12	58.21
5	Marisa Rodrigues	10	59.24
6	Michelle Fabian	77	59.44
7	Julianna Levy	07	59.81
8	Kat Hupke	10	60.72
9	LaJolie Beugre	18	61.50
10	Piersten Gaines	04	61.66

y=converted from yards; h=hand time conv.

800 meters

#	Name	Year	Time
1	Alyssa Brewer	16	2:06.86
2	Madison Ricks	12	2:09.52
3	Heather Donner	10	2:16.58
4	Colleen Lillig	10	2:16.80
5	Cristina Owre	09	2:17.88
6	Julianna Levy	08	2:17.96
7	Jenna Gailey	04	2:18.52
8	Melissa Freeburg	91	2:19.9
9	Suzie Ellison	90	2:20.9
10	Lindsay Briner	05	2:22.62

Girls

California High School
All Time Top 10

1600 meters

#	Name	Year	Time
1	Melissa Freeburg	91	4:51.8
2	Alyssa Brewer	18	4:56.9
3	Suzie Ames	80	4:59.3
3	Madison Ricks	12	4:59.3
5	Colleen Lillig	09	4:59.5
6	Elaine McVay	11	5:10.0
7	Cristina Owre	09	5:13.3
8	Kayla Neumann	18	5:13.9
9	Becky Pierce	82	5:14.5
10	Heather Donner	10	5:15.1

y=converted from yards

3200 meters

#	Name	Year	Time
1	Colleen Lillig	10	10:41.9
2	Elaine McVay	11	10:48.5
3	Suzie Ames	82	11:03.2
4	Madison Ricks	14	11:04.2
5	Kayla Neumann	18	11:18.7
6	Holly Babcock	07	11:38.1
7	Missi Hurlow	89	11:44.2
8	Sarah Richmond	04	11:51.2
9	Jean Zhu	09	11:52.5
10	Jennifer Erhart	01	11:53.2

y=converted from yards

100 meter IH

#	Name	Year	Time
1	Chelsey Kamson	08	14.85
2	Elise Ruark	05	15.54
3	Tara Didyk	89	15.76
4	Tori Edwards	12	15.84
5	Kelly Calaway	96	16.00
6	Bella Villafuerte	15	16.20
7	Brienne Doan	06	16.28
8	Joyce Ho	15	16.49
9	Disa Rifkin	90	16.54
10	Cathy Ragusano	84	17.04

h=converted from hand time

300 meter LH

#	Name	Year	Time
1	Tori Edwards	12	44.68
2	Brienne Doan	06	45.32
3	Chelsey Kamson	08	46.41
4	Courtney Glickman	13	47.03
5	Kelly Calaway	96	47.23
6	Bella Villafuerte	15	48.07
7	Megan Hoang	18	48.73
8	Alyssa Holsworth	10	48.95
9	Lauren Slaughter	08	49.20
10	Julianna Levy	08	49.43

Girls

California High School
All Time Top 10

400 meter relay

#	Names	Year	Time
1	Gai, Levy, Burg, Kamson	08	48.95
2	Bondoc, Carr, Alfaro, Hupke	13	49.24
3	Ruark, Levy, Edwards, Kamson	09	49.35
4	Bondoc, Rodrigues, Hong, Hupke	11	49.49
4	Glickman, Rodrigues, Alfaro, Hupke	12	49.49
6	Ruark, Rodrigues, Alfaro, Hupke	10	49.67
7	Brewer, Carr, Stallings, Groleau	15	49.79
7	Stallings, Brewer, Clarke, Allison	16	49.79
9	Peggins, Doan, Boehm, Ehsan	04	50.24
10	Ehsan, Doan, Gai, Kamson	06	50.27

1600 meter relay

#	Names	Year	Time
1	Carr, Groleau, Villafuerte, Brewer	15	3:53.90
2	Rodrigues, Donner, Alfaro, Hupke	10	4:01.39
3	Donner, Ricks, Karbo, Carr	13	4:01.69
4	Kamson, Shaw, Levy, Doan	07	4:02.26
5	Beugre, Van Loon, Hoang, Brewer	18	4:03.63
6	Merchant, Stallings, Rendich, Brewer	16	4:03.74
7	Hupke, Rodrigues, Alfaro, Ricks	11	4:04.24
8	Kamson, Gailey, Levy, Doan	06	4:04.64
9	Stallings, Sebastiani, Fernandez, Brewer	17	4:05.15
10	Hupke, Donner, Edwards, Ricks	12	4:06.26

Long Jump

#	Name	Year	Distance
1	Debbie Dimino	83	18-04.50
2	Courtney Glickman	13	17-11.25
3	Tara Didyk	89	17-10.50
4	Lillianna Hebert	15	17-04.50
5	Kaitlin Groleau	15	16-10.50
6	Vanessa Shaw	09	16-10.00
7	Chelsey Kamson	07	16-09.25
8	Lucy Allison	18	16-07.50
9	Kelly Calaway	96	16-07.00
10	Tori Edwards	11	16-06.50

Triple Jump

#	Name	Year	Distance
1	Lillianna Hebert	15	39-02.25
2	Tara Didyk	89	36-08.75
3	Sarah Van Loon	18	35-09.00
4	Elise Ruark	05	35-08.00
5	Nora Allata	18	35-06.75
6	Vanessa Shaw	10	35-03.75
7	Rachel Ehsan	07	35-03.50
8	Jillian Weber	17	34-01.25
9	Debbie Dimino	83	34-00.50
10	Suzy Korzick	88	33-11.00

Girls

California High School
All Time Top 10

High Jump

#	Name	Year	Height
1	Lillianna Hebert	14	5-07
1	Jennifer Kurtz	16	5-07
3	Debbie Dimino	83	5-04
4	Sarah Soroken	98	5-03
5	Becky D'Aoust	79	5-02
5	Lauren Flom	17	5-02
7	Vanessa Shaw	09	5-01
8	Cheri Steensma	82	5-00
8	Loree Trammell	04	5-00
8	Jessica Williams/Delaney Davis	12/18	5-00

Shot Put

#	Name	Year	Distance
1	Vosa Hingano	11	39-11.25
2	Helen Kimber	15	39-02.50
3	Jennifer Greenspan	05	38-08.25
4	Sisileti Hingano	15	38-02.00
5	Elizabeth Ross	96	38-00.00
6	Megan Valdes	02	37-03.75
7	Mata Hingano	15	36-01.25
8	Jennifer Ladouceur	01	36-01.00
9	Torey Bearquiver	89	34-06.50
10	Kelly Fullwood	86	34-05.50

Discus

#	Name	Year	Distance
1	Jennifer Ladouceur	01	141-00
2	Sisileti Hingano	15	133-08
3	Megan Valdes	02	129-01
4	Kate Valdes	00	126-04
5	Elizabeth Ross	96	117-08
6	Katie Lodato	03	116-07
7	Mata Hingano	14	115-05
8	Kelly Fullwood	87	114-06
9	Vosa Hingano	11	112-04
10	Helen Kimber	13	112-03

Pole Vault

#	Name	Year	Height
1	Jenna Langseth	07	10-04
2	Melissa Nylander	04	10-03
3	Makenzie Stang	12	10-02
4	Courtney Rascano	07	10-00
4	Kaley Burg	17	10-00
6	Kate Emerson	16	09-11
7	Kaitlin Piening	09	09-10
8	Kellie Taylor	09	09-06
8	Chloe Bari	15	09-06
8	Gabrielle Lacobie	17	09-06

California High School
All Time Top 10

100 meters

#	Name	Year	Time
1	Karris Johnson	13	10.73
2	Justin Hawkins	99	10.86
2	Chris Costa	01	10.88
4	Sam Stephenson	02	10.93
5	Lorenzo King	97	10.95
6	Michael Hern	09	11.07
7	Bobby Poynter	17	11.09
8	Joe Cantu	79	11.14
9	Ben Heckenlively	18	11.16
10	Jzelun Johnson	16	11.17

y,h

y=converted from yards

h=converted from hand time

200 meters

#	Name	Year	Time
1	Chris Costa	01	21.48
2	Jzelun Johnson	16	21.94
3	Will Downer	97	22.04
4	Ricco Brown	99	22.07
5	Justin Hawkins	99	22.36
6	Bobby Poynter	18	22.42
7	Joseph Mosquera	18	22.50
8	Andrew Mobley	05	22.53
9	Kyle Diestel	01	22.68
10	Michael Hern	09	22.70

h

y=converted from yards

h=converted from hand time

400 meters

#	Name	Year	Time
1	David Klech	06	47.64
2	Will Downer	97	48.50
3	Ricco Brown	99	48.54
4	Bobby Poynter	18	48.95
5	Joseph Mosquera	17	49.33
6	Michael Elbogen	03	49.35
7	Anthony Mulesky	09	49.56
8	Jzelun Johnson	16	49.93
9	Chris Nordman	01	50.43
10	Max Matey	16	50.48

y=converted from yards

h=converted from hand time

California High School
All Time Top 10

800 meters

#	Name	Year	Time
1	Bobby Poynter	18	1:51.85
2	David Klech	06	1:53.1
3	Troy Smith	97	1:55.98
4	Dmitry Kislyuk	08	1:56.0
5	Travis Fleming	16	1:57.01
6	Michael Leonard	17	1:58.52
7	Sandy LaBeaux	78	1:58.8
8	John Lindner	01	1:58.88
9	Eric Perez	16	1:58.96
10	Cory Chew	11	1:58.99

y=converted from yards

1600 meters

#	Name	Year	Time
1	Dmitry Kislyuk	08	4:14.8
2	Christian Aldana	15	4:22.3
3	Jeff Aschbrenner	90	4:22.5
4	Eric Perez	16	4:22.9
5	Peter Gottwald	03	4:24.9
6	Travis Fleming	16	4:27.9
6	Jacob Millen	18	4:27.9
8	Cameron Reyes	18	4:29.6
9	Brian Paniagua	13	4:34.7
10	Chris Paynter	77	4:36.2

y=converted from yards

3200 meters

#	Name	Year	Time
1	Dmitry Kislyuk	08	9:14.7
2	Jeff Aschbrenner	89	9:22.6
3	Brian Paniagua	13	9:45.3
4	Cameron Reyes	18	9:51.2
5	Matt Pearson	01	9:53.1
6	Eric Perez	15	9:55.3
7	Alex Castillo	17	9:56.7
8	Christian Aldana	15	9:57.0
9	Jacob Millen	18	9:57.1
10	Sameer Patel	11	9:58.2

y=converted from yards

California High School
All Time Top 10

110 meter HH

#	Name	Year	Time
1	David Klech	06	13.69
2	Nicholas Cassell	04	14.80
3	Shawn Tsai	17	14.94
4	Scott Speroni	86	14.96
5	Nino Kolyouthapong	03	14.97
6	Jason Escamilla	90	15.19
7	Colin Ruh	11	15.39
8	Ryan Matthern	93	15.47
9	David Mai	18	15.64
10	Ken McNeill	81	15.77

y,h

y=converted from yards

h=converted from hand time

300 meter IH

#	Name	Year	Time
1	David Klech	06	35.45
2	Nicholas Cassell	04	38.69
3	Nino Kolyouthapong	03	38.80
4	Mike McGregor	85	39.30
5	Kevin Diestel	01	39.68
6	Colin Ruh	11	40.11
7	David Mai	18	40.45
8	Shawn Tsai	17	40.54
9	Grant Kinnee	12	40.65
10	Mark Elbogen	05	40.79

y=converted from yards

h=converted from hand time

400 meter IH

#	Name	Year	Time
1	David Klech	06	50.35
2	Nino Kolyouthapong	03	56.59
3	Jason Escamilla	90	58.03
4	Nicholas Cassell	03	59.19
5	Mark Elbogen	05	59.56
6	Colin Ruh	11	60.78
7			
8			
9			
10			

h

y=converted from yards

h=converted from hand time

400 meter relay

#	Names	Year	Time
1	Ricco Brown	97	42.43
	Lorenzo King		
	Will Downer		
	Jay Jones		
2	Mark McLain	01	42.58
	Kyle Diestel		
	Chris Costa		
	Sam Stephenson		
2	David Pray	11	42.58
	Kyle Alvarez		
	Steven Morelli		
	Karris Johnson		
4	Nino Kolyouthapong	03	42.78
	Nicholas Cassell		
	Chris Medeiros		
	Evan Fernandez		
5	Bobby Poynter	16	42.81
	Jzelun Johnson		
	Elliott Allison		
	Alex Chubb		
6	Nino Kolyouthapong	02	43.01
	Kyle Diestel		
	Chris Medeiros		
	Sam Stephenson		
7	Mark McLain	00	43.02
	Kyle Diestel		
	Chris Costa		
	Sam Stephenson		
8	Ben Heckenlively	18	43.03
	Ryan Kwong		
	Adrian Atta		
	Bobby Poynter		
9	Nicholas Cassell	04	43.12
	Evan Fernandez		
	Andrew Mobley		
	Paris Farr		
10	Nick Zwarg	09	43.18
	Michael Hern		
	Matt Goodman		
	Anthony Mulesky		

y=converted from yards

h=converted from hand time

1600 meter relay

#	Names	Year	Time
1	Ricco Brown (48.70)	97	3:17.34
	Troy Smith (50.06)		
	Curtis Cogdill (49.98)		
	Will Downer (48.60)		
2	Nino Kolyouthapong (49.98)	03	3:20.44
	Chris Medeiros (51.35)		
	David Klech (50.32)		
	Michael Elbogen (48.79)		
3	Max Matey (51.37)	17	3:21.37
	Joseph Mosquera (49.75)		
	Krishna Sadhanala (51.46)		
	Bobby Poynter (48.79)		
4	Bobby Poynter (50.89)	16	3:21.51
	Elliott Allison (50.51)		
	Joseph Mosquera (49.99)		
	Max Matey (50.12)		
5	Tyler Bush (51.99)	18	3:22.75
	Joseph Mosquera (50.14)		
	Carson Skillman (52.00)		
	Bobby Poynter (48.62)		
6	Kevin Diestel (51.38)	01	3:23.16
	Kyle Diestel (51.82)		
	Chris Nordman (50.68)		
	Chris Costa (49.28)		
7	Nicholas Cassell (49.77)	04	3:23.68
	Ryan Swindell (53.70)		
	Michael Augello (51.36)		
	David Klech (48.85)		
8	Bobby Poynter (51.15)	15	3:24.76
	Elliott Allison (52.06)		
	Travis Fleming (51.95)		
	Jzelun Johnson (49.60)		
8	Justin Singer (50.81)	98	3:25.60
	Troy Smith (51.61)		
	Andrew Sale (53.11)		
	Ricco Brown (50.07)		
10	Kevin Diestel (51.54)	02	3:25.60
	Kyle Diestel (51.83)		
	Michael King (52.33)		
	Michael Elbogen (49.90)		

y=converted from yards

California High School
All Time Top 10

Long Jump

#	Name	Year	Distance
1	David Klech	05	24-07.75
2	Chris Costa	01	22-08.00
3	Evan Fernandez	04	22-02.25
4	Karris Johnson	11	22-01.00
5	Chris Nordman	01	21-11.00
6	Mike Walker	90	21-09.75
7	Andre Rawls	10	21-09.50
8	Marshall Lott	18	21-08.50
9	Mark McLain	00	21-07.75
10	Craig Cline	77	21-06.75

Triple Jump

#	Name	Year	Distance
1	Mike Walker	90	49-03.75
2	David Klech	05	46-10.50
3	Nicholas Cassell	04	45-11.75
4	Travis Tsang	09	45-01.75
5	Andre Rawls	10	44-11.00
6	Marshall Lott	18	44-08.75
7	Evan Fernandez	03	43-02.25
8	Michael Augello	05	43-00.00
9	Troy Smith	97	42-11.75
10	Mark McLain	01	42-09.75

High Jump

#	Name	Year	Height
1	David Klech	05	7-00.75
2	Brian Davidson	92	6-11.00
2	Noel Frazier	11	6-11.00
4	Joshua Frazier	16	6-08.00
5	Marshall Lott	18	6-06.00
6	Andre Rawls	10	6-05.00
7	Jake Swann	99	6-04.00
8	Mike Walker	90	6-03.00
8	Chris Nordman	01	6-03.00
10	Robert Gendron/John Lane	93/02	6-02.00

California High School
All Time Top 10

Shot Put

#	Name	Year	Distance
1	Ryan Lockner	00	56-04.00
2	Chris Robinette	88	56-01.00
3	Tim Santos	05	54-01.25
4	DJ Frommoethelydo	04	53-07.00
5	Keyshawn Norfleet	15	53-00.50
6	John Zukoski	94	52-08.25
7	Garrett Adame	03	52-06.50
8	Joe Valdes	05	52-01.50
9	Kurt Johnson	78	51-04.00
10	Mark Marshall	87	47-01.00

Discus

#	Name	Year	Distance
1	Chris Robinette	87	168-09.00
2	Garrett Adame	03	161-03.00
3	Ryan Lockner	00	156-11.50
4	Joseph Valdes	05	154-00.00
5	Tim Santos	05	153-11.00
6	Ian Anderson	13	153-06.00
7	DJ Frommoethelydo	03	152-07.00
8	Adam Newman	18	148-05.00
9	John Zukoski	93	147-01.00
10	Eric Anderson	92	143-09.00

Pole Vault

#	Name	Year	Height
1	Justin Miller	08	17-00
2	Ilyaas Arsala	18	14-01
3	Eric Wyne	08	14-00
4	Michael King	02	13-06
4	Kasey Addiego	08	13-06
4	Cameron Barr	17	13-06
7	Ben Yorkey	11	13-02
8	Chad Messer	91	13-00
8	Scott Little	05	13-00
10	Dawson Hayfield	17	12-07

Girls

California High School
All Time Top 10

100 meters

#	Name	Year	Time
1	Christi Barefield	93	12.24
2	Chelsey Kamson	08	12.30
3	Marisa Rodrigues	10	12.43
4	Kat Hupke	12	12.45
5	Carla Kendrix	79	12.56
6	Claire Hollcraft	78	12.67
7	Irene Guzman	00	12.69
7	Alyssa Brewer	16	12.69
9	Tyler Carr	15	12.79
10	Kaitlin Groleau	15	12.87

y=converted from yards

h=converted from hand time

200 meters

#	Name	Year	Time
1	Chelsey Kamson	07	24.80
2	Christi Barefield	93	25.42
3	Alyssa Brewer	17	25.50
4	Kat Hupke	12	25.63
5	Carla Kendrix	80	25.74
6	Tyler Carr	14	26.00
7	Rachal Buckner	88	26.03
8	Marisa Rodrigues	10	26.07
9	LaJolie Beugre	18	26.39
10	Claire Hollcraft	78	26.64

y=converted from yards

h=converted from hand time

400 meters

#	Name	Year	Time
1	Alyssa Brewer	16	55.05
2	Brienne Doan	04	57.72
3	Tyler Carr	14	57.88
4	Madison Ricks	12	58.21
5	Marisa Rodrigues	10	59.24
6	Michelle Fabian	77	59.44
7	Julianna Levy	07	59.81
8	Kat Hupke	10	60.72
9	LaJolie Beugre	18	61.50
10	Piersten Gaines	04	61.66

y=converted from yards

h=converted from hand time

Girls

California High School
All Time Top 10

800 meters

#	Name	Year	Time
1	Alyssa Brewer	16	2:06.86
2	Madison Ricks	12	2:09.52
3	Heather Donner	10	2:16.58
4	Colleen Lillig	10	2:16.80
5	Cristina Owre	09	2:17.88
6	Julianna Levy	08	2:17.96
7	Jenna Gailey	04	2:18.52
8	Melissa Freeburg	91	2:19.9
9	Suzie Ellison	90	2:20.9
10	Lindsay Briner	05	2:22.62

y=converted from yards

1600 meters

#	Name	Year	Time
1	Melissa Freeburg	91	4:51.8
2	Alyssa Brewer	18	4:56.9
3	Suzie Ames	80	4:59.3
3	Madison Ricks	12	4:59.3
5	Colleen Lillig	09	4:59.5
6	Elaine McVay	11	5:10.0
7	Cristina Owre	09	5:13.3
8	Kayla Neumann	18	5:13.9
9	Becky Pierce	82	5:14.5
10	Heather Donner	10	5:15.1

y=converted from yards

3200 meters

#	Name	Year	Time
1	Colleen Lillig	10	10:41.9
2	Elaine McVay	11	10:48.5
3	Suzie Ames	82	11:03.2
4	Madison Ricks	14	11:04.2
5	Kayla Neumann	18	11:18.7
6	Holly Babcock	07	11:38.1
7	Missi Hurlow	89	11:44.2
8	Sarah Richmond	04	11:51.2
9	Jean Zhu	09	11:52.5
10	Jennifer Erhart	01	11:53.2

y=converted from yards

California High School
All Time Top 10

100 meter IH

#	Name	Year	Time
1	Chelsey Kamson	08	14.85
2	Elise Ruark	05	15.54
3	Tara Didyk	89	15.76
4	Tori Edwards	12	15.84
5	Kelly Calaway	96	16.00
6	Bella Villafuerte	15	16.20
7	Brienne Doan	06	16.28
8	Joyce Ho	15	16.49
9	Disa Rifkin	90	16.54
10	Cathy Ragusano	84	17.04

y=converted from yards

h=converted from hand time

300 meter LH

#	Name	Year	Time
1	Tori Edwards	12	44.68
2	Brienne Doan	06	45.32
3	Chelsey Kamson	08	46.41
4	Courtney Glickman	13	47.03
5	Kelly Calaway	96	47.23
6	Bella Villafuerte	15	48.07
7	Megan Hoang	18	48.73
8	Alyssa Holsworth	10	48.95
9	Lauren Slaughter	08	49.20
10	Julianna Levy	08	49.43

y=converted from yards

h=converted from hand time

400 meter LH

#	Name	Year	Time
1	Courtney Glickman	13	1:08.17
2	Brienne Doan	06	1:08.18
3	Julianna Levy	08	1:10.40
4	Tori Edwards	11	1:11.82
5			
6			
7			
8			
9			
10			

y=converted from yards

h=converted from hand time

Girls

California High School
All Time Top 10

400 meter relay

#	Names	Year	Time
1	Rachel Gai	08	48.95
	Julianna Levy		
	Stephanie Burg		
	Chelsey Kamson		
2	Brandy Bondoc	13	49.24
	Tyler Carr		
	Amanda Alfaro		
	Kat Hupke		
3	Angel Ruark	09	49.35
	Julianna Levy		
	Tori Edwards		
	Chelsey Kamson		
4	Brandy Bondoc	11	49.49
	Marisa Rodrigues		
	Tracy Hong		
	Kat Hupke		
4	Courtney Glickman	12	49.49
	Marisa Rodrigues		
	Amanda Alfaro		
	Kat Hupke		
6	Angel Ruark	10	49.67
	Marisa Rodrigues		
	Amanda Alfaro		
	Kat Hupke		
7	Alyssa Brewer	15	49.79
	Tyler Carr		
	Sarah Stallings		
	Kaitlin Groleau		
7	Sarah Stallings	16	49.79
	Alyssa Brewer		
	Courtney Clarke		
	Lucy Allison		
9	Tramica Peggins	04	50.24
	Brienne Doan		
	Brittany Boehm		
	Rachel Ehsan		
10	Rachel Ehsan	06	50.27
	Brienne Doan		
	Rachel Gai		
	Chelsey Kamson		

y=converted from yards

h=converted from hand time

1600 meter relay

#	Names	Year	Time
1	Tyler Carr (58.03)	15	3:53.90
	Kaitlin Groleau (60.21)		
	Bella Villafuerte (60.59)		
	Alyssa Brewer (55.07)		
2	Marisa Rodrigues (58.57)	10	4:01.39
	Heather Donner (61.53)		
	Amanda Alfaro (63.05)		
	Kat Hupke (58.24)		
3	Heather Donner (61.15)	13	4:01.69
	Madison Ricks (59.74)		
	Stephanie Karbo (62.27)		
	Tyler Carr (58.53)		
4	Chelsey Kamson (60.46)	07	4:02.26
	Vanessa Shaw (61.72)		
	Julianna Levy (60.24)		
	Brienne Doan (59.84)		
5	LaJolie Beugre (61.43)	18	4:03.63
	Sarah Van Loon (64.26)		
	Megan Hoang (63.51)		
	Alyssa Brewer (54.43)		
6	Jessica Merchant (62.20)	16	4:03.74
	Sarah Stallings (63.84)		
	Leila Rendich (61.69)		
	Alyssa Brewer (56.01)		
7	Kat Hupke (62.65)	11	4:04.24
	Marisa Rodrigues (60.61)		
	Amanda Alfaro (62.40)		
	Madison Ricks (58.58)		
8	Chelsey Kamson (60.26)	06	4:04.64
	Jenna Gailey (63.32)		
	Julianna Levy (62.89)		
	Brienne Doan (58.17)		
9	Sarah Stallings (62.07)	17	4:05.15
	Lauren Sebastiani (63.87)		
	Marina Fernandez (63.90)		
	Alyssa Brewer (55.31)		
10	Kat Hupke (62.82)	12	4:06.26
	Heather Donner (63.74)		
	Tori Edwards (60.21)		
	Madison Ricks (59.49)		

y=converted from yards

Girls

California High School
All Time Top 10

Long Jump

#	Name	Year	Distance
1	Debbie Dimino	83	18-04.50
2	Courtney Glickman	13	17-11.25
3	Tara Didyk	89	17-10.50
4	Lillianna Hebert	15	17-04.50
5	Kaitlin Groleau	15	16-10.50
6	Vanessa Shaw	09	16-10.00
7	Chelsey Kamson	07	16-09.25
8	Lucy Allison	18	16-07.50
9	Kelly Calaway	96	16-07.00
10	Tori Edwards	11	16-06.50

Triple Jump

#	Name	Year	Distance
1	Lillianna Hebert	15	39-02.25
2	Tara Didyk	89	36-08.75
3	Sarah Van Loon	18	35-09.00
4	Elise Ruark	05	35-08.00
5	Nora Allata	18	35-06.75
6	Vanessa Shaw	10	35-03.75
7	Rachel Ehsan	07	35-03.50
8	Jillian Weber	17	34-01.25
9	Debbie Dimino	83	34-00.50
10	Suzy Korzick	88	33-11.00

High Jump

#	Name	Year	Height
1	Lillianna Hebert	14	5-07
1	Jennifer Kurtz	16	5-07
3	Debbie Dimino	83	5-04
4	Sarah Soroken	98	5-03
5	Becky D'Aoust	79	5-02
5	Lauren Flom	17	5-02
7	Vanessa Shaw	09	5-01
8	Cheri Steensma	82	5-00
8	Loree Trammell	04	5-00
8	Jessica Williams/Delaney Davis	12/18	5-00

California High School
All Time Top 10

Shot Put

#	Name	Year	Distance
1	Vosa Hingano	11	39-11.25
2	Helen Kimber	15	39-02.50
3	Jennifer Greenspan	05	38-08.25
4	Sisileti Hingano	15	38-02.00
5	Elizabeth Ross	96	38-00.00
6	Megan Valdes	02	37-03.75
7	Mata Hingano	15	36-01.25
8	Jennifer Ladouceur	01	36-01.00
9	Torey Bearquiver	89	34-06.50
10	Kelly Fullwood	86	34-05.50

Discus

#	Name	Year	Distance
1	Jennifer Ladouceur	01	141-00
2	Sisileti Hingano	15	133-08
3	Megan Valdes	02	129-01
4	Kate Valdes	00	126-04
5	Elizabeth Ross	96	117-08
6	Katie Lodato	03	116-07
7	Mata Hingano	14	115-05
8	Kelly Fullwood	87	114-06
9	Vosa Hingano	11	112-04
10	Helen Kimber	13	112-03

Pole Vault

#	Name	Year	Height
1	Jenna Langseth	07	10-04
2	Melissa Nylander	04	10-03
3	Makenzie Stang	12	10-02
4	Courtney Rascano	07	10-00
4	Kaley Burg	17	10-00
6	Kate Emerson	16	09-11
7	Kaitlin Piening	09	09-10
8	Kellie Taylor	09	09-06
8	Chloe Bari	15	09-06
8	Gabrielle Lacobie	17	09-06

10-year team

100	Justin Hawkins	Chris Costa
200	Chris Costa	Will Downer
400	Will Downer	Ricco Brown
800	Troy Smith	Mike Elbogen
1600	Peter Gottwald	Matt Pearson
3200	Matt Pearson	Peter Gottwald
110HH	David Klech	Nicky Cassell
300IH	David Klech	Nicky Cassell
4x100	Brown/King/Costa/Hawkins	
4x400	Brown/Klech/Elbogen/Downer	
LJ	Chris Costa	Evan Fernandez
TJ	Nicky Cassell	Evan Fernandez
HJ	David Klech	Jake Swann
PV	Mike King	Scott Little
SP	Ryan Lockner	DJ Frommoethelydo
DT	Ryan Lockner	DJ Frommoethelydo

Lorenzo King
Ricco Brown
Mike Elbogen
John Lindner
Brandon Miller
Brandon Miller
Nino Kolyouthapong
Nino Kolyouthapong
Chris Nordman
Troy Smith
Chris Nordman
Ken Fukuda
Garrett Adame
Garrett Adame

10-year team

100	Andrew Mobley	
200	Andrew Mobley	
400	Ryan Swindell	
800	Dmitry Kislyuk	
1600	Dmitry Kislyuk	
3200	Kevin Foy	Dmitry Kislyuk
110HH	David Klech	Mark Elbogen
300IH	David Klech	Mark Elbogen
4x100		
4x400		
LJ	David Klech	
TJ		
HJ	David Klech	
PV	Justin Miller	Scott Little
SP	Tim Santos	Joe Valdes
DT	Tim Santos	Joe Valdes

