

# EBAL Championships Qualifying Standards 2025

Average of 16th (or last if less than 16) place qualifier or finisher from last 5 EBAL Championships, dropping the best and worst marks

| <b>Varsity</b> |              | <b>Frosh/Soph*</b> |
|----------------|--------------|--------------------|
| 5:32.09        | <b>G1600</b> | 6:02.19            |
| 4:31.19        | <b>B1600</b> | 4:50.67            |
| 18.71          | <b>G100H</b> | 22.25              |
| 18.08          | <b>B110H</b> | 22.44              |
| 64.43          | <b>G400</b>  | 69.14              |
| 53.57          | <b>B400</b>  | 56.73              |
| 13.38          | <b>G100</b>  | 14.07              |
| 11.56          | <b>B100</b>  | 12.24              |
| 2:33.15        | <b>G800</b>  | 2:48.95            |
| 2:04.72        | <b>B800</b>  | 2:14.47            |
| 52.97          | <b>G300H</b> | 61.48              |
| 45.14          | <b>B300H</b> | 52.36              |
| 27.93          | <b>G200</b>  | 29.78              |
| 23.55          | <b>B200</b>  | 25.17              |
| 12:22.64       | <b>G3200</b> | 14:15.92           |
| 9:57.69        | <b>B3200</b> | 10:46.84           |
| 4-5            | <b>GHJ</b>   | 4-00               |
| 7-2            | <b>GPV</b>   | 6-02               |
| 14-8           | <b>GLJ</b>   | 11-07.25           |
| 29-9.5         | <b>GTJ</b>   | 27-02.50           |
| 26-3.25        | <b>GSP</b>   | 19-04.25           |
| 77-6           | <b>GDT</b>   | 50-07              |
| 5-4            | <b>BHJ</b>   | 4-10               |
| 10-7           | <b>BPV</b>   | 8-04               |
| 18-5.75        | <b>BLJ</b>   | 16-11.00           |
| 37-11.25       | <b>BTJ</b>   | 33-04.00           |
| 36-7           | <b>BSP</b>   | 32-03.25           |
| 105-10         | <b>BDT</b>   | 79-07              |

\* Due to the 2024 EBAL Track & Field Frosh/Soph Championships being canceled due to weather, the calculations use the 2017, 2018, 2019, 2022, and 2023 Championships