

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/21/2011
Track and Field Championships
Granada High School, Livermore, CA
Results - NCS Tri-Valley Championships

Event 1 Girls 4x100 Meter Relay

Finals

| | | | | |
|----|------------------|-----|--------|------------|
| 1 | Antioch | 'A' | 47.59R | 2 |
| 2 | Deer Valley | 'A' | 48.08@ | 3 |
| 3 | Monte Vista | 'A' | 49.36@ | 1 |
| 4 | Miramonte | 'A' | 49.39@ | 2 |
| 5 | Acalanes | 'A' | 49.48@ | 1 |
| 6 | California | 'A' | 49.50@ | 1 |
| 7 | Pittsburg | 'A' | 49.72@ | 1 |
| 8 | Clayton Valley | 'A' | 49.90 | 2 |
| 9 | Foothill | 'A' | 49.93 | 3 |
| 10 | Heritage | 'A' | 50.28 | 1 |
| 11 | Granada | 'A' | 50.37 | 3 |
| 12 | Carondelet | 'A' | 50.64 | 2 |
| 13 | Dougherty Valley | 'A' | 50.96 | 3 |
| 14 | San Ramon Valley | 'A' | 51.20 | 2 |
| 15 | Dublin | 'A' | 51.41 | 3 |
| 16 | Campolindo | 'A' | 51.43 | 2 |
| 17 | College Park | 'A' | 52.64 | 3 |
| 18 | Alhambra | 'A' | 52.67 | 3 |
| 19 | Mt. Diablo | 'A' | 53.13 | 1 |
| 20 | Concord | 'A' | 55.14 | 1 |
| -- | Freedom | 'A' | DQ | 2 False St |

Event 2 Boys 4x100 Meter Relay

| | | |
|-------------------------|-------|--------------------|
| 1 DeLaSalle 'A' | 42.55 | @ 2 |
| 2 Amador Valley 'A' | 42.86 | @ 3 |
| 3 Monte Vista 'A' | 42.98 | @ 1 |
| 4 Clayton Valley 'A' | 42.98 | @ 3 |
| 5 California 'A' | 43.00 | @ 1 |
| 6 Freedom 'A' | 43.13 | @ 2 |
| 7 Heritage 'A' | 43.18 | @ 1 |
| 8 Campolindo 'A' | 43.84 | 1 |
| 9 Pittsburg 'A' | 43.87 | 1 |
| 10 Dougherty Valley 'A' | 44.01 | 3 |
| 11 Acalanes 'A' | 44.03 | 2 |
| 12 Miramonte 'A' | 44.05 | 3 |
| 13 Dublin 'A' | 44.35 | 1 |
| 14 San Ramon Valley 'A' | 44.82 | 3 |
| 15 College Park 'A' | 45.53 | 2 |
| 16 Concord 'A' | 46.35 | 3 |
| 17 Northgate 'A' | 47.28 | 3 |
| -- Deer Valley 'A' | DNF | 2 |
| -- Las Lomas 'A' | DQ | 2 Zone 2 VIolation |

Event 3 Girls 1600 Meter Run

NCS TV: R 4:49.70 1996 Kristen Gordon, Carondelet

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MOC At Large: @ 5:10.48

| Name | Year School | Finals |
|-----------------------------|---------------------|----------|
| 1 Verdon, Carrie | Campolindo | 4:55.66@ |
| 2 Novell, Carina | 11 Granada | 5:10.35@ |
| 3 Gong, Maryann | 10 Granada | 5:16.50 |
| 4 Farnan, Juliet | Campolindo | 5:18.33 |
| 5 Mostatabi, Sara | Campolindo | 5:20.87 |
| 6 Shipway, Haley | Campolindo | 5:21.18 |
| 7 Meadows, Rachel | Campolindo | 5:22.67 |
| 8 Tate, Alex | 11 Clayton Valley | 5:23.25 |
| 9 Nordine, Kelly | 12 San Ramon Valley | 5:24.11 |
| 10 Dimits, Natalie | 11 Livermore | 5:25.36 |
| 11 Geasa, Annie | 10 Foothill | 5:26.02 |
| 12 Stuscavage, Kendall | 10 College Park | 5:26.10 |
| 13 Hannigan, Colleen | 9 Heritage | 5:32.69 |
| 14 Williams, Cora | 11 Liberty | 5:32.95 |
| 15 Torres, Marcie | 12 Pittsburg | 5:36.82 |
| 16 Shidara, Kazune | 11 College Park | 5:37.25 |
| 17 Franklin, Sarah | 9 Granada | 5:37.60 |
| 18 Colwell, Jillian | Dublin | 5:38.60 |
| 19 Georgeopoulos, Christina | 12 Pittsburg | 5:45.82 |
| 20 Babinat, Jackie | 12 Heritage | 5:48.06 |
| 21 Hernandez-Shaw, Heather | 10 Pittsburg | 5:52.29 |
| 22 Schillings, Caitlin | 10 College Park | 5:56.00 |
| 23 Lowry, Amelia | 11 College Park | 5:56.27 |

Event 4 Boys 1600 Meter Run

NCS TV: R 4:15.26 1996 Micheil Jones, Livermore

MOC At Large: @ 4:23.95

| Name | Year School | Finals |
|--|------------------|----------|
| 1 Fuhriman, Trevor | 11 Monte Vista | 4:21.02@ |
| 2 Morford, Eric | 12 Heritage | 4:22.63@ |
| 3 Fehrnstrom, Jamie | Miramonte | 4:24.04 |
| 4 Joyce, Thomas | Campolindo | 4:24.80 |
| 5 Quigley, Evan | Alhambra | 4:25.76 |
| 6 Aceret, Sam | 12 Amador Valley | 4:28.46 |
| 7 Molineux, Evan | 11 DeLaSalle | 4:28.77 |
| 8 Peissner, Taylor | 12 Amador Valley | 4:28.87 |
| 9 Salk, Grant | Granada | 4:30.68 |
| 10 Shanks, Cooper | 12 College Park | 4:31.34 |
| 11 Valeriani, Michael | 11 Northgate | 4:32.31 |
| 12 Holland, Will | 12 College Park | 4:34.91 |
| 13 Cox, Greg | 11 DeLaSalle | 4:35.54 |
| 14 Geiger, Keith | Campolindo | 4:36.67 |
| 15 Argratha, Vikis | Acalanes | 4:37.85 |
| 16 Panetta, Gian David | Campolindo | 4:38.55 |
| 17 Morales, Jesus | 11 Liberty | 4:39.76 |
| 18 Rodriguez, Gabriel | 11 Pittsburg | 4:42.31 |
| 19 Sumner, Joel | 11 Northgate | 4:45.23 |
| 20 Winn, Dylan | 11 Deer Valley | 4:45.86 |
|Event 4 Boys 1600 Meter Run | | |
| 21 Marson, Parker | 9 College Park | 4:49.29 |
| 22 Pena, Noah | 10 Heritage | 4:52.22 |
| 23 Zamora, Ezra | 10 Freedom | 4:55.88 |

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Event 5 Girls 100 Meter Hurdles

| | |
|-----------------------|---------------------------------|
| NCS TV: R 14.95 2008 | Aimee Rodgers, Freedom |
| MOC At Large: @ 15.35 | |
| Name | Year School |
| | Finals Wind H# |
| 1 Wilson, Erica | 12 Deer Valley 15.11@ NWI 3 |
| 2 Rompel, Jaime | Dublin 15.92 -0.1 2 |
| 3 Radda, Sara | 12 Freedom 16.06 NWI 3 |
| 4 Barton, Katie | Acalanes 16.10 NWI 1 |
| 5 Prior, Alysoun | 11 Ygnacio Valley 16.12 NWI 1 |
| 6 Edwards, Tori | 11 California 16.27 NWI 1 |
| 7 Muller, Makenzie | 10 Foothill 16.39 -0.1 2 |
| 8 Holt, Sara | 9 Clayton Valley 16.46 -0.1 2 |
| 9 Rietveld, Celeste | 12 Livermore 16.46 -0.1 2 |
| 10 Nelson, Meghan | Campolindo 16.53 NWI 1 |
| 11 Schulz, Kirby | Miramonte 16.67 NWI 3 |
| 12 Kaya, Pelin | Dublin 17.24 -0.1 2 |
| 13 Kruger, Sammi | 11 San Ramon Valley 17.32 NWI 3 |
| 14 Delaria, Erin | 12 Northgate 17.59 -0.1 2 |
| 15 Glavee, Kelsey | Dougherty Valley 17.71 NWI 1 |
| 16 Ambrose, Kayla | 12 Liberty 17.83 NWI 1 |
| 17 Randolph, Tracy | 9 Concord 17.92 NWI 3 |
| 18 Ze, Tori | 10 Granada 17.92 NWI 3 |
| 19 Hernandez, Alexa | 12 Amador Valley 18.06 -0.1 2 |
| 20 Villareal, Amanda | 9 Heritage 18.37 -0.1 2 |
| 21 Buhagiar, Katrina | 11 Clayton Valley 18.41 NWI 3 |
| 22 White, Aquila | 10 College Park 18.54 NWI 3 |

Event 6 Boys 110 Meter Hurdles

| | |
|-----------------------|----------------------------------|
| NCS TV: R 13.85 2006 | David Klech, California |
| MOC At Large: @ 15.14 | |
| Name | Year School |
| | Finals Wind H# |
| 1 Barton, Michael | 11 DeLaSalle 14.45@ NWI 3 |
| 2 Cooper, D'Amora | 12 Freedom 15.04@ -2.1 2 |
| 3 Roland, Jeremy | 12 Granada 15.84 -3.9 1 |
| 4 Stapleton, Tim | 11 Northgate 15.88 -3.9 1 |
| 5 Kutchera, Kevin | 11 Granada 15.92 NWI 3 |
| 6 Ruh, Colin | 12 California 16.08 -3.9 1 |
| 7 Davis, Jabari | Dublin 16.21 -2.1 2 |
| 8 Speck, Connor | Las Lomas 16.39 NWI 3 |
| 9 Hodges, Weston | Las Lomas 16.61 -3.9 1 |
| 10 Blackmon, Raheem | 12 Mt. Diablo 16.78 -2.1 2 |
| 11 Kapulica, Griffen | 11 San Ramon Valley 16.80 -3.9 1 |
| 12 Obodo, Clifford | 11 Heritage 16.93 -2.1 2 |
| 13 Liow, George | Acalanes 16.95 -2.1 2 |
| 14 Mccutcheon, Alex | Dougherty Valley 17.24 -2.1 2 |
| 15 Yang, Michael | Acalanes 17.29 NWI 3 |

....Event 6 Boys 110 Meter Hurdles

| | |
|---------------------|--------------------------------|
| 16 Nelson, Phillip | 11 Monte Vista 17.40 NWI 3 |
| 17 Blackburn, Roger | 10 Concord 17.54 NWI 3 |
| 18 Ewing, Parker | 10 Clayton Valley 17.92 NWI 3 |
| 19 Renna, Brian | 12 Heritage 18.08 -3.9 1 |
| 20 Ihle, Craig | 11 Clayton Valley 18.60 -3.9 1 |
| 21 Bauman, Luke | 10 Liberty 18.71 -3.9 1 |

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22 Eaton, Sam 12 College Park 19.06 -2.1 2

Event 7 Girls 400 Meter Dash

NCS TV: R 54.80 2010 Chizoba Okodogbe, Deer Valley

MOC At Large: @ 59.45

| Name | Year | School | Finals | H# |
|-----------------------|------|------------------|--------|----|
| 1 Griffith, Sarah | 12 | San Ramon Valley | 56.91@ | 3 |
| 2 Fox, Raven | 12 | Deer Valley | 57.12@ | 1 |
| 3 Wilson, Taevionna | 12 | Antioch | 57.35@ | 2 |
| 4 Winn, Chloe | 9 | Monte Vista | 57.39@ | 2 |
| 5 Cunningham, Jasmine | 12 | Mt. Diablo | 58.21@ | 1 |
| 6 Amack, Stephanie | | Dougherty Valley | 58.72@ | 1 |
| 7 Rodriguez, Allie | 12 | Foothill | 58.83@ | 3 |
| 8 Swanson, Hadley | | Campolindo | 59.31@ | 2 |
| 9 McGrath, Lindsay | 10 | Antioch | 59.34@ | 3 |
| 10 Coppa, Megan | | Clayton Valley | 59.68 | 3 |
| 11 Lukas, Haley | 9 | Foothill | 59.84 | 1 |
| 12 Del Bene, Melissa | 12 | Clayton Valley | 60.26 | 3 |
| 13 Rondoni, Nina | 10 | Monte Vista | 60.30 | 2 |
| 14 Baker, Amanda | 11 | College Park | 60.46 | 2 |
| 15 Aghazarian, Marlo | | Foothill | 60.65 | 1 |
| 16 Deakins, Kera | | Miramonte | 60.66 | 1 |
| 17 Gonzales, Selena | 11 | College Park | 61.11 | 3 |
| 18 Kisner, Haley | | Acalanes | 62.19 | 2 |
| 19 Chen, Sara | | Las Lomas | 62.19 | 1 |
| 20 Miguel, Victoria | 10 | College Park | 62.32 | 2 |
| 21 Samm, Kaniya | 11 | Deer Valley | 63.53 | 2 |
| 22 Salmon, Katherine | | Acalanes | 63.59 | 1 |
| 23 Lord, Claudia | 10 | Heritage | 64.26 | 3 |
| 24 Fleming, Kristine | 11 | Deer Valley | 65.99 | 3 |

Event 8 Boys 400 Meter Dash

NCS TV: R 47.64 2006 David Klech, California

MOC At Large: @ 50.55

| Name | Year | School | Finals | H# |
|--|------|----------------|--------|----|
| 1 Bayley, Nick | 11 | Amador Valley | 48.44@ | 2 |
| 2 Stupka, Michael | 12 | Clayton Valley | 48.65@ | 1 |
| 3 Slaton, Josh | 10 | Amador Valley | 49.51@ | 2 |
| 4 Aguiar, Miguel | 11 | Heritage | 49.79@ | 1 |
| 5 Kurtz, Frank | 9 | Heritage | 50.34@ | 3 |
| 6 Replogle, Daniel | 11 | Granada | 50.53@ | 1 |
| 7 Booze, Kevin | | Miramonte | 50.57 | 1 |
| 8 Winston, Kevin | 12 | DeLaSalle | 51.17 | 2 |
| 9 Brown, Keagan | 12 | College Park | 51.30 | 2 |
|Event 8 Boys 400 Meter Dash | | | | |
| 10 Walton, Michael | | Acalanes | 51.31 | 3 |
| 11 Smith White, Tajae | 11 | Deer Valley | 51.38 | 2 |
| 12 Achziger, Ed | | Dublin | 51.55 | 1 |
| 13 Maag, Chris | | Campolindo | 51.59 | 2 |
| 14 Chen, Jeff | 11 | Amador Valley | 51.62 | 3 |
| 15 Duetz, Marshall | | Miramonte | 51.69 | 2 |
| 16 Downs, Stephan | 12 | Concord | 51.87 | 3 |
| 17 Niese, Ryan | 12 | Northgate | 51.96 | 1 |
| 18 Aylward, Sean | | Las Lomas | 52.14 | 3 |

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| | | | |
|-------------------|----------------|-------|---|
| 19 Story, Kruger | 12 Heritage | 52.25 | 1 |
| 20 Lansang, Kevin | 12 Northgate | 52.39 | 1 |
| 21 Reed, Isaiah | 11 Deer Valley | 53.09 | 2 |
| 22 Sevilla, Mike | 12 Northgate | 56.88 | 3 |

Event 9 Girls 100 Meter Dash

| NCS TV: R 11.91 2000 | | Aishia Margain, Berkeley | | |
|-----------------------|---------------------|--------------------------|------|----------|
| MOC At Large: @ 12.58 | | | | |
| Name | Year School | Finals | Wind | H# |
| 1 Suleman, Khadija | 12 Antioch | 12.28@ -1.3 | 3 | |
| 2 Gee, Joy | 12 Deer Valley | 12.59 | -1.1 | 1 |
| 3 Giles, Asha | 12 Heritage | 12.78 | -1.3 | 3 |
| 4 Mitchell, Noria | Dublin | 12.93 | -4.7 | 2 |
| 5 Cook, Katie | 12 Monte Vista | 12.97 | -1.3 | 3 12.964 |
| 5 Bateson, Suzanne | 12 Granada | 12.97 | -4.7 | 2 12.964 |
| 7 Evans, Le'Shay | 12 Antioch | 13.00 | -1.1 | 1 |
| 8 Rodrigues, Marisa | 10 California | 13.07 | -1.3 | 3 |
| 9 Sinclair, Alina | 10 San Ramon Valley | 13.07 | -1.1 | 1 |
| 10 Bandayrel, Janelle | 10 Clayton Valley | 13.09 | -1.1 | 1 |
| 11 Fetsch, Nicole | 10 Amador Valley | 13.10 | -4.7 | 2 |
| 12 Forrester, Jessica | 9 Clayton Valley | 13.13 | -1.3 | 3 |
| 13 Reid, Megan | Miramonte | 13.21 | -1.3 | 3 |
| 14 Holt, Sara | 9 Clayton Valley | 13.21 | -4.7 | 2 |
| 14 Czarnecki, Julia | 11 Carondelet | 13.21 | -1.1 | 1 |
| 16 Jones, Chanel | 10 Pittsburg | 13.23 | -1.3 | 3 |
| 17 East, Monet | 11 Deer Valley | 13.26 | -1.1 | 1 |
| 18 Dickerson, Kayla | 9 Northgate | 13.29 | -1.1 | 1 |
| 19 Smith, Kylee | 9 Heritage | 13.33 | -1.3 | 3 |
| 20 Hinds, Jordan | Acalanes | 13.56 | -1.1 | 1 |
| 21 Lovelace, Amani | Dougherty Valley | 13.63 | -4.7 | 2 |
| 22 Serame, Erica | Dougherty Valley | 13.64 | -1.3 | 3 |
| 23 Carrington, Lisa | Acalanes | 13.70 | -4.7 | 2 |
| 24 Rose, Jackie | 9 College Park | 13.76 | -4.7 | 2 |

Event 10 Boys 100 Meter Dash

| NCS TV: R 10.64 2008 | | Taiwan Jones, Deer Valley | | |
|-----------------------|-------------|---------------------------|------|----|
| MOC At Large: @ 11.30 | | | | |
| Name | Year School | Finals | Wind | H# |

| | | | | |
|----------------------|---------------------|--------|------|---|
| 1 Shepherd, Timazray | 12 Freedom | 11.15@ | -0.8 | 4 |
| 2 Garcia, Zak | 12 San Ramon Valley | 11.26@ | -3.6 | 2 |
| 3 Patton, Dariel | 12 Deer Valley | 11.28@ | -0.8 | 4 |

....Event 10 Boys 100 Meter Dash

| | | | | |
|------------------------|-------------------|-------|------|---|
| 4 Simms, Shawn | 11 Deer Valley | 11.31 | -3.6 | 2 |
| 5 Butler, Javen | 12 Pittsburg | 11.33 | -1.7 | 3 |
| 6 Ribeiro, Gabe | 12 Monte Vista | 11.34 | -1.7 | 3 |
| 7 Perez, Adrian | 11 Freedom | 11.38 | -2.2 | 1 |
| 8 Roberson, Darnell | 10 Amador Valley | 11.38 | -3.6 | 2 |
| 8 Stupka, Michael | 12 Clayton Valley | 11.38 | -3.6 | 2 |
| 10 Cuellar, Bryan | 12 Heritage | 11.39 | -2.2 | 1 |
| 11 Alvarez, Kyle | 12 California | 11.39 | -3.6 | 2 |
| 12 Eddy, Brenden | 12 Clayton Valley | 11.40 | -2.2 | 1 |
| 13 Jones, Austin | 11 Pittsburg | 11.48 | -0.8 | 4 |
| 14 Anderson, Christian | 12 Monte Vista | 11.52 | -0.8 | 4 |
| 14 Dreyer, Joe | Acalanes | 11.52 | -0.8 | 4 |

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|---------------------------|---------------------|-------|------|---|
| 16 McCauley-Simmons, Alex | 10 Antioch | 11.57 | -2.2 | 1 |
| 17 Fadelli, Dan | Campolindo | 11.63 | -1.7 | 3 |
| 18 Egbujor, Anthony | Dublin | 11.63 | -2.2 | 1 |
| 19 Johnson, Karris | 10 California | 11.65 | -1.7 | 3 |
| 20 Segura, Andrew | 12 Clayton Valley | 11.69 | -1.7 | 3 |
| 21 Solit, Micah | Miramonte | 11.71 | -2.2 | 1 |
| 22 Dominguez, Kelii | 11 Clayton Valley | 11.73 | -3.6 | 2 |
| 23 Pulos, Jake | 12 San Ramon Valley | 11.76 | -1.7 | 3 |
| 24 Lee, Charles | Dougherty Valley | 11.84 | -0.8 | 4 |
| 25 Croft, Jonny | 11 College Park | 12.20 | -2.2 | 1 |
| 26 Vargas-Keeton, Erin | 10 College Park | 12.20 | -2.2 | 1 |
| 27 Jones, Artis | Dublin | 12.21 | -1.7 | 3 |

Event 11 Girls 800 Meter Run

NCS TV: R 2:13.03 2004 Lindsay Allen, College Park

MOC At Large: @ 2:19.32

| Name | Year | School | Finals | H# |
|---------------------------|------|------------------|----------|----|
| 1 Ricks, Madison | 9 | California | 2:18.52@ | 3 |
| 2 Berge, Katie | | Acalanes | 2:18.79@ | 1 |
| 3 Vaculin, Shelby | 10 | Carondelet | 2:20.73 | 2 |
| 4 Ent, Rebekah | | Miramonte | 2:20.91 | 1 |
| 5 De Metz, Isabelle | | Dougherty Valley | 2:21.54 | 2 |
| 6 Bozzini, Tara | | Acalanes | 2:21.55 | 3 |
| 7 Toelkes, Sarah | 9 | Heritage | 2:22.11 | 2 |
| 8 Grant, Alex | 12 | Heritage | 2:22.39 | 2 |
| 9 Hernandez-Shaw, Heather | 10 | Pittsburg | 2:23.33 | 3 |
| 10 Stuscavage, Kendall | 10 | College Park | 2:23.64 | 1 |
| 11 Horton, Jennifer | 12 | San Ramon Valley | 2:23.66 | 3 |
| 12 Del Bene, Gina | 11 | Clayton Valley | 2:24.68 | 2 |
| 13 Donner, Heather | 10 | California | 2:24.72 | 2 |
| 14 Reed, Jessica | 12 | College Park | 2:25.13 | 1 |
| 15 Ciabattari, Lyndsey | 12 | Carondelet | 2:28.18 | 3 |
| 16 Nordine, Kelly | 12 | San Ramon Valley | 2:29.50 | 1 |
| 17 Earl, Alexus | | Pittsburg | 2:31.88 | 3 |
| 18 Lucido, Gianna | 12 | Antioch | 2:32.37 | 3 |
| 19 Meadows, Rachel | | Campolindo | 2:35.34 | 3 |
| 20 Chase, Laura | 12 | Clayton Valley | 2:38.68 | 2 |
| 21 Hollshwandner, Amy | | Acalanes | 2:40.22 | 1 |
| 22 Austin, Kelsey | 12 | Northgate | 2:45.66 | 1 |

Event 12 Boys 800 Meter Run

NCS TV: R 1:53.80 2010 Kevin Griffith, San Ramon Vall

MOC At Large: @ 1:58.49

| Name | Year | School | Finals | H# |
|--------------------|-----------|------------------|----------|----|
| 1 Ortolan, Anthony | 12 | College Park | 1:54.24@ | 1 |
| 2 Gracely, Carl | Las Lomas | | 1:55.33@ | 1 |
| 3 Fuhriman, Trevor | 11 | Monte Vista | 1:56.72@ | 1 |
| 4 Mathkour, Ashraf | | Miramonte | 1:57.39@ | 3 |
| 5 Schmierer, Joel | 11 | Livermore | 1:57.87@ | 2 |
| 6 Brum, Brandon | 12 | Heritage | 1:57.98@ | 2 |
| 7 Faulkner, Adler | | Acalanes | 1:58.61 | 3 |
| 8 Chew, Cory | 12 | California | 1:59.44 | 1 |
| 9 Reamy, Jack | 10 | Northgate | 2:00.44 | 3 |
| 10 Hardy, Brian | 11 | San Ramon Valley | 2:00.95 | 2 |

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| | | | |
|-----------------------|-----------------|---------|---|
| 11 McKinnon, Conner | 9 Amador Valley | 2:00.95 | 3 |
| 12 Wong, Leland | Campolindo | 2:01.08 | 3 |
| 13 Chambers, Zach | 12 Monte Vista | 2:02.18 | 1 |
| 14 Hunte, Andrew | 12 Deer Valley | 2:02.24 | 3 |
| 15 Mayer, Cody | 9 Liberty | 2:02.59 | 2 |
| 16 Holland, Will | 12 College Park | 2:02.92 | 1 |
| 17 Morford, Eric | 12 Heritage | 2:05.95 | 2 |
| 18 Voelkert, Jesse | 12 College Park | 2:06.55 | 1 |
| 19 Zelin, Matthew | Acalanes | 2:07.25 | 2 |
| 20 Renteria, Robert | 10 Heritage | 2:07.66 | 3 |
| 21 Timbrell, Joel | Alhambra | 2:08.77 | 1 |
| 22 Landberg, Matt | 12 Concord | 2:09.37 | 2 |
| 23 Gonzales, Maximian | 12 Pittsburg | 2:14.85 | 2 |
| 24 Do, George | 12 College Park | 2:15.75 | 3 |

Event 13 Girls 300 Meter Hurdles

NCS TV: R 44.49 1998 Carolyn King, Carondelet
MOC At Large: @ 46.36

| Name | Year School | Finals H# |
|----------------------|---------------------|-----------|
| 1 Wilson, Erica | 12 Deer Valley | 44.74@ 2 |
| 2 Barton, Katie | Acalanes | 46.33@ 1 |
| 3 Kruger, Sammi | 11 San Ramon Valley | 46.90 2 |
| 4 Schulz, Kirby | Miramonte | 46.99 3 |
| 5 Nelson, Meghan | Campolindo | 47.05 3 |
| 6 Edwards, Tori | 11 California | 47.53 1 |
| 7 Rompel, Jaime | Dublin | 47.59 3 |
| 8 Muller, Makenzie | 10 Foothill | 48.60 2 |
| 9 Delaria, Erin | 12 Northgate | 49.32 3 |
| 10 Vieira, Candice | 10 Granada | 49.56 1 |
| 11 Ingram, Amy | 10 Monte Vista | 50.50 2 |
| 12 Amack, Kenzie | Dougherty Valley | 50.55 1 |
| 13 Grobeck, Danielle | Acalanes | 51.24 3 |
| 14 Prior, Alysoun | 11 Ygnacio Valley | 51.29 2 |
| 15 Buhagiar, Katrina | 11 Clayton Valley | 51.48 2 |
| 16 Espinoza, Vanessa | 11 Freedom | 52.40 1 |
| 17 Villareal, Amanda | 9 Heritage | 52.72 3 |
| 18 Gregory, Ellen | 11 Concord | 54.33 1 |
| 19 Dunkley, Nicole | 10 Clayton Valley | 55.98 3 |

....Event 13 Girls 300 Meter Hurdles

| | | |
|------------------------|-----------------|---------------------|
| 20 Lefanowicz, Molly | 11 Carondelet | 58.58 3 |
| 21 White, Aquila | 10 College Park | 61.11 2 |
| -- Jackson, Aunschelle | 12 Heritage | DQ 1 |
| -- Wilson, Cherita | 11 Deer Valley | DQ 1 hand on hurdle |
| -- Walker, Mariah | 10 Freedom | DQ 2 hand on hurdle |

Event 14 Boys 300 Meter Hurdles

NCS TV: R 36.18 2005 David Klech, California
MOC At Large: @ 40.07

| Name | Year School | Finals H# |
|--------------------|---------------|-----------|
| 1 Grimble, Kenny | Las Lomas | 38.81@ 2 |
| 2 Blackmon, Raheem | 12 Mt. Diablo | 39.40@ 2 |
| 3 Kutchera, Kevin | 11 Granada | 40.26 3 |
| 4 Roland, Jeremy | 12 Granada | 40.53 1 |
| 5 Niese, Ryan | 12 Northgate | 41.55 3 |

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| | | | |
|-----------------------------|-------------------|-------|----------------------|
| 6 Ruh, Colin | 12 California | 41.87 | 3 |
| 7 Kinnee, Grant | 11 California | 42.01 | 2 |
| 8 Cosby, Javhan | 12 Deer Valley | 42.03 | 1 |
| 9 Macapagal, Matt | 10 Amador Valley | 42.19 | 2 |
| 10 Sabir-Anderson, Devontae | 12 Pittsburg | 42.33 | 3 |
| 11 Ihle, Craig | 11 Clayton Valley | 43.58 | 1 |
| 12 Davis, Cody | 12 Northgate | 43.65 | 1 |
| 13 Morgan, Jordan | 10 Freedom | 43.72 | 1 |
| 14 Covington, Travon | 10 Heritage | 43.88 | 2 |
| 15 Speck, Connor | Las Lomas | 43.98 | 3 |
| 16 Brodowy, Darren | Campolindo | 43.98 | 2 |
| 17 Jones, Austin | 11 Pittsburg | 44.22 | 3 |
| 18 Bittle, Ryan | 12 Antioch | 44.50 | 2 |
| 19 Chiba, Taiki | Acalanes | 44.58 | 3 |
| 20 Aboutalebi, Sourush | 11 College Park | 44.94 | 1 |
| 21 Abueg, Leiroy | Dublin | 45.12 | 1 |
| 22 Davis, Jabari | Dublin | 46.93 | 2 |
| -- Butterfield, Hiroki | 11 College Park | DQ | 1 out of lane |
| -- Barton, Michael | 11 DeLaSalle | DQ | 3 hurdle obstruction |

Event 15 Girls 200 Meter Dash

NCS TV: R 24.10 2000 Aishia Margain, Berkeley

MOC At Large: @ 25.90

| Name | Year School | Finals | Wind | H# |
|-----------------------|-------------------|--------|------|----|
| 1 Suleman, Khadija | 12 Antioch | 25.17@ | -0.2 | 3 |
| 2 Wilson, Taevionna | 12 Antioch | 25.71@ | -1.2 | 1 |
| 3 Mitchell, Noria | Dublin | 26.32 | -1.8 | 2 |
| 4 Gee, Joy | 12 Deer Valley | 26.36 | -1.2 | 1 |
| 5 Bateson, Suzanne | 12 Granada | 26.39 | -1.8 | 2 |
| 6 Cunningham, Jasmine | 12 Mt. Diablo | 26.40 | -0.2 | 3 |
| 7 Giles, Asha | 12 Heritage | 26.45 | -1.2 | 1 |
| 8 Fetsch, Nicole | 10 Amador Valley | 26.49 | -0.2 | 3 |
| 9 Bandayrel, Janelle | 10 Clayton Valley | 27.29 | -0.2 | 3 |
| 10 Smith, Kylee | 9 Heritage | 27.31 | -1.2 | 1 |
| 11 Lovelace, Amani | Dougherty Valley | 27.32 | -0.2 | 3 |

....Event 15 Girls 200 Meter Dash

| | | | | |
|-------------------------|--------------------|-------|------|---|
| 12 East, Monet | 11 Deer Valley | 27.40 | -1.8 | 2 |
| 13 Rodrigues, Marisa | 10 California | 27.41 | -1.8 | 2 |
| 14 Akanyirige, Precious | 9 Foothill | 27.43 | -1.8 | 2 |
| 15 Amack, Stephanie | Dougherty Valley | 27.52 | -1.2 | 1 |
| 16 Lukas, Haley | 9 Foothill | 27.54 | -0.2 | 3 |
| 17 Deakins, Kera | Miramonte | 27.72 | -0.2 | 3 |
| 18 Forrester, Jessica | 9 Clayton Valley | 27.79 | -1.8 | 2 |
| 19 Hinds, Jordan | Acalanes | 27.83 | -1.2 | 1 |
| 20 Rose, Jackie | 9 College Park | 28.00 | -1.2 | 1 |
| 21 Holliday, Devyn | 9 San Ramon Valley | 28.09 | -1.8 | 2 |
| 22 Dickerson, Kayla | 9 Northgate | 28.25 | -1.8 | 2 |
| 23 Baker, Amanda | 11 College Park | 28.78 | -1.2 | 1 |

Event 16 Boys 200 Meter Dash

NCS TV: R 21.58 2001 Chris Costa, California

MOC At Large: @ 22.76

| Name | Year School | Finals | Wind | H# |
|----------------|----------------|--------|------|----|
| 1 Simms, Shawn | 11 Deer Valley | 22.46@ | -0.8 | 1 |

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/21/2011
Track and Field Championships
Granada High School, Livermore, CA
Results - NCS Tri-Valley Championships

| | | |
|--------------------------|-------------------|---------------|
| 2 Stupka, Michael | 12 Clayton Valley | 22.47@ -0.5 2 |
| 3 Butler, Javen | 12 Pittsburg | 22.72@ -0.5 2 |
| 4 Perez, Adrian | 11 Freedom | 22.95 -0.5 2 |
| 5 Winston, Kevin | 12 DeLaSalle | 23.03 -0.8 1 |
| 6 Cuellar, Bryan | 12 Heritage | 23.10 -0.8 1 |
| 7 McCauley-Simmons, Alex | 10 Antioch | 23.11 -0.1 3 |
| 8 Coutermash, Cameron | 12 Monte Vista | 23.16 -0.1 3 |
| 9 Anderson, Christian | 12 Monte Vista | 23.40 -0.1 3 |
| 10 Smith, Caleb | Dougherty Valley | 23.46 -0.8 1 |
| 11 Johnson, Alec | 12 DeLaSalle | 23.52 -0.8 1 |
| 12 Walton, Michael | Acalanes | 23.68 -0.5 2 |
| 13 Lee, Charles | Dougherty Valley | 23.73 -0.5 2 |
| 14 Solit, Micah | Miramonte | 23.75 -0.1 3 |
| 15 Jones, Artis | Dublin | 24.08 -0.1 3 |
| 16 Brown, Keagan | 12 College Park | 24.48 -0.5 2 |
| 17 Booze, Kevin | Miramonte | 24.59 -0.8 1 |
| 18 Vargas-Keeton, Erin | 10 College Park | 24.89 -0.8 1 |
| 19 Athill, Nievil | 12 Concord | 25.43 -0.5 2 |

Event 17 Girls 3200 Meter Run

NCS TV: R 10:29.43 1996 Kristen Gordon, Carondelet
MOC At Large: @ 11:14.00

| Name | Year School | Finals |
|---------------------|-------------------|-----------|
| 1 Verdon, Carrie | Campolindo | 10:51.17@ |
| 2 Pianin, Jena | 10 Amador Valley | 10:56.26@ |
| 3 McVay, Elaine | 12 California | 11:11.19@ |
| 4 Novell, Carina | 11 Granada | 11:14.01 |
| 5 Gong, Maryann | 10 Granada | 11:17.53 |
| 6 Marggraff, Annie | Acalanes | 11:34.01 |
| 7 Farnan, Juliet | Campolindo | 11:38.63 |
| 8 Tate, Alex | 11 Clayton Valley | 11:45.61 |
| 9 Mundrane, Caitlyn | 9 Northgate | 11:48.73 |

....Event 17 Girls 3200 Meter Run

| | | |
|----------------------|---------------------|----------|
| 10 Martinez, Carmen | 12 Freedom | 11:50.04 |
| 11 Nickles, Shelby | Dublin | 11:50.76 |
| 12 Hebel, Liz | 11 San Ramon Valley | 11:51.19 |
| 13 Lommerin, Paige | 11 Amador Valley | 11:55.25 |
| 14 Mostatabi, Sara | Campolindo | 11:57.02 |
| 15 Broomand, Parisa | 10 College Park | 11:58.16 |
| 16 Shidara, Kazune | 11 College Park | 12:23.44 |
| 17 Schoenstein, Emma | 10 Clayton Valley | 12:39.92 |
| 18 Tilcock, Lisa | 10 Freedom | 12:43.08 |
| 19 Buckley, Marissa | 12 College Park | 12:43.68 |
| 20 Babinat, Jackie | 12 Heritage | 12:50.57 |
| 21 Hannigan, Claire | 10 Heritage | 13:02.95 |
| 22 Hansen, Alisa | 11 Liberty | 13:03.53 |

Event 18 Boys 3200 Meter Run

NCS TV: R 9:20.81 2004 Scott Bauhs, San Ramon Vall
MOC At Large: @ 9:30.62

| Name | Year School | Finals |
|---------------------|-----------------|---------|
| 1 Williams, Kyle | 12 DeLaSalle | 9:31.30 |
| 2 Van Meter, Conner | 11 DeLaSalle | 9:31.70 |
| 3 Bickert, Jeff | 12 College Park | 9:32.32 |

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/21/2011
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Granada High School, Livermore, CA
Results - NCS Tri-Valley Championships

| | | |
|------------------------|------------------|----------|
| 4 Johnson, Michael | 11 DeLaSalle | 9:32.98 |
| 5 Joyce, Thomas | Campolindo | 9:33.43 |
| 6 Compestine, Vinson | Campolindo | 9:35.36 |
| 7 Laucher, Dylan | Campolindo | 9:36.74 |
| 8 Hanson, Tyler | Miramonte | 9:43.30 |
| 9 Spangenberg, Stephan | 12 DeLaSalle | 9:54.65 |
| 10 Stewart, Matt | Miramonte | 9:58.08 |
| 11 Goltra, Aidan | Las Lomas | 9:59.63 |
| 12 Morford, Eric | 12 Heritage | 10:00.54 |
| 13 Shanks, Cooper | 12 College Park | 10:02.68 |
| 14 Stalters, Danny | 10 Northgate | 10:03.70 |
| 15 McCarthy, Connor | 10 Amador Valley | 10:12.61 |
| 16 Smiley, Josh | 12 Monte Vista | 10:19.53 |
| 17 Hermes, Arnie | 12 Northgate | 10:27.86 |
| 18 Pena, Noah | 10 Heritage | 10:29.04 |
| 19 Cornelius, Jared | 12 Antioch | 10:30.48 |
| 20 Condon, Danny | 9 Clayton Valley | 10:30.95 |
| 21 Valdez, Michael | 11 Freedom | 10:35.73 |
| 22 Sumner, Joel | 11 Northgate | 10:42.03 |
| -- Matejcek, Paul | 12 Deer Valley | DNF |

Event 19 Girls 4x400 Meter Relay

| | | |
|-------------------|---------|----------|
| NCS TV: R 3:51.31 | 2000 | Berkeley |
| MOC At Large: @ | 4:06.27 | |
| School | Finals | H# |
| 1 Antioch 'A' | 3:56.42 | @ 3 |
| 2 Monte Vista 'A' | 3:58.29 | @ 1 |
| 3 Miramonte 'A' | 4:00.23 | @ 1 |
| 4 Deer Valley 'A' | 4:03.36 | @ 2 |

....Event 19 Girls 4x400 Meter Relay

| | | |
|-------------------------|---------|-----|
| 5 Foothill 'A' | 4:03.51 | @ 2 |
| 6 Acalanes 'A' | 4:04.28 | @ 3 |
| 7 Heritage 'A' | 4:04.71 | @ 1 |
| 8 Clayton Valley 'A' | 4:04.89 | @ 1 |
| 9 San Ramon Valley 'A' | 4:05.05 | @ 3 |
| 10 Dougherty Valley 'A' | 4:08.79 | 2 |
| 11 Pittsburg 'A' | 4:09.35 | 3 |
| 12 Carondelet 'A' | 4:09.41 | 2 |
| 13 College Park 'A' | 4:11.51 | 1 |
| 14 Campolindo 'A' | 4:12.09 | 2 |
| 15 Granada 'A' | 4:17.52 | 3 |
| 16 Dublin 'A' | 4:24.28 | 2 |
| 17 Alhambra 'A' | 4:34.06 | 3 |
| 18 Freedom 'A' | 4:42.01 | 3 |
| 19 Concord 'A' | 4:55.33 | 2 |

Event 20 Boys 4x400 Meter Relay

| | | |
|---------------------|----------|-------------|
| NCS TV: R 3:20.95 | 2008 | Deer Valley |
| MOC At Large: @ | 3:28.09 | |
| School | Finals | H# |
| 1 Amador Valley 'A' | 3:19.39R | 1 |
| 2 Heritage 'A' | 3:23.51 | @ 2 |
| 3 Miramonte 'A' | 3:23.56 | @ 2 |
| 4 DeLaSalle 'A' | 3:23.91 | @ 3 |

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/21/2011

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Granada High School, Livermore, CA
Results - NCS Tri-Valley Championships

| | |
|-------------------------|------------|
| 5 Deer Valley 'A' | 3:24.87@ 3 |
| 6 San Ramon Valley 'A' | 3:25.72@ 1 |
| 7 College Park 'A' | 3:26.39@ 1 |
| 8 Las Lomas 'A' | 3:28.29 2 |
| 9 Campolindo 'A' | 3:29.29 3 |
| 10 Dougherty Valley 'A' | 3:31.36 2 |
| 11 California 'A' | 3:33.62 3 |
| 12 Monte Vista 'A' | 3:34.13 1 |
| 13 Alhambra 'A' | 3:35.28 3 |
| 14 Pittsburg 'A' | 3:36.71 1 |
| 15 Northgate 'A' | 3:36.75 1 |
| 16 Granada 'A' | 3:41.49 2 |
| 17 Freedom 'A' | 3:45.04 3 |
| 18 Concord 'A' | 3:45.30 3 |
| 19 Clayton Valley 'A' | 3:49.29 2 |
| 20 Liberty 'A' | 3:51.70 2 |
| 21 Ygnacio Valley 'A' | 3:58.18 1 |

Event 21 Girls High Jump

NCS TV: R 5-08 2008 Adrienne Johnson, Carondelet
MOC At Large: @ 5-02

| Name | Year | School | Finals |
|-------------------------------------|------|------------------|----------|
| 1 Rietveld, Celeste | 12 | Livermore | 5-03.00@ |
| 2 Mork, Kristen | 9 | Granada | 5-02.00@ |
| 3 Swanson, Hadley | | Campolindo | 5-00.00 |
| 3 Payne, Erica | 12 | Carondelet | 5-00.00 |
|Event 21 Girls High Jump | | | |
| 5 Francis, Valerie | 11 | Carondelet | J5-00.00 |
| 6 Franklin, Laura | 11 | Granada | J5-00.00 |
| 7 Amack, Kenzie | | Dougherty Valley | 4-10.00 |
| 8 Jenkins, Jasmine | | Dougherty Valley | J4-10.00 |
| 9 Roberts, Mackenzie | 10 | Northgate | J4-10.00 |
| 10 Reichenbach, Rachel | 9 | Foothill | J4-10.00 |
| 11 Coppa, Megan | 9 | Clayton Valley | 4-08.00 |
| 11 Kommer, Molly | 11 | Clayton Valley | 4-08.00 |
| 11 Wendt, Alyssa | | Miramonte | 4-08.00 |
| 11 Millington, Zoey | 9 | Heritage | 4-08.00 |
| 11 Biekert, Sydney | 9 | San Ramon Valley | 4-08.00 |
| 16 Dickerson, Kayla | 9 | Northgate | 4-06.00 |
| 16 Grobeck, Danielle | | Acalanes | 4-06.00 |
| -- Buhagiar, Natalie | 11 | Clayton Valley | NH |
| -- Becker, Ashley | 11 | Clayton Valley | NH |
| -- Kuykendall, Brittany | 11 | Heritage | NH |
| -- Shodeen, Nikayla | 11 | Heritage | NH |
| -- KcKee, Michaela | | Las Lomas | NH |
| -- Bergerhouse, Stefanie | 9 | Liberty | NH |
| -- Lehr, Kayleigh | 11 | Liberty | NH |

Event 22 Girls Pole Vault

NCS TV: R 12-01 2010 Lauryann Jiang, Las Lomas
MOC At Large: @ 10-05

| Name | Year | School | Finals |
|-----------------|------|-----------|-----------|
| 1 Gemar, Megan | | Las Lomas | 11-08.00@ |
| 2 Virdi, Cimran | | Las Lomas | 10-11.00@ |

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/21/2011
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Granada High School, Livermore, CA
Results - NCS Tri-Valley Championships

| | | |
|-------------------------|---------------------|-----------|
| 3 Craig, Jordan | 12 Foothill | 10-02.00 |
| 4 Beaulieu, Stephanie | 11 Livermore | J10-02.00 |
| 5 Duvalyan, Angela | 11 Amador Valley | 9-08.00 |
| 5 Wendt, Alyssa | Miramonte | 9-08.00 |
| 7 Serame, Erica | Dougherty Valley | J9-08.00 |
| 8 Terada, Kaylin | 12 Monte Vista | J9-08.00 |
| 9 Consani, Nora | 11 San Ramon Valley | J9-08.00 |
| 10 Delaria, Erin | 12 Northgate | J9-08.00 |
| 11 Stang, Makenzie | 11 California | 9-02.00 |
| 11 Tao, Diana | Las Lomas | 9-02.00 |
| 13 Fancey, Michelle | 10 Liberty | 8-08.00 |
| 13 Gryko, Gaby | Campolindo | 8-08.00 |
| 15 Lehr, Kayleigh | 11 Liberty | 8-02.00 |
| 16 Roberts, Mackenzie | 10 Northgate | 7-08.00 |
| -- Griffitts, Alexandra | 11 College Park | NH |
| -- Millington, Zoey | 9 Heritage | NH |
| -- Yonemoto, Amy | 11 Freedom | NH |
| -- Schwartz, Dakota | 11 Heritage | NH |

Event 23 Girls Long Jump

NCS TV: R 19-03 1996 Pia McAllister, Clayton Valley
MOC At Large: @ 17-05

| Name | Year | School | Finals | Wind |
|-------------------------|------|------------------|---------------|------|
| 1 Jenkins, Darnella | 12 | Deer Valley | 18-04.00@ NWI | |
| 2 Swanson, Hadley | | Campolindo | 17-06.50@ NWI | |
| 3 McDonald, Devon | | Miramonte | 17-00.00 NWI | |
| 4 Harlan, Audrena | 11 | Deer Valley | 16-10.00 NWI | |
| 5 Ketner, Danielle | 11 | Amador Valley | 16-06.50 NWI | |
| 6 Medor, Sarah | 10 | Foothill | 16-05.50 NWI | |
| 7 Vujovich, Lauren | 12 | Monte Vista | J16-05.50 NWI | |
| 8 Biekert, Sydney | 9 | San Ramon Valley | 16-01.50 NWI | |
| 9 Bergerhouse, Stefanie | 9 | Liberty | 16-00.00 NWI | |
| 10 Carrington, Lisa | | Acalanes | 15-07.50 NWI | |
| 11 Delamater, Meghan | 12 | Freedom | 15-07.00 NWI | |
| 12 Hollshwandner, Amy | | Acalanes | 15-05.50 NWI | |
| 13 Coyle, Allison | 11 | Northgate | 15-05.25 NWI | |
| 14 Neuhoff, Megan | 10 | Heritage | 15-04.00 NWI | |
| 15 Call, Rachel | 11 | Monte Vista | 15-03.00 NWI | |
| 15 Allen, Lindsey | | Dougherty Valley | 15-03.00 NWI | |
| 17 Randolph, Tracy | 9 | Concord | 15-02.00 NWI | |
| 18 Huddleston, Felicia | 11 | Clayton Valley | 14-07.25 NWI | |
| 19 Czarnecki, Julia | 11 | Carondelet | 14-03.75 NWI | |
| 20 Chavoya, Lynette | 11 | Liberty | 14-03.00 NWI | |
| 21 Duran, Katy | 12 | College Park | 13-09.00 NWI | |
| 22 Jordan, Jessica | 9 | College Park | 13-06.00 NWI | |

Event 24 Girls Triple Jump

NCS TV: R 38-03.75 2008 Ese Ntekume, Deer Valley
MOC At Large: @ 35-08

| Name | Year | School | Finals | Wind |
|------------------------|------|----------------|--------------|------|
| 1 Harlan, Audrena | 11 | Deer Valley | 35-05.00 NWI | |
| 2 Ze, Tori | 10 | Granada | 35-03.50 NWI | |
| 3 Biermayer, Katherine | 12 | Carondelet | 35-01.50 NWI | |
| 4 Holt, Sara | 9 | Clayton Valley | 34-00.75 NWI | |

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/21/2011

Track and Field Championships
Granada High School, Livermore, CA
Results - NCS Tri-Valley Championships

| | | | |
|------------------------|-------------------|----------|-----|
| 5 Vujovich, Lauren | 12 Monte Vista | 33-10.50 | NWI |
| 6 Rietveld, Celeste | 12 Livermore | 33-09.75 | NWI |
| 7 Smoot, Nicole | 11 Amador Valley | 33-02.00 | NWI |
| 8 Veal, Kierra | 12 Liberty | 32-06.75 | NWI |
| 9 Jayachandrand, Rhea | Campolindo | 32-02.75 | NWI |
| 10 Coyle, Allison | 11 Northgate | 31-09.25 | NWI |
| 11 Magana, Paloma | Campolindo | 31-08.50 | NWI |
| 12 Reichenbach, Rachel | 9 Foothill | 31-07.75 | NWI |
| 13 Neuhoff, Megan | 10 Heritage | 31-01.50 | NWI |
| 14 McDonald, Devon | Miramonte | 31-00.00 | NWI |
| 15 Buhagiar, Katrina | 11 Clayton Valley | 30-11.00 | NWI |
| 16 Moon, Danielle | Dublin | 30-03.75 | NWI |
| 17 Buhagiar, Natalie | 11 Clayton Valley | 29-11.00 | NWI |
| 18 Chavoya, Lynette | 11 Liberty | 29-09.75 | NWI |
| 19 Kommer, Molly | 11 Clayton Valley | 29-06.75 | NWI |
| 20 Armstead, Mikaela | 12 Pittsburg | 29-04.00 | NWI |
| 21 Ambrose, Kayla | 12 Liberty | 28-11.00 | NWI |

....Event 24 Girls Triple Jump

| | | | |
|----------------------|-----------|----------|-----|
| 22 Grobeck, Danielle | Acalanes | 28-03.75 | NWI |
| 23 Tucker, Kelly | Miramonte | 26-03.75 | NWI |

Event 25 Girls Shot Put

NCS TV: R 44-11.50 2000 Amada Garcia, Carondelet

MOC At Large: @ 35-03.25

| Name | Year School | Finals |
|-----------------------|-------------------|-----------|
| 1 Adesida, Praise | Alhambra | 41-09.00@ |
| 2 Taito, Chantell | 10 Deer Valley | 38-08.50@ |
| 3 Hingano, Vosa | 12 California | 37-01.50@ |
| 4 Acton, Monica | 11 Amador Valley | 34-01.75 |
| 5 West, Molly | Alhambra | 32-04.50 |
| 6 Udoeh, Idorenyin | 12 Pittsburg | 31-03.75 |
| 7 Corby, Chelsea | 9 Northgate | 31-03.00 |
| 8 Ajwang, Sarah | 11 College Park | 30-11.50 |
| 9 Merkur, Nina | 10 California | 30-08.50 |
| 10 Macy, Margaret | Campolindo | 30-02.75 |
| 11 Regan, Kaitlyn | 11 Carondelet | 29-10.75 |
| 12 Ambrose, Kayla | 12 Liberty | 29-06.50 |
| 13 Oubre, Faith | 12 College Park | 28-04.75 |
| 14 Reid, Megan | Miramonte | 28-04.25 |
| 15 Irwin, Jessica | 9 Granada | 28-03.50 |
| 16 Mason-Briggs, T'Pa | 11 Pittsburg | 27-11.75 |
| 17 Mabrey, Jurnee | Dougherty Valley | 27-11.00 |
| 18 Woods, Cara | 10 Clayton Valley | 27-10.00 |
| 19 Wilkinson, Brianna | Acalanes | 27-02.75 |
| 20 Costello, Jessica | 12 Antioch | 27-01.50 |
| 21 Muonekwu, Bianca | 9 Concord | 26-07.00 |
| 22 D'Sousa, Nicole | 12 Carondelet | 26-01.50 |

Event 26 Girls Discus Throw

NCS TV: R 141-03 2003 Alexaraee Toeaina, Pittsburg

MOC At Large: @ 110-06

| Name | Year School | Finals |
|--------------------|------------------|---------|
| 1 Acton, Monica | 11 Amador Valley | 119-05@ |
| 2 Doylemason, Rose | 11 Foothill | 118-09@ |

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/21/2011

Track and Field Championships
Granada High School, Livermore, CA
Results - NCS Tri-Valley Championships

| | | |
|------------------------|------------------|---------|
| 3 Adesida, Praise | Alhambra | 104-09 |
| 4 Macy, Jane | Campolindo | 102-02 |
| 5 Butler, Cassie | Las Lomas | J102-02 |
| 6 Macy, Margaret | Campolindo | 101-02 |
| 7 Wilber, Caitlin | 11 California | 100-07 |
| 8 D'Sousa, Nicole | 12 Carondelet | 96-02 |
| 9 Wilkinson, Brianna | Acalanes | 95-03 |
| 10 West, Molly | Alhambra | 89-07 |
| 11 Park, Tara | 10 Amador Valley | 86-10 |
| 12 Hingano, Vosa | 12 California | 85-10 |
| 13 Bettancourt, Monica | 11 Liberty | 84-03 |
| 14 Ambrose, Kayla | 12 Liberty | 80-07 |
| 15 Costello, Jessica | 12 Antioch | 80-05 |
| 16 Udoeh, Idorenyin | 12 Pittsburg | 79-00 |

....Event 26 Girls Discus Throw

| | | |
|--------------------|-------------------|-------|
| 17 Elmore, Tyler | 11 Liberty | 78-04 |
| 18 Simms, Nichole | 10 Clayton Valley | 75-11 |
| 19 Peele, Nina | 11 Heritage | 72-03 |
| 20 Oubre, Faith | 12 College Park | 68-01 |
| 21 Woods, Cara | 10 Clayton Valley | 58-03 |
| 22 Barnes, Georgia | 11 Northgate | 56-00 |
| 23 Corby, Chelsea | 9 Northgate | 50-03 |
| -- Alden, Katie | 12 College Park | XND |

Event 27 Boys High Jump

NCS TV: R 6-08 2008 Tony McCan, Foothill

MOC At Large: @ 6-01

| Name | Year | School | Finals |
|----------------------|------|------------------|-----------|
| 1 Frazier, Noel | 11 | California | 6-08.00R |
| 2 Eng, Billy | 12 | Heritage | 6-04.00@ |
| 3 Drew, Damiaray | 11 | Livermore | 6-02.00@ |
| 4 Kicenski, Mike | 12 | Freedom | J6-02.00@ |
| 5 Gardner, Ian | 12 | San Ramon Valley | J6-02.00@ |
| 6 Tyler, Matt | 10 | Granada | 6-00.00 |
| 7 Fashola, Kunle | 12 | Clayton Valley | J6-00.00 |
| 8 Williams, Zati | | Miramonte | J6-00.00 |
| 8 Carter, Taylor | | Dougherty Valley | J6-00.00 |
| 10 Hochhaus, Kohlden | | Las Lomas | 5-10.00 |
| 10 Williams, Jeremy | 9 | Granada | 5-10.00 |
| 10 Obodo, Clifford | 11 | Heritage | 5-10.00 |
| 10 Matthews, Edwin | | Las Lomas | 5-10.00 |
| 10 Isola, Nick | 11 | Liberty | 5-10.00 |
| 15 Trosclair, Chris | | Dougherty Valley | 5-08.00 |
| 15 Brown, Montel | 10 | Pittsburg | 5-08.00 |
| 15 David, Jordan | | Dublin | 5-08.00 |
| 18 Brewer, Christian | 12 | Northgate | 5-06.00 |
| 18 Pham, Anthony | 12 | Ygnacio Valley | 5-06.00 |
| 18 Bowman, Anthony | 11 | Heritage | 5-06.00 |
| -- Stapleton, Tim | 11 | Northgate | NH |
| -- Pereira, Joseph | 11 | Amador Valley | NH |
| -- Pascal, Stirling | 10 | Clayton Valley | NH |

Event 28 Boys Pole Vault

NCS TV: R 17-00 2008 Justin Miller, California

MOC At Large: @ 13-02

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/21/2011

Track and Field Championships
Granada High School, Livermore, CA
Results - NCS Tri-Valley Championships

| Name | Year School | Finals |
|------|-------------|--------|
|------|-------------|--------|

| | | |
|-------------------|---------------------|------------|
| 1 Van Wyck, James | 12 DeLaSalle | 15-02.00@ |
| 2 Barber, Colin | 11 San Ramon Valley | J15-02.00@ |
| 3 Bueno, Jace | 12 Granada | 13-08.00@ |
| 4 Julyk, Noah | Las Lomas | J13-08.00@ |
| 5 Tuckness, Kevin | 11 San Ramon Valley | 13-02.00@ |
| 5 Morales, Jesus | 11 Liberty | 13-02.00@ |
| 7 Yorkey, Ben | 11 California | J13-02.00@ |
| 8 Delonzor, Dylan | Dougherty Valley | J13-02.00@ |
| 9 Dreyer, Joe | Acalanes | J13-02.00@ |

....Event 28 Boys Pole Vault

| | | |
|----------------------|---------------------|----------|
| 10 Obrinsky, Will | 12 San Ramon Valley | 12-08.00 |
| 10 Bowman, Anthony | 11 Heritage | 12-08.00 |
| 10 Del Valle, Andres | Campolindo | 12-08.00 |
| 13 Kneppers, Andrew | 11 Northgate | 12-02.00 |
| 14 Brewer, Christian | 12 Northgate | 11-08.00 |
| 15 Bishop, Clint | 10 Liberty | 11-02.00 |
| 15 Smith, Jonathan | 12 Pittsburg | 11-02.00 |
| 15 DelCastillo, Gabe | Dougherty Valley | 11-02.00 |
| 18 Morris, Jack | Miramonte | 10-08.00 |
| 18 Bigness, Grant | 10 Freedom | 10-08.00 |
| -- Haggmann, Wesley | 12 Heritage | NH |
| -- Asberry, Charles | 12 Northgate | NH |
| -- Nidetz, Michael | 12 College Park | NH |
| -- Bauermeister, Max | 12 Ygnacio Valley | NH |

Event 29 Boys Long Jump

NCS TV: R 23-05 2008 Chase Wheeler, De La Salle
MOC At Large: @ 21-06.75

| Name | Year School | Finals | Wind |
|------|-------------|--------|------|
|------|-------------|--------|------|

| | | | |
|------------------------|-------------------|---------------|--|
| 1 Crockett, Keremiah | Dublin | 22-07.50@ NWI | |
| 2 Simms, Shawn | 11 Deer Valley | 22-02.50@ NWI | |
| 3 Walker, Miles | 11 Pittsburg | 21-11.25@ NWI | |
| 3 Johnson, Karris | 10 California | 21-11.25@ NWI | |
| 5 Drew, Damiaray | 11 Livermore | 21-10.00@ NWI | |
| 6 Cooper, D'Amora | 12 Freedom | 21-09.00@ NWI | |
| 7 Vaughan, Cameron | 11 Foothill | 21-08.50@ NWI | |
| 8 Wicker, Devin | 11 Foothill | 21-03.50 NWI | |
| 9 Cook, Connor | 10 Monte Vista | 21-02.00 NWI | |
| 10 Baldacci, Matthew | 10 DeLaSalle | 21-00.00 NWI | |
| 10 Fulcher, Paul | Dougherty Valley | 21-00.00 NWI | |
| 12 West, Nicholas | 10 Liberty | 20-11.00 NWI | |
| 13 Davis, Bobby | 11 Liberty | 20-10.25 NWI | |
| 14 Ihle, Craig | 11 Clayton Valley | 20-03.50 NWI | |
| 15 Villanueva, Juan | 12 Ygnacio Valley | 19-11.00 NWI | |
| 16 Butterfield, Hiroki | 11 College Park | 19-08.00 NWI | |
| 17 Richard, Eric | Alhambra | 19-07.00 NWI | |
| 17 Croft, Jonny | 11 College Park | 19-07.00 NWI | |
| 19 Fashola, Kunle | 12 Clayton Valley | 19-04.25 NWI | |
| 20 Bismillah, Malik | Dougherty Valley | 19-00.50 NWI | |
| 21 Hill, Kyle | Las Lomas | 19-00.00 NWI | |
| 22 Knox, Tony | Campolindo | 18-05.75 NWI | |

Event 30 Boys Triple Jump

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/21/2011
Track and Field Championships
Granada High School, Livermore, CA
Results - NCS Tri-Valley Championships

NCS TV: R 49-00 2009 Hammed Suleman, Deer Valley
MOC At Large: @ 43-09.50

| Name | Year | School | Finals | Wind |
|------|------|--------|--------|------|
|------|------|--------|--------|------|

| | | | |
|----------------------|------------------|-----------|-----|
| 1 Crockett, Keremiah | Dublin | 47-11.50@ | NWI |
| 2 Jenkins, Josh | 11 DeLaSalle | 45-09.50@ | NWI |
| 3 Copeman, Randy | 11 Amador Valley | 45-06.75@ | NWI |
| 4 Viera, Ryan | 11 Granada | 44-10.75@ | NWI |

....Event 30 Boys Triple Jump

| | | | |
|------------------------|---------------------|-----------|-----|
| 5 Fulcher, Paul | Dougherty Valley | 44-00.00@ | NWI |
| 6 Tyler, Matt | 10 Granada | 43-11.75@ | NWI |
| 7 West, Nicholas | 10 Liberty | 43-04.00 | NWI |
| 8 Peterson, Trent | 12 San Ramon Valley | 43-01.50 | NWI |
| 9 Rolleri, Kyle | 11 Monte Vista | 42-10.00 | NWI |
| 10 Webster, Nsimba | 9 Deer Valley | 42-06.75 | NWI |
| 11 Fashola, Kunle | 12 Clayton Valley | 42-05.75 | NWI |
| 12 Bismillah, Malik | Dougherty Valley | 42-01.00 | NWI |
| 13 David, Jordan | Dublin | 42-00.00 | NWI |
| 14 Adkerson, Leonard | Acalanes | 40-11.00 | NWI |
| 15 Davis, Christopher | 9 Liberty | 40-10.25 | NWI |
| 16 Morgan, Jordan | 10 Freedom | 40-07.75 | NWI |
| 17 Lansang, Kevin | 12 Northgate | 40-04.75 | NWI |
| 18 Butterfield, Hiroki | 11 College Park | 40-04.50 | NWI |
| 19 Villanueva, Juan | 12 Ygnacio Valley | 39-06.75 | NWI |
| 20 Isola, Nick | 11 Liberty | 39-01.50 | NWI |
| 21 Trosclair, Chris | Dougherty Valley | 38-07.25 | NWI |
| 22 Itson, Rashad | 12 Pittsburg | 38-01.50 | NWI |
| 23 Velasquez, Anthony | 12 Clayton Valley | 37-09.75 | NWI |

Event 31 Boys Shot Put

NCS TV: R 62-11 2008 Chris Krychev, Monte Vista
MOC At Large: @ 48-03.50

| Name | Year | School | Finals |
|------|------|--------|--------|
|------|------|--------|--------|

| | | | |
|-----------------------|---------------------|-----------|--|
| 1 Rounds, Jake | 12 Heritage | 57-11.00@ | |
| 2 Teichman, Ben | 12 San Ramon Valley | 54-02.50@ | |
| 3 Mo, Andrew | 12 San Ramon Valley | 54-00.50@ | |
| 4 Brassil, T.J. | 11 DeLaSalle | 52-06.00@ | |
| 5 Horncliff, Alex | 12 Heritage | 52-02.50@ | |
| 6 Lacey, John | 12 Pittsburg | 51-10.00@ | |
| 7 Hooper, Austin | 10 DeLaSalle | 48-00.50 | |
| 8 Moore, Max | 10 Northgate | 46-09.00 | |
| 9 Nunez, Jonathan | Dougherty Valley | 46-03.50 | |
| 10 Brumbaugh, Griffin | Campolindo | 44-00.00 | |
| 11 Lim, Brandon | 9 Monte Vista | 43-10.00 | |
| 12 Collins, Shaun | Dougherty Valley | 43-01.00 | |
| 13 Mazza, Nick | 12 Clayton Valley | 42-03.50 | |
| 14 Armas, Juan | 11 Antioch | 41-08.00 | |
| 15 Thomas, Matt | Acalanes | 41-06.00 | |
| 16 Tirado, Peter | 12 Antioch | 40-05.00 | |
| 17 Stom, Derrick | Las Lomas | 40-04.00 | |
| 18 Ellison, Rudy | 12 Clayton Valley | 40-03.00 | |
| 19 Chapple, Cody | 12 Concord | 39-09.50 | |
| 20 Bauman, Luke | 10 Liberty | 38-04.50 | |
| 21 O'Brien, Steven | 9 College Park | 37-02.00 | |
| 22 Moreland, Ardie | Dublin | 37-01.50 | |

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/21/2011**Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

23 Levy, Joshua 10 College Park 35-08.50

Event 32 Boys Discus Throw

NCS TV: R 186-00 2010 Zach Coniglio, Alhambra

MOC At Large: @ 147-07

| Name | Year | School | Finals |
|-----------------------|------|------------------|--------|
| 1 Esparza, Matthew | 10 | Amador Valley | 146-05 |
| 2 Horncliff, Alex | 12 | Heritage | 145-08 |
| 3 Hooper, Austin | 10 | DeLaSalle | 144-01 |
| 4 Rounds, Jake | 12 | Heritage | 143-06 |
| 5 Teichman, Ben | 12 | San Ramon Valley | 141-04 |
| 6 Sword, Ian | 12 | California | 139-00 |
| 7 Tirado, Peter | 12 | Antioch | 135-06 |
| 8 Moore, Max | 10 | Northgate | 132-00 |
| 9 Thomas, Matt | | Acalanes | 131-05 |
| 10 Thacker, Kyle | 11 | Heritage | 128-03 |
| 11 Domondon, Gabe | 12 | Livermore | 126-07 |
| 12 Brumbaugh, Griffin | | Campolindo | 124-04 |
| 13 Brooks-Brown, Java | 11 | Pittsburg | 123-09 |
| 14 Collins, Shaun | | Dougherty Valley | 119-05 |
| 15 Precott, Vance | | Campolindo | 118-00 |
| 16 Garske, Kevin | 11 | DeLaSalle | 117-01 |
| 17 O'Brien, Steven | 9 | College Park | 114-11 |
| 18 Bergero, Jordan | 10 | Clayton Valley | 111-07 |
| 18 Eddy, Brenden | 12 | Clayton Valley | 111-07 |
| 20 Blackburn, Roger | 10 | Concord | 100-05 |
| 20 Nunez, Jonathan | | Dougherty Valley | 100-05 |
| 22 Hearns, Tyler | | Dublin | 97-06 |
| 23 Levy, Joshua | 10 | College Park | 89-11 |

Women - Team Rankings - 16 Events Scored

| | | | |
|----------------------|-------|----------------------|-------|
| 1) Deer Valley | 84 | 2) Antioch | 54 |
| 3) Campolindo | 47 | 4) Granada | 40.50 |
| 5) Amador Valley | 25.50 | 5) Miramonte | 25.50 |
| 7) Acalanes | 25 | 7) California | 25 |
| 9) Monte Vista | 21.50 | 10) Las Lomas | 20 |
| 11) Carondelet | 19 | 12) Alhambra | 18 |
| 12) Dublin | 18 | 14) Foothill | 17 |
| 15) San Ramon Valley | 16 | 16) Livermore | 15 |
| 17) Freedom | 6 | 17) Heritage | 6 |
| 19) Clayton Valley | 4 | 20) Dougherty Valley | 3 |
| 20) Mt. Diablo | 3 | 22) Ygnacio Valley | 2 |
| 23) Pittsburg | 1 | | |

Men - Team Rankings - 16 Events Scored

| | | | |
|------------------|----|---------------------|-------|
| 1) DeLaSalle | 76 | 2) Heritage | 56 |
| 3) Amador Valley | 51 | 4) San Ramon Valley | 36.50 |
| 5) Granada | 31 | 6) Deer Valley | 30 |
| 7) Freedom | 28 | 8) Monte Vista | 23 |
| 9) Las Lomas | 22 | 10) Clayton Valley | 20 |
| 10) Dublin | 20 | 10) California | 20 |
| 13) College Park | 16 | 13) Miramonte | 16 |
| 15) Pittsburg | 14 | 16) Livermore | 10 |

NCS/Les Schwab Tires Tri-Valley Area Meet - 5/21/2011**Track and Field Championships****Granada High School, Livermore, CA****Results - NCS Tri-Valley Championships**

17) Mt. Diablo 8 18) Campolindo 7

....Event 32 Boys Discus Throw

19) Northgate 6 20) Dougherty Valley 2

20) Alhambra 2 22) Liberty 1.50