

Licensed to Amador Valley High School HY-TEK's Meet Manager 5/12/2012 04:38 PM  
 EBAL Championships 2012 - 5/9/2012 to 5/12/2012  
 San Ramon Valley High School  
 Results

Event 33 Girls 4x100 Meter Relay Frosh/Soph

School	Finals
1 Carondelet 'A'	52.21
2 Monte Vista 'A'	52.42
3 California 'A'	52.71
4 San Ramon Valley 'A'	52.76
5 Foothill 'A'	54.64
6 Granada 'A'	56.76

Event 34 Boys 4x100 Meter Relay Frosh/Soph

School	Finals
1 San Ramon Valley 'A'	45.66
2 Amador Valley 'A'	45.99
3 California 'A'	46.61
4 Granada 'A'	46.89
5 Foothill 'A'	46.98
-- Monte Vista 'A'	DNF

Event 1 Girls 4x100 Meter Relay Varsity

School	Finals
EBAL: R 48.60 2006 San Ramon Valley, San Ramon Valley Adams, Fogarty, Golliher, Weaver	
NCS At-Large: @ 49.63	
1 Monte Vista 'A'	48.89@
2 San Ramon Valley 'A'	49.06@
3 California 'A'	50.00
4 Foothill 'A'	50.06
5 Amador Valley 'A'	50.43
6 Carondelet 'A'	50.80
-- Livermore 'A'	DQ

Event 2 Boys 4x100 Meter Relay Varsity

School	Finals
EBAL: R 42.08 2009 De La Salle, De La Salle Ward, Egu, Wheeler, Knowles	
NCS At-Large: @ 43.29	
1 Amador Valley 'A'	42.46@
2 DeLaSalle 'A'	42.69@
3 Foothill 'A'	43.98
4 Monte Vista 'A'	44.05
5 San Ramon Valley 'A'	44.42
6 California 'A'	44.80
7 Livermore 'A'	45.44

Event 35 Girls 1600 Meter Run Frosh/Soph

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6:31.10 STD

Name	Year	School	Finals
1 Anex, Dana	9	Livermore	5:23.84 STD
2 Lutz, Carly	10	San Ramon Va	5:27.93 STD
3 Hernandez, Alexandria	10	Livermore	5:31.74 STD
4 Dunlap, Kailey	10	San Ramon Va	5:32.27 STD
5 Carey, Caroline	9	Monte Vista	5:40.05 STD
6 Sage, Emma	9	Amador Valle	5:44.03 STD
7 Leach, Regan	9	San Ramon Va	5:45.87 STD
8 Koussa, Rana	9	California	5:46.18 STD
9 Lego, Alisa	9	California	5:46.51 STD
10 Miller, Hayley	9	Carondelet	5:52.89 STD
11 Regan, Jackie	9	Carondelet	5:54.64 STD
12 Hammill, Christy	9	San Ramon Va	5:55.71 STD

## Event 36 Boys 1600 Meter Run Frosh/Soph

5:05.44 STD

Name	Year	School	Finals
1 Intravaia, Jason	10	San Ramon Va	4:37.92 STD
2 Crose, Jackson	9	Livermore	4:37.93 STD
3 Beston, Zach	9	Amador Valle	4:42.91 STD
4 Wanket, Sean	9	DeLaSalle	4:43.25 STD
5 Johnson, Andrew	9	DeLaSalle	4:43.71 STD
6 Hammill, John	9	San Ramon Va	4:46.94 STD
7 Hoggatt, Austin	10	Granada	4:50.17 STD
8 Horning, Austin	10	Granada	4:50.31 STD
9 Mulholland, Pat	9	San Ramon Va	4:51.43 STD
10 Jyothiprakash, Amar	10	Foothill	4:51.69 STD
11 Gambill, Tyler	10	San Ramon Va	4:56.18 STD
12 Colaco, Ryan	10	San Ramon Va	5:01.98 STD

## Event 3 Girls 1600 Meter Run Varsity

EBAL: R 4:56.55 2007 Diana George, Livermore

NCS At-Large: @ 5:10.14

5:56.74 STD

Name	Year	School	Finals
1 Ricks, Madison	10	California	4:59.25@STD
2 Pianin, Jena	11	Amador Valle	5:01.05@STD
3 Bayliss, Christine	9	San Ramon Va	5:04.69@STD
4 Dimitis, Natalie	12	Livermore	5:05.62@STD
5 Novell, Carina	12	Granada	5:07.39@STD
6 Girardelli, Kelsey	12	Granada	5:08.91@STD
7 Gong, Maryann	11	Granada	5:16.33 STD
8 Horning, Alyssa	12	Granada	5:17.56 STD
9 Smiley, Katharine	11	Monte Vista	5:21.95 STD
10 Geasa, Annie	11	Foothill	5:32.06 STD
11 Byrnes, Emily	10	Granada	5:32.80 STD
12 Franklin, Sarah	10	Granada	5:35.00 STD

## Event 4 Boys 1600 Meter Run Varsity

EBAL: R 4:14.27 1996 Micheil Jones, Livermore

NCS At-Large: @ 4:21.43

4:53.95 STD

Name	Year	School	Finals
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1	Fuhriman, Trevor	12	Monte Vista	4:14.88@STD
2	Deuel, Parker	12	San Ramon Va	4:18.85@STD
3	Salk, Grant	12	Granada	4:24.26 STD
4	Devries, Matt	11	San Ramon Va	4:27.46 STD
5	Infald, Blane	12	Amador Valle	4:27.83 STD
6	Schlachte, Jacob	11	Amador Valle	4:28.11 STD
7	Baumann, Nicco	12	San Ramon Va	4:28.12 STD
8	Shafi, Jacob	12	Amador Valle	4:32.08 STD
9	Feldman, Andrew	12	Monte Vista	4:33.46 STD
10	Paniagua, Brian	11	California	4:34.81 STD
11	Brennan, Walter	10	DeLaSalle	4:36.62 STD
12	Pisenti, Jake	11	San Ramon Va	4:40.44 STD

Event 37 Girls 100 Meter Hurdles Frosh/Soph

24.39 STD

Name	Year	School	Finals	Wind
1	Gershman, Ariel	9	Amador Valle	18.04 STD NWI
2	Burg, Cassidy	9	California	18.49 STD NWI
3	Tomita, Haruka	10	Foothill	18.62 STD NWI
4	Porter, Alexia	10	Livermore	18.98 STD NWI
5	Ho, Joyce	9	California	19.65 STD NWI
6	McNeil, Paige	10	Monte Vista	22.73 STD NWI
--	Hess, Madissen	9	Carondelet	DNF NWI
--	Brewster, Misha	9	Livermore	DQ NWI

Event 5 Girls 100 Meter Hurdles Varsity

EBAL: R 14.84 1999

Simone Brooks, Berkeley

NCS At-Large: @ 15.34

21.76 STD

Name	Year	School	Finals	Wind
1	Edwards, Tori	12	California	15.85 STD 0.2
2	Kruger, Sammi	12	San Ramon Va	16.92 STD 0.2
3	Williams, Chloe	11	Carondelet	17.03 STD 0.2
4	Fletcher, Meghan	10	Amador Valle	17.17 STD 0.2
5	Vieira, Candice	11	Granada	17.35 STD 0.2
6	Muller, Makenzie	11	Foothill	17.37 STD 0.2
7	Dukes, Casey	10	Livermore	18.01 STD 0.2
8	Ze, Torii	11	Granada	19.84 STD 0.2

Event 38 Boys 110 Meter Hurdles Frosh/Soph

23.15 STD

Name	Year	School	Finals	Wind
1	Tang, Michael	10	Foothill	17.35 STD NWI
2	Brower-Douglas, Owen	10	Amador Valle	19.04 STD NWI
3	Cinterino, Tryveon	10	Livermore	19.40 STD NWI
4	Moore, Wyatt	10	San Ramon Va	19.45 STD NWI
5	Ma, Anthony	9	Foothill	19.49 STD NWI
6	Crinnion, David	10	California	19.49 STD NWI
7	Piliotis, George	10	Amador Valle	19.61 STD NWI
8	Ng, Sam	9	California	20.07 STD NWI

Event 6 Boys 110 Meter Hurdles Varsity

EBAL: R 13.99 2006

David Klech, California

NCS At-Large: @ 15.29

20.58 STD

Name	Year	School	Finals	Wind
1 Morris, Marquis	10	DeLaSalle	14.93@STD	0.4
2 Kutchera, Kevin	12	Granada	15.05@STD	0.4
3 Moss, Jordan JD	12	Granada	15.72 STD	0.4
4 Peters, Sam	11	Amador Valle	15.91 STD	0.4
5 Marcotte, Michael	11	DeLaSalle	16.48 STD	0.4
6 Kapulica, Griffen	12	San Ramon Va	16.49 STD	0.4
7 Thomas, Sheldon	11	Monte Vista	16.80 STD	0.4
8 Coats, Earl	11	DeLaSalle	16.86 STD	0.4

Event 39 Girls 400 Meter Dash Frosh/Soph

78.11 STD

Name	Year	School	Finals
1 Gwynn, Michaela	10	San Ramon Va	62.34 STD
2 Wali, Farrah	10	Monte Vista	63.44 STD
3 Dorado, Rachel	9	Monte Vista	64.12 STD
4 Delaney, Kaelin	9	California	64.99 STD
5 Hoang, Jessica	10	Granada	65.82 STD
6 Sherve, McKenna	9	San Ramon Va	66.11 STD
7 Pinon, Jenelle	10	Carondelet	66.76 STD
8 Mitra, Shakuntala	9	Foothill	68.95 STD

Event 40 Boys 400 Meter Dash Frosh/Soph

58.61 STD

Name	Year	School	Finals
1 Wilson, Wade	10	San Ramon Va	52.10 STD
2 Brown, Marcus		DeLaSalle	53.03 STD
3 Sasaki, Michael	9	DeLaSalle	54.11 STD
4 Darling, Ryan	10	San Ramon Va	54.49 STD
5 Huo, Matthew	9	Amador Valle	55.57 STD
6 Carlson, Nils	9	Granada	55.65 STD
7 Calderaro, Jon	10	San Ramon Va	56.60 STD
8 Richardson, Simeon	9	Amador Valle	56.63 STD

Event 7 Girls 400 Meter Dash Varsity

EBAL: R 55.34 2000 Aisha Margain, Berkeley

NCS At-Large: @ 58.96

72.35 STD

Name	Year	School	Finals
1 Winn, Chloe	10	Monte Vista	56.55@STD
2 Rondoni, Nina	11	Monte Vista	56.97@STD
3 Chenault, Christina	9	Carondelet	57.56@STD
4 Lukas, Haley	10	Foothill	59.42 STD
5 Gebhart, Mattingly	9	Monte Vista	59.83 STD
6 Carr, Tyler	9	California	60.21 STD
7 Loftus, Kellie	11	Carondelet	60.33 STD
8 Brandt, Morgan	10	Granada	60.77 STD

Event 8 Boys 400 Meter Dash Varsity

EBAL: R 47.64 2006 David Klech, California

NCS At-Large: @ 50.35

57.12 STD

Name	Year	School	Finals
1 Slaton, Josh	11	Amador Valle	49.82@STD
2 Farnady, Kyle	12	Granada	49.90@STD
3 Griffin, Kevin	10	DeLaSalle	50.64 STD
4 Baldacci, Matthew	11	DeLaSalle	50.85 STD
5 Replogle, Daniel	12	Granada	51.09 STD
6 Lawton, Ian	12	DeLaSalle	51.20 STD
7 Rosdahl, Declan	12	San Ramon Va	52.10 STD

Event 41 Girls 100 Meter Dash Frosh/Soph

14.58 STD

Name	Year	School	Finals	Wind
1 Hays, Katherine	10	Carondelet	13.46 STD	NWI
2 McClure, Kaidyn	9	California	13.58 STD	NWI
3 Gines, Celina	9	Monte Vista	13.58 STD	NWI
4 Jacobs, Kelly	10	San Ramon Va	13.75 STD	NWI
5 Restani, Amanda	9	Carondelet	13.80 STD	NWI
6 Silveira, Sancianna	9	Carondelet	13.87 STD	NWI
7 Gabler, Hannah	10	California	14.09 STD	NWI
8 Schikora, Olivia	10	Monte Vista	14.26 STD	NWI

Event 42 Boys 100 Meter Dash Frosh/Soph

12.64 STD

Name	Year	School	Finals	Wind
1 Marx, John	10	San Ramon Va	11.68 STD	NWI
2 Hansen, Michael	10	California	11.87 STD	NWI
3 Akukuro, Cameron		DeLaSalle	11.94 STD	NWI
4 Aganjuomo, Olu	10	California	11.96 STD	NWI
5 Knaggs, Kevan	10	Amador Valle	11.98 STD	NWI
6 Louie, Norvin	10	California	12.04 STD	NWI
7 Prescott, Eric		DeLaSalle	12.28 STD	NWI
-- DeMaio, Jacob	10	Monte Vista	DQ	NWI fs

Event 9 Girls 100 Meter Dash Varsity

EBAL: R 11.92 2007 Kelly Fogarty, San Ramon Valley  
NCS At-Large: @ 12.57  
14.11 STD

Name	Year	School	Finals	Wind
1 Herron, Sarah	9	San Ramon Va	12.35@STD	1.2
2 Hupke, Kat	11	California	12.45@STD	1.2
3 Fetsch, Nicole	11	Amador Valle	12.58 STD	1.2
4 Rodrigues, Marisa	11	California	12.60 STD	1.2
5 Akanyirige, Precious	10	Foothill	12.64 STD	1.2
6 Perez, Erika	10	Monte Vista	12.81 STD	1.2
7 Sinclair, Alina	11	San Ramon Va	12.88 STD	1.2
8 Thomas, Anyel	10	San Ramon Va	12.92 STD	1.2

Event 10 Boys 100 Meter Dash Varsity

EBAL: R 10.60 2003 D.J. Smith, Foothill  
NCS At-Large: @ 11.34  
11.99 STD

Name	Year	School	Finals	Wind
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1	Roberson, Darnell	11	Amador Valle	10.95@STD	1.0
2	Marion, Allan	11	DeLaSalle	11.07@STD	1.0
3	Chen, Jeff	12	Amador Valle	11.12@STD	1.0
4	Lokula, Bennie	10	Livermore	11.13@STD	1.0
5	White, Michael	10	Amador Valle	11.22@STD	1.0
6	Aliotti, Hunter	11	DeLaSalle	11.35 STD	1.0
7	Rolleri, Kyle	12	Monte Vista	11.37 STD	1.0
8	Ward, Joe	11	DeLaSalle	11.45 STD	1.0

Event 43 Girls 800 Meter Run Frosh/Soph

2:55.56 STD

Name	Year	School	Finals
1	O'Brien, Amanda	10	Monte Vista 2:28.69 STD
2	Hernandez, Alexandria	10	Livermore 2:30.43 STD
3	Rondoni, Salvina	9	Monte Vista 2:31.42 STD
4	Lutz, Carly	10	San Ramon Va 2:32.52 STD
5	Leach, Regan	9	San Ramon Va 2:34.70 STD
6	Anex, Dana	9	Livermore 2:35.32 STD
7	Lego, Alisa	9	California 2:38.00 STD
8	Dunlap, Kailey	10	San Ramon Va 2:44.82 STD

Event 44 Boys 800 Meter Run Frosh/Soph

2:21.42 STD

Name	Year	School	Finals
1	Aldana, Christian	9	California 2:02.92 STD
2	Intravaia, Jason	10	San Ramon Va 2:05.46 STD
3	Salvo, Connor	10	San Ramon Va 2:06.09 STD
4	Howald, Nathan	10	Amador Valle 2:06.51 STD
5	Starr, Andre	10	Monte Vista 2:07.00 STD
6	Lax, Connor	10	California 2:07.18 STD
7	Aldon, Michael	10	DeLaSalle 2:08.49 STD
8	Hoggatt, Austin	10	Granada 2:10.15 STD

Event 11 Girls 800 Meter Run Varsity

EBAL: R 2:09.30 1978 Cheri Williams, Livermore

NCS At-Large: @ 2:18.66

2:43.47 STD

Name	Year	School	Finals
1	Ricks, Madison	10	California 2:16.39@STD
2	Vaculin, Shelby	11	Carondelet 2:18.31@STD
3	Novell, Carina	12	Granada 2:22.74 STD
4	Franklin, Sarah	10	Granada 2:23.51 STD
5	Chew, Charlene	11	California 2:23.79 STD
6	Eklem, Kaitlyn	9	San Ramon Va 2:24.08 STD
7	Chin, Kristina	12	Monte Vista 2:24.85 STD
8	Donner, Heather	11	California 2:26.53 STD

Event 12 Boys 800 Meter Run Varsity

EBAL: R 1:53.89 2009 Kevin Griffith, San Ramon Valley

NCS At-Large: @ 1:58.02

2:11.13 STD

Name	Year	School	Finals
1	Holmgren, Trevor	12	San Ramon Va 1:54.10@STD

2 McKinnon, Conner	10 Amador Valle	1:54.50@STD
3 Schmierer, Joel	12 Livermore	1:54.58@STD
4 Hardy, Brian	12 San Ramon Va	1:56.08@STD
5 Molineux, Evan	12 DeLaSalle	1:56.52@STD
6 Wilke, Carl	11 San Ramon Va	1:57.08@STD
7 Capinpin, Adrian	12 DeLaSalle	1:59.38 STD
8 Fuhriman, Trevor	12 Monte Vista	1:59.46 STD

Event 45 Girls 300 Meter Hurdles Frosh/Soph

68.42 STD

Name	Year School	Finals
1 Chidez, Jennifer	9 Livermore	51.30 STD
2 Hess, Madissen	9 Carondelet	51.40 STD
3 Burg, Cassidy	9 California	52.94 STD
4 Tomita, Haruka	10 Foothill	54.11 STD
5 Gershman, Ariel	9 Amador Valle	54.76 STD
6 Ho, Joyce	9 California	54.78 STD
7 McNeil, Paige	10 Monte Vista	58.01 STD

Event 13 Girls 300 Meter Hurdles Varsity

EBAL: R 45.45 1999

Kaila Sampson, Berkeley

NCS At-Large: @ 46.38

61.32 STD

Name	Year School	Finals
1 Edwards, Tori	12 California	45.13RSTD
2 Kruger, Sammi	12 San Ramon Va	45.64@STD
3 Fletcher, Meghan	10 Amador Valle	46.10@STD
4 Cooper, Molly	11 Livermore	48.05 STD
5 Vieira, Candice	11 Granada	48.19 STD
6 Ingram, Amy	11 Monte Vista	48.30 STD
7 Muller, Makenzie	11 Foothill	50.12 STD
8 Glickman, Courtney	11 California	50.33 STD

Event 46 Boys 300 Meter Hurdles Frosh/Soph

54.20 STD

Name	Year School	Finals
1 Tang, Michael	10 Foothill	43.81 STD
2 Carozza, Nick	10 San Ramon Va	45.02 STD
3 Moore, Wyatt	10 San Ramon Va	45.06 STD
4 Crinnion, David	10 California	45.13 STD
5 Brower-Douglas, Owen	10 Amador Valle	46.36 STD
6 Ma, Anthony	9 Foothill	46.80 STD
7 Sullivan, Mitchell	10 Livermore	48.71 STD
8 Wright, Keegan	10 Livermore	48.99 STD

Event 14 Boys 300 Meter Hurdles Varsity

EBAL: R 36.63 2005

David Klech, California

NCS At-Large: @ 40.12

48.50 STD

Name	Year School	Finals
1 Kutchera, Kevin	12 Granada	38.16@STD
2 Morris, Marquis	10 DeLaSalle	38.89@STD
3 Peters, Sam	11 Amador Valle	39.15@STD

4 Kinnee, Grant	12 California	40.65 STD
5 Tyler, Colton	11 Monte Vista	40.73 STD
6 Moss, Jordan JD	12 Granada	41.31 STD
7 Fuller, Kamron	11 Granada	42.24 STD
8 Thomas, Sheldon	11 Monte Vista	42.30 STD

Event 47 Girls 200 Meter Dash Frosh/Soph

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30.78 STD

Name	Year School	Finals	Wind
1 McClure, Kaidyn	9 California	27.74 STD	0.2
2 Jacobs, Kelly	10 San Ramon Va	28.01 STD	0.2
3 Gabler, Hannah	10 California	28.14 STD	0.2
4 Restani, Amanda	9 Carondelet	28.51 STD	0.2
5 Silveira, Sancianna	9 Carondelet	28.65 STD	0.2
6 Gwynn, Michaela	10 San Ramon Va	28.72 STD	0.2
7 Pinon, Jenelle	10 Carondelet	28.74 STD	0.2
8 Hays, Katherine	10 Carondelet	28.83 STD	0.2

Event 48 Boys 200 Meter Dash Frosh/Soph

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26.00 STD

Name	Year School	Finals	Wind
1 Wilson, Wade	10 San Ramon Va	23.25 STD	NWI
2 Brown, Marcus	DeLaSalle	23.32 STD	NWI
3 Knaggs, Kevan	10 Amador Valle	23.88 STD	NWI
4 Marx, John	10 San Ramon Va	23.90 STD	NWI
5 Richardson, Simeon	9 Amador Valle	24.07 STD	NWI
6 DeMaio, Jacob	10 Monte Vista	24.10 STD	NWI
7 Hansen, Michael	10 California	24.15 STD	NWI
8 Sasaki, Michael	9 DeLaSalle	24.23 STD	NWI

Event 15 Girls 200 Meter Dash Varsity

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EBAL: R 24.49 2007 Kelly Fogarty, San Ramon Valley

NCS At-Large: @ 25.87

28.99 STD

Name	Year School	Finals	Wind
1 Herron, Sarah	9 San Ramon Va	25.34@STD	0.3
2 Winn, Chloe	10 Monte Vista	25.51@STD	0.3
3 Rondoni, Nina	11 Monte Vista	25.58@STD	0.3
4 Hupke, Kat	11 California	25.67@STD	0.3
5 Evans, Emily	10 San Ramon Va	26.49 STD	0.3
6 Revell, Adria	10 Foothill	26.57 STD	0.3
7 Sinclair, Alina	11 San Ramon Va	26.68 STD	0.3

Event 16 Boys 200 Meter Dash Varsity

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EBAL: R 21.47 2003 D.J. Smith, Foothill

NCS At-Large: @ 22.66

24.68 STD

Name	Year School	Finals	Wind
1 Slaton, Josh	11 Amador Valle	22.51@STD	0.3
2 Chen, Jeff	12 Amador Valle	22.59@STD	0.3
3 Langley, Isaiah	9 Foothill	22.74 STD	0.3
4 Marion, Allan	11 DeLaSalle	22.74 STD	0.3
5 Mensendiek, Erik	10 Monte Vista	22.93 STD	0.3



6 Lokula, Bennie	10 Livermore	23.23	STD	0.3
7 Goodman, Matt	12 California	23.43	STD	0.3
8 Roberson, Darnell	11 Amador Valle	24.17	STD	0.3

Event 17 Girls 3200 Meter Run Varsity

EBAL: R 10:33.90 1978 Cheri Williams, Livermore  
 NCS At-Large: @ 11:10.81  
 13:44.46 STD

Name	Year School	Finals
1 Pianin, Jena	11 Amador Valle	11:00.58@STD
2 Bayliss, Christine	9 San Ramon Va	11:15.45 STD
3 Parsons, Kelly	12 Amador Valle	11:31.08 STD
4 Gong, Maryann	11 Granada	11:38.63 STD
5 Novell, Carina	12 Granada	11:41.86 STD
6 Dimits, Natalie	12 Livermore	11:56.63 STD
7 Quinn, Maddie	12 Amador Valle	12:00.36 STD
8 Horning, Alyssa	12 Granada	12:00.54 STD
9 Geasa, Annie	11 Foothill	12:13.23 STD
10 Girardelli, Kelsey	12 Granada	12:24.31 STD
11 Smiley, Katharine	11 Monte Vista	12:29.78 STD
12 Easley, Shannon	12 Foothill	12:29.86 STD
13 Lommerin, Paige	12 Amador Valle	12:32.50 STD
14 Hartley, Sophie	10 Granada	12:43.24 STD
15 Walker, Molly	12 California	12:44.28 STD
16 Razavi, Nina	11 Amador Valle	12:45.42 STD
17 Byrnes, Emily	10 Granada	12:47.95 STD
18 Johnston, Abigail	11 Carondelet	12:49.15 STD
19 Girvan, Katie	12 Amador Valle	13:06.92 STD
20 Smith, Elena	11 Monte Vista	13:16.85 STD
21 Huerta, Melinda	12 Amador Valle	13:17.18 STD
22 Camenzind, Kathy	10 California	13:28.81 STD
23 McClelland, Jessica	11 San Ramon Va	13:36.15 STD
24 Hansen, Maddie	11 Amador Valle	13:42.91 STD
25 Baumann, Montana	12 San Ramon Va	13:45.05
26 Blair, Megan	11 Monte Vista	13:47.83
27 Nesbit, Meghan	11 Monte Vista	13:52.71
28 Lois, Ashley	11 Livermore	14:03.52

Event 18 Boys 3200 Meter Run Varsity

EBAL: R 9:00.50 1975 Roy Kissin, San Ramon Valley  
 NCS At-Large: @ 9:29.58  
 10:58.30 STD

Name	Year School	Finals
1 Deuel, Parker	12 San Ramon Va	9:44.30 STD
2 Schumann, Matt	9 DeLaSalle	9:49.65 STD
3 Hanze, Zach	11 San Ramon Va	9:50.62 STD
4 Williams, Luke	10 DeLaSalle	9:52.62 STD
5 Feldman, Andrew	12 Monte Vista	9:56.07 STD
6 McCarthy, Connor	11 Amador Valle	10:07.51 STD
7 Shafi, Jacob	12 Amador Valle	10:18.33 STD
8 Arthur, Dan	11 Amador Valle	10:19.52 STD
9 Huey, Kevin	11 Amador Valle	10:20.71 STD
10 Kohlgruber, Tsuyoshi	12 Livermore	10:25.27 STD
11 Schlacte, Peter	9 Amador Valle	10:27.77 STD
12 Jachowski, Chris	12 California	10:29.33 STD
13 Mogannam, Justin	11 DeLaSalle	10:30.01 STD
14 Giglio, Bridger	12 Foothill	10:30.85 STD

15 Trebes, Nick	11 Livermore	10:35.67	STD
16 Pisenti, Jake	11 San Ramon Va	10:37.59	STD
17 Reed, Jack	12 Foothill	10:37.68	STD
18 Talley, Ryan	12 Livermore	10:38.72	STD
19 Kao, Kyle	11 California	10:39.00	STD
20 Knight, Joshua	11 Granada	10:42.41	STD
21 Jankowski, John	11 DeLaSalle	10:42.57	STD
22 Fenoglio, Charlie	11 San Ramon Va	10:43.39	STD
23 Brennan, Walter	10 DeLaSalle	10:44.48	STD
24 Devries, Matt	11 San Ramon Va	10:45.27	STD
25 Capinpin, Amiel	11 DeLaSalle	10:47.96	STD
26 Schlachte, Jacob	11 Amador Valle	10:52.20	STD
27 Jeppson, Spencer	11 Granada	10:57.34	STD
28 Leary, Patrick	11 Livermore	11:12.16	
29 Paniagua, Brian	11 California	11:12.75	
30 Sluss, Noah	12 Amador Valle	11:13.22	
31 Rogers, Dylan	12 San Ramon Va	11:14.96	
32 Yap, Matt	12 Monte Vista	11:17.28	
33 Machado, Eric	11 DeLaSalle	11:31.67	
-- Salk, Grant	12 Granada		DNF

Event 51 Girls 4x400 Meter Relay Frosh/Soph

School	Finals
1 Monte Vista 'A'	4:23.79
2 San Ramon Valley 'A'	4:29.39
3 Carondelet 'A'	4:29.96
4 California 'A'	4:30.48
5 Granada 'A'	4:53.85

Event 52 Boys 4x400 Meter Relay Frosh/Soph

School	Finals
1 Amador Valley 'A'	3:40.51
2 San Ramon Valley 'A'	3:43.11
3 Monte Vista 'A'	3:46.07
4 California 'A'	3:46.71
5 Livermore 'A'	3:48.78
6 Granada 'A'	3:49.24

Event 19 Girls 4x400 Meter Relay Varsity

EBAL: R 3:54.13	2000	Berkeley, Berkeley
		Newman, Keith, Brooks, Margain
NCS At-Large: @ 4:05.76		
School	Finals	
1 Monte Vista 'A'	4:00.91@	
2 Carondelet 'A'	4:05.15@	
3 Foothill 'A'	4:08.40	
4 Granada 'A'	4:09.60	
5 California 'A'	4:10.98	
6 Livermore 'A'	4:13.56	
7 Amador Valley 'A'	4:14.84	
-- San Ramon Valley 'A'	DQ	fs

Event 20 Boys 4x400 Meter Relay Varsity

EBAL: R 3:19.66	2009	Granada, Granada
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Watson, Replogle, Atkinson, Atkinson

NCS At-Large: @ 3:26.73

School	Finals
1 Amador Valley 'A'	3:21.92@
2 DeLaSalle 'A'	3:24.04@
3 Monte Vista 'A'	3:24.19@
4 San Ramon Valley 'A'	3:24.40@
5 Granada 'A'	3:29.87
6 California 'A'	3:34.69
7 Foothill 'A'	3:36.65
8 Livermore 'A'	3:40.37

Event 23 Girls Long Jump Varsity

EBAL: R 18-05 2010 Adrienne Johnson, Carondelet  
 NCS At-Large: @ 17-05.75  
 13-07.75 STD

Name	Year	School	Finals	Wind
1 Riley, Anika	11	Amador Valle	16-08.25 STD	NWI
2 Herron, Sarah	9	San Ramon Va	16-07.00 STD	NWI
3 Biekert, Sydney	10	San Ramon Va	J16-07.00 STD	NWI
4 Reichenbach, Rachel	10	Foothill	16-06.75 STD	NWI
5 Call, Rachel	12	Monte Vista	16-04.75 STD	NWI
6 Williams, Chloe	11	Carondelet	16-03.50 STD	NWI
7 Mork, Kirsten	10	Granada	15-08.00 STD	NWI
8 Edwards, Tori	12	California	15-07.75 STD	NWI
9 Dilworth, Jasmine	11	Monte Vista	15-02.50 STD	NWI
10 Thomas, Anyel	10	San Ramon Va	15-01.75 STD	NWI
11 Alfaro, Amanda	11	California	14-11.75 STD	NWI
12 Lefanowicz, Molly	12	Carondelet	14-11.00 STD	NWI
13 Ze, Torii	11	Granada	14-10.75 STD	NWI
14 Glickman, Courtney	11	California	14-07.50 STD	NWI
15 Dukes, Casey	10	Livermore	14-07.00 STD	NWI
16 Czarnecki, Julia	12	Carondelet	14-06.50 STD	NWI
16 Esser, Rachel	9	Livermore	14-06.50 STD	NWI
18 Sanchez, Kailey	10	Amador Valle	14-05.75 STD	NWI
19 Yamada, Keianne	12	Foothill	14-04.50 STD	NWI
19 Stepanek, Hannah	10	Granada	14-04.50 STD	NWI
21 Rey, Hannah	10	Granada	14-02.00 STD	NWI
22 Batoog, Samara	12	San Ramon Va	14-00.25 STD	NWI
23 Gerbert, Siena	12	California	14-00.00 STD	NWI
24 Baur, Meghan	11	San Ramon Va	13-11.50 STD	NWI
25 Zhao, Kathryn	9	Amador Valle	13-08.50 STD	NWI
26 Salcedo, Carina	11	Granada	13-07.50	NWI
27 Obaiza, Adesuwa	11	California	13-04.50	NWI
27 Craig, Jillian	10	Amador Valle	13-04.50	NWI
29 Ling, Ruiwen	11	California	13-02.00	NWI
30 Krupp, Irina	11	Granada	13-00.00	NWI
31 Riker, Amy	10	Amador Valle	12-05.50	NWI
32 Medor, Sara	11	Foothill	9-02.00	NWI

Event 27 Boys High Jump Varsity

EBAL: R 6-11.25 2006 Brendon Adams, San Ramon Valley  
 NCS At-Large: @ 6-01  
 5-05.50 STD

Name	Year	School	Finals
1 Frazier, Noel	12	California	6-09.00@STD

2 Tyler, Matt	11 Granada	6-05.00@STD
3 Giusti, Jianni	12 San Ramon Va	6-03.00@STD
4 Drew, Damariay	12 Livermore	6-01.00@STD
5 Weber, Brenden	12 DeLaSalle	J6-01.00@STD
6 Vaccaro, Bobby	11 DeLaSalle	5-11.00 STD
7 Kasten, Andre	10 Livermore	J5-11.00 STD
8 Howard, Jake	9 Amador Valle	J5-11.00 STD
9 Elahi, Parsa	12 California	5-09.00 STD
10 Werner, Jeffrey	12 California	J5-09.00 STD
11 Nelson, Phillip	12 Monte Vista	J5-09.00 STD
11 Viera, Ryan	12 Granada	J5-09.00 STD
13 Foote, Drake	10 Livermore	5-07.00 STD
13 Jachowski, Tyler	10 California	5-07.00 STD
13 Pereira, Joseph	12 Amador Valle	5-07.00 STD
16 Venet, Teva	11 Granada	5-05.00
16 Brasher, Jack	12 Livermore	5-05.00
16 Kumar, Nishant	10 Amador Valle	5-05.00
-- Copeman, Randy	12 Amador Valle	NH
-- Costa, Aloizio	DeLaSalle	NH
-- Hinrichs, Max	11 Monte Vista	NH
-- Houghton, Trevor	11 Livermore	NH

Event 29 Boys Long Jump Varsity

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EBAL: R 23-03 1971 Emil Shatter, Albany

NCS At-Large: @ 21-05.75

17-04.50 STD

Name	Year	School	Finals	Wind
1 Barber, Colin	12	San Ramon Va	22-04.25@STD	NWI
2 Drew, Damariay	12	Livermore	22-01.00@STD	NWI
3 Wieker, Devin	12	Foothill	22-00.50@STD	NWI
4 Roller, Kyle	12	Monte Vista	21-09.75@STD	NWI
5 Tyler, Matt	11	Granada	21-05.75@STD	NWI
6 Cook, Connor	11	Monte Vista	21-05.00 STD	NWI
7 Huang, Daniel	10	Amador Valle	20-08.00 STD	NWI
8 Giusti, Jianni	12	San Ramon Va	20-06.75 STD	NWI
9 Copeman, Randy	12	Amador Valle	20-04.00 STD	NWI
10 Baldacci, Matthew	11	DeLaSalle	19-11.50 STD	NWI
11 Venet, Teva	11	Granada	19-10.00 STD	NWI
12 Viera, Ryan	12	Granada	19-09.75 STD	NWI
13 Kinnee, Grant	12	California	19-09.00 STD	NWI
14 Howard, Jake	9	Amador Valle	19-02.50 STD	NWI
15 White, Michael	10	Amador Valle	19-02.25 STD	NWI
16 Moore, Justin	11	Granada	19-00.50 STD	NWI
17 Kumar, Nishant	10	Amador Valle	18-10.75 STD	NWI
18 Nguyen, Kevin	11	DeLaSalle	18-09.75 STD	NWI
19 Gove, Brian	10	Amador Valle	18-09.25 STD	NWI
20 Mason, James	11	Monte Vista	18-08.00 STD	NWI
21 Chinn, Grant	11	Amador Valle	18-03.25 STD	NWI
22 Ricks, Dalton	12	California	18-03.00 STD	NWI
23 Andino, Alex	12	California	18-01.75 STD	NWI
24 Houghton, Trevor	11	Livermore	18-00.25 STD	NWI
25 Cosma, Gregory	12	Monte Vista	17-10.50 STD	NWI
26 Jenkins, Josh	12	DeLaSalle	17-08.75 STD	NWI
27 Shear, Ben	11	Monte Vista	17-06.00 STD	NWI
28 Brasher, Jack	12	Livermore	17-05.75 STD	NWI
29 Kubota, Kyle	11	California	17-05.00 STD	NWI
30 McDonald, Garrett	9	Granada	16-10.75	NWI
31 Hinrichs, Max	11	Monte Vista	15-05.00	NWI
-- Kasten, Andre	10	Livermore	FOUL	

Event 32 Boys Discus Throw Varsity

EBAL: R 179-04 2004 Bobby Smallman, Granada  
 NCS At-Large: @ 150-01.50  
 99-06.75 STD

Name	Year	School	Finals
1 Harper, Austin	11	DeLaSalle	157-09.00@STD
2 Esparza, Matthew	11	Amador Valle	156-03.00@STD
3 Frost, Austin	12	Granada	144-08.50 STD
4 Vickers, Nate	11	Amador Valle	141-03.00 STD
5 Brassil, T.J.	12	DeLaSalle	139-00.00 STD
6 Kersetter, Frankie	10	Livermore	132-10.50 STD
7 Kissinger, Drake	12	Foothill	132-07.50 STD
8 Bizzack, Alex	12	Monte Vista	131-10.00 STD
9 Cerdas, Jesse	11	Amador Valle	130-01.00 STD
10 Dalton, Cody	10	Monte Vista	129-01.00 STD
11 Garske, Kevin	12	DeLaSalle	127-01.00 STD
12 Sherman, Kevin	11	Amador Valle	126-03.50 STD
13 Beach, Matt	12	Foothill	118-06.50 STD
14 Grelli, Gino		DeLaSalle	117-09.50 STD
15 Iverson, Garrett	12	San Ramon Va	117-03.50 STD
16 Ricks, Dalton	12	California	115-08.00 STD
17 Harrison, Jimmy	12	Monte Vista	115-02.00 STD
18 Uribe, Jett	12	Granada	114-01.50 STD
19 Arotzarena, Dom	10	San Ramon Va	113-08.00 STD
20 Widjaja, Dylan	12	Livermore	113-05.50 STD
21 Mulholland, Matt	11	San Ramon Va	111-11.50 STD
22 Griffith, Daniel	12	Foothill	111-05.00 STD
23 Lim, Brandon	10	Monte Vista	107-11.00 STD
24 Lowenstein, Max	11	Amador Valle	91-04.50
25 Burstedt, Eric	11	San Ramon Va	87-11.00
-- Pray, David	12	California	FOUL
-- Varanai, Brandon	12	Granada	FOUL
-- Anderson, Ian	11	California	FOUL
-- Scribner, Cody	11	Granada	FOUL
-- Dimler, McKenzie	12	San Ramon Va	FOUL
-- Piombo, Chase	10	DeLaSalle	FOUL

Event 25 Girls Shot Put Varsity

EBAL: R 39-08 2000 Amanda Patteson, Granada  
 NCS At-Large: @ 35-05  
 23-03.50 STD

Name	Year	School	Finals
1 Franklin, Keandra	11	Granada	36-04.50@STD
2 Regan, Kaitlyn	12	Carondelet	33-04.50 STD
3 Aha, Yvonne	10	Monte Vista	33-04.00 STD
4 Acton, Monica	12	Amador Valle	33-00.00 STD
5 Hingano, Sisileti	9	California	32-10.50 STD
6 Clark, Hannah	11	Monte Vista	32-05.50 STD
7 Kimber, Helen	9	California	30-09.50 STD
8 Burt, Skylar	11	Granada	30-07.50 STD
9 Irwin, Jessica	10	Granada	29-11.00 STD
10 Williams, Annie	11	Granada	29-10.00 STD
11 Park, Tara	11	Amador Valle	29-06.00 STD
12 Deuel, Hunter	10	San Ramon Va	29-04.00 STD
13 Haus, Bridget	11	Monte Vista	28-10.50 STD
14 Rogers, Taylor	12	California	28-10.00 STD

15 Lewis, Tyrinne	12 California	28-09.00	STD
15 Anderson, Shellie	11 Carondelet	28-09.00	STD
17 Kalantar, Emily	11 Granada	28-01.00	STD
18 Mann, Michelle	12 Amador Valle	27-07.00	STD
19 Hunt, Kayleigh	11 Carondelet	27-06.00	STD
20 Hardman, Syndey	10 Granada	27-01.00	STD
21 Lim, Allyson	9 Monte Vista	26-09.50	STD
22 Consani, Nora	12 San Ramon Va	26-04.50	STD
23 Tristant, Amelie	11 Carondelet	26-04.00	STD
23 Gannon, Kathryn	12 Granada	26-04.00	STD
23 Frost, McKenzie	9 Granada	26-04.00	STD
23 Doylemason, Rose	12 Foothill	26-04.00	STD
27 Mueller, Lisa-Marie	12 Foothill	26-00.50	STD
28 Parker, Gabrielle	9 Granada	25-06.00	STD
29 Karp, Bridget	12 San Ramon Va	25-03.00	STD
30 Davis, Stephanie	11 Granada	25-00.00	STD
31 Matus, Patricia	12 Amador Valle	24-10.00	STD
31 Wilber, Caitlin	12 California	24-10.00	STD
33 Hernandez, Daniela	11 California	24-02.50	STD
34 Pastor, Kristen	11 Carondelet	24-02.00	STD
35 Butler, Keri	12 Amador Valle	23-09.50	STD
36 Diaz, Elena	11 California	22-10.50	
37 Ringgenberg, Savannah	11 San Ramon Va	22-10.00	
38 Hall, Victoria	12 San Ramon Va	22-07.00	
39 Vasquez, Taylor	12 Granada	22-00.50	
40 Neitzel, Anna	9 Granada	21-11.50	

Event 22 Girls Pole Vault Varsity

EBAL: R 11-00 2011 Stephanie Beaulieu, Livermore  
 NCS At-Large: @ 10-05  
 7-11.00 STD

Name	Year	School	Finals
1 Beaulieu, Stephanie	12	Livermore	10-05.00@STD
2 Larson, Lauren	10	San Ramon Va	9-11.00 STD
3 Avina, Giselle	12	Carondelet	J9-11.00 STD
4 Terada, Kaylin	12	Monte Vista	J9-11.00 STD
5 Stang, Makenzie	12	California	9-05.00 STD
5 Mundelius, Jennifer	10	San Ramon Va	9-05.00 STD
7 Duvalyan, Angela	12	Amador Valle	J9-05.00 STD
8 Honig, Andrea	11	Livermore	8-11.00 STD
9 Warnement, Madeline	11	Carondelet	J8-11.00 STD
10 Strout, Allison	11	Livermore	J8-11.00 STD
11 Reichenberg, Jane	12	Granada	8-05.00 STD
12 Nahapetian, Ani	12	Amador Valle	J8-05.00 STD
13 Nguyen, Megan	11	Monte Vista	7-11.00 STD
14 Nunes, Adeline	12	Granada	J7-11.00 STD
-- Weideman, Katherine	11	California	NH
-- Craig, Jillian	10	Amador Valle	NH
-- Smith, Samantha	11	Granada	NH
-- Kwong, Stephanie	12	California	NH
-- Louie, Jennifer	11	Granada	NH
-- Consani, Nora	12	San Ramon Va	NH
-- Persaud, Alicia	11	Granada	NH
-- Fitz, Allison	11	Granada	NH

Women - Varsity - Team Rankings - 16 Events Scored

1) San Ramon Valley	84.50	2) Amador Valley	80
3) California	72.50	4) Monte Vista	70

5) Carondelet	64	6) Granada	63
7) Foothill	42	8) Livermore	20

Women - Frosh/Soph - Team Rankings - 16 Events Scored

1) San Ramon Valley	121	2) Monte Vista	95
3) Livermore	91	4) California	74
5) Carondelet	58	6) Foothill	33
7) Amador Valley	13	8) Granada	10

Men - Varsity - Team Rankings - 16 Events Scored

1) Amador Valley	117	2) DeLaSalle	113
3) San Ramon Valley	88	4) Granada	66
5) Monte Vista	46	6) Livermore	28
7) Foothill	22	8) California	16

Men - Frosh/Soph - Team Rankings - 16 Events Scored

1) San Ramon Valley	158.33	2) Monte Vista	95
3) DeLaSalle	68	4) California	50.33
5) Amador Valley	50	6) Foothill	33
7) Livermore	27	8) Granada	13.33