

**EBAL Championships 2012 - 5/9/2012 to 5/12/2012****San Ramon Valley High School****Results - Varsity Trials****Event 3 Girls 1600 Meter Run Varsity****12 Advance: Top 3 Each Heat plus Next 6 Best Times**

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EBAL: R 4:56.55		2007	Diana George, Livermore
NCS At-Large: @ 5:10.14			
Name	Year	School	Prelims
=====			
Preliminaries			
1 Pianin, Jena	11	Amador Valley	5:15.29Q
2 Bayliss, Christine	9	San Ramon Valley	5:16.80Q
3 Gong, Maryann	11	Granada	5:17.48Q
4 Ricks, Madison	10	California	5:17.75Q
5 Novell, Carina	12	Granada	5:18.88Q
6 Franklin, Sarah	10	Granada	5:18.94Q
7 Girardelli, Kelsey	12	Granada	5:19.38q
8 Dimits, Natalie	12	Livermore	5:19.46q
9 Horning, Alyssa	12	Granada	5:23.16q
10 Geasa, Annie	11	Foothill	5:23.93q
11 Smiley, Katharine	11	Monte Vista	5:25.06q
12 Parsons, Kelly	12	Amador Valley	5:29.70q
13 Byrnes, Emily	10	Granada	5:29.81
14 Easley, Shannon	12	Foothill	5:30.58
15 Quinn, Maddie	12	Amador Valley	5:30.94
16 Johnston, Abigail	11	Carondelet	5:32.31
17 Hartley, Sophie	10	Granada	5:36.73
18 Smith, Elena	11	Monte Vista	5:42.53
19 Camenzind, Kathy	10	California	5:42.54
20 Walker, Molly	12	California	5:44.27
21 Harvey, Ellie	11	Monte Vista	5:47.10
22 Schwaninger, Kyra	11	Foothill	5:47.20
23 Lee, Marissa	12	San Ramon Valley	5:48.31
24 Baumann, Montana	12	San Ramon Valley	5:51.43
25 Girvan, Katie	12	Amador Valley	5:51.61
26 Byron, Laura	11	Foothill	5:52.29
27 Wentker, Veronica	11	San Ramon Valley	5:53.12
28 Huerta, Melinda	12	Amador Valley	5:53.73
29 Spencer, Ryan	11	Monte Vista	6:00.14
30 Foster, Julianna	12	San Ramon Valley	6:02.36
31 Hansen, Maddie	11	Amador Valley	6:11.84

**Event 4 Boys 1600 Meter Run Varsity****12 Advance: Top 3 Each Heat plus Next 6 Best Times**

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EBAL: R 4:14.27		1996	Micheil Jones, Livermore
NCS At-Large: @ 4:21.43			
Name	Year	School	Prelims
=====			
1 Deuel, Parker	12	San Ramon Valley	4:22.25Q
2 Fuhriman, Trevor	12	Monte Vista	4:34.32Q
3 Devries, Matt	11	San Ramon Valley	4:29.42Q
4 Salk, Grant	12	Granada	4:34.85Q
5 McCarthy, Connor	11	Amador Valley	4:32.64Q
6 Infald, Blane	12	Amador Valley	4:35.51Q
7 Baumann, Nicco	12	San Ramon Valley	4:34.48q
8 Schlachte, Jacob	11	Amador Valley	4:34.74q
9 Hanze, Zach	11	San Ramon Valley	4:34.75q
10 Shafi, Jacob	12	Amador Valley	4:36.46q

**EBAL Championships 2012 - 5/9/2012 to 5/12/2012****San Ramon Valley High School****Results - Varsity Trials****....Event 4 Boys 1600 Meter Run Varsity**

11 Paniagua, Brian	11 California	4:37.76q
12 Feldman, Andrew	12 Monte Vista	4:39.26q
13 Schlacte, Peter	9 Amador Valley	4:39.70
14 Brennan, Walter	10 DeLaSalle	4:39.75
15 Pisenti, Jake	11 San Ramon Valley	4:39.79
16 Shohfi, Jared	12 Foothill	4:41.15
17 Kohlgruber, Tsuyoshi	12 Livermore	4:42.07
18 Knight, Joshua	11 Granada	4:43.56
19 Giglio, Bridger	12 Foothill	4:44.01
20 Jankowski, John	11 DeLaSalle	4:44.54
21 Huey, Kevin	11 Amador Valley	4:45.95
22 Winter, Nickolas	11 Granada	4:47.45
23 Arthur, Dan	11 Amador Valley	4:48.54
24 Kao, Kyle	11 California	4:48.79
25 Mogannam, Justin	11 DeLaSalle	4:49.07
26 Alt, Michael	11 Amador Valley	4:49.97
27 Jachowski, Chris	12 California	4:53.72
28 McDonald, Ryan	11 Foothill	4:54.71
29 Yap, Matt	12 Monte Vista	4:56.50
30 Reed, Jack	12 Foothill	5:00.11
31 Sluss, Noah	12 Amador Valley	5:15.87

**Event 5 Girls 100 Meter Hurdles Varsity****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

EBAL: R 14.84 1999		Simone Brooks, Berkeley			
NCS At-Large: @ 15.34					
Name	Year School	Prelims	Wind	H#	
1 Edwards, Tori	12 California	15.84Q	1.5	4	
2 Kruger, Sammi	12 San Ramon Valley	16.52Q	2.4	1	
3 Williams, Chloe	11 Carondelet	16.64Q	2.2	2	
4 Muller, Makenzie	11 Foothill	16.67Q	3.1	3	
5 Ze, Torii	11 Granada	16.82q	2.4	1	
6 Vieira, Candice	11 Granada	17.19q	3.1	3	
7 Fletcher, Meghan	10 Amador Valley	17.58q	2.2	2	
8 Dukes, Casey	10 Livermore	18.01q	2.4	1	
9 Stepanek, Hannah	10 Granada	18.02	1.5	4	
10 Sommer, Valerie	10 Granada	18.06	2.2	2	
11 Menk, Hannah	10 Amador Valley	18.10	3.1	3	
12 Rey, Hannah	10 Granada	18.31	3.1	3	
13 Chan, Naomi	11 Amador Valley	18.48	1.5	4	
14 Eaton, Kayla	12 San Ramon Valley	18.59	2.4	1	
15 Gaines, Moriah	11 Granada	18.87	2.4	1	
16 Jansen, Tatiana	10 Granada	19.07	3.1	3	
17 Lefanowicz, Molly	12 Carondelet	19.14	1.5	4	
18 Gruidl, Erika	12 Livermore	19.38	2.2	2	
19 Koussa, Lena	11 California	19.42	2.2	2	
20 McDonagh, Laura	11 Carondelet	20.07	2.4	1	
21 Glickman, Courtney	11 California	20.24	2.2	2	
22 Doxey, Alison	11 Amador Valley	20.24	1.5	4	
23 Strout, Allison	11 Livermore	20.91	1.5	4	
24 Schneider, Nicole	11 Granada	27.19	3.1	3	

**EBAL Championships 2012 - 5/9/2012 to 5/12/2012****San Ramon Valley High School****Results - Varsity Trials****Event 6 Boys 110 Meter Hurdles Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====					
EBAL: R 13.99		2006	David Klech, California		
NCS At-Large: @ 15.29					
Name	Year	School	Prelims	Wind	H#
=====					
1 Kutchera, Kevin	12	Granada	@ 14.99Q	1.2	2
2 Morris, Marquis	10	DeLaSalle	@ 15.27Q	1.4	3
3 Peters, Sam	11	Amador Valley	15.80Q	0.9	1
4 Moss, Jordan JD	12	Granada	16.04q	0.9	1
5 Marcotte, Michael	11	DeLaSalle	16.32q	1.2	2
6 Coats, Earl	11	DeLaSalle	16.67q	1.4	3
7 Kapulica, Griffen	12	San Ramon Valley	16.79q	1.4	3
8 Thomas, Sheldon	11	Monte Vista	16.90q	0.9	1
9 Nelson, Phillip	12	Monte Vista	17.27	1.2	2
10 Simpson, Jacob	11	Granada	17.52	0.9	1
11 Patel, Jaymal	11	Granada	17.70	1.4	3
12 Ohhashi, Ken	12	Foothill	18.16	1.2	2
13 Foote, Drake	10	Livermore	18.35	0.9	1
14 Flores, Nathan	11	Granada	18.52	1.4	3
15 Siegel, Jared	10	Amador Valley	18.87	1.4	3
16 Bacal, Warren	11	Amador Valley	19.06	1.2	2
17 Tanaka, Sean	11	San Ramon Valley	19.75	1.2	2

**Event 7 Girls 400 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

=====					
EBAL: R 55.34		2000	Aisha Margain, Berkeley		
NCS At-Large: @ 58.96					
Name	Year	School	Prelims	H#	
=====					
1 Chenault, Christina	9	Carondelet	@ 58.70Q	3	
2 Rondoni, Nina	11	Monte Vista	59.04Q	2	
3 Winn, Chloe	10	Monte Vista	59.74Q	4	
4 Lukas, Haley	10	Foothill	60.53Q	1	
5 Loftus, Kellie	11	Carondelet	60.93q	1	
6 Carr, Tyler	9	California	60.94q	2	
7 Gebhart, Mattingly	9	Monte Vista	61.98q	3	
8 Brandt, Morgan	10	Granada	62.12q	4	
9 Evans, Emily	10	San Ramon Valley	62.97	4	
10 Chu, Sharon	9	Foothill	63.85	1	
11 Newman, Taylor	10	Livermore	63.94	3	
12 Sawchuk, Krista	12	Monte Vista	65.01	1	
13 Cheney, Catherine	10	Amador Valley	65.26	4	
14 Cooper, Molly	11	Livermore	65.64	2	
15 Karbo, Stephanie	11	California	65.93	2	
16 Ryan, Taylor	11	Carondelet	66.16	1	
17 Medina, Jessica	10	Amador Valley	66.35	4	
18 Cotton, Olivia	9	Amador Valley	66.59	3	
19 Bardakos, Nicole	11	Amador Valley	67.03	1	
20 Mingione, Nicole	11	Granada	68.12	1	
21 Lois, Jessica	11	Livermore	68.82	2	
22 Dias, Alicia	11	San Ramon Valley	68.96	3	
23 Pfeiffer, Annalise	11	Monte Vista	70.33	2	
24 Heneweer, Jessica	11	California	72.54	4	

**EBAL Championships 2012 - 5/9/2012 to 5/12/2012****San Ramon Valley High School****Results - Varsity Trials****Event 8 Boys 400 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

EBAL: R 47.64 2006		David Klech, California	
NCS At-Large: @ 50.35			
Name	Year School	Prelims	H#
1 Farnady, Kyle	12 Granada	50.47Q	2
2 Slaton, Josh	11 Amador Valley	50.71Q	3
3 Schmierer, Joel	12 Livermore	50.82Q	1
4 Bayley, Nick	12 Amador Valley	50.90Q	4
5 Replogle, Daniel	12 Granada	51.08q	2
6 Griffin, Kevin	10 DeLaSalle	51.38q	4
7 Baldacci, Matthew	11 DeLaSalle	51.77q	1
8 Rosdahl, Declan	12 San Ramon Valley	51.89q	2
9 Tyler, Colton	11 Monte Vista	52.06	3
10 Lawton, Ian	12 DeLaSalle	52.08	4
11 Simmons, Jack	10 Foothill	52.13	1
12 Porter, Nathan	11 DeLaSalle	52.54	3
13 Brooking, Jordan	12 Granada	52.70	1
14 Hasjim, Nick	10 Amador Valley	52.82	2
15 Lillig, Ben	11 California	52.96	3
16 Charles, JaMaun	9 Amador Valley	52.98	3
17 Rowenhorst, Rob	10 California	53.05	4
18 Avila, Dustin	11 Amador Valley	53.68	4
19 Jafarkhani, Nima	11 Granada	53.91	1
20 Wali, Aaron	11 Monte Vista	54.24	2
21 Garcia, Brian	11 Livermore	54.67	3
22 Wood, Taylor	11 Monte Vista	55.08	4
23 Christofferson, Jackson	12 San Ramon Valley	55.47	3
24 Cima, Steven	11 San Ramon Valley	56.09	4
25 Smart, Ryan	12 San Ramon Valley	56.83	2
26 Azam, Altamash	12 San Ramon Valley	56.92	1
27 Roeder, Mike	11 Foothill	59.51	3

**Event 9 Girls 100 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

EBAL: R 11.92 2007		Kelly Fogarty, San Ramon Valley		
NCS At-Large: @ 12.57				
Name	Year School	Prelims	Wind	H#
1 Herron, Sarah	9 San Ramon Valley	12.46Q	2.7	4
2 Hupke, Kat	11 California	12.51Q	2.5	3
3 Fetsch, Nicole	11 Amador Valley	12.65Q	2.2	1
4 Sinclair, Alina	11 San Ramon Valley	12.90Q	1.6	2
5 Rodrigues, Marisa	11 California	12.68q	2.7	4
6 Akanyirige, Precious	10 Foothill	12.75q	2.2	1
7 Perez, Erika	10 Monte Vista	12.97q	2.5	3
8 Thomas, Anyel	10 San Ramon Valley	12.98q	1.6	2
9 Revell, Adria	10 Foothill	13.05	2.5	3
10 Merchant, Jazmyn	9 Amador Valley	13.06	2.7	4
11 Good, Felicia	10 Carondelet	13.08	2.7	4
12 Yock, Ashley	12 Monte Vista	13.18	2.7	4
13 Czarnecki, Julia	12 Carondelet	13.18	1.6	2
14 Alexander, Nicole	10 Monte Vista	13.19	2.5	3
15 Dilworth, Jasmine	11 Monte Vista	13.21	1.6	2

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16 Alfaro, Amanda	11 California	13.24	2.2	1
17 Reichenbach, Natalie	9 Foothill	13.25	2.2	1
18 Johnson, Mackenzie	12 Monte Vista	13.26	1.6	2
19 Onifade, Busayo	12 San Ramon Valley	13.36	2.2	1
20 Maruskin, Julie	9 Granada	13.42	2.7	4
21 Rajs, Hannah	12 Foothill	13.44	2.2	1
22 Comfort, Cierra	11 Granada	13.45	2.5	3
23 Sicam, Kourtnie	11 Amador Valley	13.55	1.6	2
24 Ryan, Brooke	11 Monte Vista	13.56	2.5	3
25 Poplawski, Kennedy	11 Amador Valley	13.58	2.7	4
26 Boyle, Megan	11 Monte Vista	13.59	2.5	3
27 Medor, Sara	11 Foothill	13.61	2.5	3
28 Esser, Rachel	9 Livermore	13.66	2.7	4
29 Dukes, Casey	10 Livermore	13.92	1.6	2

**Event 10 Boys 100 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 3 Best Times**

EBAL: R 10.60 2003		D.J. Smith, Foothill		
NCS At-Large: @ 11.34				
Name	Year School	Prelims	Wind	H#
1 Roberson, Darnell	11 Amador Valley	@ 11.03Q	1.3	3
2 Marion, Allan	11 DeLaSalle	@ 11.13Q	0.8	4
3 Chen, Jeff	12 Amador Valley	@ 11.16Q	1.5	1
4 Aliotti, Hunter	11 DeLaSalle	11.37Q	0.9	2
5 Ward, Joe	11 DeLaSalle	11.47Q	1.5	5
6 White, Michael	10 Amador Valley	@ 11.26q	1.5	1
7 Lokula, Bennie	10 Livermore	@ 11.27q	1.3	3
8 Rolleri, Kyle	12 Monte Vista	@ 11.27q	1.5	1
9 Li, John	12 Foothill	@ 11.30	0.8	4
10 Mensendiek, Erik	10 Monte Vista	@ 11.34	0.8	4
11 Goodman, Matt	12 California	11.36	0.8	4
12 Levers, Cain	9 DeLaSalle	11.42	0.9	2
13 Gillespie, Sam	10 San Ramon Valley	11.47	1.3	3
14 Weinstein, Arron	12 San Ramon Valley	11.56	1.3	3
15 Wieker, Devin	12 Foothill	11.56	1.5	1
16 Maes, Trevor	11 Foothill	11.61	0.8	4
17 Sison, Luige	12 DeLaSalle	11.61	1.5	5
18 Huang, Daniel	10 Amador Valley	11.63	1.5	1
19 Mouton, Kyle	11 DeLaSalle	11.68	0.9	2
20 Bautista, Mark	12 Monte Vista	11.71	0.9	2
21 Cook, Connor	11 Monte Vista	11.78	1.5	5
22 Chang, Terrance	12 Amador Valley	11.78	1.3	3
23 Egu, Victor	11 DeLaSalle	11.80	0.9	2
24 Moore, Josh	11 San Ramon Valley	11.81	0.9	2
25 Pray, David	12 California	11.82	1.3	3
26 Vaughan, Cameron	12 Foothill	11.83	0.9	2
27 Holland, Jamirr	10 Foothill	11.84	1.5	5
28 Back, Ellis	12 Monte Vista	11.85	1.5	1
29 Palonsky, Eric	11 Monte Vista	11.86	1.5	5
30 Moore, Justin	11 Granada	11.87	1.5	1
31 Huynh, Alex	12 Amador Valley	11.89	0.9	2
32 Aurelius, Scott	12 San Ramon Valley	11.89	0.8	4
33 Palumbo, Thomas	12 San Ramon Valley	11.96	1.3	3

**EBAL Championships 2012 - 5/9/2012 to 5/12/2012****San Ramon Valley High School****Results - Varsity Trials****...Event 10 Boys 100 Meter Dash Varsity**

34	Ross, Connor	9	Livermore	11.99	1.3	3	
35	Johnson, Karris	11	California	12.32	1.5	5	
--	Langley, Isaiah	9	Foothill	DQ	1.5	1	False Start
--	Adams Jr., Darrell	9	Foothill	DQ	0.8	4	False Start

**Event 11 Girls 800 Meter Run Varsity****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

EBAL: R 2:09.30		1978	Cheri Williams, Livermore	
NCS At-Large: @ 2:18.66				
Name	Year	School	Prelims	H#
1	Ricks, Madison	10	California	2:19.75Q 4
2	Novell, Carina	12	Granada	2:22.87Q 1
3	Vaculin, Shelby	11	Carondelet	2:23.25Q 3
4	Bayliss, Christine	9	San Ramon Valley	2:23.85Q 2
5	Franklin, Sarah	10	Granada	2:23.92q 1
6	Donner, Heather	11	California	2:26.29q 2
7	Chew, Charlene	11	California	2:26.40q 4
8	Eklem, Kaitlyn	9	San Ramon Valley	2:26.60q 3
9	Chin, Kristina	12	Monte Vista	2:27.40 1
10	Girardelli, Kelsey	12	Granada	2:27.48 2
11	Horning, Alyssa	12	Granada	2:27.92 3
12	Byrnes, Emily	10	Granada	2:27.98 2
13	Geasa, Annie	11	Foothill	2:30.54 2
14	Razavi, Nina	11	Amador Valley	2:30.84 1
15	Johnston, Abigail	11	Carondelet	2:31.83 4
16	Lommerin, Paige	12	Amador Valley	2:33.89 1
17	Hammitt, Mikaela	12	Monte Vista	2:33.92 3
18	Smith, Elena	11	Monte Vista	2:34.74 4
19	Yap, Meghan	12	Monte Vista	2:35.21 3
20	Hughes, Paige	11	Foothill	2:37.73 2
21	Wentker, Veronica	11	San Ramon Valley	2:38.76 1
22	Duncanson, Megan	11	San Ramon Valley	2:39.76 2
23	Foster, Julianna	12	San Ramon Valley	2:44.28 4
24	Lee, Marissa	12	San Ramon Valley	2:48.67 3
25	King, Amber	10	San Ramon Valley	2:53.85 1
26	Lois, Ashley	11	Livermore	2:54.36 3

**Event 12 Boys 800 Meter Run Varsity****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

EBAL: R 1:53.89		2009	Kevin Griffith, San Ramon Vall	
NCS At-Large: @ 1:58.02				
Name	Year	School	Prelims	H#
1	Schmierer, Joel	12	Livermore	@ 1:54.86Q 4
2	Holmgren, Trevor	12	San Ramon Valley	@ 1:54.87Q 2
3	McKinnon, Conner	10	Amador Valley	@ 1:57.31Q 1
4	Fuhriman, Trevor	12	Monte Vista	1:59.91Q 3
5	Molineux, Evan	12	DeLaSalle	@ 1:55.83q 4
6	Hardy, Brian	12	San Ramon Valley	@ 1:56.54q 2
7	Capinpin, Adrian	12	DeLaSalle	@ 1:57.52q 2
8	Deuel, Parker	12	San Ramon Valley	1:58.44q 1
9	Salk, Grant	12	Granada	1:58.99 1

**EBAL Championships 2012 - 5/9/2012 to 5/12/2012**

**San Ramon Valley High School**

**Results - Varsity Trials**

**....Event 12 Boys 800 Meter Run Varsity**

10	Wilke, Carl	11	San Ramon Valley	1:59.95	3
11	Capinpin, Amiel	11	DeLaSalle	2:00.40	4
12	Devries, Matt	11	San Ramon Valley	2:02.24	3
13	Kohlgruber, Tsuyoshi	12	Livermore	2:03.27	4
14	Baumann, Nicco	12	San Ramon Valley	2:04.53	2
15	Kilian, Byron	12	Monte Vista	2:04.86	4
16	Shohfi, Jared	12	Foothill	2:05.68	1
17	Jafarkhani, Nima	11	Granada	2:06.13	4
18	Yap, Matt	12	Monte Vista	2:06.48	2
19	Fenoglio, Charlie	11	San Ramon Valley	2:06.87	2
20	Vazquez, Joel	12	Livermore	2:08.68	4
21	Alt, Michael	11	Amador Valley	2:08.91	4
22	Vaishnav, Heet	12	Monte Vista	2:09.37	1
23	Hanze, Zach	11	San Ramon Valley	2:09.56	3
24	Bartz, Michael	11	Monte Vista	2:11.21	3
25	Knight, Joshua	11	Granada	2:11.31	1
26	Pisenti, Jake	11	San Ramon Valley	2:11.95	3
27	Winter, Nickolas	11	Granada	2:12.58	2
28	Lillig, Ben	11	California	2:14.36	3
29	Rowenhorst, Rob	10	California	2:14.43	1

**Event 13 Girls 300 Meter Hurdles Varsity**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

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EBAL: R 45.45 1999 Kaila Sampson, Berkeley

NCS At-Large: @ 46.38

Name	Year	School	Prelims	H#
1	Edwards, Tori	12	California	@ 45.59Q 3
2	Kruger, Sammi	12	San Ramon Valley	46.39Q 2
3	Fletcher, Meghan	10	Amador Valley	47.02Q 1
4	Vieira, Candice	11	Granada	48.83q 3
5	Ingram, Amy	11	Monte Vista	49.66q 2
6	Glickman, Courtney	11	California	50.37q 2
7	Muller, Makenzie	11	Foothill	50.69q 3
8	Cooper, Molly	11	Livermore	51.07q 1
9	Eaton, Kayla	12	San Ramon Valley	51.79 3
10	Lefanowicz, Molly	12	Carondelet	52.17 1
11	Koussa, Lena	11	California	52.29 3
12	Chan, Naomi	11	Amador Valley	53.17 2
13	McDonagh, Laura	11	Carondelet	53.97 2
14	Sommer, Valerie	10	Granada	55.50 3
15	Doxey, Alison	11	Amador Valley	55.52 2
16	Gaines, Moriah	11	Granada	56.32 2
17	Lois, Jessica	11	Livermore	56.73 1
18	Custodio, Natalia	11	Granada	57.45 1
19	Schneider, Nicole	11	Granada	59.92 1

**EBAL Championships 2012 - 5/9/2012 to 5/12/2012****San Ramon Valley High School****Results - Varsity Trials****Event 14 Boys 300 Meter Hurdles Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

EBAL: R 36.63 2005		David Klech, California	
NCS At-Large: @ 40.12			
Name	Year School	Prelims	H#
1 Kutchera, Kevin	12 Granada	@ 38.15Q	3
2 Tyler, Colton	11 Monte Vista	@ 39.75Q	1
3 Peters, Sam	11 Amador Valley	40.40Q	2
4 Morris, Marquis	10 DeLaSalle	@ 40.00q	1
5 Kinnee, Grant	12 California	40.68q	3
6 Thomas, Sheldon	11 Monte Vista	42.07q	2
7 Moss, Jordan JD	12 Granada	42.17q	2
8 Fuller, Kamron	11 Granada	42.57q	1
9 Marcotte, Michael	11 DeLaSalle	42.57	3
10 Kapulica, Griffen	12 San Ramon Valley	43.10	1
11 Coats, Earl	11 DeLaSalle	43.33	2
12 Tanaka, Sean	11 San Ramon Valley	44.41	2
13 Simpson, Jacob	11 Granada	44.82	1
14 Siegel, Jared	10 Amador Valley	45.27	3
15 Patel, Jaymal	11 Granada	45.51	1
16 Rogers, Blake	12 San Ramon Valley	45.93	3
17 Bacal, Warren	11 Amador Valley	46.51	3
18 Brasher, Jack	12 Livermore	47.33	1
19 Flores, Nathan	11 Granada	47.58	1
20 Calderon, Jody	12 San Ramon Valley	48.17	2

**Event 15 Girls 200 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

EBAL: R 24.49 2007		Kelly Fogarty, San Ramon Valley		
NCS At-Large: @ 25.87				
Name	Year School	Prelims	Wind	H#
1 Herron, Sarah	9 San Ramon Valley	@ 25.60Q	0.7	4
2 Hupke, Kat	11 California	@ 25.78Q	1.0	3
3 Winn, Chloe	10 Monte Vista	25.88Q	0.7	1
4 Rondoni, Nina	11 Monte Vista	25.98Q	0.5	2
5 Evans, Emily	10 San Ramon Valley	26.35q	0.5	2
6 Revell, Adria	10 Foothill	26.61q	0.7	4
7 Sinclair, Alina	11 San Ramon Valley	26.85q	1.0	3
8 Lukas, Haley	10 Foothill	26.89q	0.7	1
9 Alexander, Nicole	10 Monte Vista	27.03	0.7	1
10 Rodrigues, Marisa	11 California	27.09	1.0	3
11 Brandt, Morgan	10 Granada	27.13	0.5	2
12 Carr, Tyler	9 California	27.14	1.0	3
13 Loftus, Kellie	11 Carondelet	27.38	0.7	4
14 Merchant, Jazmyn	9 Amador Valley	27.51	1.0	3
15 Czarnecki, Julia	12 Carondelet	27.61	0.7	1
16 Yock, Ashley	12 Monte Vista	27.67	0.7	4
17 Comfort, Cierra	11 Granada	27.88	0.7	4
18 Reichenbach, Natalie	9 Foothill	27.99	0.7	4
19 Newman, Taylor	10 Livermore	28.01	0.5	2
20 Chu, Sharon	9 Foothill	28.04	0.7	4
21 Medor, Sara	11 Foothill	28.22	0.7	1
22 Sicam, Kourtnie	11 Amador Valley	28.44	0.5	2



**EBAL Championships 2012 - 5/9/2012 to 5/12/2012****San Ramon Valley High School****Results - Varsity Trials****....Event 15 Girls 200 Meter Dash Varsity**

23 Onifade, Busayo	12 San Ramon Valley	28.53	1.0	3
24 Sawchuk, Krista	12 Monte Vista	28.61	1.0	3

**Event 16 Boys 200 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 3 Best Times**

EBAL: R 21.47 2003		D.J. Smith, Foothill	
NCS At-Large: @ 22.66			
Name	Year School	Prelims	Wind H#
1 Chen, Jeff	12 Amador Valley	@ 22.46Q	0.8 4
2 Roberson, Darnell	11 Amador Valley	@ 22.50Q	0.4 5
3 Slaton, Josh	11 Amador Valley	@ 22.61Q	0.6 3
4 Marion, Allan	11 DeLaSalle	22.84Q	0.5 2
5 Langley, Isaiah	9 Foothill	22.90Q	0.7 1
6 Mensendiek, Erik	10 Monte Vista	23.03q	0.6 3
7 Lokula, Bennie	10 Livermore	23.17q	0.7 1
8 Farnady, Kyle	12 Granada	23.27q	0.7 1
9 Goodman, Matt	12 California	23.31	0.8 4
10 Gillespie, Sam	10 San Ramon Valley	23.31	0.8 4
11 Aliotti, Hunter	11 DeLaSalle	23.33	0.4 5
12 Charles, JaMaun	9 Amador Valley	23.37	0.6 3
13 Weinstein, Arron	12 San Ramon Valley	23.47	0.8 4
14 Chang, Terrance	12 Amador Valley	23.53	0.6 3
15 Ward, Joe	11 DeLaSalle	23.54	0.6 3
16 Rosdahl, Declan	12 San Ramon Valley	23.59	0.4 5
17 Adams Jr., Darrell	9 Foothill	23.68	0.5 2
18 Levers, Cain	9 DeLaSalle	23.72	0.5 2
19 Sison, Luige	12 DeLaSalle	23.85	0.7 1
20 Lawton, Ian	12 DeLaSalle	23.95	0.8 4
21 Huynh, Alex	12 Amador Valley	24.05	0.6 3
22 Maes, Trevor	11 Foothill	24.09	0.4 5
23 Mouton, Kyle	11 DeLaSalle	24.11	0.8 4
24 Hasjim, Nick	10 Amador Valley	24.14	0.5 2
25 Palonsky, Eric	11 Monte Vista	24.14	0.5 2
26 Egu, Victor	11 DeLaSalle	24.15	0.5 2
27 Back, Ellis	12 Monte Vista	24.24	0.8 4
28 Moore, Josh	11 San Ramon Valley	24.24	0.4 5
29 Palumbo, Thomas	12 San Ramon Valley	24.41	0.6 3
30 Voigtsberger, Garrett	9 Granada	24.42	0.6 3
31 Bautista, Mark	12 Monte Vista	24.58	0.7 1
32 Wali, Aaron	11 Monte Vista	24.67	0.5 2
33 Holland, Jamirr	10 Foothill	24.68	0.5 2
34 Garcia, Brian	11 Livermore	24.76	0.8 4
35 Tanaka, Sean	11 San Ramon Valley	24.91	0.7 1

**Event 24 Girls Triple Jump Varsity**

EBAL: R 38-03.75 1982		Debbie Dimino, California	
NCS At-Large: @ 35-09.50			
Name	Year School	Finals	Wind
Finals			
1 Chenault, Christina	9 Carondelet	38-04.75R	NWI
2 Reichenbach, Rachel	10 Foothill	34-11.50	NWI

**EBAL Championships 2012 - 5/9/2012 to 5/12/2012****San Ramon Valley High School****Results - Varsity Trials****....Event 24 Girls Triple Jump Varsity**

3 Ze, Torii	11 Granada	34-11.00	NWI
4 Riley, Anika	11 Amador Valley	34-08.00	NWI
5 Francis, Valerie	12 Carondelet	34-03.50	NWI
6 Call, Rachel	12 Monte Vista	34-01.00	NWI
7 Biekert, Sydney	10 San Ramon Valley	34-00.00	NWI
8 Ling, Ruiwen	11 California	32-09.50	NWI
9 Baur, Meghan	11 San Ramon Valley	32-08.50	NWI
10 Thomas, Anyel	10 San Ramon Valley	32-02.25	NWI
11 Hebert, Lillianna	9 California	32-01.00	NWI
12 Strout, Allison	11 Livermore	31-11.75	NWI
13 Mork, Kirsten	10 Granada	31-08.50	NWI
14 Batoog, Samara	12 San Ramon Valley	31-07.75	NWI
15 Stepanek, Hannah	10 Granada	31-07.25	NWI
16 Sanchez, Kailey	10 Amador Valley	31-05.50	NWI
17 Smoot, Nicole	12 Amador Valley	30-11.50	NWI
18 Riker, Amy	10 Amador Valley	30-06.75	NWI
19 Rey, Hannah	10 Granada	29-08.00	NWI
20 Yamada, Keianne	12 Foothill	29-04.00	NWI
21 Salcedo, Carina	11 Granada	28-11.50	NWI
22 Jansen, Tatiana	10 Granada	28-06.25	NWI
23 Biermayer, Kristen	11 Carondelet	27-11.25	NWI
24 Obaiza, Adesuwa	11 California	27-09.00	NWI
24 Curtis, Brittany	12 Granada	27-09.00	NWI
26 Gerbert, Siena	12 California	26-11.50	NWI

**Event 21 Girls High Jump Varsity**

=====			
EBAL: R 5-09 2009		Celeste Rietveld, Livermore	
NCS At-Large: @ 5-01			
Name	Year School	Finals	
=====			
1 Cauthen, Camille	12 Granada	5-03.00@	
2 Mork, Kirsten	10 Granada	J5-03.00@	
3 Reichenbach, Rachel	10 Foothill	J5-03.00@	
4 Riley, Anika	11 Amador Valley	5-01.00@	
5 Zhao, Kathryn	9 Amador Valley	J5-01.00@	
6 Hebert, Lillianna	9 California	4-11.00	
7 Franklin, Laura	12 Granada	J4-11.00	
8 Williams, Jessica	12 California	J4-11.00	
9 McLaughlin, Quinn	12 San Ramon Valley	J4-11.00	
10 Ingram, Amy	11 Monte Vista	J4-11.00	
11 Francis, Valerie	12 Carondelet	4-09.00	
11 Craig, Jillian	10 Amador Valley	4-09.00	
11 Stepanek, Hannah	10 Granada	4-09.00	
11 Biekert, Sydney	10 San Ramon Valley	4-09.00	
15 Mansfield, Parker	10 Granada	4-07.00	
15 Jansen, Tatiana	10 Granada	4-07.00	
15 Halverson, Miranda	11 Monte Vista	4-07.00	
15 Beaulieu, Stephanie	12 Livermore	4-07.00	
15 Foster, Kristin	12 California	4-07.00	
15 Reichenbach, Natalie	9 Foothill	4-07.00	
15 Harmison, Jennie	11 Granada	4-07.00	
22 Strout, Allison	11 Livermore	4-05.00	
22 Wentker, Veronica	11 San Ramon Valley	4-05.00	
22 Rajs, Hannah	12 Foothill	4-05.00	

**EBAL Championships 2012 - 5/9/2012 to 5/12/2012****San Ramon Valley High School****Results - Varsity Trials****....Event 21 Girls High Jump Varsity**

-- Dilworth, Jasmine 11 Monte Vista NH

**Event 30 Boys Triple Jump Varsity**

=====				
EBAL: R 47-01.25		1983	John Sheck, San Ramon	
NCS At-Large: @ 44-03.25				
Name	Year	School	Finals	Wind
=====				
1 Jenkins, Josh	12	DeLaSalle	44-10.00@	NWI
2 Rolleri, Kyle	12	Monte Vista	43-09.50	NWI
3 Tyler, Matt	11	Granada	42-08.50	NWI
4 Wieker, Devin	12	Foothill	42-07.75	NWI
5 Copeman, Randy	12	Amador Valley	42-01.75	NWI
6 Barber, Colin	12	San Ramon Valley	42-01.25	NWI
7 Kasten, Andre	10	Livermore	40-10.50	NWI
8 Nguyen, Kevin	11	DeLaSalle	40-09.50	NWI
9 Kinnee, Grant	12	California	40-03.75	NWI
10 White, Michael	10	Amador Valley	39-09.25	NWI
11 Venet, Teva	11	Granada	39-08.75	NWI
12 Vaughan, Cameron	12	Foothill	39-08.50	NWI
13 Huang, Daniel	10	Amador Valley	39-07.00	NWI
14 Black, Tilford	11	Amador Valley	39-02.25	NWI
15 Moore, Justin	11	Granada	38-07.50	NWI
16 McDonald, Garrett	9	Granada	38-02.25	NWI
17 Andino, Alex	12	California	37-09.50	NWI
18 Chinn, Grant	11	Amador Valley	37-04.25	NWI
19 Mason, James	11	Monte Vista	37-01.75	NWI
20 Gove, Brian	10	Amador Valley	36-10.50	NWI
21 Ricks, Dalton	12	California	36-08.50	NWI
22 Brasher, Jack	12	Livermore	36-05.25	NWI
23 Kumar, Nishant	10	Amador Valley	35-09.75	NWI
24 Nielsen, Eric	11	San Ramon Valley	35-08.00	NWI
25 Howard, Jake	9	Amador Valley	35-03.25	NWI
26 Shear, Ben	11	Monte Vista	35-00.50	NWI
-- Foote, Drake	10	Livermore	ND	NWI
-- Viera, Ryan	12	Granada	ND	NWI

**Event 31 Boys Shot Put Varsity**

=====				
EBAL: R 61-09		2007	Chris Krychev, Monte Vista	
NCS At-Large: @ 50-00.50				
Name	Year	School	Finals	
=====				
1 Esparza, Matthew	11	Amador Valley	58-03.00@	
2 Brassil, T.J.	12	DeLaSalle	56-07.50@	
3 Hooper, Austin	11	DeLaSalle	53-03.00@	
4 Bizzack, Alex	12	Monte Vista	47-07.50	
5 Kissinger, Drake	12	Foothill	46-07.00	
6 Lim, Brandon	10	Monte Vista	46-05.00	
7 Arotzarena, Dom	10	San Ramon Valley	45-05.00	
8 Piombo, Chase	10	DeLaSalle	45-04.00	
9 Banks, Xavier	11	DeLaSalle	44-03.00	
10 Kersetter, Frankie	10	Livermore	43-11.00	
11 Cerdas, Jesse	11	Amador Valley	43-04.50	
12 Pray, David	12	California	42-08.00	

**EBAL Championships 2012 - 5/9/2012 to 5/12/2012****San Ramon Valley High School****Results - Varsity Trials****....Event 31 Boys Shot Put Varsity**

13 Iverson, Garrett	12 San Ramon Valley	41-09.00
14 Vickers, Nate	11 Amador Valley	41-00.00
14 Garske, Kevin	12 DeLaSalle	41-00.00
16 Harrison, Jimmy	12 Monte Vista	40-11.00
17 Lowenstein, Max	11 Amador Valley	39-00.00
18 Anderson, Ian	11 California	38-08.00
19 Widjaja, Dylan	12 Livermore	38-01.50
19 Grelli, Gino	DeLaSalle	38-01.50
21 Frost, Austin	12 Granada	38-00.00
22 Boomer, Matt	12 Monte Vista	37-06.00
23 Sherman, Kevin	11 Amador Valley	37-05.00
24 Uribe, Jett	12 Granada	37-04.00
25 Varanai, Brandon	12 Granada	37-01.50
-- Bandrowski, Eric	11 San Ramon Valley	ND
-- Dalton, Cody	10 Monte Vista	ND

**Event 26 Girls Discus Throw Varsity**

=====			
EBAL: R 141-01 1989		Debbie Cembellin, Amador Val	
NCS At-Large: @ 111-11			
Name	Year	School	Finals
=====			
1 Acton, Monica	12	Amador Valley	115-06@
2 Regan, Kaitlyn	12	Carondelet	114-07@
3 Doylemason, Rose	12	Foothill	111-09
4 Park, Tara	11	Amador Valley	110-02
5 Franklin, Keandra	11	Granada	102-00
6 Wilber, Caitlin	12	California	100-06
7 Haus, Bridget	11	Monte Vista	96-02
8 Lewis, Tyrinne	12	California	95-04
9 Clark, Hannah	11	Monte Vista	88-11
10 Deuel, Hunter	10	San Ramon Valley	85-06
11 Gannon, Kathryn	12	Granada	84-11
12 Holmes, Ashley	12	Livermore	84-02
13 Hunt, Kayleigh	11	Carondelet	83-08
14 Irwin, Jessica	10	Granada	83-05
15 Hingano, Sisileti	9	California	82-02
16 Burt, Skylar	11	Granada	80-10
17 Bachem, Rachel	12	Livermore	80-07
18 Walke, Audreyanna	11	Livermore	79-08
19 Hubbard, Emily	12	Foothill	77-09
20 Williams, Marcella	11	Granada	76-06
21 Rogers, Taylor	12	California	76-03
22 Hall, Victoria	12	San Ramon Valley	74-10
23 Grant, Jordan	11	Monte Vista	74-04
23 Rosenberg, Brooke	11	Monte Vista	74-04
25 Consani, Nora	12	San Ramon Valley	73-11
26 Butler, Keri	12	Amador Valley	72-00
27 Breyer, Megan	11	Livermore	71-09
28 Herb, Candace	12	Amador Valley	70-06
29 Mueller, Lisa-Marie	12	Foothill	70-01
30 Kalantar, Emily	11	Granada	66-09
31 Karp, Bridget	12	San Ramon Valley	66-04
32 Frost, McKenzie	9	Granada	65-11
33 Mann, Michelle	12	Amador Valley	63-00

**EBAL Championships 2012 - 5/9/2012 to 5/12/2012****San Ramon Valley High School****Results - Varsity Trials****....Event 26 Girls Discus Throw Varsity**

34 Ringgenberg, Savannah	11 San Ramon Valley	62-11
35 Vi, Charlotte	11 Granada	62-08
36 Anderson, Shellie	11 Carondelet	62-03
37 Vasquez, Taylor	12 Granada	60-10
38 Hardman, Syndey	10 Granada	55-10
39 Abraham, Anjali	11 Foothill	54-11
40 Matus, Patricia	12 Amador Valley	46-10
41 Neitzel, Anna	9 Granada	45-03
-- Beltran, Enrica	11 Amador Valley	ND
-- Kimber, Helen	9 California	ND
-- Hernandez, Daniela	11 California	ND
-- Hockman, Grace	12 Granada	ND
-- Onifade, Busayo	12 San Ramon Valley	ND
-- Hayden, Kristen	11 Granada	ND
-- Wood, Lindsey	11 Granada	ND
-- Lim, Allyson	9 Monte Vista	ND

**Event 28 Boys Pole Vault Varsity**

=====			
EBAL: R 16-03 2008		Justin Miller, California	
NCS At-Large: @ 13-02			
Name	Year	School	Finals
=====			
1 Barber, Colin	12	San Ramon Valley	15-02.00@
2 Tuckness, Kevin	12	San Ramon Valley	13-08.00@
3 Kim, Andy	12	Amador Valley	13-02.00@
4 Roullier, Mark	12	San Ramon Valley	J13-02.00@
5 Halili, Anjo	11	Monte Vista	J13-02.00@
6 Evens, Tyler	12	Granada	J13-02.00@
7 Yorkey, Ben	12	California	12-08.00
8 Brown, Conner	12	Foothill	J12-08.00
9 Zollinger, Nicholas	12	Amador Valley	J12-08.00
10 O'Brien, Michael	12	San Ramon Valley	J12-08.00
11 Mai, Kevin	11	DeLaSalle	12-02.00
11 Villagran, Alex	11	DeLaSalle	12-02.00
11 Werner, Jeffrey	12	California	12-02.00
11 Hall, Tanner	12	San Ramon Valley	12-02.00
15 Rabago, Pat	12	DeLaSalle	11-08.00
15 Wheeler, Andrew	11	San Ramon Valley	11-08.00
17 Ginn, Brandon	12	Granada	11-02.00
17 Galbrath, Nick	12	DeLaSalle	11-02.00
17 Wischhover, Ben	11	Monte Vista	11-02.00
17 Foote, Drake	10	Livermore	11-02.00
21 Sharma, Jay	11	Amador Valley	10-08.00
22 Bueno, Clayton	11	Granada	10-02.00
23 Wedell, Kody	11	Monte Vista	10-00.00
-- Buccola, Desmond	11	Amador Valley	NH
-- Stepanek, John	11	Granada	NH