

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****Event 3 Girls 1600 Meter Run Varsity****12 Advance: Top 3 Each Heat plus Next 6 Best Times**

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EBAL: R 4:56.55	2007	Diana George, Livermore
NCS At-Large: @ 5:11.38		
Name	Year School	Prelims
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Preliminaries		
1 McCandless, Megan	9 Granada	@ 5:07.35Q
2 Gong, Maryann	12 Granada	@ 5:10.40Q
3 Starn, Brooke	9 Monte Vista	@ 5:09.73Q
4 Ricks, Madison	11 California	5:12.88Q
5 Lawsen, Taylor	9 Granada	@ 5:11.29Q
6 Hernandez, Alexandria	11 Livermore	5:13.75Q
7 Smiley, Katharine	12 Monte Vista	5:13.09q
8 Hartley, Sophie	11 Granada	5:14.18q
9 Razavi, Nina	12 Amador Valley	5:15.01q
10 Bayliss, Christine	10 San Ramon Valley	5:15.60q
11 Lutz, Carly	11 San Ramon Valley	5:17.33q
12 Herting, Erin	11 Monte Vista	5:20.37q
13 Geasa, Annie	12 Foothill	5:20.85
14 Sannajust, Kim	11 Amador Valley	5:26.24
15 Camenzind, Kathy	11 California	5:28.49
16 Dunlap, Kailey	11 San Ramon Valley	5:29.85
17 Anex, Dana	10 Livermore	5:30.39
18 Sage, Emma	10 Amador Valley	5:35.38
19 Logan, Juliet	11 Amador Valley	5:37.01
20 Lois, Ashley	12 Livermore	5:38.98
21 Duret, Stephanie	11 Amador Valley	5:39.57
22 Nesbit, Meghan	12 Monte Vista	5:39.69
23 Brar, Noreen	11 California	5:41.94
24 Carolo, Jamie	12 Amador Valley	5:43.39

Event 4 Boys 1600 Meter Run Varsity**12 Advance: Top 3 Each Heat plus Next 6 Best Times**

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EBAL: R 4:14.27	1996	Micheil Jones, Livermore
NCS At-Large: @ 4:20.58		
Name	Year School	Prelims
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1 Hurlock, Blair	11 DeLaSalle	@ 4:20.25Q
2 Intravaia, Jason	11 San Ramon Valley	4:23.49Q
3 Olson, Tyler	11 Livermore	4:23.62Q
4 Leary, Patrick	12 Livermore	4:24.45Q
5 Schlachte, Jacob	12 Amador Valley	4:25.33Q
6 McKinnon, Conner	11 Amador Valley	4:26.39Q
7 Beston, Zach	10 Amador Valley	4:28.16q
8 Arthur, Dan	12 Amador Valley	4:29.88q
9 Colaco, Ryan	11 San Ramon Valley	4:29.99q
10 Huey, Kevin	12 Amador Valley	4:30.97q
11 Crose, Jackson	10 Livermore	4:32.55q
12 Jankowski, John	12 DeLaSalle	4:33.37q
13 Mogannam, Justin	12 DeLaSalle	4:34.57
14 Knight, Joshua	12 Granada	4:34.59
15 Pisenti, Jake	12 San Ramon Valley	4:35.92
16 Darling, Brandon	11 San Ramon Valley	4:38.54
17 Hoggatt, Austin	11 Granada	4:41.43

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****...Event 4 Boys 1600 Meter Run Varsity**

18 Machado, Eric	12 DeLaSalle	4:44.21
19 Goldt, Justin	11 San Ramon Valley	4:54.59
20 Gambill, Tyler	11 San Ramon Valley	5:01.95
21 Schwartz III, John Trey	11 DeLaSalle	5:29.24

Event 5 Girls 100 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

EBAL: R 14.84 1999		Simone Brooks, Berkeley		
NCS At-Large: @ 15.58				
Name	Year	School	Prelims	Wind H#
1 Muller, Makenzie	12	Foothill	16.09Q	-1.4 3
2 Biekert, Sydney	11	San Ramon Valley	16.20Q	0.9 2
3 Fletcher, Meghan	11	Amador Valley	16.29Q	-1.5 1
4 Topielski, Emily	10	Foothill	16.35q	-1.5 1
5 Williams, Savannah	10	Monte Vista	16.82q	-1.5 1
6 Williams, Chloe	12	Carondelet	17.10q	-1.4 3
7 Villanueva, Brookey	9	Amador Valley	17.24q	0.9 2
8 Menk, Hannah	11	Amador Valley	17.43q	0.9 2
9 Hess, Madeline	10	Carondelet	17.57	-1.5 1
10 Holliday, Devyn	11	San Ramon Valley	17.66	-1.5 1
11 Glickman, Courtney	12	California	17.73	0.9 2
12 Ze, Torii	12	Granada	17.78	-1.4 3
13 Strout, Allison	12	Livermore	17.91	-1.4 3
14 Sommer, Valerie	11	Granada	17.98	-1.5 1
15 Vieira, Candice	12	Granada	18.39	-1.4 3
16 Gershman, Ariel	10	Amador Valley	18.51	0.9 2
17 Dukes, Cassie	11	Livermore	18.57	0.9 2
18 Porter, Alexia	11	Livermore	18.78	-1.4 3
19 Jansen, Tatiana	11	Granada	18.81	-1.5 1
20 Chidez, Jennifer	10	Livermore	19.76	-1.5 1
21 Doxey, Alison	12	Amador Valley	20.86	0.9 2
-- Clark, Sydney	11	Monte Vista	X19.22	-0.8 4
-- Medor, Sara	12	Foothill	X19.59	-0.8 4
-- Mc Donagh, Laura	12	Carondelet	X20.23	-0.8 4
-- Stanford, Amanda	11	Livermore	X20.78	-0.8 4
-- Rey, Hannah	11	Granada	X21.21	-0.8 4
-- McNeil, Paige	11	Monte Vista	X21.62	-0.8 4
-- Williams, Chloe	11	Livermore	X22.14	-0.8 4

Event 6 Boys 110 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

EBAL: R 13.99 2006		David Klech, California		
NCS At-Large: @ 15.45				
Name	Year	School	Prelims	Wind H#
1 Morris, Marquis	11	DeLaSalle	@ 15.05Q	0.3 3
2 Peters, Sam	12	Amador Valley	15.61Q	-0.7 2
3 Marcotte, Michael	12	DeLaSalle	16.02Q	-1.1 1
4 Fuller, Kamron	12	Granada	16.34q	-1.1 1
5 Webster, Austin	11	San Ramon Valley	16.58q	-0.7 2
6 Stuertz, Ian	10	California	16.64q	-0.7 2
7 Tang, Michael	11	Foothill	16.71q	0.3 3

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****....Event 6 Boys 110 Meter Hurdles Varsity**

8 Patel, Jaymal	12 Granada	16.81q	0.3	3
9 Foote, Drake	11 Livermore	17.22	-1.1	1
10 Houghton, Trevor	12 Livermore	17.53	-0.7	2
11 Simpson, Jacob	12 Granada	17.95	-1.1	1
12 Ordonez-Jones, Kris	10 Livermore	18.25	0.3	3
13 Revay, Joshua	11 Granada	18.31	0.3	3
14 Moore, Wyatt	11 San Ramon Valley	18.62	-1.1	1
15 Flores, Nathan	12 Granada	18.68	-0.7	2
16 Bacal, Warren	12 Amador Valley	18.72	-1.1	1
17 Crinnion, David	11 California	18.95	-0.7	2

Event 7 Girls 400 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

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EBAL: R 55.34 2000 Aisha Margain, Berkeley

NCS At-Large: @ 58.77

Name	Year	School	Prelims	H#
1 Chenault, Christina	10	Carondelet	@ 57.95Q	3
2 Carr, Tyler	10	California	58.90Q	2
3 Evans, Emily	11	San Ramon Valley	59.66Q	1
4 Rondoni, Nina	12	Monte Vista	59.78q	3
5 Merchant, Jazmyn	10	Amador Valley	59.80q	2
6 Winn, Chloe	11	Monte Vista	59.99q	1
7 Gebhart, Mattingly	10	Monte Vista	60.02q	2
8 Revell, Adria	11	Foothill	60.15q	3
9 Brandt, Morgan	11	Granada	60.21	1
10 Ketner, Alysse	12	Amador Valley	60.61	2
11 Ryotolo, Julienne	9	Carondelet	60.76	3
12 Chu, Sharon	10	Foothill	61.37	1
13 Delaney, Kaelin	10	California	61.86	2
14 Newman, Taylor	11	Livermore	62.02	1
15 Gregory, Taylor	9	San Ramon Valley	62.66	3
16 Saunders, Amanda	11	San Ramon Valley	63.60	1
17 Karbo, Stephanie	12	California	64.46	3
18 Piñon, Jenelle	11	Carondelet	64.61	3
-- Hoang, Jessica	11	Granada	X64.74	4
-- Atkinson, Haleigh	11	Granada	X65.22	4
-- Watson, Haley	11	Monte Vista	X65.93	4
-- Cheney, Catherine	11	Amador Valley	X65.95	4
-- Cleveland, Ashley	11	San Ramon Valley	X66.67	4
-- O'Brien, Molly	11	San Ramon Valley	X68.08	4

Event 8 Boys 400 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

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EBAL: R 47.64 2006 David Klech, California

NCS At-Large: @ 50.02

Name	Year	School	Prelims	H#
1 Griffin, Kevin	11	DeLaSalle	@ 49.65Q	2
2 Griffith, David	11	San Ramon Valley	50.72Q	1
3 Slaton, Josh	12	Amador Valley	51.40Q	3
4 Baldacci, Matthew	12	DeLaSalle	50.97q	1
5 Lillig, Ben	12	California	51.81q	2

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****....Event 8 Boys 400 Meter Dash Varsity**

6	Hasjim, Nick	11	Amador Valley	52.10q	3
7	McDonald, Ryan	12	Foothill	52.54q	2
8	Brown, Marcus	11	DeLaSalle	52.71q	3
9	Darling, Ryan	11	San Ramon Valley	53.69	1
10	Leon, Edward	11	Granada	53.72	2
11	Fleckner, Zachary	12	Granada	53.93	1
12	Palonsky, Eric	12	Monte Vista	54.03	3
13	Garcia, Brian	12	Livermore	54.06	3
14	Duba, Zachary	11	California	54.67	3
15	Hulbert, Christian	11	Livermore	55.58	3
16	Boatwright, Daniel	11	San Ramon Valley	55.92	2
17	Randall, Tyler	11	California	55.93	1
18	Peters, Justin	12	Granada	57.10	1
19	Palonsky, Bradley	12	Monte Vista	58.17	1

Event 9 Girls 100 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

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EBAL: R 11.92		2007	Kelly Fogarty, San Ramon Valley		
NCS At-Large: @ 12.72					
Name	Year	School	Prelims	Wind	H#
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1	White, Pamela	9	Granada	@ 12.72Q	-1.3 2
2	Fetsch, Nicole	12	Amador Valley	12.75Q	-1.9 3
3	Reichenbach, Natalie	10	Foothill	13.00Q	-1.4 1
4	Hupke, Kat	12	California	12.97q	-1.3 2
5	Good, Felicia	11	Carondelet	13.06q	-1.4 1
6	Lukas, Haley	11	Foothill	13.14q	-1.4 1
7	Sinclair, Alina	12	San Ramon Valley	13.18q	-1.3 2
8	Perez, Erika	11	Monte Vista	13.30q	-1.4 1
9	Thomas, Anyel	11	San Ramon Valley	13.37	-1.9 3
10	Williams, Brittany	9	Monte Vista	13.38	-1.9 3
10	Gwynn, Carly	9	San Ramon Valley	13.38	-1.3 2
12	Topielski, Emily	10	Foothill	13.38	-1.4 1
13	Hays, Katherine	10	Carondelet	13.39	-1.9 3
14	Alexander, Nicole	11	Monte Vista	13.43	-1.3 2
15	Bondoc, Brandy	11	California	13.51	-1.9 3
16	Alfaro, Amanda	12	California	13.56	-1.4 1
17	Harioka, Amy	12	Carondelet	13.59	-1.3 2
18	Sicam, Kourtnie	12	Amador Valley	13.62	-1.4 1
19	Grant, Shasta	9	Livermore	13.64	-1.4 1
20	Silveira, Sanciana	10	Carondelet	13.72	-1.3 2
21	Mann, Haley	10	Amador Valley	13.74	-1.9 3
22	Esser, Rachel	10	Livermore	13.75	-1.3 2
23	Poplawski, Kennedy	12	Amador Valley	14.08	-1.9 3
--	Comfort, Cierra	12	Granada	X13.77	-1.1 4
--	Morgan, Laura	11	Amador Valley	X13.91	-1.1 4
--	Boyle, Megan	12	Monte Vista	X13.97	-1.1 4
--	Quintanal, Jillian	11	Amador Valley	X14.25	-1.1 4
--	Loaeza, Ashley	11	Carondelet	X14.45	-1.1 4
--	Sasaki, Erika	12	Carondelet	X14.84	-1.1 4
--	Delos Reys, Eulove	12	Carondelet	X15.11	-1.1 4

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****Event 10 Boys 100 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

EBAL: R 10.60 2003		D.J. Smith, Foothill	
NCS At-Large: @ 11.19			
Name	Year School	Prelims	Wind H#
1 Johnson, Karris	12 California	@ 10.99Q	-0.4 2
2 Morris, Marquis	11 DeLaSalle	@ 11.15Q	-0.8 1
3 Marion, Allan	12 DeLaSalle	@ 11.16Q	-0.9 3
4 Lokula, Bennie	11 Livermore	@ 11.18q	-0.4 2
5 Charles, JaMaun	10 Amador Valley	11.29q	-0.9 3
6 Levers, Cain	10 DeLaSalle	11.34q	-0.9 3
7 Anderson, Jordan	11 DeLaSalle	11.38q	-0.9 3
8 Wilson, Wade	11 San Ramon Valley	11.45q	-0.8 1
9 White, Michael	11 Amador Valley	11.46	-0.8 1
10 Aliotti, Hunter	12 DeLaSalle	11.49	-0.4 2
11 Mensendiek, Erik	11 Monte Vista	11.50	-0.8 1
12 DeMaio, Jacob	11 Monte Vista	11.51	-0.4 2
13 Pipitone, Patrick	10 Amador Valley	11.68	-0.4 2
14 Knaggs, Kevan	11 Amador Valley	11.82	-0.4 2
15 Uwakwe, Victor	11 California	11.89	-0.9 3
16 Huang, Daniel	11 Amador Valley	11.91	-0.9 3
17 Howard, Jake	10 Amador Valley	11.96	-0.9 3
18 McCollough, Ledre	9 Livermore	12.03	-0.8 1
19 Gove, Brian	11 Amador Valley	12.30	-0.4 2
20 Quistgard, Cale	10 Foothill	12.40	-0.8 1
-- Roberson, Darnell	12 Amador Valley	DQ	-0.9 3 False Start
-- Langley, Isaiah	10 Foothill	DQ	-0.8 1 False Start

Event 11 Girls 800 Meter Run Varsity**12 Advance: Top 3 Each Heat plus Next 6 Best Times**

EBAL: R 2:09.30 1978		Cheri Williams, Livermore	
NCS At-Large: @ 2:19.69			
Name	Year School	Prelims	
1 Gong, Maryann	12 Granada	@ 2:16.42Q	
2 Fuhriman, Heidi	9 Monte Vista	@ 2:18.36Q	
3 Ricks, Madison	11 California	@ 2:16.85Q	
4 Donner, Heather	12 California	2:21.12Q	
5 Eklem, Kaitlyn	10 San Ramon Valley	@ 2:19.44Q	
6 Hernandez, Alexandria	11 Livermore	2:21.19Q	
7 Franklin, Sarah	11 Granada	2:21.46q	
8 Leroudier, Melodie	9 Amador Valley	2:24.00q	
9 Chew, Charlene	12 California	2:24.36q	
10 Vaculin, Shelby	12 Carondelet	2:25.61q	
11 Smith, Elena	12 Monte Vista	2:26.51q	
12 Geasa, Annie	12 Foothill	2:27.45q	
13 Avina, Avery	9 Carondelet	2:27.85	
14 Byrnes, Emily	11 Granada	2:32.61	
15 Lois, Ashley	12 Livermore	2:35.85	
16 Wali, Farrah	11 Monte Vista	2:36.03	
17 Regan, Jackie	9 Carondelet	2:36.44	
18 Evans, Emily	11 San Ramon Valley	2:37.88	
19 Duncanson, Megan	12 San Ramon Valley	2:38.39	
20 West, Melissa	11 Foothill	2:38.74	

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****....Event 11 Girls 800 Meter Run Varsity**

21 Hartley, Sophie	11 Granada	2:39.38
22 Wentker, Veronica	12 San Ramon Valley	2:44.06

Event 12 Boys 800 Meter Run Varsity**12 Advance: Top 3 Each Heat plus Next 6 Best Times**

EBAL: R 1:53.89 2009 Kevin Griffith, San Ramon V
 NCS At-Large: @ 1:56.74

Name	Year School	Prelims
1 Intravaia, Jason	11 San Ramon Valley	1:58.09Q
2 McKinnon, Conner	11 Amador Valley	2:00.10Q
3 Aldana, Christian	10 California	2:00.32Q
4 Jafarkhani, Nima	12 Granada	2:00.61Q
5 Winter, Nickolas	12 Granada	2:00.35Q
6 Porter, Nathan	12 DeLaSalle	2:00.94Q
7 Fenoglio, Charlie	12 San Ramon Valley	2:01.13q
8 Wilke, Carl	12 San Ramon Valley	2:01.50q
9 Leary, Patrick	12 Livermore	2:01.86q
10 McCarthy, Connor	12 Amador Valley	2:03.03q
11 Henze, Peter	12 Foothill	2:03.43q
12 Salvo, Connor	11 San Ramon Valley	2:04.23q
13 McDonald, Ryan	12 Foothill	2:04.25
14 Johnson, Andrew	10 DeLaSalle	2:04.62
15 Olson, Tyler	11 Livermore	2:04.87
16 Knight, Joshua	12 Granada	2:06.39
17 Crose, Jackson	10 Livermore	2:07.29
18 Pisenti, Jake	12 San Ramon Valley	2:07.82
19 Shimanuki, Brian	11 Amador Valley	2:07.96
20 Capinpin, Amiel	12 DeLaSalle	2:08.36
21 Lee, Taylor	11 Monte Vista	2:08.88
22 Hoggatt, Austin	11 Granada	2:10.51
23 Jankowski, John	12 DeLaSalle	2:12.97

Event 13 Girls 300 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

EBAL: R 45.13 2012 Tori Edwards, California
 NCS At-Large: @ 46.33

Name	Year School	Prelims	H#
1 Fletcher, Meghan	11 Amador Valley	@ 45.92Q	3
2 Villanueva, Brookey	9 Amador Valley	47.25Q	2
3 Glickman, Courtney	12 California	47.32Q	1
4 Ingram, Amy	12 Monte Vista	47.88q	1
5 Williams, Savannah	10 Monte Vista	48.26q	1
6 Strand, Kelly	10 Monte Vista	48.65q	3
7 Hess, Maddi	10 Carondelet	48.96q	3
8 Vieira, Candice	12 Granada	49.07q	1
9 Muller, Makenzie	12 Foothill	49.16	2
10 Partridge, Sarah	10 Livermore	49.65	1
11 Cooper, Molly	12 Livermore	50.22	2
12 Loftus, Kelly	12 Carondelet	50.27	2
13 Holliday, Devyn	11 San Ramon Valley	50.55	3
14 Topielski, Emily	10 Foothill	51.72	3

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****....Event 13 Girls 300 Meter Hurdles Varsity**

15 Chan, Naomi	12 Amador Valley	51.97	2
16 Lois, Jessica	12 Livermore	52.03	3
17 Gershman, Ariel	10 Amador Valley	52.26	3
18 Baur, Meghan	12 San Ramon Valley	52.77	1
19 Chidez, Jennifer	10 Livermore	55.99	2
20 Mc Donagh, Laura	12 Carondelet	56.50	2
21 Clovis, Giana	11 Carondelet	57.25	1
22 Koussa, Lena	12 California	57.80	1
-- Clark, Sydney	11 Monte Vista	X52.28	4
-- Sommer, Valerie	11 Granada	X54.72	4
-- Doxey, Alison	12 Amador Valley	X54.85	4

Event 14 Boys 300 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

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EBAL: R 36.63 2005 David Klech, California

NCS At-Large: @ 40.53

Name	Year School	Prelims	H#
1 Peters, Sam	12 Amador Valley	@ 39.18Q	3
2 Morris, Marquis	11 DeLaSalle	@ 39.42Q	2
3 Tyler, Colton	12 Monte Vista	41.09Q	1
4 Griffith, David	11 San Ramon Valley	41.40q	2
5 Marcotte, Michael	12 DeLaSalle	41.75q	3
6 Fuller, Kamron	12 Granada	42.52q	2
7 Patel, Jaymal	12 Granada	42.94q	1
8 Langley, Isaiah	10 Foothill	43.06q	1
9 Webster, Austin	11 San Ramon Valley	43.49	2
10 Godkin, Sean	10 DeLaSalle	43.99	1
11 Houghton, Trevor	12 Livermore	44.17	3
12 Stuertz, Ian	10 California	44.20	3
13 Moore, Wyatt	11 San Ramon Valley	45.04	2
14 Revay, Joshua	11 Granada	45.15	2
15 Siegel, Jared	11 Amador Valley	45.30	1
16 Ordonez-Jones, Kris	10 Livermore	45.37	2
17 Simpson, Jacob	12 Granada	45.65	3
18 Crinnion, David	11 California	46.28	1
19 Soldati, Nick	11 Foothill	46.30	1
20 Bacal, Warren	12 Amador Valley	46.58	3
21 Flores, Nathan	12 Granada	47.42	3
22 Hawke, Roy	12 Monte Vista	49.66	1

Event 15 Girls 200 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

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EBAL: R 24.49 2007 Kelly Fogarty, San Ramon Valley

NCS At-Large: @ 25.95

Name	Year School	Prelims	Wind	H#
1 White, Pamela	9 Granada	@ 25.95Q	NWI	1
2 Chenault, Christina	10 Carondelet	26.12Q	NWI	3
3 Reichenbach, Natalie	10 Foothill	26.39Q	NWI	2
4 Hupke, Kat	12 California	26.16q	NWI	1
5 Fetsch, Nicole	12 Amador Valley	26.42q	NWI	2
6 Revell, Adria	11 Foothill	26.43q	NWI	1

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****....Event 15 Girls 200 Meter Dash Varsity**

7 Good, Felicia	11 Carondelet	26.56q	NWI	3
8 Merchant, Jazmyn	10 Amador Valley	26.59q	NWI	1
9 Carr, Tyler	10 California	26.64	NWI	2
10 Lukas, Haley	11 Foothill	26.79	NWI	3
11 Brandt, Morgan	11 Granada	27.14	NWI	3
12 Gebhart, Mattingly	10 Monte Vista	27.18	NWI	2
13 Gwynn, Carly	9 San Ramon Valley	27.27	NWI	1
14 Chu, Sharon	10 Foothill	27.32	NWI	2
15 Sinclair, Alina	12 San Ramon Valley	27.39	NWI	2
16 Alexander, Nicole	11 Monte Vista	27.49	NWI	1
17 Mann, Haley	10 Amador Valley	27.87	NWI	1
18 Sicam, Kourtnie	12 Amador Valley	28.14	NWI	2
19 Grant, Shasta	9 Livermore	28.18	NWI	2
20 Piñon, Jenelle	11 Carondelet	28.80	NWI	3
-- Comfort, Cierra	12 Granada	X27.93	+0.0	4
-- Bondoc, Brandy	11 California	X28.02	-0.6	5
-- Esser, Rachel	10 Livermore	X28.18	+0.0	4
-- Alfaro, Amanda	12 California	X28.32	+0.0	4
-- Poplawski, Kennedy	12 Amador Valley	X28.39	+0.0	4
-- Delaney, Kaelin	10 California	X28.49	-0.6	5
-- Karbo, Stephanie	12 California	X28.59	+0.0	4
-- Morgan, Laura	11 Amador Valley	X28.69	-0.6	5
-- Quintanal, Jillian	11 Amador Valley	X29.17	+0.0	4
-- O'Brien, Molly	11 San Ramon Valley	X29.18	-0.6	5
-- Atkinson, Haleigh	11 Granada	X29.49	-0.6	5
-- Glover, Kaitlyn	11 Amador Valley	X29.72	-0.6	5

Event 16 Boys 200 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

EBAL: R 21.47 2003		D.J. Smith, Foothill		
NCS At-Large: @ 22.70				
Name	Year School	Prelims	Wind	H#
1 Roberson, Darnell	12 Amador Valley	@ 22.36Q	-0.9	3
2 Langley, Isaiah	10 Foothill	@ 22.42Q	-1.9	2
3 Slaton, Josh	12 Amador Valley	@ 22.57Q	-1.4	1
4 Wilson, Wade	11 San Ramon Valley	@ 22.63q	-1.9	2
5 Charles, JaMaun	10 Amador Valley	22.74q	-1.4	1
6 Marion, Allan	12 DeLaSalle	22.77q	-0.9	3
7 Lokula, Bennie	11 Livermore	22.92q	-1.9	2
8 Griffin, Kevin	11 DeLaSalle	23.09q	-0.9	3
9 Levers, Cain	10 DeLaSalle	23.19	-1.4	1
10 DeMaio, Jacob	11 Monte Vista	23.26	-1.9	2
11 Hasjim, Nick	11 Amador Valley	23.49	-0.9	3
12 Anderson, Jordan	11 DeLaSalle	23.54	-1.9	2
13 Aliotti, Hunter	12 DeLaSalle	23.66	-0.9	3
14 White, Michael	11 Amador Valley	23.72	-1.4	1
15 Uwakwe, Victor	11 California	23.97	-1.4	1
16 Brown, Marcus	11 DeLaSalle	24.03	-0.9	3
17 Moore, Justin	12 Granada	24.04	-1.4	1
18 Lillig, Ben	12 California	24.18	-1.4	1
19 Knaggs, Kevan	11 Amador Valley	24.25	-0.9	3
20 Quistgard, Cale	10 Foothill	24.84	-0.9	3
21 Leon, Edward	11 Granada	25.03	-1.9	2

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****Event 22 Girls Pole Vault Varsity**

EBAL: R 11-00 2011 Stephanie Beaulieu, Livermore
 NCS At-Large: @ 10-07

Name	Year	School	Finals
Finals			
1 Larson, Lauren	11	San Ramon Valley	10-06.00
2 Biekert, Emily	10	San Ramon Valley	10-00.00
3 Hatter, Lauren	10	San Ramon Valley	9-06.00
4 Meyers, Emily	10	Carondelet	J9-06.00
5 Honig, Andrea	12	Livermore	9-00.00
6 Craig, Jillian	11	Amador Valley	J9-00.00
7 Strout, Allison	12	Livermore	8-06.00
8 Brewster, Misha	10	Livermore	J8-06.00
9 Kern, Katie	9	Carondelet	8-00.00
9 Keene, Sarah	9	Amador Valley	8-00.00
11 Nguyen, Megan	12	Monte Vista	J8-00.00
12 Fitz, Allison	12	Granada	J8-00.00
13 Louie, Jennifer	12	Granada	7-06.00
14 Estrada, Alyssa	11	Carondelet	J7-06.00
14 Persaud, Alicia	12	Granada	J7-06.00
16 Lucero, Dori	11	Amador Valley	J7-06.00
-- Lois, Jessica	12	Livermore	NH

Event 24 Girls Triple Jump Varsity

EBAL: R 38-04.75 2012 Christina Chenault, Carondelet
 NCS At-Large: @ 35-11.75

Name	Year	School	Finals	Wind
Finals				
1 Chenault, Christina	10	Carondelet	38-02.00@	NWI
2 Reichenbach, Rachel	11	Foothill	36-04.75@	NWI
3 Hebert, Lillianna	10	California	36-00.75@	NWI
4 Biekert, Sydney	11	San Ramon Valley	35-09.00	NWI
5 Thomas, Anyel	11	San Ramon Valley	34-08.00	NWI
6 Strout, Allison	12	Livermore	33-03.50	NWI
7 Mork, Kirsten	11	Granada	33-02.00	NWI
8 Partridge, Sarah	10	Livermore	32-10.00	NWI
9 Ze, Torii	12	Granada	32-08.75	NWI
10 Riley, Anika	12	Amador Valley	32-04.50	NWI
11 Baur, Meghan	12	San Ramon Valley	31-04.25	NWI
12 Engle, Brianna	10	Monte Vista	31-04.00	NWI
13 Sanchez, Kailey	11	Amador Valley	30-11.25	NWI
14 Lois, Ashley	12	Livermore	30-08.25	NWI
15 Riker, Amy	11	Amador Valley	30-06.25	NWI
16 Porter, Alexia	11	Livermore	30-02.00	NWI
17 Koussa, Lena	12	California	29-10.50	NWI
18 Nelson, Zoe	11	Monte Vista	29-10.25	NWI
19 Cleveland, Ashley	11	San Ramon Valley	29-09.25	NWI
20 Mancieri, Ariana	11	Livermore	29-04.75	NWI
21 Herzog, Rachel	11	Foothill	29-01.50	NWI
22 Fung, Jessica	11	Foothill	28-01.75	NWI
23 Salcedo, Carina	12	Granada	27-01.75	NWI
24 Jansen, Tatiana	11	Granada	26-05.50	NWI

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****Event 25 Girls Shot Put Varsity**

EBAL: R 39-08 2000 Amanda Patteson, Granada
 NCS At-Large: @ 35-11.25

Name	Year	School	Finals
1 Franklin, Keandra	12	Granada	35-10.50
2 Kimber, Helen	10	California	34-10.50
3 Aha, Yvonne	11	Monte Vista	34-10.00
4 Hingano, Sisileti	10	California	33-05.50
5 Burt, Skylar	12	Granada	32-05.50
6 Park, Tara	12	Amador Valley	32-03.50
7 Haus, Bridget	12	Monte Vista	32-00.50
8 Clark, Hannah	12	Monte Vista	31-11.00
9 Williams, Annie	12	Granada	30-02.50
10 Shaprio, Liz	11	Carondelet	29-09.50
11 Frost, McKenzie	10	Granada	29-06.50
12 Hingano, Mata	9	California	29-00.50
13 Lim, Ally	10	San Ramon Valley	28-10.50
14 Irwin, Jessica	11	Granada	28-05.00
15 Regan, Jacklyn	10	Carondelet	28-00.00
16 Anderson, Michelle	12	Carondelet	27-11.50
17 Diaz, Elena	12	California	27-08.50
18 Kalantar, Emily	12	Granada	27-07.00
19 Toetuu, Fina	11	California	27-06.50
20 Hunt, Kayleigh	12	Carondelet	26-05.00
21 Bender, Carina	10	Monte Vista	26-02.00
22 Day, Bree	12	Amador Valley	25-08.00
23 Deuel, Hunter	11	San Ramon Valley	25-06.50
24 Pettit, Ashligh	11	Livermore	25-03.50
25 Stocking, Kaitlin	11	Livermore	25-01.00
25 Gibson, Emily	10	Granada	25-01.00
27 Hyde, Sophia	11	Livermore	25-00.00
28 Tristant, Amelie	11	Carondelet	24-10.00
29 Whollob, Carly	11	Carondelet	23-10.50
30 Hardman, Syndey	11	Granada	23-07.00
31 Estrada, Alyssa	11	Carondelet	22-04.00

Event 27 Boys High Jump Varsity

EBAL: R 6-11.25 2006 Brendon Adams, San Ramon Va
 NCS At-Large: @ 6-02

Name	Year	School	Finals
1 Tyler, Matt	12	Granada	6-04.00@
2 Chaffee, Stokley	10	Amador Valley	6-02.00@
3 Williams, Jeremy	11	Granada	J6-02.00@
4 Foote, Drake	11	Livermore	6-00.00
5 Kasten, Andrei	11	Livermore	J6-00.00
6 Godkin, Sean	10	DeLaSalle	J6-00.00
7 Raizes, Justin	10	California	5-08.00
8 Venet, Teva	12	Granada	J5-08.00
8 Hinrichs, Max	12	Monte Vista	J5-08.00
8 Kumar, Nishant	11	Amador Valley	J5-08.00
8 Frazier, Joshua	9	California	J5-08.00
8 Vaccaro, Bobby	12	DeLaSalle	J5-08.00
-- Howard, Jake	10	Amador Valley	NH

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****Event 30 Boys Triple Jump Varsity**

=====				
EBAL: R 47-01.25		1983	John Sheck, San Ramon	
NCS At-Large: @ 44-06.50				
Name	Year	School	Finals	Wind
=====				
1 Tyler, Matt	12	Granada	43-02.75	NWI
2 Nguyen, Kevin	12	DeLaSalle	42-04.50	NWI
3 Venet, Teva	12	Granada	41-09.50	NWI
4 Tang, Michael	11	Foothill	41-00.75	NWI
5 Mayer, Adam	10	DeLaSalle	41-00.50	NWI
6 Moore, Justin	12	Granada	40-09.00	NWI
7 Rosales, Jerrick	11	DeLaSalle	40-04.75	NWI
8 Kasten, Andrei	11	Livermore	39-09.50	NWI
9 Beasley, Jonathon	11	Granada	39-08.75	NWI
10 Anderson, Jorden	11	DeLaSalle	39-06.50	NWI
11 Raizes, Justin	10	California	39-04.75	NWI
12 Cinterino, Tryveon	11	Livermore	39-04.50	NWI
13 Chinn, Grant	12	Amador Valley	39-04.00	NWI
14 French, Scott	11	Monte Vista	38-11.75	NWI
15 Mason, James	12	Monte Vista	38-11.00	NWI
16 Black, Tilford	12	Amador Valley	38-03.00	NWI
17 Uwakwe, Victor	11	California	36-09.50	NWI

Event 32 Boys Discus Throw Varsity

=====				
EBAL: R 179-04		2004	Bobby Smallman, Granada	
NCS At-Large: @ 150-07				
Name	Year	School	Finals	
=====				
1 Esparza, Matthew	12	Amador Valley	168-05@	
2 Kerstetter, Frankie	11	Livermore	164-04@	
3 Vickers, Nate	12	Amador Valley	157-03@	
4 Anderson, Ian	12	California	153-06@	
5 Dalton, Cody	11	Monte Vista	151-08@	
6 Cerdas, Jesse	12	Amador Valley	J151-08@	
7 Samia, Dru	10	San Ramon Valley	145-03	
8 Davies, Jonathan	12	Monte Vista	143-01	
9 Resler-Miller, Patrick	11	Granada	135-06	
10 Dalton, Dylan	10	Monte Vista	124-04	
11 Hancock, Ryan	10	Monte Vista	122-10	
12 Yang, Aaron	12	Foothill	120-00	
13 Diaz, Mario	11	California	119-05	
14 Arotzarena, Dom	11	San Ramon Valley	114-09	
15 Ogee, Sam	11	Livermore	112-11	
16 Cosma, Timothy	11	Monte Vista	112-04	
17 Santos, Mark	11	Granada	110-03	
18 Lim, Brandon	11	San Ramon Valley	109-02	
19 Grajeda, Oliver	9	Granada	108-04	
20 Giammanco, Peter	11	Foothill	107-04	
21 Goldman, Barry	10	Granada	100-07	
22 mast, jordan	11	Amador Valley	99-06	
23 Czarnecki, Nathan	11	DeLaSalle	97-05	
24 Pease, Josh	12	Amador Valley	96-09	
25 Naroditskiy, Dennis	11	California	95-01	
26 McGrath, Tim	12	Monte Vista	85-09	

EBAL Championships 2013 - 5/8/2013 to 5/11/2013**Monte Vista High School****Results - Varsity Trials****....Event 32 Boys Discus Throw Varsity**=====

Women - Varsity - Team Rankings - 3 Events Scored

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1) San Ramon Valley	30	2) California	18
3) Carondelet	14	4) Granada	12
5) Foothill	8	6) Monte Vista	6
7) Livermore	3	8) Amador Valley	2

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Women - Frosh/Soph - Team Rankings - 7 Events Scored

=====

1) San Ramon Valley	65	2) Monte Vista	36
3) Foothill	27	4) Livermore	21
5) California	20	6) Carondelet	19
7) Amador Valley	17	8) Granada	12

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Men - Varsity - Team Rankings - 3 Events Scored

=====

1) Granada	33	2) Amador Valley	25
3) Livermore	14	4) DeLaSalle	11
5) California	4	5) Foothill	4
7) Monte Vista	2		

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Men - Frosh/Soph - Team Rankings - 7 Events Scored

=====

1) San Ramon Valley	50.50	2) Foothill	43
3) California	32.50	4) Amador Valley	26
4) DeLaSalle	26	6) Monte Vista	21
7) Livermore	12	8) Granada	6