

NCS/Les Schwab Tires Meet of Champions
Edwards Stadium, Berkeley, CA - 5/29/2009 to 5/30/2009
Meet Program

Event 1 Girls 4x100 Meter Relay

8 Advance: Top 1 Each Heat plus Next 5 Best Times
Friday 5/29/2009 - 1:15 PM

Sponsor: Les Schwab Tires
Top Four Qualify to State
47.78 CIF

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Fortuna/nc	A	51.88
	1) Miranda, Tamara 10	2) Franco, Mallorie 12	
	3) Shaha, Jordy 11	4) Church, Amanda 12	
	5) Morris, Heather 11		
2	Las Lomas/nc	A	51.00
	1) Rivers, Ashley 12	2) Smith, Natalie 11	
	3) Pennington, Abigail 11	4) Hastings-Smith, Maya 12	
	5) Moeller, Allyson 11		
3	Clayton V/Nc	A	49.81
	1) Huddleston, Felicia 9	2) Burton, Madreya 11	
	3) Wells, Lauren 11	4) Walker, Samantha 12	
	5) Darrow, Victoria 9		
4	St Mary's/nc	A	47.97
	1) Woelffer, Anne 10	2) Lindsay, Shelby 12	
	3) Wilson, Trinity 9	4) Lawson, Taylor 11	
	5) Thomas, Kali 11	6) Glover, Kailee 10	
5	Logan J/Nc	A	48.79
	1) Orange, Kiyoko 10	2) Harvey, Atiya	
	3) Brewer, Ciarra 10	4) McGlory, Lauren 10	
	5) McGlory, Nicole 10	6) Runels, Tessa 10	
6	American/nc	A	49.88
	1) Harris, Camille	2) Wong, Dawn 12	
	3) Zamora, Renee 12	4) Chukwu, Stephanie 12	
	5) Norwood, Chanelle 11	6) Calhoun, Kelsi 10	
7	Montgomer/nc	A	51.26
	1) Page, Alyssa 10	2) Chalmers, Christen 10	
	3) McInnis, Luisa` 10	4) Monaghan, Rachel 11	
	5) Moore, Heather 12		
8	Drake /nc	A	52.31
	1) Nakagawa, Mari 9	2) Flowerman, Camila 10	
	3) Swezy, Camille 11	4) Fritz, Zoe 11	
	5) Baumsteiger, Lizzy 11	6) Wood-Wright, Emma 11	
Heat 2 of 3 Prelims			
1	Piner/nc	A	51.83
	1) Ahern, Nicole 11	2) Johnson, Kyra 9	
	3) Johnson, Dezirae 9	4) Weldon, Aimee 11	
	5) Feeney, Elizabeth 9	6) Gillies, Meaghan	
2	Foothill/nc	A	50.80
	1) Glaeser, Andrea 11	2) Hitchens, Kathleen 12	
	3) Rodriguez, Allison 10	4) Olarig, Arianne 10	
	5) Curtis, Casey 10	6) Yamada, Keianne 9	
3	Freedom /nc	A	49.78
	1) Rounds, Katie 12	2) Curiel, Maria 12	
	3) Rodgers, Aimee 12	4) Delamater, Meghan 10	
	5) Padou, Lydia 10	6) Radda, Sara 10	
4	Hercules/nc	A	47.93
	1) Reed, Leslie 12	2) Rose, Lauren 11	
	3) Goudeau, Maya 10	4) Davis, Chalese 10	
	5) Sykes, Dayna 12	6) Brooks, Shalene 10	
5	Calfrnia/nc	A	49.35

	1) Emmanuel, Erika 10	2) Kamson, Chelsey 12	
	3) Edwards, Tori 9	4) Levy, Julianna 12	
	5) Ruark, Angel 11		
6	Alameda/nc	A	50.00
	1) Nakada, Kristine 12	2) Kam, Jennifer 11	
	3) Wood, Grace 10	4) Grigg, Kellie 11	
7	Petaluma/nc	A	51.28
	1) bond, brittnie 11	2) dunbar, kelsey 12	
	3) gonzalez, vanessa 11	4) rafaelli, courtney 12	
	5) garcia, verenice 11		
8	Chinese Chrst/nc	A	53.11
	1) Cheng, Emily 11	2) Ma, Harmony 11	
	3) Lee, Jasmine 11	4) Chang, Kristina 11	
Heat 3 of 3 Prelims...(Event 1 Girls 4x100 Meter Relay)			
1	Collg/Prp/nc	A	51.75
	1) Wilson, Kai 9	2) Del Simone, Alice 11	
	3) Sepand, Tori 10	4) Reid, Jazmyne 10	
	5) Buckley, Alice 10		
2	Redwood/nc	A	50.27
	1) Ewry, Madeline 11	2) Van Brunt, Sumner 10	
	3) Kristen, Olivia 10	4) Bedard, Lindsay 11	
	5) Osborn, Annie 10		
3	Heritage/nc	A	49.72
	1) Giles, Asha 10	2) Moser, Kailey 9	
	3) Slone, Khyia 11	4) Slone, Khyiera 12	
	5) Ofodu, Amaka 12	6) Johnson, Erica 11	
4	Deer Vlly/nc	A	47.67 CIF
	1) Wiggins, Haley 9	2) Kemp, Jamela 11	
	3) Gee, Joy 10	4) Okodogbe, Chizoba 11	
	5) Wilson, Erica 10	6) East, Monet 9	
5	Pinole V/Nc	A	49.47
	1) Campbell, Strangena 10	2) Pacini, Danielle 9	
	3) Blake, Jasiri 9	4) Jordan, Monique	
	5) Wright, Faith		
6	Castro Vy/nc	A	50.08
	1) Miller, Brianna 10	2) Rush, Iesha 12	
	3) Chessell, Maya	4) Alli, Taofegat 11	
7	Tamalpais/nc	A	51.52
	1) McMillian, Lilla 9	2) McGreevy, Linden 12	
	3) White, Monica 12	4) Hersh, Amy 11	
	5) Bachelder, Madeline 11	6) Blackstone, Olivia 12	
8	St Helena/nc	A	53.25
	1) Wignall, Kate 12	2) Shifflett, Kendall 11	
	3) Molinari, Ruby 11	4) Martin, Gretta 10	
	5) Vosti, Gina 9		

Event 2 Boys 4x100 Meter Relay

8 Advance: Top 1 Each Heat plus Next 5 Best Times
Friday 5/29/2009 - 1:00 PM

Sponsor: Les Schwab Tires
Top Four Qualify to State
42.09 CIF

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	El Cerrto/nc	A	44.69
	1) Lott, Desmond	2) Williams, Keenan 12	
	3) Brown, Xavier 12	4) Ragland, Diarra 12	
	5) Robinson, Wade	6) Willams, Andie	
2	Cdnl Nwmn/nc	A	44.16
	1) North, Wyatt 12	2) Stone, Steve 12	
	3) Dumont, Bryson 11	4) badger, Jeff 12	

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5) Nunez, Bryan 9	6) McCandless, Ryan 10	2	Logan J/Nc	A	43.93
3 Cllg Prk/nc	A 43.30	1) Johnson, Victor 11	2) Hartwell, Mason 12		
1) Danska, Chase 12	2) Shrader, Kenny 12	3) Sireu, Jonathan	4) Jones, Khalid 12		
3) Parker, Darren 11	4) Maez, Raymond 12	5) Auila, Ben			
5) Butterfield, Hiroki 9	6) Hernandez, Kyle 12	3 Deer Vllly/nc	A 43.02		
4 Granada/nc	A 42.60	1) Combs, Sean 11	2) Abernathy, Trent 12		
1) Gonzales, Adam 12	2) Pico, Elias 12	3) Alexander, James 12	4) Denson, Josh 12		
3) Roland, Jeremy 10	4) Ze, Joshua 10	5) Kollie, Sebastien 11	6) Suleman, Hammed 12		
5) Matthews, Garrett 11	6) Repogle, Daniel 9	4 Kndy Richmond/nc	A 42.55		
5 Castro Vy/nc	A 42.75	1) Galloway, Daniel 12	2) Walker, Joseph 12		
1) Oliver, Dash 12	2) Rosby, Damion 10	3) Harris, Jammal 12	4) Norman, Terea 12		
3) Hamilton, CJ 10	4) Batis, Robert 10	5) Favorite, Joseph	6) Jackson, Brandon		
5) Sarrico, Kevin 12	6) Adesanya, Omodele 12	5 Heritage/nc	A 42.93		
6 St Mary's/nc	A 43.33	1) Hamilton, LeVyell 12	2) Luiz, Joseph 11		
1) Andallo, Cj 12	2) Hope-Lovett, Najee 11	3) Neal, Marquel 12	4) Griffiths, Chazz 11		
3) Organ, Henry 11	4) Carnegie, Chris 10	5) Rachal, Alex 12	6) Cuellar, Bryan 10		
5) Williams, Murad 10	6) Moses, Chance 10	6 Petaluma/nc	A 43.55		
7 Dl Nrte/nc	A 44.27	1) luna, alex 12	2) metten, tyler 9		
1) Kakitsuka, Brandon 10	2) Alexandre, Joseph 12	3) sullivan, sean 12	4) tange, david 11		
3) Duncan, Taylor 12	4) Hoffman, Cody 12	5) trembley, kaleb 11	6) sims, ricky 11		
5) Eggan, Kyle 12	6) Alexandre, Christian 11	7 Novato/nc	A 44.38		
8 Ft. Bragg/nc	A 44.73	1) Thornton, Jimmie 11	2) Kline, Robert 11		
1) Cunha, Caleb 10	2) Ryabokorovka, Oleg 12	3) Marks, Daniel 12	4) Meehan, Evan 11		
3) Cimolino, Jake 11	4) Goertz, Jonas 12	5) Latchin, Steve 11			
5) Mitchell, Nathan 11	6) Stroemme, Martin 12	8 Middletwn/nc	A 45.53		
Heat 2 of 3 Prelims...(Event 2 Boys 4x100 Meter Relay)		1) Clouse, Jake 12	2) Drew, Theo 10		
1 American/nc	A 44.62	3) Valdovinos, Nick 12	4) Moffat, Myles 11		
1) Hammill, Joe 12	2) Lamoth, Alex	5) Gonzalez, Mark 12	6) August, Mark 11		
3) Wong, Shawn	4) Shetty, Viv				
5) Mecado, Fernando	6) Ngo, Jonathan				
2 Healdsbrg/nc	A 44.05				
1) arneson, eric 12	2) fountain, dante 12				
3) kozel, thomas 11	4) taylor, alex 12				
5) engleke, spencer 9	6) walker, tanner 11				
3 Pittsburg/nc	A 43.05				
1) Flowers, Bryce 12	2) Patterson, Avery 12				
3) Jones, Terrance 12	4) Gaston, Matthew 12				
5) Clark, Tracy 11	6) White, Jesse So				
4 DeLaSalle/nc	A 42.58				
1) Anderson, Tyler 11	2) Butler, Kylan 12				
3) Knowles, Khyri 12	4) Williams-Ward, Terron 11				
5) Wheeler, Chase 12	6) Egu, Ken 11				
5 Freedom /nc	A 42.86				
1) Weeks, Trae 12	2) Garcia, Josh 11				
3) Shephard, Timazray 10	4) Lipscomb, Matt SN 11				
5) Reyes, Anthony 11	6) Walker III, Kenneth 9				
6 B. O'Dowd/Nc	A 43.49				
1) Brown, Mario 11	2) Jones, Chad 12				
3) Simpson, Cherod 12	4) Prince, James 11				
5) DeBose, Devonte	6) Mchorter, Quentin 12				
7 Mra Crlo/nc	A 44.36				
1) Thompson, Jeremy 11	2) McBeth, Dylan 11				
3) Baker, Tyler 11	4) McBeth, Taylor 11				
8 Siena J/Nc	A 44.85				
1) Gutierrez, Eddie 12	2) Reinell, Kevin 12				
3) Bozzini, Michael 12	4) Dugan, Matt 12				
5) Hoff, John 11	6) Dougherty, Jason 10				
Heat 3 of 3 Prelims					
1 Terra Lnd/nc	A 44.52				
1) Namnath, David 11	2) Houssain, Nadim 12				
3) Boyadjiev, Sava 11	4) Lee, Michael 10				
5) Gayda, Lucas 12					

Event 3 Girls 1600 Meter Run

12 Advance: Top 3 Each Heat plus Next 6 Best Times

Friday 5/29/2009 - 1:45 PM

Sponsor: Les Schwab Tires

Top Four Qualify to State

4:57.09 CIF

Lane	Name	Yr	School	Seed
Heat 1 of 2 Prelims				
1	McCullough, Lucy	10	Marin Acd/nc	5:00.75
2	George, Diana	12	Livermore/nc	5:05.04
3	Shearer, Emily	11	Acalanes/nc	5:09.10
4	Dubose, Damajeria	12	B. O'Dowd/Nc	5:09.41
5	Dimits, Natalie	9	Livermore/nc	5:12.30
6	Crawford, Lauren	12	Cllg Prk/nc	5:14.21
7	peirsol, amber	09	Windsor /nc	5:19.39
8	Hirsch, Madison	9	Msn Sn Js/nc	5:19.73
9	Sullivan, Morgot	12	St Mary's/nc	5:22.73
10	Borg, Rachel	12	Newark M/Nc	5:22.94
11	Crinigan, Catherine		Irvington/nc	5:29.43
12	stessman, maddy	09	Petaluma/nc	5:33.38
Heat 2 of 2 Prelims...(Event 3 Girls 1600 Meter Run)				
1	taylor, jacque	11	Casa Grnd/nc	4:54.93
2	andrade, isabel	11	Petaluma/nc	5:07.66
3	Cridebring, Alycia	11	Cllg Prk/nc	5:08.09
4	Cerney, Heather	11	Carondelt/nc	5:09.56
5	Curtin, Lauren	11	Mra Crlo/nc	5:10.91
6	Rozga, Suzi	11	Santa Rsa/nc	5:16.63
7	Wong, Sarah	12	San Ramon/nc	5:17.76
8	Wehner, Margaret	11	University/nc	5:21.83
9	Spees, Kaitlyn	10	B. O'Dowd/Nc	5:22.59
10	Hafner, Grace	12	Sonoma Acade/n	5:23.02

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11 Pulido, Joanna	12 Richmond /nc	5:27.52
12 caruso, selena	09 Sonoma VI/nc	5:35.23

4 Rose, Lauren	11 Hercules/nc	14.89
5 Powell, Donnise	12 Logan J/Nc	15.34
6 Radda, Sara	10 Freedom /nc	16.08
7 Martin, Kendall	11 Eureka/nc	16.80
8 Bruno, Victoria	10 Santa Rsa/nc	17.52

Event 4 Boys 1600 Meter Run**12 Advance: Top 3 Each Heat plus Next 6 Best Times****Friday 5/29/2009 - 1:30 PM****Sponsor: Les Schwab Tires****Top Four Qualify to State****4:15.20 CIF**

Lane	Name	Yr	School	Seed
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Heat 1 of 2 Prelims

1	Thomas, Danny	11	Arroyo/nc	4:17.54
2	Milechman, Dan	10	Tamalpais/nc	4:21.40
3	Geiger, Ross	12	Campolndo/nc	4:24.58
4	Pines, Colby	12	Campolndo/nc	4:24.80
5	Mead, Weishen	12	University/nc	4:25.08
6	Graves, Simon	11	San Ramon/nc	4:26.28
7	Yankowski, Matthew	12	Foothill/nc	4:27.14
8	Thomas, Skyler	12	Mendocino/nc	4:27.83
9	Eversole, Ben	10	Castro Vy/nc	4:30.26
10	Perkins, Charles	11	Alameda/nc	4:31.58
11	Perkins, Zach	11	Alameda/nc	4:32.86
12	Weeks, Norman	11	Castro Vy/nc	4:33.54

Heat 2 of 2 Prelims

1	McLeod, Rory	12	Santa Rsa/nc	4:17.47
2	Colaco, Sean	11	San Ramon/nc	4:22.79
3	Zellman, Andrew	11	Ukiah/nc	4:24.57
4	Roderick, Mike	12	Monte Vst/nc	4:24.84
5	Zerehaimanot, Bisrat	Sr	Hayward/nc	4:24.92
6	Hernandez, Brian	12	San Rafi/nc	4:26.71
7	Mark, Ethan	12	Acalanes/nc	4:27.04
8	Kealhofer, David	12	University/nc	4:29.37
9	Barkovich, Emil	11	Tamalpais/nc	4:30.21
10	Ehlenbach, Trevor	10	San Rafi/nc	4:32.02
11	Harkins, Robin	11	Eureka/nc	4:32.81
12	Geiken, Eugenio	12	Berkeley/nc	4:34.42

Event 5 Girls 100 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/29/2009 - 2:20 PM****Sponsor: Les Schwab Tires****Top Four Qualify to State****14.43 CIF**

Lane	Name	Yr	School	Seed
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Heat 1 of 3 Prelims

1	Johnson, Chelsey	11	Berean Ch/nc	17.30
2	Riddick, Brittany	10	Lick-Wlmr/nc	16.69
3	Gibbs, Jordan	12	B. O'Dowd/Nc	15.78
4	Rodgers, Aimee	12	Freedom /nc	14.91
5	Johnson, Victoria	11	Logan J/Nc	15.22
6	Johnson, Erica	11	Heritage/nc	15.84
7	hunt, emily	11	Petaluma/nc	16.79
8	north, savannah	11	El Molino/nc	17.48

Heat 2 of 3 Prelims

1	Johnson, Hayley	12	Mra Crlo/nc	17.10
2	Rietveld, Celeste	10	Livermore/nc	16.43
3	Williams, Erica	11	Liberty/nc	15.60

Heat 3 of 3 Prelims

1	Morris, Heather	11	Fortuna/nc	16.86
2	Barton, Katie	10	Acalanes/nc	16.39
3	Aldridge, Monique	11	Castro Vy/nc	15.42
4	Davis, Chalese	10	Hercules/nc	14.26
5	Toler, Laurena	12	B. O'Dowd/Nc	15.37
6	Laran, Taylor	11	Livermore/nc	16.35
7	King, Amelia	9	University/nc	16.83
8	Ahern, Nicole	11	Piner/nc	17.56

Event 6 Boys 110 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/29/2009 - 2:05 PM****Sponsor: Les Schwab Tires****Top Four Qualify to State****14.38 CIF**

Lane	Name	Yr	School	Seed
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Heat 1 of 3 Prelims

1	Namnath, David	11	Terra Lnd/nc	15.79
2	Cunha, Caleb	10	Ft. Bragg/nc	15.42
3	Keeble, Matt	11	Campolndo/nc	15.21
4	Corley, Monte	11	Logan J/Nc	14.69
5	Okwudiafor, Ikem	11	St Mary's/nc	15.00
6	Farabee, Parker	12	Northgate/nc	15.22
7	Hamilton, LeVyell	12	Heritage/nc	15.45
8	McCloskey, Chris	12	Santa Rsa/nc	15.86

Heat 2 of 3 Prelims...(Event 6 Boys 110 Meter Hurdles)

1	Williams, Alan	10	B. O'Dowd/Nc	15.79
2	Alexandre, Joseph	12	DI Nrte/nc	15.32
3	Rice, Sylar	12	Fortuna/nc	15.21
4	Jones, Chad	12	B. O'Dowd/Nc	14.61
5	Mhorter, Quentin	12	B. O'Dowd/Nc	15.08
6	Marshall-Cotton, Mister	9	DeLaSalle/nc	15.24
7	trembley, kaleb	11	Petaluma/nc	15.47
8	Hauser, Kyle	11	Santa Rsa/nc	16.01

Heat 3 of 3 Prelims

1	Thompson, Robert	12	Pittsburg/nc	15.69
2	arneson, eric	12	Healdsbrg/nc	15.31
3	Hoff, John	11	Siena J/Nc	15.15
4	Valentine, Jr, Maurice	12	Castro Vy/nc	14.40
5	Walker III, Kenneth	9	Freedom /nc	15.08
6	Barton, Michael	9	DeLaSalle/nc	15.28
7	Piccillo, Cody	12	Redwd Chrstn/n	15.52
8	Nikssarian, Adam	12	Castro Vy/nc	16.57

Event 7 Girls 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/29/2009 - 2:50 PM****Sponsor: Les Schwab Tires****Top Four Qualify to State****56.24 CIF**

Lane	Name	Yr	School	Seed
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Heat 1 of 3 Prelims

1	Hirvone, Heidi	10	Mra Crlo/nc	1:01.59
2	Simonsen, Anja	10	Acalanes/nc	1:00.46
3	Sharp, Paige	11	Las Lomas/nc	59.97
4	Adesida, Divine	11	Alhambra /nc	58.68
5	Woeffler, Anne	10	St Mary's/nc	58.98
6	Calhoun, Kelsi	10	American/nc	1:00.14
7	Goudeau, Maya	10	Hercules/nc	1:00.50
8	Alexander, Breonna	10	Newark M/Nc	1:01.74

Heat 2 of 3 Prelims

1	Del Bene, Melissa	10	Clayton V/Nc	1:01.48
2	Fox, Raven	10	Deer Vlly/nc	1:00.34
3	dunbar, kelsey	12	Petaluma/nc	59.43
4	Okodogbe, Chizoba	11	Deer Vlly/nc	56.27
5	Johnson, Dezirae	9	Piner/nc	59.00
6	Welter, Mary	10	San Marin/nc	1:00.22
7	Anderson, Lorato		American/nc	1:00.69
8	everidge, ellen	11	Sonoma VI/nc	1:02.01

Heat 3 of 3 Prelims

1	Levy, Julianna	12	Calfrnia/nc	1:01.11	
2	Johnson, Kyra	9	Piner/nc	1:00.32	
3	Hollis, Taylor	9	Newark M/Nc	59.40	
4	Stewart, Thandi	11	Logan J/Nc	55.84	CIF
5	Bedard, Lindsay	11	Redwood/nc	59.27	
6	Wilson, Kai	9	Collg/Prp/nc	1:00.23	
7	Harris, Jenna	10	Branson/ nc	1:00.92	
8	Gilmore, Nicole	10	Lick-Wlmr/nc	1:02.68	

Event 8 Boys 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times
Friday 5/29/2009 - 2:35 PM

Sponsor: Les Schwab Tires

Top Four Qualify to State
48.57 CIF

Lane	Name	Yr	School	Seed
Time				

Heat 1 of 3 Prelims

1	Wilson, Laron	12	San Lndro/nc	52.17
2	Harris, Anthony	11	Amador Va/nc	51.18
3	Watson, Patrick	12	Granada/nc	50.79
4	White, Jesse	So	Pittsburg/nc	49.91
5	Roache, Alex	12	Tennyson/nc	50.05
6	Mulesky, Anthony	12	Calfrnia/nc	50.81
7	Bozzini, Michael	12	Siena J/Nc	51.21
8	Gonzalez, Ezra	12	Redwd Chrstn/n	52.43

Heat 2 of 3 Prelims

1	Anderson, Eric	12	University/nc	52.04
2	Hamilton, CJ	10	Castro Vy/nc	51.16
3	Bender, Tyrese	10	Berkeley/nc	50.79
4	Delfani, Sean	11	Las Lomas/nc	49.37
5	Atkinson, Josh	10	Granada/nc	50.30
6	luna, alex	12	Petaluma/nc	50.89
7	Nolan, Thomas	9	McKinlyvl/nc	51.54
8	Williams, Murad	10	St Mary's/nc	52.53

Heat 3 of 3 Prelims

1	Batis, Robert	10	Castro Vy/nc	51.75
2	Luiz, Joseph	11	Heritage/nc	51.06
3	White, Blair	12	Marin Cth/nc	50.58
4	Healy, Ryan	11	Redwood/nc	49.11
5	tange, david	11	Petaluma/nc	50.45
6	Houssain, Nadim	12	Terra Lnd/nc	51.01

7	Cliff, Will	11	Redwood/nc	51.60
8	Farah, Ahmed	12	Encinal/nc	52.63

Event 9 Girls 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times
Friday 5/29/2009 - 3:20 PM

Sponsor: Les Schwab Tires

Top Four Qualify to State
12.01 CIF

Lane	Name	Yr	School	Seed
Time				

Heat 1 of 3 Prelims

1	Franco, Mallorie	12	Fortuna/nc	13.08
2	McMillian, Lilla	9	Tamalpais/nc	12.68
3	Wilson, Trinity	9	St Mary's/nc	12.39
4	Boyd, Alitta	12	Moreau Ct/nc	12.23
5	Reid, Jazmyne	10	Collg/Prp/nc	12.31
6	Blake, Jasiri	9	Pinole V/Nc	12.46
7	Wilson, Erica	10	Deer Vlly/nc	12.69
8	Fitzgerald, Jessalyn	12	San Rafl/nc	13.10

Heat 2 of 3 Prelims...(Event 9 Girls 100 Meter Dash)

1	Cheng, Emily	11	Chinese Chrst/nc	13.01	
2	Hitchens, Kathleen	12	Foothill/nc	12.63	
3	Rose, Lauren	11	Hercules/nc	12.38	
4	Campbell, Strangenae	10	Pinole V/Nc	11.85	CIF
5	Reed, Leslie	12	Hercules/nc	12.32	
6	Chukwu, Stephanie	12	American/nc	12.46	
7	Mitchell, Noria	9	Dublin /nc	12.71	
8	Kristen, Olivia	10	Redwood/nc	13.15	

Heat 3 of 3 Prelims

1	hunt, emily	11	Petaluma/nc	12.84	
2	Weaver, Bailey	12	San Ramon/nc	12.59	
3	Page, Alyssa	10	Montgomer/nc	12.35	
4	Purvis, Ashton	11	St. Elzbt/nc	11.73	CIF
5	Gee, Joy	10	Deer Vlly/nc	12.32	
6	Kamson, Chelsey	12	Calfrnia/nc	12.51	
7	Bateson, Suzanne	10	Granada/nc	12.76	
8	Chalmers, Christen	10	Montgomer/nc	13.20	

Event 10 Boys 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times
Friday 5/29/2009 - 3:05 PM

Sponsor: Les Schwab Tires

Top Four Qualify to State
10.74 CIF

Lane	Name	Yr	School	Seed
Time				

Heat 1 of 3 Prelims

1	James, Jeremy	12	Hercules/nc	11.34
2	kozol, thomas	11	Healdsbrg/nc	11.25
3	Rosby, Damion	10	Castro Vy/nc	11.10
4	Oliver, Dash	12	Castro Vy/nc	10.80
5	Atkinson, George	10	Granada/nc	10.81
6	King, James	11	Miramonte/nc	11.20
7	jones, jordan	12	Sonoma VI/nc	11.26
8	Jones, Khalid	12	Logan J/Nc	11.37

Heat 2 of 3 Prelims

1	North, Wyatt	12	Cdnl Nwmn/nc	11.31
2	Glazier, Seth	11	Clear Lak/nc	11.22

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3	sullivan, sean	12	Petaluma/nc	11.09
4	Combs, Sean	11	Deer Vily/nc	10.79
5	Wheeler, Chase	12	DeLaSalle/nc	10.86
6	fountain, dante	12	Healdsbrg/nc	11.20
7	Guido, Tony	12	C Sch Df /nc	11.27
8	Norman, Terea	12	Kndy Richmond/	11.39
Heat 3 of 3 Prelims				
1	Galloway, Eaviel	12	Kndy Richmond/	11.30
2	Sena, Kaio	12	Pinole V/Nc	11.21
3	Meehan, Evan	11	Novato/nc	11.00
4	Egu, Ken	11	DeLaSalle/nc	10.78
5	Weeks, Trae	12	Freedom /nc	10.91
6	Johnson, Joey	11	Antioch/nc	11.21
7	mccann, jimmy	12	Analy/nc	11.27
8	George, Evan	10	Sonoma Acade/n	11.41

Event 11 Girls 800 Meter Run
8 Advance: Top 1 Each Heat plus Next 5 Best Times
Friday 5/29/2009 - 3:50 PM
Sponsor: Les Schwab Tires
Top Four Qualify to State
2:12.33 CIF

Lane	Name	Yr	School	Seed
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Heat 1 of 3 Prelims				
1	Wilson, Kai	9	Collg/Prp/nc	2:25.18
2	Roque, Robin	12	Livermore/nc	2:21.64
3	Schneider, Chelsea	11	Castro Vy/nc	2:19.51
4	Rivers Birt, Lia	12	B. O'Dowd/Nc	2:17.06
5	Owre, Cristina	12	Calfrnia/nc	2:17.88
6	Davis, Ashley	12	St Mary's/nc	2:19.78
7	Wummer, Elise	11	Castro Vy/nc	2:22.60
8	peirsol, amber	09	Windsor /nc	2:26.21

Heat 2 of 3 Prelims				
1	foster, olivia	12	Analy/nc	2:24.09
2	luu, eva	10	Casa Grnd/nc	2:21.36
3	Livingston, Emily	12	Redwood/nc	2:18.95
4	George, Diana	12	Livermore/nc	2:17.01
5	Berge, Katie	10	Acalanes/nc	2:18.08
6	Hammitt, Mikaela	9	Monte Vst/nc	2:20.15
7	Granados, Ayla	12	Castro Vy/nc	2:22.97
8	Wehner, Margaret	11	University/nc	2:27.75

Heat 3 of 3 Prelims				
1	inman, meredith	11	Healdsbrg/nc	2:23.83
2	ratto, dominique	11	Casa Grnd/nc	2:20.99
3	Stange, Gabe	10	Logan J/Nc	2:18.87
4	Stewart, Thandi	11	Logan J/Nc	2:17.01
5	Warren, Olivia	11	Campolndo/nc	2:18.14
6	Madson, Courtney	10	Novato/nc	2:20.38
7	Brennan, Emily	11	Campolndo/nc	2:23.75
8	Humphrey, Beth Ann	11	Berean Ch/nc	2:30.48

Event 12 Boys 800 Meter Run
8 Advance: Top 1 Each Heat plus Next 5 Best Times
Friday 5/29/2009 - 3:35 PM
Sponsor: Les Schwab Tires
Top Four Qualify to State
1:54.77 CIF

Lane	Name	Yr	School	Seed
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Heat 1 of 3 Prelims

1	Patel, Krish	12	Washngtn/nc	2:00.77
2	jinright, cody	12	Petaluma/nc	1:59.16
3	Kellogg, Toshi	11	Acalanes/nc	1:58.30
4	Lebe, Daniel	12	Alameda/nc	1:57.34
5	Litwiller, Nathanael	12	Clayton V/Nc	1:57.43
6	Sauter, Charlie	12	Collg/Prp/nc	1:58.47
7	Ortolan, Anthony	10	ClIlg Prk/nc	1:59.19
8	tarango, ben	10	Casa Grnd/nc	2:00.84

Heat 2 of 3 Prelims...(Event 12 Boys 800 Meter Run)

1	Martore, Anthony	10	Castro Vy/nc	1:59.84
2	Weber, John	11	Piedmont/nc	1:59.00
3	Mead, Weishen	12	University/nc	1:58.18
4	Rice, Tj	11	Fortuna/nc	1:57.32
5	Mendle, Aaron	12	Redwood/nc	1:57.43
6	Griffith, Kevin	11	San Ramon/nc	1:58.59
7	Killick, Elliott	11	Monte Vst/nc	1:59.21
8	Farah, Ahmed	12	Encinal/nc	2:01.75

Heat 3 of 3 Prelims

1	conner, niko	12	Sonoma VI/nc	1:59.43
2	Vedovi, Nick	11	Miramonte/nc	1:58.96
3	Jamieson, Michael	12	Las Lomas/nc	1:57.70
4	lockert, devin	12	Petaluma/nc	1:57.06
5	Hartwell, Mason	12	Logan J/Nc	1:57.50
6	Govi, Alec	12	Marin Cth/nc	1:58.72
7	Cole, Tristan	12	St Helena/nc	1:59.41
8	Diomande, Sulayman	10	Castro Vy/nc	2:01.93

Event 13 Girls 300 Meter Hurdles
8 Advance: Top 1 Each Heat plus Next 5 Best Times
Friday 5/29/2009 - 4:25 PM
Sponsor: Les Schwab Tires
Top Four Qualify to State
44.12 CIF

Lane	Name	Yr	School	Seed
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Heat 1 of 3 Prelims

1	Blackstone, Olivia	12	Tamalpais/nc	49.65
2	Price, Jasmanique	12	Pittsburg/nc	48.12
3	Corley, Dominique	11	Logan J/Nc	47.19
4	Toler, Laurena	12	B. O'Dowd/Nc	45.24
5	Rodgers, Aimee	12	Freedom /nc	45.42
6	Wong, Dawn	12	American/nc	47.20
7	Barton, Katie	10	Acalanes/nc	48.28
8	garcia, verenice	11	Petaluma/nc	50.01

Heat 2 of 3 Prelims

1	bond, brittnie	11	Petaluma/nc	49.34
2	Neason, Noelle	11	Miramonte/nc	47.96
3	Williams, Valerie	10	Berkeley/nc	46.94
4	Powell, Donnise	12	Logan J/Nc	44.71
5	Davis, Chalese	10	Hercules/nc	46.32
6	Williams, Erica	11	Liberty/nc	47.28
7	Shulenberg, Katie	11	Campolndo/nc	48.59
8	north, savannah	11	El Molino/nc	50.10

Heat 3 of 3 Prelims

1	Holmlund, Lucia	10	Redwd Chrstn/n	49.28
2	cool, kaliee	11	Analy/nc	47.90
3	Johnson, Kyra	9	Piner/nc	46.92
4	Lawson, Taylor	11	St Mary's/nc	44.64

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5	Charbonneau, Laura	12	San Ramon/nc	46.67
6	De Boer, Anna	10	Berean Ch/nc	47.86
7	Daggs, Tichelle	11	Arcata/nc	48.60
8	Palomar, Elizabeth	11	Ft. Bragg/nc	50.42

Event 14 Boys 300 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/29/2009 - 4:10 PM****Sponsor: Les Schwab Tires****Top Four Qualify to State****38.36 CIF**

Lane	Name	Yr	School	Seed
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Heat 1 of 3 Prelims

1	Amerson, Alex	12	Logan J/Nc	42.54
2	Mhorter, Quentin	12	B. O'Dowd/Nc	41.37
3	Farabee, Parker	12	Northgate/nc	40.90
4	Thompson, Jeremy	11	Mra Crlo/nc	39.92
5	Alexandre, Joseph	12	DI Nrte/nc	39.93
6	Rice, Sylar	12	Fortuna/nc	40.97
7	Ragland, Diarra	12	El Cerrto/nc	41.51
8	Sorenson, Anthony	12	Arroyo/nc	42.56

Heat 2 of 3 Prelims

1	Dyson, Hakeem	11	Amador Va/nc	42.52
2	Cunha, Caleb	10	Ft. Bragg/nc	41.28
3	arneson, eric	12	Healdsbrg/nc	40.84
4	Namnath, David	11	Terra Lnd/nc	39.73
5	Baker, Tyler	11	Mra Crlo/nc	40.22
6	Marshall-Cotton, Mister	9	DeLaSalle/nc	41.00
7	Walker III, Kenneth	9	Freedom /nc	41.82
8	Voong, David	11	Chinese Chrst/nc	43.08

Heat 3 of 3 Prelims

1	Thompson, Robert	12	Pittsburg/nc	42.48
2	Nash, Gordon	12	Monte Vst/nc	41.23
3	Corley, Monte	11	Logan J/Nc	40.26
4	Johnson, Brandon	12	Amador Va/nc	38.81
5	McCloskey, Chris	12	Santa Rsa/nc	40.25
6	Valentine, Jr, Maurice	12	Castro Vy/nc	41.16
7	Stafford, Sebastian	11	St Mary's/nc	42.33
8	Owen, Nick	12	Ft. Bragg/nc	43.99

Event 15 Girls 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/29/2009 - 4:55 PM****Sponsor: Les Schwab Tires****Top Four Qualify to State****24.32 CIF**

Lane	Name	Yr	School	Seed
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Heat 1 of 3 Prelims

1	Beacham, Nicola	9	Casa Grnd/nc	26.98
2	dunbar, kelsey	12	Petaluma/nc	26.27
3	Adesida, Divine	11	Alhambra /nc	25.83
4	Wilson, Trinity	9	St Mary's/nc	25.08
5	Boyd, Alitta	12	Moreau Ct/nc	25.40
6	Gee, Joy	10	Deer Vly/nc	25.89
7	Grigg, Kellie	11	Alameda/nc	26.30
8	Williams, Krissy	9	Terra Lnd/nc	26.98

Heat 2 of 3 Prelims...(Event 15 Girls 200 Meter Dash)

1	Mitchell, Noria	9	Dublin /nc	26.71
2	Johnson, Dezirae	9	Piner/nc	26.25
3	Page, Alyssa	10	Montgomer/nc	25.75
4	Campbell, Strangenae	10	Pinole V/Nc	24.95
5	Kamson, Chelsey	12	Calfrnia/nc	25.62
6	Rose, Lauren	11	Hercules/nc	25.92
7	hunt, emily	11	Petaluma/nc	26.37
8	Gilmore, Nicole	10	Lick-Wlmr/nc	27.01

Heat 3 of 3 Prelims

1	Moser, Kailey	9	Heritage/nc	26.70
2	Wilson, Erica	10	Deer Vly/nc	26.08
3	Thomas, Kali	11	St Mary's/nc	25.74
4	Purvis, Ashton	11	St. Elzbt/nc	24.34
5	McMillian, Lilla	9	Tamalpais/nc	25.71
6	Blake, Jasiri	9	Pinole V/Nc	26.04
7	Hitchens, Kathleen	12	Foothill/nc	26.63
8	Barry, Maranda	9	Marin Acd/nc	27.35

Event 16 Boys 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/29/2009 - 4:40 PM****Sponsor: Les Schwab Tires****Top Four Qualify to State****21.57 CIF**

Lane	Name	Yr	School	Seed
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Heat 1 of 3 Prelims

1	James, Jeremy	12	Hercules/nc	23.06
2	Carnegie, Chris	10	St Mary's/nc	22.86
3	mccann, jimmy	12	Analy/nc	22.44
4	Egu, Ken	11	DeLaSalle/nc	22.17
5	Combs, Sean	11	Deer Vly/nc	22.23
6	Oliver, Dash	12	Castro Vy/nc	22.46
7	Hoffman, Cody	12	DI Nrte/nc	22.89
8	Clouse, Jake	12	Middletwn/nc	23.13

Heat 2 of 3 Prelims

1	luna, alex	12	Petaluma/nc	23.05
2	Maez, Raymond	12	Clig Prk/nc	22.80
3	Wheeler, Chase	12	DeLaSalle/nc	22.43
4	sullivan, sean	12	Petaluma/nc	22.14
5	Meehan, Evan	11	Novato/nc	22.27
6	fountain, dante	12	Healdsbrg/nc	22.48
7	Simms, Shawn	9	Livermore/nc	22.91
8	Glazier, Seth	11	Clear Lak/nc	23.23

Heat 3 of 3 Prelims

1	Jones, Khalid	12	Logan J/Nc	23.00
2	Sena, Kaio	12	Pinole V/Nc	22.78
3	Rosby, Damion	10	Castro Vy/nc	22.41
4	Atkinson, George	10	Granada/nc	21.98
5	kozel, thomas	11	Healdsbrg/nc	22.32
6	Thomas, Jordan	11	Branson/ nc	22.71
7	Johnson, Joey	11	Antioch/nc	22.92
8	Tobin, Mike	11	Newark M/Nc	23.23

Event 17 Girls 3200 Meter Run**Saturday 5/30/2009 - 3:55 PM****Sponsor: Les Schwab Tires****Top Four Qualify to State****10:47.04 CIF**

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Lane	Name	Yr	School	Seed	23	Day, Matt	12	Berean Ch/nc	9:57.20
Time					24	Ashby, Tom	11	Castro Vy/nc	10:05.64

Section 1 of 1 Finals

1	taylor, jacque	11	Casa Grnd/nc	10:43.94	CIF
2	Lillig, Colleen	11	Calfrnia/nc	10:56.82	
3	Santisteban, Kelsey	10	Castro Vy/nc	11:00.38	
4	Mitchell, Rachel	12	American/nc	11:01.99	
5	andrade, isabel	11	Petaluma/nc	11:06.47	
6	Nacouzi, Julie	10	Montgomer/nc	11:10.74	
7	Devine, Theresa	11	Marin Cth/nc	11:12.87	
8	Baker, Alice	12	St Mary's/nc	11:16.54	
9	Houser, Kelli	12	Carondelt/nc	11:16.70	
10	Orders, Grace	10	Campolndo/nc	11:19.04	
11	Dubose, Damajeria	12	B. O'Dowd/Nc	11:19.50	
12	Verdon, Carrie	9	Campolndo/nc	11:24.57	
13	Gregg, Abigail	12	Livermore/nc	11:26.50	
14	Smith, Rosie	12	Clg Prk/nc	11:28.26	
15	Gerards, Jessica	10	Washngtn/nc	11:30.94	
16	McVay, Elaine	10	Calfrnia/nc	11:32.27	
17	Aha, Nicole	11	Monte Vst/nc	11:34.40	
18	Mostatabi, Sara	10	Campolndo/nc	11:34.53	
19	Rozga, Suzi	11	Santa Rsa/nc	11:37.05	
20	Spees, Kaitlyn	10	B. O'Dowd/Nc	11:41.67	
21	Madson, Courtney	10	Novato/nc	11:43.72	
22	Dickstein, Siwen	10	Msn Sn Js/nc	11:44.35	
23	Reynolds, Holland	9	University/nc	11:53.18	
24	Davis, Jordan	12	Mra Crlo/nc	11:53.25	
25	Northcott, Celeste	12	Valley Chrstn/nc	12:03.63	
26	Steyer, Evi	11	University/nc	12:15.35	

Event 18 Boys 3200 Meter Run**Saturday 5/30/2009 - 3:38 PM****Sponsor: Les Schwab Tires****Top Four Qualify to State****9:12.57 CIF**

Lane	Name	Yr	School	Seed
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Section 1 of 1 Finals

1	Olson, Erik	11	Novato/nc	8:57.24	CIF
2	lockert, sterling	12	Petaluma/nc	9:15.92	
3	Byers, Reeseey	11	Santa Rsa/nc	9:23.03	
4	Landrum, Wyatt	12	Liberty/nc	9:28.51	
5	Thomas, Danny	11	Arroyo/nc	9:29.93	
6	Kissin, Peter	12	Redwood/nc	9:30.76	
7	Cox, Nate	12	Campolndo/nc	9:33.70	
8	Pulford, Robert	12	Campolndo/nc	9:35.39	
9	Snyder, Austin	12	Berkeley/nc	9:35.40	
10	Maxwell, Dan	11	St Mary's/nc	9:36.41	
11	Gioia, Chris	11	Albany /nc	9:38.12	
12	Summers, Alex	11	Granada/nc	9:38.38	
13	McLeod, Rory	12	Santa Rsa/nc	9:38.44	
14	Ward, Garrett	12	Amador Va/nc	9:38.99	
15	dowdy, hugh	11	Petaluma/nc	9:40.39	
16	Brondello, Michael	12	Campolndo/nc	9:41.01	
17	Pannu, Rajpaul	12	Hercules/nc	9:41.96	
18	Rich, Ben	11	Washngtn/nc	9:42.47	
19	Hernandez, Brian	12	San Raf/nc	9:43.98	
20	Johnson, Paul	11	DeLaSalle/nc	9:46.01	
21	Iglehart, Steven	12	Branson/ nc	9:51.13	
22	Deniston, Tyler	12	Berean Ch/nc	9:55.24	

Event 19 Girls 4x400 Meter Relay**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/29/2009 - 5:55 PM****Sponsor: Les Schwab Tires****Top Four Qualify to State****3:54.22 CIF**

Lane	Team	Relay	Seed	Time
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Heat 1 of 3 Prelims

1	Encinal/nc	A		4:22.37
2	Tamalpais/nc	A		4:12.82
	1) Blackstone, Olivia 12		2) McMillian, Lilla 9	
	3) Harris, Logan 9		4) McGreevy, Linden 12	
	5) Hersh, Amy 11		6) Patrick, Devin 12	
3	Drake /nc	A		4:10.94
	1) Swezy, Camille 11		2) Hutchins, Kathryn 11	
	3) Fritz, Zoe 11		4) Flowerman, Camila 10	
	5) Sonnet, Alex 10		6) Nakagawa, Mari 9	
4	San Ramon/nc	A		4:06.52
	1) Charbonneau, Laura 12		2) Nordine, Kelly 10	
	3) Griffith, Sarah 10		4) Wong, Sarah 12	
	5) Weaver, Bailey 12		6) Nguyen, Amanda 10	
5	Acalanes/nc	A		4:06.64
	1) Berge, Katie 10		2) Bruzzone, Katie 12	
	3) Shearer, Emily 11		4) Simonsen, Anja 10	
	5) Barton, Katie 10			
6	Las Lomas/nc	A		4:11.21
	1) Pennington, Abigail 11		2) Sharp, Paige 11	
	3) Smith, Natalie 11		4) Hastings-Smith, Maya 12	
	5) Horner, Haley 11		6) Moeller, Allyson 11	
7	American/nc	A		4:13.11
	1) Anderson, Lorato		2) Tong, Alex	
	3) Quan, Megan 12		4) Calhoun, Kelsi 10	
	5) Wong, Dawn 12		6) Reyes, Samantha	
8	Piedmont/nc	A		4:23.63

Heat 2 of 3 Prelims...(Event 19 Girls 4x400 Meter Relay)

1	Collg/Prp/nc	A		4:20.13
2	Hercules/nc	A		4:12.49
	1) Goudeau, Maya 10		2) Moore, Monique 12	
	3) Brooks, Shalene 10		4) Sykes, Dayna 12	
	5) Reed, Leslie 12		6) Sims, Damian	
3	Amador Va/nc	A		4:10.22
	1) Strother, Presley 10		2) Ruhland, Emmie 10	
	3) Medina, Vanessa 10		4) Infald, Jessica 11	
	5) Griffin, Natalie 11		6) Wendel, Andrea 9	
4	St Mary's/nc	A		4:03.99
	1) Woeffer, Anne 10		2) Lawson, Taylor 11	
	3) Lindsay, Shelby 12		4) Baker, Aziza 12	
	5) Thomas, Kali 11		6) Davis, Ashley 12	
5	Berkeley/nc	A		4:07.17
	1) Guinn, Jasmine 9		2) Curtis, Jasmine 10	
	3) Williams, Valerie 10		4) Patton, Shaynah 9	
	5) Rodgers, Cervon			
6	Campolndo/nc	A		4:11.64
	1) Warren, Olivia 11		2) Salemme, Ketti 12	
	3) Caspillo, Kaelyn 11		4) Brennan, Emily 11	
	5) Shulenberg, Katie 11		6) Nelson, Meghan 10	
7	Sonoma VI/nc	A		4:14.96
	1) cobb, allison 11		2) dwyer, tori 11	

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3) everidge, ellen 11		4) mcgee, emma 10	
8 Siena J/Nc	A	4:30.74	
1) Hogan, Ameila 10		2) Sawicki, Harper 9	
3) Wills, Maya 12		4) Johnson, Leslie 10	
5) Cardey, Jennifer 10		6) Gonser, Amy 9	
Heat 3 of 3 Prelims			
1 San Lndro/nc	A	4:19.58	
1) Silva, Jazmyn 11		2) Wilkins, Aliyah 9	
3) Lee, Christie		4) Tran, Christina 11	
5) Chung, Jungyoon 11		6) Randall, Chelsea	
2 Santa Rsa/nc	A	4:12.13	
1) DiLillo, Rosalyn 11		2) Howard, Joanne 10	
3) Llopis, Melana 11		4) Rozga, Suzi 11	
5) Rozga, Emily 9		6) McFarlin, Julianne 11	
3 Calfrnia/nc	A	4:10.02	
1) Levy, Julianna 12		2) Manansala, Sara 10	
3) Emmanuel, Erika 10		4) Owre, Cristina 12	
5) Kamson, Chelsey 12		6) Slaughter, Lauren 11	
4 Deer Vly/nc	A	3:59.62	
1) Wiggins, Haley 9		2) Gee, Joy 10	
3) Fox, Raven 10		4) Okodogbe, Chizoba 11	
5) Kemp, Jamela 11		6) East, Monet 9	
5 Mra Crlo/nc	A	4:08.35	
1) Dedrick, Jamaeca 10		2) Hirvone, Heidi 10	
3) Curtin, Cara 11		4) Curtin, Lauren 11	
6 Redwood/nc	A	4:11.66	
1) Bedard, Lindsay 11		2) Van Brunt, Sumner 10	
3) Livingston, Emily 12		4) Osborn, Annie 10	
5) Fader, Nan 12		6) Tallerico, Natalie 9	
7 Casa Grnd/nc	A	4:17.50	
1) brothers, jenny 09		2) kubes, ariel 10	
3) luu, eva 10		4) taylor, jacque 11	
8 Marin Acd/nc	A	4:31.17	
1) Chang, Tiffany 9		2) Weiss, Eliza 12	
3) McCullough, Lucy 10		4) Barry, Maranda 9	
5) Hallstein, Maya 10		6) Fields, J 11	

Event 20 Boys 4x400 Meter Relay**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/29/2009 - 5:40 PM****Sponsor: Les Schwab Tires****Top Four Qualify to State****3:19.96 CIF**

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Piedmont/nc	A	3:33.55
2	Campolndo/nc	A	3:31.90
	1) Reinke, James 11		2) Trotter, Patrick 11
	3) Geiger, Ross 12		4) Isaakson, Alex 12
	5) Maurer, Steven 11		6) Keeble, Matt 11
3	Marin Cth/nc	A	3:30.99
	1) Govi, Alec 12		2) Peterson, Sam 12
	3) White, Blair 12		4) Henderson, Kyle 10
	5) Rupers, John 12		6) Rupers, Ben 10
4	Redwood/nc	A	3:28.29
	1) Healy, Ryan 11		2) Cliff, Will 11
	3) Leddy, Michael 11		4) Mendle, Aaron 12
	5) Fusco, Dominic 11		6) Dziachan, Christian 11
5	Petaluma/nc	A	3:28.35
	1) jinright, cody 12		2) luna, alex 12
	3) marshall, drew 9		4) lockert, devin 12

5) tange, david 11		6) lockert, sterling 12	
6 Miramonte/nc	A	3:31.09	
1) Mayeri, Zack 11		2) Mathkour, Ashraf 10	
3) Anderson, Ross 9		4) Vedovi, Nick 11	
5) Vignos, Jeff 12		6) Lau, David 12	
7 Tennyson/nc	A	3:31.91	
1) Towles, Marvin 10		2) Villalobos, Everado 12	
3) Roache, Alex 12		4) Hung, Bryant	
5) Coronado, Ruben		6) Shanklin, Torrance 11	
8 St Mary's/nc	A	3:34.79	
1) Carnegie, Chris 10		2) Moses, Chance 10	
3) Foster, Jemar 11		4) Williams, Murad 10	
5) Hope-Lovett, Najee 11		6) Stafford, Sebastian 11	
Heat 2 of 3 Prelims			
1 Castro Vy/nc	A	3:33.26	
1) Rosby, Damion 10		2) Batis, Robert 10	
3) Hamilton, CJ 10		4) Diomande, Sulayman 10	
5) Oliver, Dash 12		6) Foster, Alexander 10	
2 Acalanes/nc	A	3:31.89	
1) Cantrell, Brett 11		2) Weiner, Jesse 12	
3) Mark, Ethan 12		4) Kellogg, Toshi 11	
5) Buller, Brenden 11		6) Farnan, Kevin 11	
3 Rnch Ctt/nc	A	3:30.88	
1) Fish, Sean 10		2) Dory, James 11	
3) Hayes, Steven 12		4) Jeppesen, Joey 9	
5) Bell, Anthwan 9		6) Puccetti, Michael 10	
4 San Ramon/nc	A	3:27.79	
1) Grabenstein, Joe 12		2) Griffith, Kevin 11	
3) Storms, Garrett 11		4) Hammill, Ryan 11	
5) Padilla-Jong, Ian 11		6) Storer, Andrew 11	
5 Healdsbrg/nc	A	3:28.86	
1) arneson, eric 12		2) young, wes 12	
3) taylor, alex 12		4) kozel, thomas 11	
5) engleke, spencer 9		6) mancini, quaid 10	
6 Heritage/nc	A	3:31.25	
1) Luiz, Joseph 11		2) Spencer, Amir 11	
3) Griffiths, Chazz 11		4) McIntosh Jr., Steven 11	
5) Story, Kruger 10		6) Alicea, Andrew 10	
7 Logan J/Nc	A	3:32.10	
1) Chan, Andrew 11		2) Jones, Khalid 12	
3) Hartwell, Mason 12		4) Corley, Monte 11	
5) Auila, Ben		6) Tow, Kevin 12	
8 University/nc	A	3:35.97	
1) Kealhofer, David 12		2) Koch, Charlie 12	
3) Mead, Weishen 12		4) Smikle, Duncan 11	
5) Anderson, Eric 12		6) Karrasch, Zack 11	
Heat 3 of 3 Prelims...(Event 20 Boys 4x400 Meter Relay)			
1 Ft. Bragg/nc	A	3:33.19	
1) Stroemme, Martin 12		2) Cronin, Ryan 11	
3) Baumgartner, Logan 12		4) Cunha, Caleb 10	
5) Goertz, Jonas 12		6) Arreguin, Elijio 11	
2 Drake /nc	A	3:31.73	
1) Crosse, David 12		2) Cunnington, Cody 12	
3) Oliver, Carroll 10		4) Miller-Vasquez, Jacob 12	
5) MacAusland, Ross 9		6) Tanguay, Atlas	
3 Sonoma Vl/nc	A	3:30.60	
1) albin, donny 12		2) jones, jordan 12	
3) hammett, sean 11		4) conner, niko 12	
4 Amador Va/nc	A	3:26.43	
1) Harris, Anthony 11		2) Jackson, Floyd 12	
3) Cosio, Ben 12		4) Johnson, Brandon 12	
5) Dyson, Hakeem 11		6) Infald, Blane 9	

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5	Pittsburg/nc	A	3:29.50
	1) Patterson, Avery 12		2) Reid, Buddy Lee 12
	3) Thompson, Robert 12		4) White, Jesse So
	5) Clark, Tracy 11		6) Jones, Terrance 12
6	San Lndro/nc	A	3:31.61
	1) Wilson, Davon 12		2) Wilson, Laron 12
	3) Wilson, Devonte 11		4) Bradford, Alvictor 11
	5) Obidiegwu, Kyrian		6) McBride, Andre
7	Berkeley/nc	A	3:33.17
	1) Bender, Tyrese 10		2) Mays, Terrence
	3) Taylor-Crosby, Ceylen		4) Burks, Isaiah 11
	5) Kuguli, Tehap		6) Nassurdin, Jamil
8	Chinese Chrst/nc	A	3:42.62

3	Lin, Joyanna	Msn Sn Js/nc	8-00.00
4	Laux, Natasha	11 Irvington/nc	8-06.00
5	Furuta, Nicole	11 Irvington/nc	8-06.00
6	Gerards, Erika	12 Washngtn/nc	8-06.00
7	Farrar, Ariel	10 Redwood/nc	8-09.00
8	Chalmers, Christen	10 Montgomer/nc	9-00.00

Flight 2 of 3 Finals

1	reagon, jessica	12 El Molino/nc	9-00.00
2	Yu, Elaine	12 Irvington/nc	9-00.00
3	Kyne, Allie	12 Marin Cth/nc	9-00.00
4	McGillivray, Rebecca	10 Santa Rsa/nc	9-00.00
5	Neill, Taylor	11 South Frk/nc	9-04.00
6	Hyde, Jessie	9 Campolndo/nc	9-06.00
7	Gemar, Megan	9 Las Lomas/nc	9-06.00
8	Piening, Kaitlin	11 Calfrnia/nc	9-10.00

Flight 3 of 3 Finals

1	Craig, Jordan	10 Foothill/nc	9-10.00
2	Gilroy, Brittany	12 Newark M/Nc	10-00.00
3	Niesyn, Paige	11 Novato/nc	10-00.00
4	Virdi, Cimran	9 Las Lomas/nc	10-02.00
5	Davis, Clara	11 Piedmont/nc	10-06.00
6	Jiang, Lauryann	11 Las Lomas/nc	11-02.00
7	Stone, Michelle	11 Ursuline/nc	11-02.00
8	Ribeiro, Sara	12 Concord/nc	11-06.00

**Event 21 Girls High Jump
Saturday 5/30/2009 - 10:15 AM
Sponsor: Les Schwab Tires
Top Four Qualify to State
5-05.00 CIF**

Pos	Name	Yr	School	Seed
Mark				
Flight 1 of 3 Finals				
1	Cardey, Lauren	10	Siena J/Nc	4-07.00
2	Ofodu, Amaka	12	Heritage/nc	4-09.00
3	King, Amelia	9	University/nc	4-09.00
4	Craig, Jordan	10	Foothill/nc	4-09.00
5	besancon, tara	12	Healdsbrg/nc	4-10.00
6	Hodge, Jade	10	St Mary's/nc	4-10.00
7	Roberts, Paige	9	San Rafl/nc	4-10.00
8	Shaha, Jordy	11	Fortuna/nc	4-10.00

Flight 2 of 3 Finals

1	ward, dani	12	Windsor /nc	4-10.00
2	Sykes, Jessica	11	Lick-Wlmr/nc	4-11.00
3	Roberts, Ali	10	Clayton V/Nc	4-11.00
4	Swayzer, Sabrina	11	Washngtn/nc	5-00.00
5	Davis, Clara	11	Piedmont/nc	5-00.00
6	Krickl, Julia	11	Mra Crlo/nc	5-00.00
7	Perman, Andrea	11	Piedmont/nc	5-00.00
8	Mcelligot, Megan	11	Msn Sn Js/nc	5-00.00

Flight 3 of 3 Finals

1	Shaw, Vanessa	11	Calfrnia/nc	5-01.00	
2	Klinko, Stephanie	12	Amador Va/nc	5-01.00	
3	Baker, Aziza	12	St Mary's/nc	5-02.00	
4	Franco, Mallorie	12	Fortuna/nc	5-02.00	
5	McInnis, Luisa`	10	Montgomer/nc	5-04.00	
6	Brewer, Ciarra	10	Logan J/Nc	5-06.00	CIF
7	Rietveld, Celeste	10	Livermore/nc	5-07.00	CIF
8	Johnson, Adrienne	11	Carondelt/nc	5-07.00	CIF

**Event 22 Girls Pole Vault
Friday 5/29/2009 - 1:45 PM
Sponsor: Les Schwab Tires
Top Four Qualify to State
11-09.00 CIF**

Pos	Name	Yr	School	Seed
Mark				
Flight 1 of 3 Finals				
1	Bruce, Katie	12	Ft. Bragg/nc	7-06.00
2	Harrison, Amanda	10	South Frk/nc	8-00.00

**Event 23 Girls Long Jump
Saturday 5/30/2009 - 2:00 PM
Sponsor: Les Schwab Tires
Top Four Qualify to State
18-03.00 CIF**

Pos	Name	Yr	School	Seed
Mark				
Flight 1 of 3 Finals				
1	brockman, kristina		Analy/nc	15-06.50
2	Pearson, Camy	11	Montgomer/nc	15-07.75
3	Johnson, Ryley	10	Sonoma Acade/n	15-11.00
4	dwyer, anna	12	Sonoma Vl/nc	15-11.50
5	Llopis, Melana	11	Santa Rsa/nc	16-00.75
6	Reid, Jazmyne	10	Collg/Prp/nc	16-01.00
7	Wiggins, Haley	9	Deer Vlly/nc	16-04.00

Flight 2 of 3 Finals

1	Shaw, Vanessa	11	Calfrnia/nc	16-04.50
2	Franco, Mallorie	12	Fortuna/nc	16-04.75
3	Allen, Lindsey	10	Doughtery Vly/n	16-06.00
4	Delamater, Meghan	10	Freedom /nc	16-06.75
5	Slone, Khyia	11	Heritage/nc	17-00.00
6	Rosenberg, Mel	11	Monte Vst/nc	17-00.50
7	Green, Anisa	12	Clear Lak/nc	17-01.00
8	Williams, Erica	11	Liberty/nc	17-02.00
9	McGlory, Nicole	10	Logan J/Nc	17-03.00

Flight 3 of 3 Finals

1	Fader, Nan	12	Redwood/nc	17-03.00	
2	Davis, Chalese	10	Hercules/nc	17-03.25	
3	Chown, Brittany	12	McKinlyvl/nc	17-03.75	
4	Norwood, Chanelle	11	American/nc	17-07.50	
5	McGlory, Lauren	10	Logan J/Nc	18-00.50	
6	Brewer, Ciarra	10	Logan J/Nc	18-04.50	CIF
7	Runels, Tessa	10	Logan J/Nc	18-06.00	CIF
8	Baker, Aziza	12	St Mary's/nc	19-04.00	CIF
9	Boyd, Alitta	12	Moreau Ct/nc	19-08.75	CIF

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Event 24 Girls Triple Jump
Friday 5/29/2009 - 12:30 PM

Sponsor: Les Schwab Tires

Top Four Qualify to State

38-09.00 CIF

Pos	Name	Yr	School	Seed
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Flight 1 of 3 Finals

1	Jacobs, Kelsey	11	Fortuna/nc	32-10.00
2	Feeney, Shannon	12	Santa Rsa/nc	32-10.00
3	Baumsteiger, Lizzy	11	Drake /nc	33-06.75
4	Kemp, Jamela	11	Deer Vly/nc	33-10.00
5	Ketner, Danielle	9	Amador Va/nc	34-01.00
6	Holmlund, Lucia	10	Redwd Chrstn/n	34-02.50
7	Welton, Kelsey	12	Middletwn/nc	34-03.00

Flight 2 of 3 Finals

1	Shaw, Vanessa	11	Calfrnia/nc	34-03.00
2	Fader, Nan	12	Redwood/nc	34-04.50
3	Steger, Madeleine	12	Novato/nc	34-04.50
4	Rounds, Katie	12	Freedom /nc	34-05.75
5	dwyer, anna	12	Sonoma VI/nc	34-08.00
6	Chown, Brittany	12	McKinlyvl/nc	34-09.00
7	Rosenberg, Mel	11	Monte Vst/nc	35-03.75
8	Thompson, Jenny	10	Piedmont/nc	35-09.75
9	Johnson, Victoria	11	Logan J/Nc	35-11.00

Flight 3 of 3 Finals

1	Green, Anisa	12	Clear Lak/nc	36-00.50
2	Slone, Khyia	11	Heritage/nc	36-03.25
3	Williams, Erica	11	Liberty/nc	36-06.00
4	McGlory, Nicole	10	Logan J/Nc	38-04.75
5	Runels, Tessa	10	Logan J/Nc	39-01.00 CIF
6	McGlory, Lauren	10	Logan J/Nc	39-02.50 CIF
7	Baker, Aziza	12	St Mary's/nc	40-01.00 CIF
8	Boyd, Alitta	12	Moreau Ct/nc	42-01.25 CIF
9	Brewer, Ciarra	10	Logan J/Nc	42-03.00 CIF

Event 25 Girls Shot Put

Friday 5/29/2009 - 1:30 PM

Sponsor: Les Schwab Tires

Top Four Qualify to State

41-00.00 CIF

Pos	Name	Yr	School	Seed
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Flight 1 of 3 Finals

1	Purcell, Julia	9	Redwood/nc	29-10.50
2	keola, heather	12	Sonoma VI/nc	30-11.50
3	Davis, Zoe	10	Drake /nc	31-06.00
4	DeBoer, Stephanie	11	Berean Ch/nc	31-10.00
5	Bender, Angel	12	C Sch Df /nc	32-00.50
6	White, Monica	12	Tamalpais/nc	32-03.00
7	Mckeller-Ayala, Arianna	11	Hercules/nc	33-01.00
8	Fletcher, Hope	11	Alameda/nc	33-01.00

Flight 2 of 3 Finals

1	Weber, Kaylee	10	Drake /nc	33-04.00
2	Sapiga, Patrice	11	Hayward/nc	33-06.00
3	Iorama, Danielle	9	Logan J/Nc	34-03.00
4	Pettus, Princess	11	Deer Vly/nc	34-03.50
5	Pettus, Fantasha	12	Deer Vly/nc	34-07.00
6	Pitts, Tatjana	11	Antioch/nc	34-07.50

7	Kaleialii, Hina	12	Freedom /nc	34-09.00
8	Zerbini, Priscilla	12	Antioch/nc	36-03.00

Flight 3 of 3 Finals

1	Snyder, Ceara	11	Willits/nc	36-03.00
2	Isaacs, Eva	11	Campolndo/nc	36-04.50
3	weaver, elaine	10	Casa Grnd/nc	36-05.50
4	Oliva, Adrianna	12	Hercules/nc	37-02.00
5	Roper, Rhiannon	12	Fortuna/nc	37-03.00
6	Adesida, Praise	9	Alhambra /nc	37-04.50
7	Jones, Erinn	12	Logan J/Nc	38-06.50
8	Tagivakitini, Talei	11	Albany /nc	39-04.00

Event 26 Girls Discus Throw

Saturday 5/30/2009 - 10:00 AM

Sponsor: Les Schwab Tires

Top Four Qualify to State

136-11 CIF

Pos	Name	Yr	School	Seed
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Flight 1 of 3 Finals

1	Harris, Logan	9	Tamalpais/nc	93-07
2	Buckley, Alice	10	Collg/Prp/nc	93-08
3	Foster, Nicole	11	Redwood/nc	95-08
4	Knight, Alana	11	Castro Vy/nc	95-10.50
5	everidge, carley	12	Sonoma VI/nc	96-02
6	Minolli, Ariana	11	Novato/nc	98-09
7	Sapiga, Patrice	11	Hayward/nc	100-03.50
8	Snyder, Ceara	11	Willits/nc	100-06

Flight 2 of 3 Finals

1	Anderson, Katie	11	Livermore/nc	101-01
2	Bender, Angel	12	C Sch Df /nc	102-02
3	Gambrell, Cady	10	Fortuna/nc	102-05
4	Jones, Erinn	12	Logan J/Nc	103-11
5	Donnelly, Noelle	9	Castro Vy/nc	104-07
6	Brown, Erica	11	San Ramon/nc	105-05
7	Flynn, Anais	12	Amador Va/nc	106-00
8	Kaleialii, Hina	12	Freedom /nc	108-11

Flight 3 of 3 Finals

1	Roper, Rhiannon	12	Fortuna/nc	109-06
2	Noonan, Colleen	11	Santa Rsa/nc	110-09
3	Isaacs, Eva	11	Campolndo/nc	111-01
4	Langi, Luisa	11	Antioch/nc	112-03
5	Pitts, Tatjana	11	Antioch/nc	115-02
6	Tagivakitini, Talei	11	Albany /nc	115-05
7	Oliva, Adrianna	12	Hercules/nc	121-08.50
8	Prothro, Janelle	10	Logan J/Nc	128-11

Event 27 Boys High Jump

Friday 5/29/2009 - 10:15 AM

Sponsor: Les Schwab Tires

Top Four Qualify to State

6-06.00 CIF

Pos	Name	Yr	School	Seed
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Flight 1 of 3 Finals

1	Cook, Sean		Redwd Chrstn/n	5-08.00
2	Amerson, Alex	12	Logan J/Nc	5-08.00
3	Lavelly, Zack	12	Washngtn/nc	5-10.00
4	Erb, Tim	10	Berkeley/nc	5-10.00

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5	Williams, Alan	10	B. O'Dowd/Nc	5-10.00
6	Strunck, Chris	10	St Helena/nc	5-11.00
7	Pascal, Kalle	12	Clayton V/Nc	5-11.00
8	Kicenski, Mike	10	Freedom /nc	5-11.00

Flight 2 of 3 Finals

1	Hightower, Forrest	11	Concord/nc	5-11.00
2	Eng, Billy	10	Heritage/nc	5-11.00
3	Turner, Dane	10	Monte Vst/nc	5-11.00
4	Grant, Jonte	10	Moreau Ct/nc	6-00.00
5	Egelhoff, Matt	12	Rnch Ctt/nc	6-00.00
6	Cowan, Beau	12	Marin Cth/nc	6-00.00
7	Woffinden, Cory	12	McKinlyvl/nc	6-00.00
8	Head, Chris	12	St Mary's/nc	6-00.00

Flight 3 of 3 Finals

1	Harvey, Ron	11	San Ramon/nc	6-01.00
2	odonnell, aidan	10	Analy/nc	6-01.00
3	Crosse, David	12	Drake /nc	6-01.00
4	Pizzo, Jared	12	Redwood/nc	6-02.00
5	Baumgartner, Logan	12	Ft. Bragg/nc	6-04.00
6	Williams, David	12	Granada/nc	6-04.00
7	tracy, mike	12	Windsor /nc	6-06.00
8	Spikes, Maurice	11	St Mary's/nc	6-06.00

Event 28 Boys Pole Vault

Saturday 5/30/2009 - 12:45 PM

Sponsor: Les Schwab Tires

Top Four Qualify to State

14-10.00 CIF

Pos	Name	Yr	School	Seed
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Mark

Flight 1 of 3 Finals

1	Armstrong, Adam	10	SantaRsa Chr/nc	11-06.00
2	Bennett, Scott		Irvington/nc	11-06.00
3	Fuentes, Kristian	11	Newark M/Nc	12-00.00
4	Cronin, Ryan	11	Ft. Bragg/nc	12-00.00
5	Hyatt, Austin	11	Siena J/Nc	12-00.00
6	Young, Albert	12	Newark M/Nc	12-00.00
7	Funnell, David	11	Tamalpais/nc	12-03.00
8	Wang, Eric	11	Msn Sn Js/nc	12-06.00
9	Ayala, Rafael	12	Novato/nc	12-06.00

Flight 2 of 3 Finals

1	McDonnell, Michael	10	Santa Rsa/nc	12-06.00
2	Barton, Kevin	12	Msn Sn Js/nc	12-06.00
3	Baqai, Raza	12	Msn Sn Js/nc	13-00.00
4	Aviles, Andrew	12	Cdnl Nwmn/nc	13-00.00
5	Wiegardt, Andrew	11	Castro Vy/nc	13-00.00
6	Barber, Colin	9	San Ramon/nc	13-02.00
7	DiGiorgio, Michael	11	Liberty/nc	13-02.00
8	Van Wyck, James	10	DeLaSalle/nc	13-02.00
9	Kalish, Alex	11	Campolndo/nc	13-02.00

Flight 3 of 3 Finals

1	Nguyen, Sean	11	Monte Vst/nc	13-02.00
2	Rodriguez, Andreas	11	Foothill/nc	13-02.00
3	Smith-Stewart, Charles	12	Marin Cth/nc	13-06.00
4	Satoshi, Yuki	12	Las Lomas/nc	13-06.00
5	Duncan, Taylor	12	DI Nrte/nc	13-06.00
6	Armstrong, Andrew	12	Concord/nc	13-06.00
7	Hollis, Danny	12	Livermore/nc	13-10.00
8	Cunnington, Cody	12	Drake /nc	14-00.00
9	Thompson, Brett	12	Granada/nc	14-08.00

Event 29 Boys Long Jump

Saturday 5/30/2009 - 11:30 AM

Sponsor: Les Schwab Tires

Top Four Qualify to State

22-08.00 CIF

Pos	Name	Yr	School	Seed
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Mark

Flight 1 of 3 Finals

1	Carlisle, John	12	Healdsburg/nc	19-03.50
2	Kline, Robert	11	Novato/nc	19-11.50
3	Boyadjiev, Sava	11	Terra Lnd/nc	20-00.75
4	Crosse, David	12	Drake /nc	20-02.00
5	Davis, Trevor	10	Alhambra /nc	20-11.25
6	Morrison, Huntly	11	Collg/Prp/nc	21-00.00
7	Thompson, Jeremy	11	Mra Crlo/nc	21-00.50
8	Adesanya, Omodele	12	Castro Vy/nc	21-02.00

Flight 2 of 3 Finals

1	Kirven, Solomon	11	San Lrnzo/nc	21-03.00
2	Dougherty, Jason	10	Siena J/Nc	21-03.00
3	fountain, dante	12	Healdsburg/nc	21-03.25
4	Weeks, Trae	12	Freedom /nc	21-03.25
5	Tsang, Travis	12	California/nc	21-04.25
6	Grimes, Evan	11	Antioch/nc	21-05.00
7	trembley, kaleb	11	Petaluma/nc	21-05.50
8	Cheng, Alvin	11	Msn Sn Js/nc	21-06.50

Flight 3 of 3 Finals

1	Galloway, Daniel	12	Kndy Richmond/	21-08.00
2	Brooks, Chris	11	San Ramon/nc	21-09.00
3	Andallo, Cj	12	St Mary's/nc	21-10.00
4	Lavelly, Zack	12	Washngtn/nc	21-10.00
5	Combs, Sean	11	Deer Vlly/nc	22-01.50
6	Ryabokorovka, Oleg	12	Ft. Bragg/nc	22-02.75
7	Wheeler, Chase	12	DeLaSalle/nc	22-07.00
8	Jones, Chad	12	B. O'Dowd/Nc	23-07.00

Event 30 Boys Triple Jump

Friday 5/29/2009 - 3:30 PM

Sponsor: Les Schwab Tires

Top Four Qualify to State

46-03.00 CIF

Pos	Name	Yr	School	Seed
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Mark

Flight 1 of 3 Finals

1	Moffat, Myles	11	Middletwn/nc	41-04.00
2	Prudhomme, Noah	12	Marin Acd/nc	41-05.00
3	Kline, Robert	11	Novato/nc	41-05.00
4	brock, loren	12	El Molino/nc	41-08.00
5	Miller-Vasquez, Jacob	12	Drake /nc	41-08.25
6	dieckman, ryan	12	Sonoma VI/nc	41-09.00
7	poarch, wesley	12	Casa Grnd/nc	42-00.25
8	Egelhoff, Matt	12	Rnch Ctt/nc	42-02.00

Flight 2 of 3 Finals

1	Wong, Christopher	12	Clg Prk/nc	42-02.00
2	Pico, Elias	12	Granada/nc	42-02.00
3	Brown, Rashad	12	Logan J/Nc	42-02.00
4	Mercer, Andrew	12	Heritage/nc	42-05.75
5	Ryabokorovka, Oleg	12	Ft. Bragg/nc	42-06.50
6	Anderson, Ross	9	Miramonte/nc	42-08.00
7	Reid, Buddy Lee	12	Pittsburg/nc	43-01.00

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8	Adesanya, Omodele	12	Castro Vy/nc	43-03.00	
9	Grimes, Evan	11	Antioch/nc	43-05.00	
10	Weeks, Trae	12	Freedom /nc	43-06.00	
Flight 3 of 3 Finals					
1	Davis, Trevor	10	Alhambra /nc	43-07.00	
2	Rawls, Andre	11	Calfrnia/nc	43-09.00	
3	Okwudiafor, Ikem	11	St Mary's/nc	44-03.00	
4	Mhorter, Quentin	12	B. O'Dowd/nc	44-04.50	
5	trembley, kaleb	11	Petaluma/nc	44-11.00	
6	Tsang, Travis	12	Calfrnia/nc	45-01.00	
7	Johnson, Victor	11	Logan J/nc	45-10.50	
8	Brewer, Arnaud	12	Logan J/nc	46-07.00	CIF
9	Jones, Chad	12	B. O'Dowd/nc	48-03.00	CIF
10	Suleman, Hammed	12	Deer Vlly/nc	49-00.00	CIF

Event 31 Boys Shot Put
Saturday 5/30/2009 - 2:15 PM

Sponsor: Les Schwab Tires

Top Four Qualify to State

56-08.00 CIF

Pos	Name	Yr	School	Seed
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Flight 1 of 3 Finals

1	Laron, Evaristo	12	St. Elzbt/nc	40-07.00
2	Filibert, Regis	12	Berean Ch/nc	41-00.50
3	Tompkins, Casey	12	Siena J/nc	43-07.00
4	brock, loren	12	El Molino/nc	46-02.00
5	Gowan, Jacob	12	Cdnl Nwmm/nc	46-03.50
6	Pole, Toni	11	Logan J/nc	46-04.00
7	Banford, Eric	12	Newark M/nc	46-07.50
8	Ward, Willie	11	Pittsburg/nc	48-01.50

Flight 2 of 3 Finals

1	Johnson, Victor	11	Logan J/nc	48-05.00
2	Perrella, Sam	10	Redwood/nc	48-08.50
3	Findlay, Mike	12	Amador Va/nc	48-09.50
4	Eckel, Jacob	11	Castro Vy/nc	49-01.00
5	Eggan, Kyle	12	Dl Nrte/nc	49-01.00
6	Buhagiar, Vince	11	Clayton V/nc	49-10.00
7	forrey, joshua	12	Petaluma/nc	50-02.00
8	Baker, Travis	10	Santa Rsa/nc	50-03.00

Flight 3 of 3 Finals...(Event 31 Boys Shot Put)

1	Coniglio, Zach	12	Alhambra /nc	50-08.00
2	O'Connor, Greig	12	Newark M/nc	50-08.00
3	Bolen, Justin	12	Foothill/nc	50-08.50
4	Hoxie, Travis	12	Foothill/nc	51-01.50
5	Burke, Stephen	11	Monte Vst/nc	51-02.00
6	Akre, Josh	12	Newark M/nc	51-07.00
7	Harris, Amari	11	De Anza/nc	53-04.50
8	Baker, Troy	12	Santa Rsa/nc	53-10.00

Event 32 Boys Discus Throw

Friday 5/29/2009 - 10:00 AM

Sponsor: Les Schwab Tires

Top Four Qualify to State

172-10 CIF

Pos	Name	Yr	School	Seed
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Flight 1 of 3 Finals

1	Otgonbatar, Onon	11	Novato/nc	131-06
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2	Valdovinos, Nick	12	Middletwn/nc	131-10
3	Eckel, Jacob	11	Castro Vy/nc	133-11
4	zweig, dan	12	El Molino/nc	134-11
5	Field, Weston	9	South Frk/nc	136-02
6	Lang, Bryan	12	Granada/nc	136-04
7	Diaz, Christian	12	Mra Crlo/nc	140-04
8	Maile, Sione	11	San Lndro/nc	140-09

Flight 2 of 3 Finals

1	Cornejo, Mauricio	10	Terra Lnd/nc	141-03
2	neumann, kris	12	Sonoma Vl/nc	141-04
3	Horncliff, Alex	10	Heritage/nc	141-11
4	Harris, Amari	11	De Anza/nc	143-09.50
5	Mason, Eric	11	Castro Vy/nc	144-09
6	Bailey, Andrew	11	Amador Va/nc	147-10
7	Akre, Josh	12	Newark M/nc	148-00
8	Findlay, Mike	12	Amador Va/nc	148-02

Flight 3 of 3 Finals

1	Finch, Casey	12	South Frk/nc	151-11
2	Baxter, Darren	12	Heritage/nc	152-07
3	O'Connor, Greig	12	Newark M/nc	154-09
4	Baker, Travis	10	Santa Rsa/nc	156-03
5	Baker, Troy	12	Santa Rsa/nc	157-01
6	Banford, Eric	12	Newark M/nc	157-02
7	Esparza, Scott	11	Amador Va/nc	165-01
8	Coniglio, Zach	12	Alhambra /nc	169-04

Event 33 Girls 4x800 Meter Relay

Friday 5/29/2009 - 5:25 PM

Sponsor: Les Schwab Tires

Exhibition

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Heritage/nc	A	9:54.54
2	Monte Vst/nc	A	9:56.00
3	Campolndo/nc	A	9:56.00
4	Arcata/nc	A	9:57.00
5	Carondelt/nc	A	10:15.00
6	Cllg Prk/nc	A	10:18.00
7	Casa Grnd/nc	A	10:30.00
8	Rnch Ctt/nc	A	10:48.00
9	Logan J/nc	A	11:12.60

Event 34 Boys 4x800 Meter Relay

Friday 5/29/2009 - 5:10 PM

Sponsor: Les Schwab Tires

Exhibition

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Monte Vst/nc	A	8:07.00
2	Granada/nc	A	8:09.00
3	DeLaSalle/nc	A	8:12.30
4	Cllg Prk/nc	A	8:16.00
5	San Ramon/nc	A	8:21.00
6	Heritage/nc	A	8:24.56
7	Concord/nc	A	8:27.00
8	Campolndo/nc	A	8:31.00
9	Casa Grnd/nc	A	8:32.00
10	Logan J/nc	A	8:32.40
11	Urban-SF/nc	A	8:36.00

CIF - North Coast Section Champ. Meet.

Hy-Tek's MEET MANAGER

**NCS/Les Schwab Tires Meet of Champions
Edwards Stadium, Berkeley, CA - 5/29/2009 to 5/30/2009
Meet Program**

12	American/nc	A	8:39.00
13	Berkeley/nc	A	8:56.00
14	Northgate/nc	A	NT