

FROSH-SOPH TOP 3 LIST

BOYS

100

#	Name	Year	Mark
1	Karris Johnson	2010	11.44
2	Dru Evans	2015	11.50
3	Aidan Jenkins	2019	11.52

200

#	Name	Year	Mark
1	Aidan Jenkins	2019	23.76
2	Brandon McRae-Selph	2017	23.83
3	Ryan Kwong	2016	23.93

400

#	Name	Year	Mark
1	Max Matey	2015	52.32
2	Joseph Mosquera	2015	52.33
3	Michael Matey	2018	52.75

100H/110H

#	Name	Year	Mark
1	Annes El Adimi	2018	16.73
2	Charlie Schmitt	2017	16.88
3	Colin Ruh	2009	17.27

300H

#	Name	Year	Mark
1	Annes El Adimi	2018	42.32
2	Quincy Poynter	2018	42.63
3	Charlie Schmitt	2017	43.37

GIRLS

#	Name	Year	Mark
1	Imani Martin	2018	12.91
2	Kaelyn Selvy-Blackwell	2017	13.07
3	LaJolie Beugre	2017	13.10

#	Name	Year	Mark
1	LaJolie Beugre	2017	26.60
2	Imani Martin	2017	26.86
3	Sanjana Somepalli	2018	27.68

#	Name	Year	Mark
1	Casey Tuoto	2005	63.39
2	Leila Rendich	2016	63.66
3	Kaelin Delaney	2012	63.77

#	Name	Year	Mark
1	Jenn Cook	2002	17.93
2	Alexandria Alvarez	2007	17.97
3	Ashley Diestel	2002	18.14

#	Name	Year	Mark
1	Alyssa Holsworth	2010	48.95
2	Aishwarya Rajan	2017	50.40
3	Bridget Koch	2014	51.00

FROSH-SOPH TOP 3 LIST

BOYS

GIRLS

800

#	Name	Year	Mark
1	Mike Leonard	2015	2:01.60
2	Christian Aldana	2012	2:02.92
3	Alex Castillo	2015	2:03.38

#	Name	Year	Mark
1	Lauren Sebastiani	2016	2:26.70
2	Lauren Flom	2014	2:27.44
3	Madison Wilson	2017	2:27.97

1600

#	Name	Year	Mark
1	Eric Perez	2014	4:32.6
2	Derrek Driggs	2009	4:37.8
3	Sameer Patel	2010	4:38.2

#	Name	Year	Mark
1	Kayla Neumann	2015	5:32.6
2	Mary Swisher	2015	5:37.5
3	Rana Koussa	2012	5:39.0

3200

#	Name	Year	Mark
1	Eric Perez	2014	10:00.7
2	Brian Paniagua	2011	10:07.3
3	Matthew Alm	2019	10:12.2

#	Name	Year	Mark
1	Kayla Neumann	2015	12:01.4
2	Mia Marsh	2017	12:25.2
3	Faith Johnson	2018	12:38.9

4x100

#	Name	Year	Mark
1	Matey, Kwong, Mosquera, Evans	2015	45.30
2	Anderson, Fruin, Lewis, Johnson	2010	45.39
3	McRae-Selph, Bush, Smith, Atta	2017	45.52

#	Name	Year	Mark
1	Ignacio, Clarke, Martin, Beugre	2017	50.84
2	Clarke, Rendich, Merchant, Wilson	2016	51.51
3	Martin, Somepalli, Freitas, Foster	2018	52.14

FROSH-SOPH TOP 3 LIST

BOYS

4x400

#	Name	Year	Mark
1	Mosquera, Sadhanala, Leonard, Matey	2015	3:35.52
2	Bush, Smith, Collins, Schmitt	2017	3:36.43
3	Neumann, Ruys, Vaccaro, Rocha	2019	3:40.20

GIRLS

#	Name	Year	Mark
1	Somepalli, Freitas, Wetzel, Martin	2018	4:15.43
2	Merchant, Rendich, Rogers-Lemke, Sebastiani	2016	4:19.78
3	Freitas, Rajan, Nwankwo, Wilson	2017	4:23.45

Long Jump

#	Name	Year	Mark
1	Cole Muller	2018	20' 2.5"
2	Annes El Adimi	2018	19' 9"
2	Hasani Savage	2018	19' 2"

#	Name	Year	Mark
1	Courtney Glickman	2011	15' 10"
2	Kaidyn McClure	2012	15' 7"
3	Abbey Cullen	2019	15' 6.75"

Triple Jump

#	Name	Year	Mark
1	Joel Puthankalam	2018	39' 3"
2	Travis Tsang	2006	38' 6"
3	Quincy Poynter	2018	38' 2.5"

#	Name	Year	Mark
1	Nora Allata	2017	33' 1.25"
2	Abbey Cullen	2019	32' 4"
3	Renee Medina	2002	32' 0"

High Jump

#	Name	Year	Mark
1	Marshall Lott	2016	5' 8"
2	Grigg Shaw	2013	5' 6"
2	Matias Lazon	2019	5' 6"

#	Name	Year	Mark
1	Lauren Flom	2014	4' 10"
2	Kimberly Shirai	2019	4' 8"
3	Olson/Zamakhovskaya/Craig	02/06/08	4' 6"

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BOYS

Shot Put
(10 lb.)

#	Name	Year	Mark
1	Jeffrey Ferrier	2007	45' 3.5"
2	Tim Santos	2002	44' 8"
3	Dwight Pratt	2002	42' 3"

GIRLS

#	Name	Year	Mark
1	Hannah Richardson	2019	30' 11"
2	Kayla Stewart	2017	30' 4"
3	Latu Fakaosi	2019	29' 2"

Discus

#	Name	Year	Mark
1	Dimitri Aronis	2019	116' 5"
2	Dalton Ricks	2010	113' 1"
3	Tim Santos	2002	112' 3"

#	Name	Year	Mark
1	Anissa Fernandez	2019	93' 5.5"
2	Hannah Richardson	2019	93' 2"
3	Victoria Coninck	2019	90' 11"

Pole Vault

#	Name	Year	Mark
1	Ilyaas Arsala	2016	11' 6"
2	Kasey Addiego	2006	11' 4"
3	Brandon Johnson	2007	11' 0"

#	Name	Year	Mark
1	Jenna Langseth	2006	9' 0"
2	Kaitlin Piening	2007	8' 6"
3	Alvarez/Stang/Bandeale	06/09/17	8' 0"