

California High School
All Time Top 10

100 meters

#	Name	Year	Time
1	Christi Barefield	93	12.24
2	Chelsey Kamson	08	12.30
3	Marisa Rodrigues	10	12.43
4	Kat Hupke	12	12.45
4	Leila Champion	20	12.45
6	Carla Kendrix	79	12.56
7	Claire Hollcraft	78	12.67
8	Mara Lampsas	22	12.68
9	Irene Guzman	00	12.69
9	Alyssa Brewer	16	12.69

y,h
y,h

y=converted from yards

h=converted from hand time

200 meters

#	Name	Year	Time
1	Chelsey Kamson	07	24.80
2	Christi Barefield	93	25.42
3	Alyssa Brewer	17	25.50
4	Kat Hupke	12	25.63
5	Carla Kendrix	80	25.74
6	Mara Lampsas	22	25.94
7	Tyler Carr	14	26.00
8	Rachal Buckner	88	26.03
9	Marisa Rodrigues	10	26.07
10	Leila Champion/Jasmine Lanzetta	21	26.24

h
h

y=converted from yards

h=converted from hand time

400 meters

#	Name	Year	Time
1	Alyssa Brewer	16	55.05
2	Brienne Doan	04	57.72
3	Tyler Carr	14	57.88
4	Madison Ricks	12	58.21
5	Marisa Rodrigues	10	59.24
6	Michelle Fabian	77	59.44
7	Julianna Levy	07	59.81
8	Mia Zibblatt	22	60.15
9	Kat Hupke	10	60.72
10	LaJolie Beugre	18	61.50

h
y,h

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800 meters

#	Name	Year	Time
1	Alyssa Brewer	16	2:06.86
2	Madison Ricks	12	2:09.52
3	Heather Donner	10	2:16.58
4	Colleen Lillig	10	2:16.80
5	Cristina Owre	09	2:17.88
6	Julianna Levy	08	2:17.96
7	Jenna Gailey	04	2:18.52
8	Melissa Freeburg	91	2:19.9
9	Suzie Ellison	90	2:20.9
10	Lindsay Briner	05	2:22.62

y=converted from yards

1600 meters

#	Name	Year	Time
1	Melissa Freeburg	91	4:51.8
2	Alyssa Brewer	18	4:56.9
3	Suzie Ames	80	4:59.3
3	Madison Ricks	12	4:59.3
5	Colleen Lillig	09	4:59.5
6	Madison Chavez	22	5:05.8
7	Elaine McVay	11	5:10.0
8	Cristina Owre	09	5:13.3
9	Kayla Neumann	18	5:13.9
10	Becky Pierce	82	5:14.5

y=converted from yards

3200 meters

#	Name	Year	Time
1	Colleen Lillig	10	10:41.9
2	Elaine McVay	11	10:48.5
3	Madison Chavez	22	11:01.0
4	Suzie Ames	82	11:03.2
5	Madison Ricks	14	11:04.2
6	Kayla Neumann	18	11:18.7
7	Mia Marsh	20	11:33.5
8	Holly Babcock	07	11:38.1
9	Missi Hurlow	89	11:44.2
10	Sarah Richmond	04	11:51.2

y=converted from yards

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100 meter IH

#	Name	Year	Time
1	Chelsey Kamson	08	14.85
2	Elise Ruark	05	15.54
3	Mara Lampsas	22	15.66
4	Tara Didyk	89	15.76
5	Tori Edwards	12	15.84
6	Kelly Calaway	96	16.00
7	Bella Villafuerte	15	16.20
8	Brienne Doan	06	16.28
9	Joyce Ho	15	16.49
10	Disa Rifkin	90	16.54

y=converted from yards

h=converted from hand time

300 meter LH

#	Name	Year	Time
1	Tori Edwards	12	44.68
2	Brienne Doan	06	45.32
3	Chelsey Kamson	08	46.41
4	Mara Lampsas	22	46.50
5	Courtney Glickman	13	47.03
6	Kelly Calaway	96	47.23
7	Bella Villafuerte	15	48.07
8	Megan Hoang	18	48.73
9	Alyssa Holsworth	10	48.95
10	Lauren Slaughter	08	49.20

y=converted from yards

h=converted from hand time

400 meter LH

#	Name	Year	Time
1	Courtney Glickman	13	1:08.17
2	Brienne Doan	06	1:08.18
3	Julianna Levy	08	1:10.40
4	Tori Edwards	11	1:11.82
5			
6			
7			
8			
9			
10			

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Girls

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400 meter relay

#	Names	Year	Time
1	Rachel Gai	08	48.95
	Julianna Levy		
	Stephanie Burg		
	Chelsey Kamson		
2	Mara Lampsas	22	49.20
	Mia Ziblatt		
	Jasmine Lanza		
	Patricia Bivol		
3	Brandy Bondoc	13	49.24
	Tyler Carr		
	Amanda Alfaro		
	Kat Hupke		
4	Angel Ruark	09	49.35
	Julianna Levy		
	Tori Edwards		
	Chelsey Kamson		
5	Brandy Bondoc	11	49.49
	Marisa Rodrigues		
	Tracy Hong		
	Kat Hupke		
5	Courtney Glickman	12	49.49
	Marisa Rodrigues		
	Amanda Alfaro		
	Kat Hupke		
7	Arisha Kabanova	21	49.57
	Patricia Bivol		
	Jasmine Lanza		
	Leila Champion		
8	Angel Ruark	10	49.67
	Marisa Rodrigues		
	Amanda Alfaro		
	Kat Hupke		
9	Alyssa Brewer	15	49.79
	Tyler Carr		
	Sarah Stallings		
	Kaitlin Groleau		
9	Sarah Stallings	16	49.79
	Alyssa Brewer		
	Courtney Clarke		
	Lucy Allison		

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1600 meter relay

#	Names	Year	Time
1	Tyler Carr (58.03)	15	3:53.90
	Kaitlin Groleau (60.21)		
	Bella Villafuerte (60.59)		
	Alyssa Brewer (55.07)		
2	Marisa Rodrigues (58.57)	10	4:01.39
	Heather Donner (61.53)		
	Amanda Alfaro (63.05)		
	Kat Hupke (58.24)		
3	Heather Donner (61.15)	13	4:01.69
	Madison Ricks (59.74)		
	Stephanie Karbo (62.27)		
	Tyler Carr (58.53)		
4	Chelsey Kamson (60.46)	07	4:02.26
	Vanessa Shaw (61.72)		
	Julianna Levy (60.24)		
	Brienne Doan (59.84)		
5	LaJolie Beugre (61.43)	18	4:03.63
	Sarah Van Loon (64.26)		
	Megan Hoang (63.51)		
	Alyssa Brewer (54.43)		
6	Jessica Merchant (62.20)	16	4:03.74
	Sarah Stallings (63.84)		
	Leila Rendich (61.69)		
	Alyssa Brewer (56.01)		
7	Kat Hupke (62.65)	11	4:04.24
	Marisa Rodrigues (60.61)		
	Amanda Alfaro (62.40)		
	Madison Ricks (58.58)		
8	Chelsey Kamson (60.26)	06	4:04.64
	Jenna Gailey (63.32)		
	Julianna Levy (62.89)		
	Brienne Doan (58.17)		
9	Sarah Stallings (62.07)	17	4:05.15
	Lauren Sebastiani (63.87)		
	Marina Fernandez (63.90)		
	Alyssa Brewer (55.31)		
10	Kat Hupke (62.82)	12	4:06.26
	Heather Donner (63.74)		
	Tori Edwards (60.21)		
	Madison Ricks (59.49)		

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Girls

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Long Jump

#	Name	Year	Distance
1	Debbie Dimino	83	18-04.50
2	Courtney Glickman	13	17-11.25
3	Tara Didyk	89	17-10.50
4	Lillianna Hebert	15	17-04.50
5	Sarah Van Loon	19	16-11.00
6	Kaitlin Groleau	15	16-10.50
7	Vanessa Shaw	09	16-10.00
8	Chelsey Kamson	07	16-09.25
9	Lucy Allison	18	16-07.50
10	Kelly Calaway	96	16-07.00

Triple Jump

#	Name	Year	Distance
1	Lillianna Hebert	15	39-02.25
2	Tara Didyk	89	36-08.75
3	Sarah Van Loon	19	35-11.50
4	Elise Ruark	05	35-08.00
5	Nora Allata	18	35-06.75
6	Vanessa Shaw	10	35-03.75
7	Rachel Ehsan	07	35-03.50
8	Jillian Weber	17	34-01.25
9	Debbie Dimino	83	34-00.50
10	Suzy Korzick	88	33-11.00

High Jump

#	Name	Year	Height
1	Lillianna Hebert	14	5-07
1	Jennifer Kurtz	16	5-07
3	Mara Lampsas	21	5-06
4	Debbie Dimino	83	5-04
5	Sarah Soroken	98	5-03
6	Lauren Flom	17	5-02
6	Becky D'Aoust	79	5-02
8	Vanessa Shaw	09	5-01
9	Steensma/Trammell	82/04	5-00
9	Williams/Davis/Champion	12/18/20	5-00

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Shot Put

#	Name	Year	Distance
1	Vosa Hingano	11	39-11.25
2	Helen Kimber	15	39-02.50
3	Jennifer Greenspan	05	38-08.25
4	Sisileti Hingano	15	38-02.00
5	Elizabeth Ross	96	38-00.00
6	Megan Valdes	02	37-03.75
7	Hannah Richardson	21	36-09.00
8	Mata Hingano	15	36-01.25
9	Jennifer Ladouceur	01	36-01.00
10	Torey Bearquiver	89	34-06.50

Discus

#	Name	Year	Distance
1	Jennifer Ladouceur	01	141-00
2	Sisileti Hingano	15	133-08
3	Megan Valdes	02	129-01
4	Kate Valdes	00	126-04
5	Hannah Richardson	22	122-10
6	Ella Hofer	22	119-05
7	Elizabeth Ross	96	117-08
8	Katie Lodato	03	116-07
9	Mata Hingano	14	115-05
10	Kelly Fullwood	87	114-06

Pole Vault

#	Name	Year	Height
1	Sabrina Contreras	21	11-03
2	Jenna Langseth	07	10-04
3	Melissa Nylander	04	10-03
4	Makenzie Stang	12	10-02
5	Courtney Rascano	07	10-00
5	Kaley Burg	17	10-00
7	Kate Emerson	16	09-11
8	Kaitlin Piening	09	09-10
9	Samantha Contreras	22	09-07
10	Taylor/Bari/Lacobie	09/15/17	09-06